

RUNNING START @LWTECH

**Personalized Support
Less expensive
Transfer and
Vocational Programs**

WASHINGTON INSTITUTE OF TECHNOLOGY



ABOUT LWTECH



Washington State's **ONLY** Public Institute of Technology **Demographics**

- 6,500+ Students Annually
- 3,300+ Full-time Students
- 60% Female to Male
- 35% People of Color
- Average age of an LWTech student is 30
- 40% of Students Work while Attending
- Students from 24 Countries
- 27% Enrolled with a Degree (associate or higher)
- 83.3% of Students are employed within 9 months of graduating

ABOUT LWTECH (cont. 2)



Running Start students can take both Academic and Vocational Courses

For example:

- Arts
- Business
- Communication
- English
- History, Political Science
- Mathematics
- Nutrition
- Psychology
- Science: Biology, Chemistry, Env. Science, Physics
- Spanish, American Sign Language
- Accounting
- Auto Repair, Auto

Body

- Business Technology
- Computing
- Culinary or Baking Arts
- Electrical Technologies
- Horticulture
- Mechanical Design Technology
- Sewing
- Welding

And more!

ABOUT LWTECH (cont. 3)



What Makes LWTech Unique?

- Personal attention
- Hands-on, applied learning
- Small class sizes
- Industry-driven credentials
- Diverse student body
- Certificates, Associates, Bachelor, and Transfer degrees

ABOUT RUNNING START



What is Running Start?

- A Dual Enrollment program open to high school students with Junior or Senior status in high school. Students can also choose to take classes both at their home High School and at LWTech.
- Students earn both high school and college credit for college level courses.
- Students are admitted during Fall, Winter and Spring quarters. Registration begins about two months prior to the start of the quarter (except for Fall enrollment which opens in May).

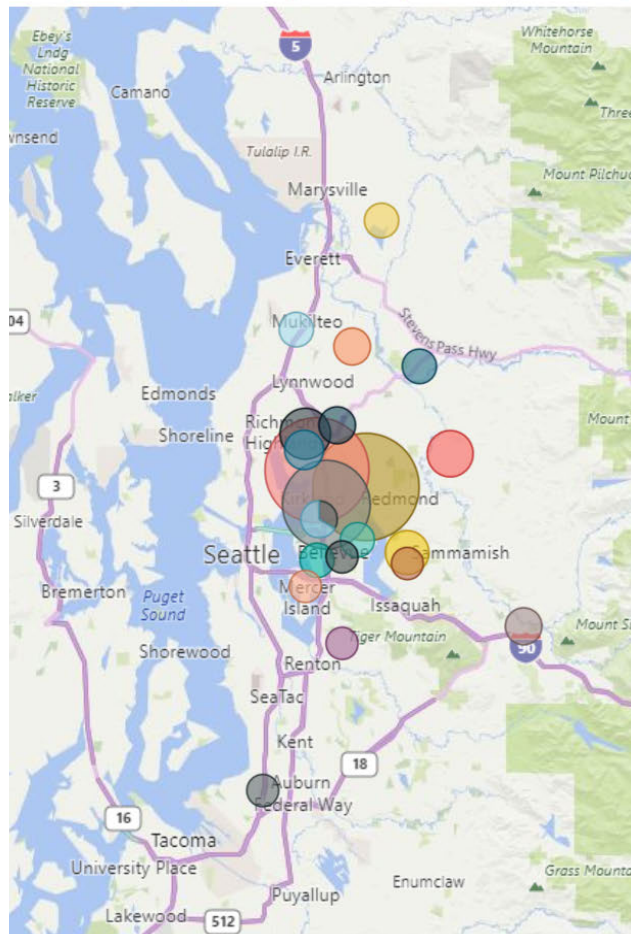
ABOUT RUNNING START (cont. 2)



What is Running Start?

- Free College Tuition (100+ level course)
- Students pay course and lab fees. Note: these fees are waived for qualified low-income students.
- Maximum enrollment is 15 credits (about 3 classes)
- Eligibility:
 - Place in English 101
 - No minimum GPA required

ABOUT RUNNING START (cont. 3)



What is Running Start?

