Letters of Recommendation

Tips & Strategies 2022

Why it Matters

TABLE 7. PERCENTAGE OF COLLEGES ATTRIBUTING DIFFERENT LEVELS OF IMPORTANCE TO FACTORS IN ADMISSION DECISIONS: FIRST-TIME FRESHMEN, FALL 2017

Factor	N	Considerable Importance	Moderate Importance	Limited Importance	No Importance
Grades in All Courses	220	74.5	15.0	5.5	5.0
Grades in College Prep Courses	220	73.2	16.8	5.9	4.1
Strength of Curriculum	219	62.1	21.9	8.7	7.3
Admission Test Scores (SAT, ACT)	221	45.7	37.1	12.2	5.0
Essay or Writing Sample	220	23.2	33.2	24.1	19.5
Student's Demonstrated Interest	218	16.1	23.9	28.0	32.1
Counselor Recommendation	218	15.1	40.4	26.6	17.9
Teacher Recommendation	219	14.2	40.2	26.5	19.2
Class Rank	220	9.1	29.1	34.1	27.7
Extracurricular Activities	219	6.4	42.9	32.0	18.7
Portfolio	219	6.4	11.9	26.9	54.8
Subject Test Scores (AP, IB)	219	5.5	18.3	35.2	41.1
Interview	219	5.5	16.4	28.3	49.8
Work	217	4.1	28.6	36.9	30.4
State Graduation Exam Scores	218	2.3	8.7	18.8	70.2
SAT II Scores	216	1.9	5.6	14.8	77.8

SOURCE: NACAC Admission Trends Survey, 2018-19.

Overall Importance

- Approx. 15% of colleges consider recommendations to be of "considerable importance"
- Approx. 40% of colleges consider recommendations to be of "moderate importance"
- Approx. 27% of colleges consider recommendations to be of "limited importance"

Overall Importance

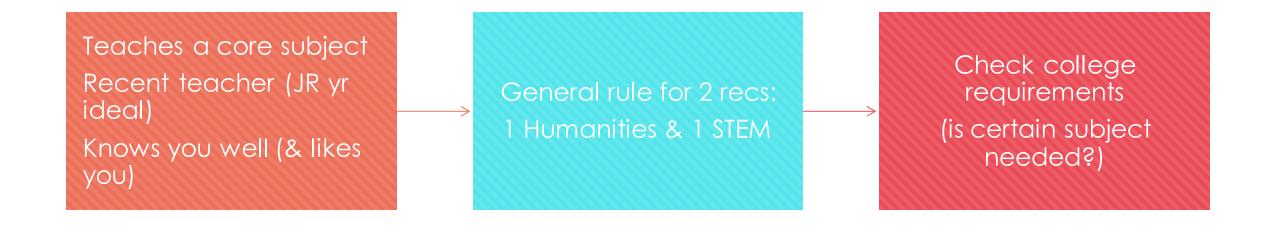
- O "Considerable importance" + "moderate importance" = 55% of colleges
- More important than demonstrated interest, class rank, or extracurricular activities

When it Matters

- Private colleges place more importance on recommendations than public colleges
- Smaller colleges give more weight to recommendations than larger colleges

When it Matters

Between you and a similarly qualified applicant a rec letter can make the difference



How to Choose the Right Teacher(s)

How to Choose the Right Teacher(s)



If you need more than 1 letter pick teachers who can expound on different strengths (should know your personality & your abilities)



If you haven't gotten to know any of your teachers it's not too late to start

Ask questions during group sessions, have a dialogue about class, life, work, etc. **Visit your teacher in tutorial or if available during lunch.**

How to Ask for a Teacher Letter

- Ask politely & IN PERSON.
 - O Do NOT add teacher's name to Naviance without teacher commitment
- O Ask in advance. Deadlines: Oct. 1 for EA/ED applications; Nov. 1st for Regular Decision.
 - The more time you give teachers the more they will have happy feelings while writing your letter (hint, hint)
- O Do not ask multiple teachers at once.
 - You should only ask one teacher at a time (no group emails)

How to Ask for a Teacher Letter

- Do not ask while with friends/peers.
 - No teacher should feel obligated to say yes to everyone (not a happy feeling).
- Follow Interlake's process (ie: add teacher to recommendation letter section in Naviance).
 - O If snail mail is required bring an addressed envelope to the teacher
 - O Use Naviance as opportunity to confirm & thank for teacher's commitment
 - O Deadlines: Oct. 1 for EA/ED deadlines; Nov. 1 for Regular Decision deadlines
- Follow teacher's process: do they need an interview? A filled out questionnaire?
- Be gracious. Rec letters can take hours to write and are not required of teachers.
 - O Plan to write thank you notes

Sample Dialogue

You: "Ms. Smith, do you have five minutes to talk?" (This is key. You're inviting her into the conversation, while also giving her a quick out if she needs one.)

