



On-site Mental Health Partners



Findley Oaks
Alpharetta (ES)
Hembree Springs
Hillside
Ison Springs
Lake Woodward
Medlock Bridge
New Prospect
River Eves
Roswell North
Shakerag
State Bridge Crossing
Wilson Creek
Independence
Asa Hilliard
Cogburn Woods
Esther Jackson
Heritage
High Point
Lake Forest
Manning Oaks
Mimosa
Northwood
Vickery Mill
Woodland (ES)
Elkins Pointe
Haynes Bridge
Holcomb Bridge
Ridgeview
Sandy Springs
Centennial
Creekside
North Springs Charter
Riverwood Int. Charter

Birmingham Falls
Ocee
Mountain Park
Abbotts Hill
Summit Hill
Creek View
Barnwell
Crabapple Crossing
Dolvin
Sweet Apple
Autrey Mill
Crabapple
Hopewell
Northwestern
River Trail
Taylor Road
Webb Bridge
Alpharetta (HS)
Cambridge
Chattahoochee
Johns Creek
Milton
Northview

Campbell
Cliftondale
College Park
Conley Hills
EC West
Feldwood
Hapeville
H. E. Holmes
Liberty
Love T Nolan
Palmetto
Parklane
Seaborn Lee
Wolf Creek
Bear Creek
Paul D West
Woodland (MS)
Sandtown
Banneker
McClarín
Langston Hughes
Tri-Cities
Westlake

Bethune
Brookview
Dunwoody Springs
Gullatt
Heards Ferry
Oakley
Randolph
Renaissance
SL Lewis
Spalding Drive
Stonewall Tell
Camp Creek
McNair
Renaissance

ONSITE MENTAL HEALTH PARTNERSHIP

FCS + CHRIS 180

FCS has partnered with Chris 180 to provide school-based counseling services to students! Students who may benefit from counseling should be referred regardless of insurance status. There are several financial options available to ensure students are connected with the necessary supports.

Who Can Refer

Everyone and Anyone! STUDENTS! PARENTS! TEACHERS!
ADMIN! Support Teams!, and any school staff member!



Referral Form



Parent FAQ



Website

Chris180 can help with...

- Anxiety
- Depression
- Coping Skills
- Self-Esteem
- Anger Management
- Peer Relationships
- Executive Functioning Skills
- Grief or Loss
- Trauma

How To Refer

Follow the directions below to make a referral!

Student

I want to refer myself!

1. Reach out to your School Counselor, Social Worker, or Psychologist
2. Talk with your Parent / Caregiver and call 770-722-0080

Parent

I want to refer my child!

1. Call 770-722-0080 and request on-site services for your child and provide the school name
2. Ask a School Counselor, Social Worker, or Psychologist for a referral to CHRIS 180
3. Email schoolbasedservices@chris180 for more information

Staff

I want to refer a student!

1. Send the referral directly to your school's onsite therapist
2. Reach out to your School Counselor, Social Worker, or Psychologist for more information

ONSITE MENTAL HEALTH PARTNERSHIP

FCS + FAMILY TIES

FCS has partnered with Family Ties to provide school-based counseling services to students! Students who may benefit from counseling should be referred regardless of insurance status. There are several financial options available to ensure students are connected with the necessary supports.

Who Can Refer

Everyone and Anyone! STUDENTS! PARENTS! TEACHERS! ADMIN! Support Teams!, and any school staff member!



Referral Form



Info Flyer



Website

Family Ties can help with...

- Student Groups
- Individual Counseling
- Family Counseling
- Parent + Teacher Workshops
- IEP + 504 Collaboration
- Virtual + In-Home Services
- Psychological Services
- Psychiatric Services
- Linkage to community resources

How To Refer

Follow the directions below to make a referral!

Student

I want to refer myself!

1. Talk with your Parent / Guardian to make the referral
2. Talk with your School Social Worker to make the referral

Parent

I want to refer my child!

1. Complete the Referral Form Online (Scan the QR Code or Click Link above)
2. Contact the School Social Worker to make the referral

Staff

I want to refer a student!