- 5 college credits = 1 high school credit
- RS students must meet all high school requirements to earn diploma from home high school
- All typical grade 11 and 12 high school requirements can be met at LWTech
- LWTech offers college prerequisites and general education courses, in addition to vocational and technical programs

WHO IS A GOOD FIT?



- Jumpstart on college while in high school
- Stay connected to high school
- Prefer smaller class sizes, smaller college/university
- Pursue technical certificates or degree program
- Want hands on training for a job
- Want to transfer to a university
- Want to explore career options

CONSIDER THIS



Differences between High School and Running Start

- Transportation not provided
- High school graduation requirements are tracked by high school counselor, NOT by LWTech academic advisor
- FERPA (Family Educational Rights and Privacy Act): Instructors are not allowed to provide student information to parents without student's consent
- Disability services: to request special accommodation, students with disability must apply with LWTech Disability Student Services (DSS).

RUNNING START @LWTECH



Steps to Enroll

1) Check Eligibility

- Student needs to provide proof of placement into English 101 by one of the methods listed below:
 - Placement test at LWTech (FREE) or at other colleges
 - English Smarter Balanced Assessment scores of either L3 or L4
 - Provide transcript showing college English grade, 2.0 or higher

2) Fill out Running Start Application

- Link to application forms sent to parent email once eligibility is determined.

3) Registration for Class

- Make an appointment with the Running Start advisor to register for class. Call (425) 739-8107!
- Running Start Enrollment Verification Form must be signed High school counselor before registration
- Deadline to register for classes is 1 business day prior to the start date of each quarter.

RUNNING START @LWTECH (cont. 2)



