

The Bully Free Zone web site is designed to assist students, parents and school staff with bully prevention methods. The resources and information included in this web site are structured to be easy to use for everyone. This is not an inclusive list of resources.

<http://www.nvpep.org/>

#### **Nevada PEP**

As Nevada's statewide Parent Center, we support families that have a child that has experienced bullying by providing information, parent workshops and webinars. Please give our center a call to learn more about the options families have available to address their concerns about bullying and create an environment where children can feel safe and successful in school.

<http://www.operationrespect.org/>

#### **Operation Respect**

Operations Respect seeks to assure each child and youth a respectful, safe, and compassionate climate of learning where their academic, social, and emotional development can take place free of bullying, ridicule and violence.

<http://www.pacer.org/bullying/>

#### **PACER Center's National Bullying Prevention Center**

PACER's National Bullying Prevention Center was established in 2006. Complete with resources for students, parents, educators, and others, PACER recognizes bullying as a serious community topic that can impact education, the physical and emotional health, as well as the safety and well-being of students. The website includes videos, toolkits, posters, and handouts.

[http://groundspark.org/our-films-and-campaigns/lets-get-real/lgr\\_curric](http://groundspark.org/our-films-and-campaigns/lets-get-real/lgr_curric)

#### **Respect For All**

Let's Get Real examines issues that lead to taunting

and bullying, including racial differences, perceived sexual orientation, learning disabilities, religious differences, sexual harassment and others. "Let's Get Real" curriculum guide features valuable lesson plans, discussion starters, classroom activities and handouts for teachers to use in conjunction with the film.

<http://specialneeds.thebullyproject.com/toolkit>

#### **The Bully Project**

This toolkit contains a set of resources to assist people with confronting the bullying of children with special needs. The toolkit covers several perspectives—from talking to your children, to knowing your rights, to teaching tolerance in schools. Parents begin by reading the Top Ten Facts about bullying and children with special needs, after words they learn about the unique challenges children with special needs when facing bullying.

<http://www.stopbullying.gov>

#### **Stop Bullying**

In partnership with the Department of Education and the Department of Justice, the U. S. Department of Health and Human Services oversees <http://www.stopbullying.gov>. It contains the webpages "What is Bullying, Cyberbullying, Who is at Risk, Preventing Bullying, and Responding to Bullying." In addition, the website contains a section on the state bullying prevention policies, laws, and resources for parents, educators, communities, and students.

<http://stopbullyingnow.com/>

#### **Stop Bullying Now**

According to Stop Bullying Now, individuals can decrease bullying and we can aid children and teens who have been bullied.



## **Safe and Respectful Learning Environment Free From Bullying or Cyber-Bullying**

In accordance with  
**Assembly Bill 206,**  
the following is  
**a list of resources**  
in the community  
**to assist students.**



## Stand **UP** to Bullying



## Be An **UPSTANDER**

“Pursuant to Assembly Bill 206, the District has provided a list of resources that may be available in the community to assist a student who is involved in a reported violation of NRS 388.135. This is not an all-inclusive list. The District does not endorse any of the companies or services included in the resource list. The District is not responsible for providing the resources to the student or ensuring the student receives the resources.”

[http://www.carsoncityschools.com/departments/educational\\_services/bully\\_free\\_zone](http://www.carsoncityschools.com/departments/educational_services/bully_free_zone)

### **Carson City School District**

The Carson City School District supports and enforces a Safe and Respectful Learning Environment free from Bullying or Cyber-Bullying in order to provide a learning environment that is safe and respectful, in which persons of differing beliefs, characteristics, and backgrounds can realize their full academic and personal potential.

<http://www.pcccarnon.org/>

### **Partnership Carson City**

“Partnership Carson City’s mission is to foster a healthy community by building strong families and successful youth, through education, collaboration and engagement of our citizens.”

[info@carson-family.org](mailto:info@carson-family.org)

### **Ron Wood Family Resource Center**

The mission of the Ron Wood Family Resource Center is to create a lasting community-wide cooperative effort between the private sector and governmental agencies to promote healthy family relationships through education and support services. We currently

# RESOURCE LIST

offer a vast array of services that range from basic needs assistance to bullying prevention programming, parenting classes and after school programs.

[http://www.cdc.gov/violenceprevention/pub/measuring\\_bullying.html](http://www.cdc.gov/violenceprevention/pub/measuring_bullying.html)

### **Bullying Surveillance among Youths: Uniform Definitions for Public Health and Recommended Data Elements Version 1.0 | Center for Disease Control and Prevention (CDC)**

This CDC publication contains a standardized definition of bullying. As well, the site explores factors to consider when gathering data on bullying using its standardized definition. It also recommends data elements to consider when investigating bullying incidents, and provides federal government resources on anti-bullying.

<http://cyberbullying.us/>

### **Cyberbullying Research Center**

Directed by Sameer Hinduja at Florida Atlantic University and Justin Patchin at the University of Wisconsin-Eau Claire, the Cyberbullying Research Center offers information regarding cyberbullying among adolescents.

<http://www.eyesonbullying.org/websites.html>

### **Eyes on Bullying**

Parents and caregivers both need tools and guidance to help keep children safe. The Eyes on Bullying website provides a comprehensive toolkit for identifying the early symptoms of bullying and providing support for parents and caregiving staff and the goal of bullying prevention.

<http://sos.fbi.gov>

### **Federal Bureau of Investigation – Safe Online Surfing (FBI – SOS)**

The FBI Safe Online Surfing (FBI-SOS) program is a nationwide initiative to educate children about the dangers

they face on the internet to help prevent crimes against children. It promotes cyber citizenship among students by engaging them in a fun, age-appropriate, online program where they learn how to safe and responsible using the internet. The program emphasizes the importance of cyber safety such as password security, smart surfing habits, safeguarding personal information.

<http://joshstevensfoundation.org>

### **Josh Stevens Foundation**

The Josh Stevens Foundation partners with schools, businesses and youth organizations to spread awareness about recognizing and celebrating heartfelt kind act.

<http://store.samhsa.gov/apps/knowbullying/index.html>

### **KnowBullying App | SAMHSA**

Research shows that parents and caregivers who devote at least 15 minutes a day talking with their child can lay the groundwork for a strong relationship and help prevent bullying. KnowBullying has simple conversation starters to begin a dialogue with your child. The app also features bullying prevention tips, bullying warning signs, reminders to talk with your child, social media options, and a section for educators.

<http://www.suicidepreventionlifeline.org/>

### **National Suicide Prevention Lifeline**

800-273-8255

No matter what problems you are dealing with, the National Suicide Prevention Lifeline wants to help you.

<http://bullyfreezone.nv.gov/>

### **Nevada Department of Education, Bully Free Zone**