Ms. Smith: "Sure, Johnny. What's up?"

You: "Well, I'm in the throes of applying to college. I've got some deadlines in about three months, so I'm trying to be proactive and organized before all hell breaks loose. (She'll love you for thinking ahead.) That's why I'm here. Of all the teachers I've had, I think you know me the best, and I'm wondering: Would you be willing and able to write me a **strong** letter of recommendation?" (The word "strong" gives teachers a polite out if they feel like they don't know you well enough or don't have time to take on your letter.)

Ms. Smith: "Oh Johnny, I thought you'd never ask." (She probably won't say this, but you can dream.)

You: "Really? That would be wonderful/epic/lit. Tonight I'll email you all the relevant information — my resume, my list of colleges and their deadlines, and some bullet points with stuff I've done in class. Is there anything else you'd like from me?

Ms. Smith: "Wow, no, I think that about coversit. Thanks, Johnny."

You: "Thank you, Ms. Smith!"

SOURCE: https://www.collegeessayguy.com/blog/how-to-ask-for-a-letter-of-recommendation?rq=recommendation

Common App or Coalition?

DO NOT USE Coalition if you need a Letter of Recommendation

Coalition and Naviance DO NOT speak to each other which causes complications

DO NOT USE Coalition if you need a Letter of Recommendation

When should you use Coalition? If you're applying to UW Seattle—they DO NOT accept Letters of Recommendation

DO NOT USE Coalition if you need a Letter of Recommendation

Match Common App Account to Naviance



Create Common App account



Complete the Education section



Add one college and click on that college



Go to Recommenders and FERPA (see next slide)



Go to your Naviance account

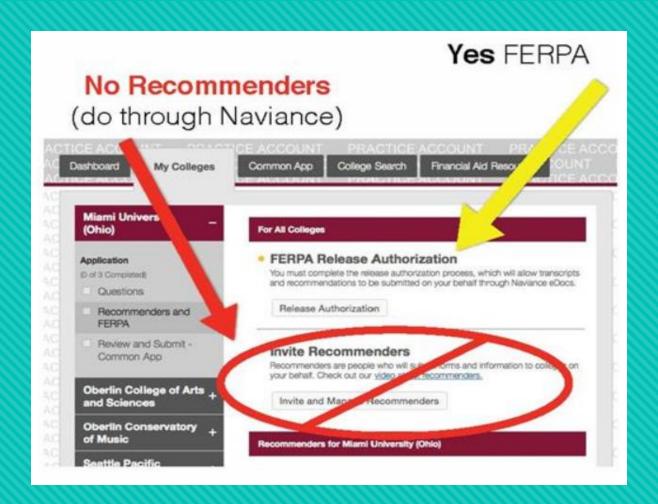


Go to Colleges I'm Applying To



Click "Match" near the top of the page

Common App FERPA & BSD FERPA must be signed first



You MUST waive your rights

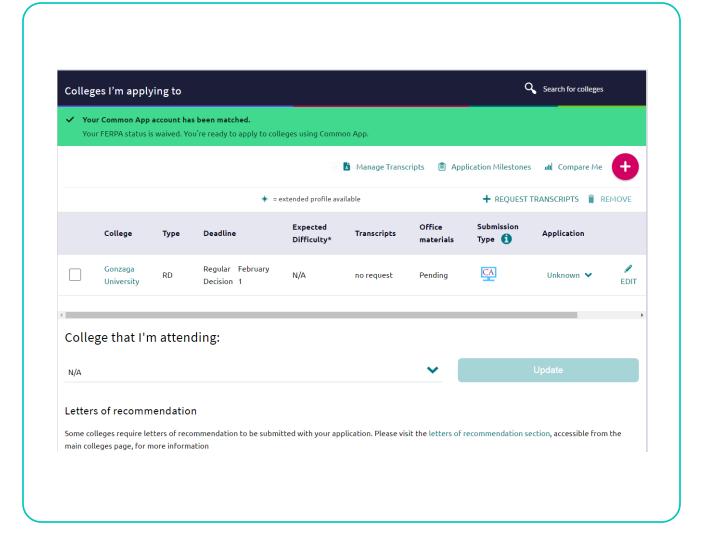
FERPA Information

- Cannot send letters without FERPA waivers
- When you sign a FERPA waiver you are saying that you are OK that we send letters about you without you first seeing them (ensures colleges that you didn't influence our letter)
- TWO FERPA processes are required
 - O Complete the Common App FERPA waiver
 - O Fill out, sign, and email or hand in the BSD FERPA waiver emailed to you (& parents) in the fall

Naviance

(don't add teachers through Common App directly)

Colleges I'm applying to



Should I assign teachers to colleges?

