



Introduction to Human Behavior - Unit 4 - Disorders and Mental Health

Unit Focus

Students will be learning about the various abnormal psychological conditions that are represented in their own lives and in much of the entertainment and media they engage with. This unit will develop a better understanding of some common mental health issues, such as anxiety disorders, somatoform disorders, dissociative disorders, and depression as to diminish the stigmas currently held by some in our society. Furthermore, students will begin to understand the challenges faced by individuals and families with mental health issues as well as the obstacles to more effective treatment and care for those suffering from mental illness. In addition, various types of therapies, treatments, and medications available as well as the efficacy of those interventions will be explored.

Stage 1: Desired Results - Key Understandings

Standard(s)	Transfer		
<p>C3 Framework for Social Studies State Standards <i>Psychology</i> Psychological Perspectives and Methods of Inquiry Adhere to and consider the impact of American Psychological Association and federal guidelines for the ethical treatment of human and nonhuman research participants. (D2.Psy.4.9-12) Influences on Thought and Behavior Explain the complexities of human thought and behavior, as well as the factors related to the individual differences among people. (D2.Psy.8.9-12) Explain the interaction of biology and experience (i.e., nature and nurture) and its influence on behavior. (D2.Psy.10.9-12) Identify the role psychological science can play in helping us understand differences in individual cognitive and physical abilities. (D2.Psy.11.9-12) Explain how social, cultural, gender, and economic factors influence behavior and human interactions in societies around the world. (D2.Psy.12.9-12) Critical Thinking: Themes, Sources, and Evidence Explain common themes across the field of psychological science, including ethical issues, diversity, developmental issues, and concerns about health and wellbeing. (D2.Psy.13.9-12) Use critical thinking skills to become better consumers of psychological knowledge. (D2.Psy.16.9-12) Applications of Psychological Knowledge Apply psychological knowledge to their daily lives. (D2.Psy.18.9-12) Apply psychological knowledge to civic engagement. (D2.Psy.23.9-12)</p> <p>Madison Public Schools Profile of a Graduate</p> <ul style="list-style-type: none"> Product Creation: Effectively use a medium to communicate important information. (POG.3.2) 	<p><i>Students will be able to independently use their learning to...</i> T1 Apply psychological reasoning to individual and global issues to better understand problems, predict, and/or develop solutions T2 Respectfully and responsibly work with others through the exchange and evaluation of ideas to achieve a common objective</p>		
	Meaning		
	Understanding(s)	Essential Question(s)	
	<p><i>Students will understand that...</i> U1 Understanding psychological disorders reveals truths about our own behavior U2 The interaction of biology and experience influences mental health U3 Acknowledgement and effective treatment of mental health issues are necessary for a fully functioning society U4 Mental health care is a complex system influenced by social, political, and economic elements</p>	<p><i>Students will keep considering...</i> Q1 Why are humans intrigued by variations in human behavior? Q2 How do environmental and biological factors contribute to mental health problems? Q3 What is the benefit to society in understanding stigmas and treatments for those with mental health issues? Q4 Why have we been unable to fix the mental health care system?</p>	
	Acquisition of Knowledge and Skill		
	Knowledge	Skill(s)	
<p><i>Students will know...</i> K1 Criteria & definition of psychological disorder K2 Bio-psycho-social model for understanding disorders</p>	<p><i>Students will be skilled at...</i> S1 Recognizing psychological disorders S2 Recognizing strengths and limitations of DSM</p>		

Stage 1: Desired Results - Key Understandings

- Alternate Perspectives: Interpret or critique complementary and competing approaches, experiences, and worldviews in order to develop an empathetic perspective. (POG.5.2)

K3 Benefits and potential dangers of labeling disorders

K4 Definitions of certain disorders, including but not limited to: Generalized anxiety disorder, Phobia, OCD, PTSD, Major Depressive disorder, Bipolar disorder, dissociative disorders, Somatoform disorders, Schizophrenia, Personality disorders

K5 Approaches to treatment, including but not limited to: psychoanalytic, humanistic, behavior therapy, cognitive therapy, biomedical

S3 Active listening and engagement with class discussion

S4 Finding, reading, and interpreting psychological research

S5 Developing empathy for mental health problems, in themselves and others