

WELCOME TO NEWPORT

9th Grade Parent Presentation

*This presentation will also be available on
the NHS Counseling webpage



TONIGHT'S AGENDA...

- About Newport
- Counseling and Support Teams
- Overview of 4 years of high school
- Graduation Requirements
- Synergy/ParentVue
- Naviance
- Support Services
- Parent Feedback Form QR Code
- Questions??

NHS' BELOVED COMMUNITY

A PLACE WHERE STUDENT WELL-BEING IS A PRIORITY

Looking out for & caring for each other

Learning about & respecting differing perspectives (seeing the intrinsic worth in all)

Calling each other in, instead of calling each other out

Building community & holding community above self, recognizing our interconnectedness

Deep equity/identity work

Cultivating joy

What does that look like at NHS?

- Adjusted schedule for the first week of school with grade level class meetings and orientation activities
- Link Crew – 9th grade orientation
- New Crew – Supporting and orienting students new to the district
- MHAT & YES counselors on campus
- SOS training (Signs of Suicide)
- Round Table lessons/discussions
- Numerous clubs & opportunities for student involvement
- Peer Tutors

<https://bsd405.org/2023/04/incoming-superintendent-aramaki-looks-ahead-to-a-future-of-flourishing-in-the-bellevue-school-district/>

NEWPORT HIGH SCHOOL

 Large (1800) traditional high school

 Rigorous college-prep curriculum

 Advanced Placement program

 Impressive, passionate teachers

 Support services

 Strong student leadership

 Active school spirit with lots of clubs/activities/sports for all interests

 Important to maintain balance

NHS COUNSELORS

Ms. Edwards (A-Cho)



Ms. Erickson (Chu-Hof)



Ms. Suh (Hog-Li)



Ms. Maxfield (Lia-Pa)



Ms. Schulz (Pe-oh)



Ms. Bosone (Tr-Z)



**Ms. Huynh
(Counseling Secretary)**



MEET YOUR NHS MHAT COUNSELORS: ALANA GORMAN-KNUTSON AND LEA LAI



Alana received her MSW from Washington University in St. Louis in 2012. This is her second year at NHS as an MHAT counselor and she is grateful for the opportunity to be back supporting students. She is bilingual, with fluency in Spanish, and also speaks some French and Wolof. She is a new mom who enjoys spending time with her family and friends, as well as traveling, biking, soccer and making art. Her office is located in the library Rm #2.



Lea received her MA and Ed.M. in School Psychology from Teachers College, Columbia University. This is her third year with NHS as an MHAT counselor. She is trilingual and fluent in Mandarin and Cantonese. She enjoys spending time with her family, exploring new places, hiking, and watching movies. Her office is located in the library Rm #3.

MR. FABIAN RIOS

COLLEGE & CAREER ADVISOR

- The Newport High School College and Career Center provides students and parents with access to current information and resources on college and career planning. Offering a variety of services from registration for WANIC courses and resume workshops to college visits and scholarship information.
- Reach out to Mr. Rios to schedule an appointment: riosf@bsd405.org



ANONYMOUS REPORTING

- Website
- Email
- Phone
- Text

Bellevue School District

Report it!



SafeSchools Alert is our district's tip reporting service. If you have information about a threat to our safety, do your part and report it! And remember, you can remain anonymous.

REPORT TIPS ON:

- Bullying
- Intimidation
- Harassment
- Weapons
- Drugs
- Other

4 EASY WAYS

 <http://1177.alert1.us>

 1177@alert1.us

 1-855-4ALERT1, ext. 1177

 Text #1177 @tip + your tip
to ALERT1 or 253781



Your Code: **1177**

MAIN FOCUS OF FRESHMAN YEAR



1. Transition to High School

Link Crew Leaders

Counselor-led classroom presentations
in early October

Teacher support



2. Get involved in High School community

Community service – 40 hours required

Leadership, Clubs, Drama

Sports (keep eligibility requirements in mind)

MAIN FOCUS OF FRESHMAN YEAR



3. Academic Success

Develop strong study skills

Develop time and stress management techniques

GPA counts for college starting now

HSBP SUPPORT- Super Wednesday



4. Independence & Self-Advocacy Skills

Students are encouraged to advocate for themselves in the classroom

10TH GRADE – MAIN FOCUS

- All students are different – and all can succeed
- Rigorous and balanced course schedule
- Stay involved (clubs, sports, etc.)
- Community service in areas of interest
- Strengthen study skills
- Discover and pursue a passion area
- Start researching and visiting colleges
- Practice ACT in October
- National College Fair-Seattle (October 6th and 7th)