You get to decide! If some colleges only allow one teacher rec, make sure you assign the correct teachers to the correct college via the Naviance dropdown menu.

If all colleges allow for two, you can say "all".

Teachers will just submit when they're done and can't control where they're sent,

Teacher Letter Process Summary



Ask early – Oct. 1st for EA/ED deadlines; Nov. 1st for Reg. Decision



Ask in-person (when possible), and be ready to provide your resume and other relevant information



Add the teacher (and assign colleges) in Naviance from the drop down menu



Follow-up with a sincere thank you note

Counselor Letters of Recommendation

Need

Private/Common App schools

Scholarship Applications

Specialty Programs

Make

Request by email/chat/in person, etc.

Complete

The following (in Naviance):

- Academic Resume (part of HS & Beyond Plan)
- Brag Sheet Survey
- Teacher Feedback Forms

Counselor Letter Checklist

- FERPA waiver (paper copy & in Common App)
- Brag Sheet, incl parent portion (Naviance survey)
- Resume uploaded to Naviance (part of HS & Beyond Plan)
- □ Teacher Feedback Forms (3 teachers via Microsoft Forms)
 - ■NOT a teacher writing you a rec letter

Deadlines

Brag Sheet Survey in Naviance

1 October

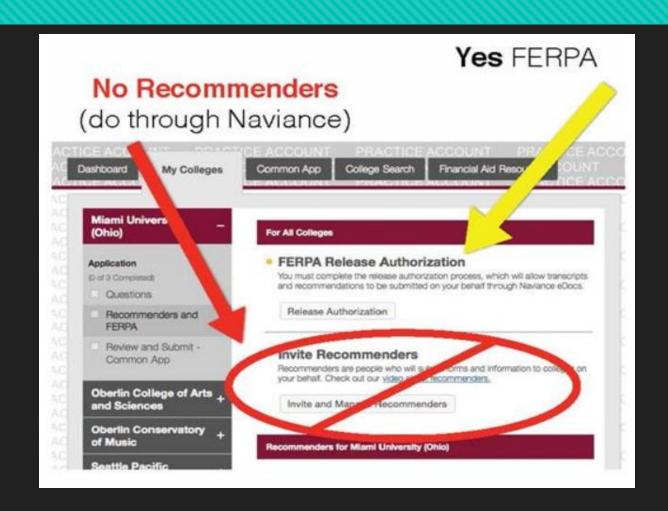
21 June

Resume & Teacher Feedback Forms

FERPA Waiver process applies for teachers and counselors

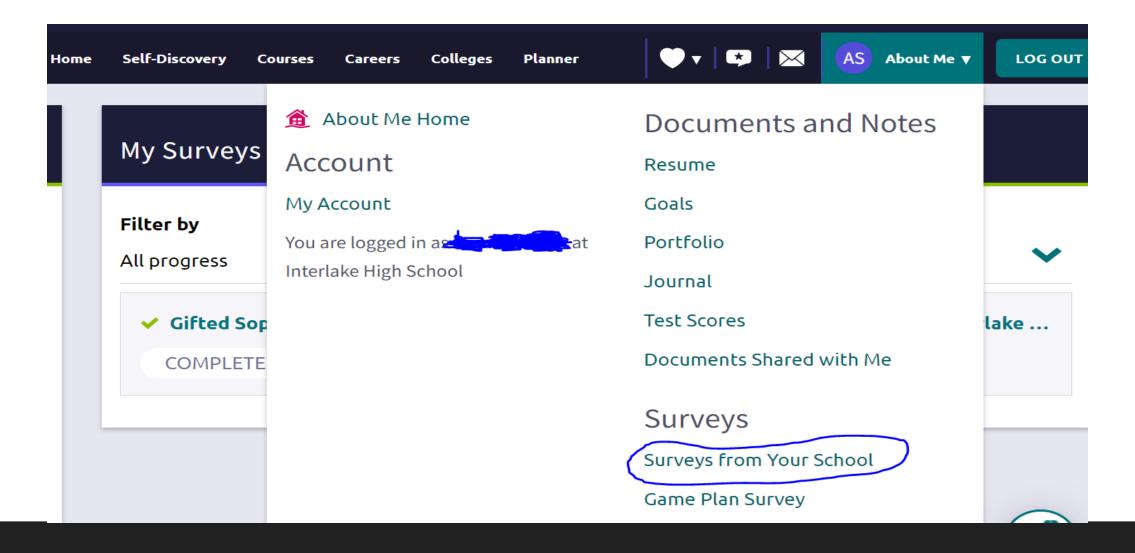
Common App FERPA & BSD FERPA must be signed first

You MUST waive your rights!



