APRIL 2024

HBEC, REC & TVEC

10





Milk Selection is always available with every meal.

Menu items may change due to availability



April is National Garden Month. Consider planting some seeds at home. You can start your seeds indoors in a small container (an empty cereal bowl from school would work well) and move them outside to a patio or garden plot when the weather allows.



12

19

26

MONDAY

TUESDAY

2

WEDNESDAY

THURSDAY

FRIDAY

April Fool's Day

No School Chicken Nuggets w. Roll Turkey & Cheese Sand. French Fries Carrot Snack Pack w. Dip Apple Sauce cup General Tso's Chicken Cheeseburger White Rice Broccoli Mandarin Orange Cup Fortune Cookie French Toast & Sausage
Ham & Cheese Croissant
Tator Tots
Gogurt
Fresh Strawberries
Sun Cup Box

Mickey's Pizza Mini Ravioli & Meatballs Bread Stick Tossed Salad Diced Peaches Ice Cream Cup

Chicken Tenders BBQ Pulled Pork on Kaiser French Fries Glazed Carrots

Fruit Cocktail

Pizza Dippers w. Marinara Cheese Steak Sun Chips Green Beans Peach Cup Fruit Roll Up 9 Hot Dog Turkey BLT Wrap Mac & Cheese (Side) Peas Fruit Cup Pancakes & Sausage Ham & Cheese Pretzel Bun Hash Brown Patty Gogurt Fresh Cut Fruit

Pizza
Fish Sticks
Garlic Knot
Caesar Salad
Assorted Fruit
Ice Cream

Popcorn Chicken Hot Turkey on a Kaiser Mashed Potatoes w. Gravy Peas Apple Sauce Cup Taco Bar Chicken Quesadilla Chips & Salsa Roasted Corn Pineapple Tidbits Churro Cheeseburger Chicken Bacon Ranch Wrap French Fries Tossed Salad Juice Box French Toast & Sausage Ham & Cheese Croissant Hash Brown Patty Gogurt Baked Apples

Mickey's Pizza Lasagna Bread Stick Tossed Salad Diced Peaches Ice Cream Cup

Earth Day

Chicken Tenders
Pulled Pork Sliders
French Fries
Honey Glazed Carrots
Fruit Cocktail

No School Hot Dog
Grilled Cheese
Tomato Soup
Broccoli
Fruit Cup
Goldfish Crackers

Pancakes & Sausage Ham & Cheese Pretzel Bun Hash Brown Patty Juice Box Mini Strawberry Parfait

Pizza
Rotini & Meat Sauce
Garlic Knot
Caesar Salad
Assorted Fruit

Chicken Nuggets w. Roll Cheeseburger French Fries

French Fries Carrot Snack w. Dip Apple Sauce cup Taco Bar
Chicken Quesadilla
Chips & Salsa
Roasted Corn
Pineapple Tidbits
Churro

30

*Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, nation of origin, sex, age and disability. To file a complaint of discrimination call (202)720-5964 EOE