11TH GRADE – MAIN FOCUS

- Continue in rigorous and balanced program
- PSAT – October, during school day
- Community service
- Continue working in Naviance
- College rep visits, opportunity to ask admission questions, National College Fair
- Juniors meet with counselor during registration
- SAT/ACT – student signs up in spring on-line
- Continue researching post-secondary options:
 - 4-year colleges, 2-year community/technical colleges, other experiences, military, gap year...
- Visit! Visit! Visit! Colleges and programs

12TH GRADE MAIN FOCUS

- Colleges emphasize rigorous and balanced senior schedule
- Complete all graduation requirements
- Post-high school planning – refine focus and plan
- College applications starting in the fall
- Apply for financial aid/scholarships
- Retake SAT/ACT if needed in the fall (no more than twice)
- College visits (overnight stays and tours)
- Create a resume to prepare for employment
- Celebrate Graduation!

GRADUATION REQUIREMENTS

Subject	Semesters	Credits
English	8	4.0
Mathematics	6	3.0
Social Studies****	7	3.5
Science*	6	3.0
Career & Technical Education	2	1.0
Fine Arts (Drama, Music, Visual Art)**	4	2.0
Health	1	0.5
Physical Education	3	1.5
World Language***	4	2.0
Electives	7	3.5
Total	48	24

*The Science requirement of 3.0 credits must include two lab classes.

**The Fine Arts requirement of 2.0 credits can include 1 credit of Personalized Pathway Requirement (PPR).

*** For World Language, both credits can be substituted for a PPR.

****Washington State History is a graduation requirement, taken in 7th & 8th grade in the BSD. Students who transfer in after 7th grade are required to take WSH.

STATE TESTING

Meet Smarter Balanced English Language Arts (ELA) standard: Taken in 10th grade

Meet Smarter Balanced Math Standard: Taken in 10th grade

Must meet Science Standard:

Washington Comprehensive Assessment of Science (WCAS): Planned to be given in 11th grade

OSPI Website for Grad. Requirements:

<http://www.k12.wa.us/GraduationRequirements/GraduationToolkit.aspx>

BSD HIGH SCHOOL OVERALL GRADUATION REQUIREMENTS

- 24 Credits (28 Credits Possible)
- 3rd credit of science and 3rd credit of math are chosen by the student based on their High School and Beyond Plan
- Personal Pathway Requirement (PPR) - 3 courses that lead to specific post H.S. career or educational outcomes; part of the High School and Beyond Plan
- 2.0 Minimum GPA
- 40 Hours Community Service
- Meet Standard on State Assessments or Alternatives

SUPER WEDNESDAY OCTOBER 11, 2023

9th Grade

- Participate in High School and Beyond Plan activities. 9th graders should be in their assigned room by **8:00am and will be done by 10:00am.**
- **What to Bring:** Laptop, charger and earbuds/headphones
- **For 9th and 10th graders who have a need to stay at school, there will be some supervised common spaces.**

11th Grade

- Take the Digital PSAT/NMQST (Practice SAT and National Merit Scholarship Qualifying Test). 11th graders should be in their assigned room by **8:00am**
- **What to Bring:** Laptop, charger and earbuds/headphones, #2 pencil and Calculator. 4-function, scientific, and graphic calculators **are** permitted. Cell Phones/Tablets/smartwatches may **not** be used. **Optional:** watch with no audible alarm.
- **Students will download the software needed to test at school in the week prior to the exam.**
- The official SAT exam will be offered to 11th graders at some point during the spring. Date is To Be Determined.
 - PSAT will take from 8am- 11:15 am

10th Grade

- Participate in High School and Beyond Plan activities and Healthy Youth Survey. 10th graders should be in their assigned room by **8:00am and will be done by 10:00 am.**
- **What to Bring:** Laptop, charger and earbuds/headphones
- **For 9th and 10th graders who have a need to stay at school, there will be some supervised common spaces.**

12th Grade

- **Option 1:** Independently pursue their own interests such as community service projects, working on college applications, etc.
- **Option 2:** Take the official SAT. To register students complete this form <https://forms.office.com/r/ywByt48d4r>. They do **not** need to register with the College Board to take this test. Seniors should be in their assigned room by **8:00am. SAT testing will happen in the gym area.** Additional details will be sent to those who register.
- **Option 3:** Work on College Essays with a staff member in the Library. Students can sign up for this using a link found in a separate email to be sent by School Counselors.

STUDENTVUE/PARENTVUE

View assignments,
grades, & attendance

Support in Spanish, Chinese & English
<https://bsd405.org/departments/district-technology/grades-attendance/>

Grades & Attendance

Contact Us

If you experience any issues logging in, please contact your teacher, RTS or ITCL. Or contact Parent Help at (425) 456-4222.

[Email Parent Help](#)

[Grading Practices in the Bellevue School District](#)

StudentVUE

Synergy StudentVUE provides students with easy access to assignments, grades and attendance.