Brag Sheet: Due June 21st

- O Naviance
 - Ologin with Clever—no password needed!
- About Me
- Surveys From Your School
- My Surveys
- Letter of Rec Brag Sheet



Brag Sheet

About Me – Surveys from Your School– My Surveys– Letter of Rec Brag Sheet

Brag Sheet Question Examples



If you were not born in the US, when did you immigrate? Discuss any challenges moving to the US you feel are important to share.

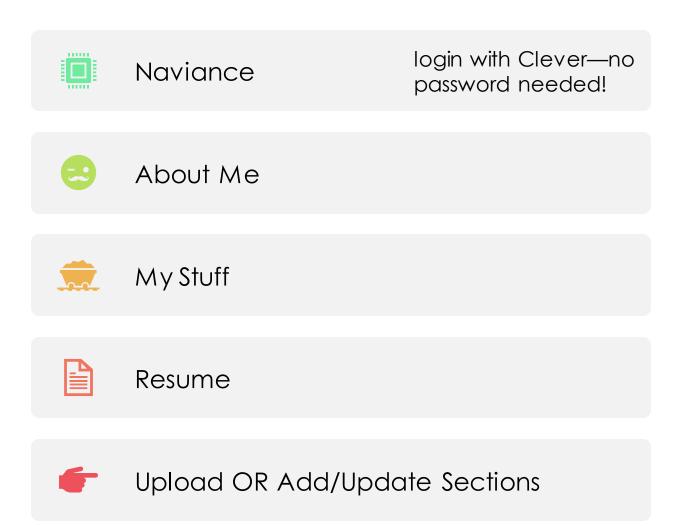


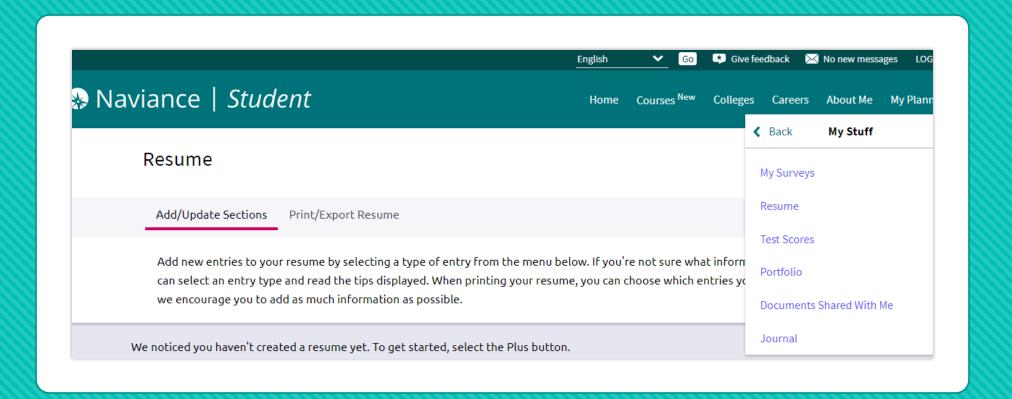
What are the 3 most important things you want in your future college and why?



Colleges want personal stories about you. Please share 3 adjectives that best describe you and provide a SPECIFIC situation that describes each adjective.

Resume in Naviance





Resume in Naviance

About Me – Resume–Add/Update OR Upload in Tasks Assigned to Me

Teacher Feedback Forms (available in Sept)



3 teachers (may include one coach, spiritual mentor, instructor, or another nonfamily member who knows you well)



NOT already writing you a letter of rec



Personal and academic qualities (or what makes you "tick")



Teachers from previous years OK

Teacher Feedback Forms

Microsoft Forms

Recommend keeping track of whom you asked (college app spreadsheet)

Counselor needs by Oct. 1st for EA/ED & Nov. 1st for Regular Decision

Access this information anytime!

- This presentation will be in the Class of 2023 Counselor Corner Teams Channel
- The PPT and video will be found under the Letter of Rec Information channel FILES.
- The video will be found under the Letter of Rec Information channel as a Microsoft Stream