Running Start Enrollment Verification Form

Student	Student Name: _____ Last Name First Name MI	<input type="checkbox"/> Check if this is a revision																																																												
	Home Phone: _____ Cell Phone: _____ Email Address: _____ SSID#: _____ Responsible Parent/Guardian: _____ College: _____ College SID #: _____	<input type="checkbox"/> New Student <input type="checkbox"/> Returning Student <input type="checkbox"/> Student Enrolled in Multiple Colleges <input type="checkbox"/> Spring Quarter Eligibility Adjustment Form (SQEAF) attached																																																												
High School Counselor & Running Start Advisor/Rep	Free and Reduced-Price Lunch (FRPL) Status Students who are FRPL eligible receive tuition and fee waivers from the college. Is the student currently eligible for FRPL? <input type="checkbox"/> Yes <input type="checkbox"/> No HS Counselor Initials: _____ The parent or guardian signature below provides permission to share FRPL eligibility status only with the Running Start college for the purpose of ensuring access to tuition and/or fee waivers. Choosing not to sign the consent will not affect the student's eligibility for access to Running Start or free and reduced-price meals or free milk. The individuals and programs receiving the information will not share the information with any other entity or program. Parent/Guardian Signature: _____ Date: _____ School Yr: _____ College Term: <input type="checkbox"/> College Quarter <input type="checkbox"/> College Semester <i>Fall, Winter, Spring Qtr. / 1st or 2nd sem.</i> High School: _____ District: _____ Grade Level: <input type="checkbox"/> Junior <input type="checkbox"/> Senior <input type="checkbox"/> 5th Yr Senior ² For the college term ² above, the student will be enrolled in high school and skill center classes equaling _____ full-time equivalent (FTE). Student may register for a maximum of _____ college credits, without incurring college tuition costs, based on the above stated high school/skill center FTE. Recommended Running Start Classes:	Running Start Funding Limit Table																																																												
		<table border="1"> <thead> <tr> <th colspan="2">Enrolled High School</th> <th colspan="2">Available College</th> </tr> <tr> <th>Weekly Minutes *</th> <th>FTE</th> <th>Max Allowed FTE</th> <th>Max Credits</th> </tr> </thead> <tbody> <tr><td>0 - 341</td><td>0.00 - 0.20</td><td>1.00</td><td>15</td></tr> <tr><td>342 - 457</td><td>0.21 - 0.27</td><td>0.93</td><td>14</td></tr> <tr><td>458 - 557</td><td>0.28 - 0.33</td><td>0.87</td><td>13</td></tr> <tr><td>558 - 674</td><td>0.34 - 0.40</td><td>0.80</td><td>12</td></tr> <tr><td>675 - 790</td><td>0.41 - 0.47</td><td>0.73</td><td>11</td></tr> <tr><td>791 - 890</td><td>0.48 - 0.53</td><td>0.67</td><td>10</td></tr> <tr><td>891 - 1,007</td><td>0.54 - 0.60</td><td>0.60</td><td>10 ⓧ</td></tr> <tr><td>1,008 - 1,123</td><td>0.61 - 0.67</td><td>0.53</td><td>8</td></tr> <tr><td>1,124 - 1,223</td><td>0.68 - 0.73</td><td>0.47</td><td>7</td></tr> <tr><td>1,224 - 1,340</td><td>0.74 - 0.80</td><td>0.40</td><td>6</td></tr> <tr><td>1,341 - 1,456</td><td>0.81 - 0.87</td><td>0.33</td><td>5</td></tr> <tr><td>1,457 - 1,556</td><td>0.88 - 0.93</td><td>0.27</td><td>4</td></tr> <tr><td>1,557 or more</td><td>0.94 - 1.00</td><td>0.20</td><td>3</td></tr> </tbody> </table>	Enrolled High School		Available College		Weekly Minutes *	FTE	Max Allowed FTE	Max Credits	0 - 341	0.00 - 0.20	1.00	15	342 - 457	0.21 - 0.27	0.93	14	458 - 557	0.28 - 0.33	0.87	13	558 - 674	0.34 - 0.40	0.80	12	675 - 790	0.41 - 0.47	0.73	11	791 - 890	0.48 - 0.53	0.67	10	891 - 1,007	0.54 - 0.60	0.60	10 ⓧ	1,008 - 1,123	0.61 - 0.67	0.53	8	1,124 - 1,223	0.68 - 0.73	0.47	7	1,224 - 1,340	0.74 - 0.80	0.40	6	1,341 - 1,456	0.81 - 0.87	0.33	5	1,457 - 1,556	0.88 - 0.93	0.27	4	1,557 or more	0.94 - 1.00	0.20	3
	Enrolled High School		Available College																																																											
	Weekly Minutes *	FTE	Max Allowed FTE	Max Credits																																																										
0 - 341	0.00 - 0.20	1.00	15																																																											
342 - 457	0.21 - 0.27	0.93	14																																																											
458 - 557	0.28 - 0.33	0.87	13																																																											
558 - 674	0.34 - 0.40	0.80	12																																																											
675 - 790	0.41 - 0.47	0.73	11																																																											
791 - 890	0.48 - 0.53	0.67	10																																																											
891 - 1,007	0.54 - 0.60	0.60	10 ⓧ																																																											
1,008 - 1,123	0.61 - 0.67	0.53	8																																																											
1,124 - 1,223	0.68 - 0.73	0.47	7																																																											
1,224 - 1,340	0.74 - 0.80	0.40	6																																																											
1,341 - 1,456	0.81 - 0.87	0.33	5																																																											
1,457 - 1,556	0.88 - 0.93	0.27	4																																																											
1,557 or more	0.94 - 1.00	0.20	3																																																											
	<table border="1"> <thead> <tr> <th>College Course (Dept. & Number)</th> <th># of College Credits</th> <th>=</th> <th>High School Equivalency</th> <th># of HS Credits</th> </tr> </thead> <tbody> <tr><td> </td><td> </td><td>=</td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td>=</td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td>=</td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td>=</td><td> </td><td> </td></tr> </tbody> </table>	College Course (Dept. & Number)	# of College Credits	=	High School Equivalency	# of HS Credits			=					=					=					=																																						
College Course (Dept. & Number)	# of College Credits	=	High School Equivalency	# of HS Credits																																																										
		=																																																												
		=																																																												
		=																																																												
		=																																																												
	<table border="1"> <tr> <td>Signature of High School Counselor</td> <td>Date</td> <td>Signature of College Running Start Advisor/Rep</td> <td>Date</td> </tr> <tr> <td>High School Counselor Printed Name</td> <td>Phone Number</td> <td>College Running Start Advisor/Rep Printed Name</td> <td>Phone Number</td> </tr> </table>	Signature of High School Counselor	Date	Signature of College Running Start Advisor/Rep	Date	High School Counselor Printed Name	Phone Number	College Running Start Advisor/Rep Printed Name	Phone Number																																																					
Signature of High School Counselor	Date	Signature of College Running Start Advisor/Rep	Date																																																											
High School Counselor Printed Name	Phone Number	College Running Start Advisor/Rep Printed Name	Phone Number																																																											
Student & Parent/Guardian	<p>I understand that:</p> <ul style="list-style-type: none"> The student is responsible for understanding when his or her choice of schedule will result in tuition charges. If the student enrolls for more high school and college credits than are identified in the Running Start State Funding Limit Table, the student is responsible for: <ul style="list-style-type: none"> 1) paying all college tuition and fees associated with exceeding the college credits identified in the table; or 2) withdrawing from the excess college or high school course(s). The student is required to pay any class/lab fees charged for college classes. Enrollment in specific college classes cannot be guaranteed – even if the classes are needed to fulfill high school graduation requirements. If the student begins Running Start in winter or spring term, eligibility for the previous term(s) that year is forfeited. To add/withdraw from a course, the student must complete the college Add/Drop process by the college deadline and notify the high school counselor. The student is responsible for ensuring that college courses completed as part of the Running Start program will meet high school graduation requirements. If the student plans to transfer, it is the student's responsibility to determine college admissions policies/deadlines and whether credits will transfer. The student and parent's signatures below provide permission for the high school and college to share the Running Start student's academic records, which can include the student's grades, billing, registration, and attendance records regardless of whether FERPA rights belong to the student or parents. See the FERPA statement on the back of this form. After completing the college coursework, students are responsible for requesting official college transcripts through the college's registrar office. <p>I acknowledge that I have read, understand, and will comply with the conditions of Running Start participation and the expectations of college course enrollment.</p>																																																													
	Student Signature (REQUIRED)	Date	Parent/Guardian Signature (REQUIRED)	Date																																																										