[Log Into StudentVUE](#)

- [Accessing StudentVUE via browser](#)
- [Accessing StudentVUE via mobile app](#)

ParentVUE

Synergy ParentVUE provides parents and guardians the ability to view their student's assignments, grades and attendance, as well as the ability to update crucial student information.

[Do you need to report an absence for your student?](#) Visit your school's Attendance / Report and Absence webpage for more information.

[Log Into ParentVUE](#)

- [How to Activate ParentVUE](#)
- [How to Setup Notifications](#)
- [Accessing ParentVUE via browser](#)
- [Accessing ParentVUE via mobile app](#)

WHAT IS NAVIANCE?

- Our web-based tool for students & parents
- Freshman students will use Naviance for career & college research and to complete their High School and Beyond Plan (HSBP)
- We work with the middle school to continue curriculum started there
- Students will learn more about themselves through surveys in Naviance
- Set personalized goals
- Explore career options
- Search for colleges
- Apply for scholarships
- Track admissions status
- Enter their Community Service hours
- Find info about upcoming news & events

COMMUNITY SERVICE HOUR REPORTING

- x2vol – access via Naviance
- Student enters volunteer hours and supervisor email contact
- Afterwards the supervisor will receive an automatic email requesting them to verify the student's hours they volunteered.
- The school counseling secretary will approve hours after verification has been received.

The Counseling Secretary, Ms. Huynh can answer any questions your student has concerning Community Service Hours.

AP TEST REGISTRATION

During the 2023-2024 School Year



- First couple weeks of class:
Teachers will give students a join code for each of their AP classes. Students use their College Board username and password and join code to enroll in their class section.
- September and October:
Students complete registration for exams and payment for exams.

AP EXAM FEES FOR 2023-2024

	Description	Cost
Fall Registration	Deadline to order AP Exam is Nov. 15	\$94
Late Registration	Ordered Nov. 16–Mar 13	\$94 + \$40 fee

There will be a late registration fee of \$40 for each exam ordered after November 15th.

Counseling & Wellness Center



MENTAL HEALTH RESOURCES

- 24-hour Crisis Line: 866-427-4747 (Free, 24/7, confidential)
- Crisis Text Line: Text START to 741741 (Free, 24/7, confidential)
- TEEN LINK: 866-833-6546 (EVENINGS 6-10pm)
- Children's Crisis Outreach Response System: (206) 382-5340
- National Suicide Prevention Lifeline: (800) 273-8255
- Children's Hospital: Seattle (206) 987-2000

COUNSELOR MEETINGS WITH STUDENTS & FAMILIES
COMMUNITY MENTAL HEALTH COUNSELORS - YES
MHAT – MENTAL HEALTH ASSISTANCE TEAM
- SCREENING AND COUNSELING

CARE SOLACE – FREE CENTRAL HUB THAT CONNECTS
STUDENTS TO MENTAL HEALTH AND SUBSTANCE USE
PROVIDERS MATCHED TO THEIR NEEDS

FAMILY/STUDENT RESOURCES:

[HTTPS://BSD405.ORG/NHS/COUNSELING/NHS-VIRTUAL-
WELLNESS-ROOM/RESOURCES-HOTLINES/](https://bsd405.org/nhs/counseling/nhs-virtual-wellness-room/resources-hotlines/) AND
[HTTPS://BSD405.ORG/NHS/COUNSELING/NHS-VIRTUAL-
WELLNESS-ROOM/](https://bsd405.org/nhs/counseling/nhs-virtual-wellness-room/)

SUPPORT SERVICES (IN ADDITION TO COUNSELOR)

- Tutorial M,T,Th,F 3:00 pm – 3:30 pm
- Grad Success Coach (Christopher Bennett)
- Family Connections Support Specialist (Ana Maria Brito Lewis)
- College and Career Specialist (Fabian Rios)
- Peer Tutors – Request in the Main Office
- ParentVue – View grades and attendance online
- Peer Mediation
- MHAT Counselors (Lea Lai and Alana Gorman Knutson)
- Counselors from Mental Health Community agencies
- Naviance

TIPS FOR PARENTS

Communicate

- Prioritize relationship
- Allow space and time for open sharing
- Discuss values and goals

Support

- Provide resources
- Non-anxious presence

Expect and accept imperfection

- Failure is essential to success
- Strong sense of self = confidence in ability to overcome barriers

QUESTIONS? THANK YOU FOR ATTENDING TONIGHT'S PRESENTATION

<https://forms.office.com/r/xG8auB55hg>

Mai Tram Huynh : Counseling Department Secretary

Phone: (425) 456-7431

Website: <http://www.bsd405.org/nhs/counseling/>

9th Grade Parent Curriculum
Feedback Form



*PowerPoint available on the Counseling Department website