1. Complete the Referral Form Online
2. Contact the School Social Worker to make the referral

ONSITE MENTAL HEALTH PARTNERSHIP

FCS + SUMMIT

FCS has partnered with Summit OnSite to provide school-based counseling services to students! Students who may benefit from counseling should be referred regardless of insurance status. There are several financial options available to ensure students are connected with the necessary supports.

Who Can Refer

Everyone and Anyone! STUDENTS! PARENTS! TEACHERS!
ADMIN! Support Teams!, and any school staff member!



[Referral Form](#)



[Info Flyer](#)



[Parent FAQ](#)

Summit can help with...

- Anxiety
- Depression
- Coping Skills
- Self-Esteem
- Anger Management
- Peer Relationships
- Executive Functioning Skills
- Grief or Loss
- Trauma

How To Refer

Follow the directions below to make a referral!

Student

I want to refer myself!

1. Talk with your Parent / Guardian to make the referral
2. Talk with your School Social Worker, Counselor, or Psychologist to make the referral

Parent

I want to refer my child!

1. Complete the Referral Form Online (Scan the QR Code or Click Link above)
2. School Social Worker, Counselor, or Psychologist to make the referral

Staff

I want to refer my student!

1. Complete the Referral Form Online (Scan the QR Code or Click Link above)
2. School Social Worker, Counselor, or Psychologist to make the referral

ONSITE MENTAL HEALTH PARTNERSHIP

FCS + ODYSSEY

FCS has partnered with the Odyssey Family Counseling Center to provide school-based counseling services to students! Students who may benefit from counseling should be referred regardless of insurance status. There are several financial options available to ensure students are connected with the necessary supports.

Who Can Refer

Everyone and Anyone! STUDENTS! PARENTS! TEACHERS!
ADMIN! Support Teams!, and any school staff member!



[Referral Form](#)



[Parent FAQ](#)



[Info Flyer](#)

Odyssey can help with...

- Anxiety
- Depression
- Coping Skills
- Self-Esteem
- Anger Management
- Peer Relationships
- Executive Functioning Skills
- Grief or Loss
- Trauma

How To Refer

Follow the directions below to make a referral!

Student

I want to refer myself!

1. Talk with your Parent / Guardian to make the referral
2. Talk to a school staff member you trust to make the referral

Parent

I want to refer my child!

1. Scan the QR Code or click the Referral Form Link above
2. Complete the Referral Form and email to intake@odysseycounseling.org

Staff

I want to refer my student!

1. Scan the QR Code or click the Referral Form Link above
2. Complete the Referral Form and email to intake@odysseycounseling.org

Free Summer Groups!

Does your child or teenager need something to do this summer? JOIN US!

***Note: Participants can participate as frequently as they choose. They are not required to participate in each and every session. Groups are geared toward skill-building and social connection!**

Email the therapists below to register your child or teen today! (All groups are virtual)