FORM SPI 1674 (7/2004) This is a two page form, with the details and instructions printed on page 2.
Questions: Students & Parents/Guardians contact local high school; High school and business administration staff, call OSPI at 360-725-6300.



RUNNING START @LWTECH (cont. 3)



Placement Process

- **English Placement (must place into English 101)**
 - Placement test at LWTech (FREE) or at other colleges
 - English Smarter Balanced Assessment scores of either L3 or L4
 - Provide transcript showing college English grade, 2.0 or higher
- **Math Placement**
 - Not required for RS Eligibility
 - May need Math Placement before registering for classes
 - Math placement test at LWTech: WAMAP
- **LWTech Assessment Center**
 - Call High School Programs to arrange placement exam: (425)739-8107!
 - On the day of test, visit HS programs office first with photo ID
 - Student can take each exam ONCE

UPCOMING INFO SESSIONS



**Wednesday, 6 p.m. to 7 p.m.
W404B on Kirkland Campus
or Virtual via Zoom**

**Visit lwtech.edu/runningstart
to register online**

**1:1 Information meeting is available per
appointment.**

Register online or email:

- **Running.Start@LWTech.edu**
- **(425) 739-8107**

RUNNING START COST



Running Start at LWTech is less expensive!

- **No Enrollment Fees**
 - No Application Fees
 - No Running Start Admission Fees
 - No Placement Testing Fees
- **Textbook Loan Program**
 - Available to ALL Running Start students
- **Qualified Low-income Family**
 - ORCA card
 - Course & Lab fees waived
- **FREE PARKING!**

CONTACT US

(425) 739-8107

Running.Start@LWTech.edu

An Chu

Running Start Coordinator

An.Chu@LWTech.edu



Dana Nasby

Running Start Advisor

Dana.Nasby@LWTech.edu