<p>Social Skills Through Games 6th - 8th graders Mondays, 3 P.M. – 4 P.M. 6/7, 6/14, 6/21, 6/28, 7/12, 7/19</p>	<p>This group will focus on developing social skills you can use through games and activities. We will focus on skills like active listening, problem solving, working together, and taking someone else's perspective. Email Alexandra.Gellin@CHRIS180.org</p>
<p>Healthy Thinking Habits 3rd - 5th graders Wednesdays, 2 P.M. – 3 P.M. 6/16, 6/23, 6/30, 7/7, 7/14, 7/21</p>	<p>Students can use positive thinking to promote positive behavior. Students will learn how to believe in themselves and what they can accomplish when they actively work to challenge their thinking habits and patterns. Email Jessica.Cooke@CHRIS180.org</p>
<p>Mindfulness for Families All ages + caregivers! Thursdays, 4 P.M. – 5 P.M. 6/10, 6/17, 6/24, 7/1, 7/8, 7/15, 7/22</p>	<p>This group will provide caregivers and children an opportunity to learn and practice a variety of fun and easy mindfulness-based activities and find ways to incorporate mindfulness into family routines. Email Alexandra.Gellin@CHRIS180.org</p>
<p>Transitioning to High School Rising 9th graders Thursdays, 1 P.M. – 2 P.M. 6/17, 6/24, 7/1, 7/8, 7/15, 7/22</p>	<p>Transitioning to high school brings up all kinds of feelings and concerns: will my friends be at my new school? Will I be able to do the work? This group will discuss relevant topics & provide support for rising high schoolers! Email Ayana.Taylor@CHRIS180.org</p>
<p>Problem-Solving 2nd – 5th graders Tuesdays, 3 P.M. – 4 P.M. 6/8, 6/15, 6/22, 6/29, 7/6, 7/13, 7/20</p>	<p>This group will empower students to learn how to communicate in pro-social ways by working with their peers. We will explore problem solving, effective communication, positive friendships, positive decision making and more. Email Latoyia.Harris@CHRIS180.org</p>
<p>Self-Esteem Building 6th - 8th graders Wednesdays, 2 P.M. – 3 P.M. 6/16, 6/23, 6/30, 7/7, 7/14, 7/21</p>	<p>This group will focus on increasing self-esteem by identifying strengths and positive qualities, enhancing self-awareness, quieting the inner judge, improving confidence, and strengthening self-acceptance. Email: Simone.Wilson@CHRIS180.org</p>
<p>Social Skills 2nd – 5th graders Mondays, 2 P.M. – 3 P.M. 6/14, 6/21, 6/28, 7/12, 7/19</p>	<p>This group will help students understand how they identify problems and use their experiences to solve problems creatively and independently. We will learn and practice various problem-solving techniques together. Email Tejah.Stanley@CHRIS180.org</p>
<p>Parent Self Care/Stress Management: The Real MVP Parents/Caregivers Thursdays, 2 P.M. – 3 P.M. 6/10, 6/17, 6/24, 7/1, 7/8, 7/15, 7/22</p>	<p>While billions of people share the experience of parenthood, the journey can still feel lonely and filled with overwhelming responsibility and stress. In this group we will validate caregivers' unique experiences in a non-judgmental and supportive environment. Email Shanessa.Crook@CHRIS180.org</p>
<p>Identity/Self-Esteem 6th – 8th graders Wednesdays, 2 P.M. – 3 P.M. 6/16, 6/23, 6/30, 7/7, 7/14, 7/21</p>	<p>In this group we will talk about skills integral to navigating middle school life on a daily basis. Participants will learn about the concept of self, identity, and daily living skills that foster confidence and self-worth. Email Shanera.Brown@CHRIS180.org</p>
<p>"I don't want to talk about it" 6th – 8th graders Wednesdays, 1 P.M. – 2 P.M. 6/16, 6/23, 6/30, 7/7, 7/14, 7/21</p>	<p>Have you ever been unsure of how to say something or said something and regretted it later? This group is all about communication and the power each of us have with our words. Participants will identify their communication style, learn the four types of communication and practice communication skills with peers. Email Conni.Pritchett@CHRIS180.org</p>

*Questions, Concerns, or Other Inquiries please email schoolbasedservices@chris180.org



2021 SUMMER GROUPS

This is a list of the groups that will be offered through The Summit this Summer. Contact our front office at 678-893-5300 to register. Spaces are limited.

Anxiety Monsters Group

Kindergarten – 3rd Grade
June 14th – July 26th*
Mondays 1:00pm -2:15pm

By giving anxiety a monster identity, we will work on minimizing its scariness. Group members will define their anxiety and learn skills to help manage the emotions and behaviors that come along with heightened anxiety. With a better understanding of why we have anxiety, group members can normalize the feelings and take back control.

Location: 2750 Old Alabama Rd., Johns Creek
*Will not meet the week of July 4th

Life Leadership Skills Group

4th – 5th Grade
June 15th – July 27th*
Tuesdays 11:45am – 1:00pm

We will be focusing on social-emotional learning in a group setting where mindfulness will be a key in learning to focus on awareness and feelings in the body. The group will progress in practicing emotion management skills, interpersonal effectiveness strategies, and decision-making skills. We will be learning these skills through activities and game play in the room to help focus attention and have fun! Life leadership skills are best learned through modeling, practice, and awareness of self, so throughout the group we will be able to process the learned skills. Our goal is to lessen emotional dysregulation and provide lasting tools to use in home and at school.

Location: 2750 Old Alabama Rd., Johns Creek
*Will not meet the week of July 4th

Social Skills Group

3rd – 5th Grade
June 14th – July 26th*
Mondays 11:00am – 12:15pm

This group is to teach kids how to interact appropriately with others their age. It will help kids learn conversational, friendship, and problem-solving skills.

Location: 2750 Old Alabama Rd., Johns Creek

*Will not meet the week of July 4th

Preparing for Middle School

6th Grade

June 14th – July 26th*

Mondays 1:00pm – 2:15pm

Transitioning to Middle School can be anxiety inducing. We will focus on helping students to cultivate healthy and effective coping skills and positive self-talk, preparing them for 6th grade and some of the middle school challenges that can arise. Students will learn to manage emotions and build resiliency in a safe space where they can talk about their feelings and express their emotions surrounding starting middle school.

Location: Virtual Group

*Will not meet the week of July 4th

DBT Skills Group

6th – 8th Grade

June 7th – August 2nd*

Mondays 12:00 – 1:15

DBT Skills training for emotional problem solving. Designed to help students develop emotion management, interpersonal effectiveness, and decision-making skills. Perfect for students who may be struggling with impulsive behavior, peer rejection, low self-esteem, anxiety, and depression.

Location: Virtual Group

*Will not meet the week of July 4th

Grief Group

6th – 8th Grade

June 21st - June 25th

Monday – Friday 10:00am – 11:30am

This grief support group will give (pre)teens a place to share feelings with one another and discuss how grief has impacted them. Once they find out they are not alone and that others are also struggling they can begin feeling understood, accepted, and supported. We will explore the stages of grief, healthy ways of coping with each stage, and identify healthy ways of remembering their loved ones.

Location: 1548 Mt. Vernon Rd., Dunwoody

Social Skills & Anxiety Group

6th – 8th Grade

June 16th – July 28th*

Wednesdays 5:00pm – 6:15pm

This group is for students who are looking to increase their social skills as well as learn to manage anxiety and stress to help prepare for the upcoming school year. Students will learn interpersonal skills, effective communication, how to manage conflict, and develop coping skills for stress and anxiety.

Location: 2750 Old Alabama Rd., Johns Creek

*Will not meet the week of July 4th

Preparing for High School Group

9th Grade

June 21st – June 25th

Monday – Friday 11:00 –12:30

A group to prepare rising 9th grade students for their transition to high school, focusing on social skills, motivation, and reducing any anxieties and concerns they may have regarding this next step!

Location: 2750 Old Alabama Rd., Johns Creek

Managing Anxiety Group

10th – 11th Grade

June 15th – July 26th*

Tuesdays 12:00 – 1:15

This group is for students who are experiencing anxiety or an increased level of stress especially those returning to in-person learning for the first time since the pandemic. Topics will include challenging negative thoughts, mindfulness, managing school stress and creating a “toolbox” of skills to manage these feelings.

Location: Weeks 1-4 Virtual Group and Weeks 5-6 11180 Medlock Bridge, Johns Creek

*Will not meet the week of July 4th

Grief Group

9th – 12th Grade

June 21st - June 25th

Monday – Friday 12:00pm – 1:00pm

This grief support group will give teens a place to share feelings with one another and discuss how grief has impacted them. Once they find out they are not alone and that others are also struggling they can begin feeling understood, accepted, and supported. We will explore the stages of grief, healthy ways of coping with each stage, and identify healthy ways of remembering their loved ones.

Location: 1548 Mt. Vernon Rd., Dunwoody