



# Wausau East Athletics and Activities Guide

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## **Welcome to Wausau East!**

At East we offer many different sports, clubs, and activities. In this guide you will find many useful tools to help navigate you through sports and activities for your time at Wausau East. If you have any questions feel free to reach out to our Athletic Secretary, Mrs. Steinke – [esteinke@wausauschools.org](mailto:esteinke@wausauschools.org)

### **TABLE OF CONTENTS**

|   |           |
|---|-----------|
| <b>Wausau East Athletics and Activities Website</b>                             | <b>4</b>  |
| <b>Athletic Registration</b>  | <b>5</b>  |
| <b>Sports Physicals</b>   | <b>5</b>  |
| <b>Athletic Fees</b>  | <b>5</b>  |
| <b>Mandatory Parent/Player Sports Meeting</b>                                   | <b>5</b>  |
| <b>Fear the Beard Fest</b>  | <b>6</b>  |
| <b>Athletic/ Activity Attendance Expectations</b>                               | <b>6</b>  |
| <b>Grade Expectations</b>   | <b>6</b>  |
| <b>SportsYou App</b>  | <b>7</b>  |
| <b>Gameday Tickets</b>  | <b>7</b>  |
| <b>Home Game Live Stream</b>  | <b>7</b>  |
| <b>Bone &amp; Joint Free Physical Night Flyer</b>                               | <b>8</b>  |
| <b>2024-2025 Sports Information (Coaches, Start Dates, and SportsYou Codes)</b> | <b>9</b>  |
| <b>2024-2025 Club Information</b>   | <b>10</b> |

# Wausau East Athletics and Activities Website

<https://wausaeast-ar.rschooldtoday.com/>

Our website is a very useful tool but can be confusing if you are not sure how to use it. On our website you can access:

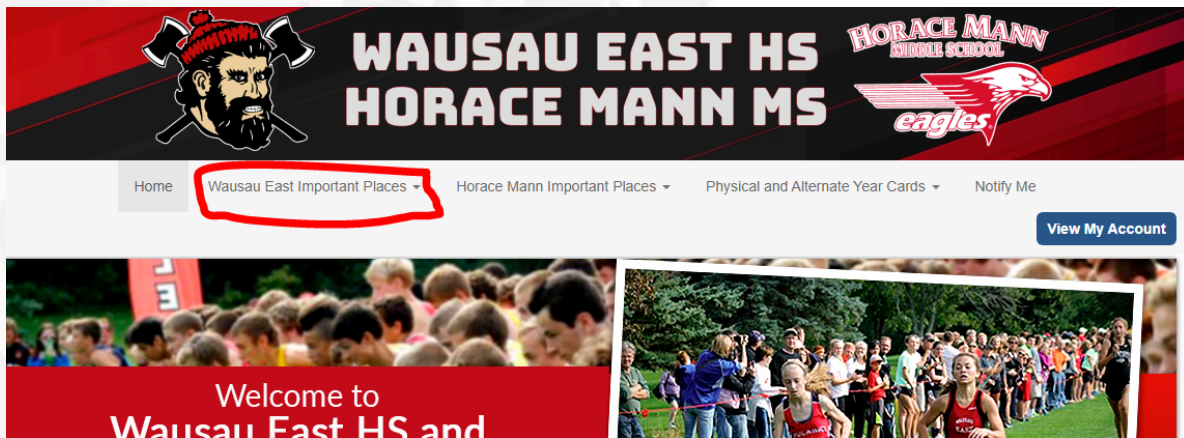
- Parent/Player Sports Meeting and Quiz
- Club Listings
- Sports Listings with Start Dates, Coaches Info, and SportsYou Codes
- Game Schedules
- Game Tickets
- Game Livestream
- Jack Shack (School Store)
- And the Lumberjack Hall of Fame



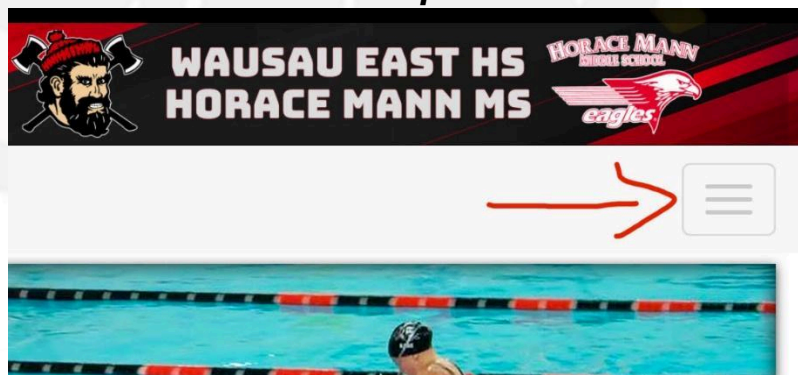
Athletics and Activities Website

To locate each of these tabs:

- ❖ *From a desktop – Click on **Wausau East Important Places** on the top task bar*



- ❖ *From a mobile device – Click on the three horizontal lines to bring you to the menu and then select **Wausau East Important Places***



# BEFORE YOU CAN PLAY

## Athletic Registration

[Registration](#) will open on **July 1<sup>st</sup> for the 2024-2025** school year. If you register before then you will be registering for the 2023-2024 school year.

- If you participated in a sport at Horace Mann OR previously at East, you would already have an account and will use that information to sign in and register for Wausau East Athletics as well.
- If you already have a student that has played a sport and are registering a sibling, you will add the sibling to your family account.



Athletics Registration

## Sports Physicals

Every year before your athlete can participate in a sport, they will need to either submit a Sports Physical (signed by the doctor) **OR** an Alternate Year Card (signed by parent or guardian). Physicals signed after April 1<sup>st</sup> of the current year are good. If your physical was signed BEFORE April 1<sup>st</sup> of the current year, you will need an alternate year card.

**2024-2025 physicals must be dated 4/1/2023 or later**

## Athletic Fees

There is a \$50 (\$75 for Boys Lacrosse) athletic fee for **EACH** sport that will need to be paid before your athlete can compete. This can be paid on your Infinite Campus Parent Portal or by sending check or cash with your athlete to the Business Office (Mrs. Behnke) or to the Athletic Office (Mrs. Steinke)

## Mandatory Parent/ Player Meeting

If you do not attend the Fear the Beard Fest (details on the next page) in the fall both a parent and the athlete will need to watch the online [Parent/Player Sports Meeting](#) and take the [quiz](#). This only has to be done once per year. The links for these can be found on the Athletics website or by scanning the QR codes.



Parent/Player Meeting



Parent/Player Sportz Quiz



# Fear the Beard Fest



WAUSAU EAST PRESENTS  
**FEAR THE BEARD FEST**  
August 12th, 2024 5-8 PM  
Wausau East High School

|   |   |   |
|---|---|---|
| <b>5PM</b><br>MANDATORY PARENT/PLAYER<br>AD SPORTS MEETING IN<br>AUDITORIUM | <b>6PM</b><br>FAMILY APPRECIATION<br>DINNER & ALL SPORTS<br>FAIR IN THE COMMONS | <b>7PM</b><br>FALL SPORTS COACHES<br>MEETINGS IN VARIOUS EAST<br>CLASSROOMS |
|---|---|---|

The mandatory Parent/Player AD Sports Meeting only has to be attended once per year and is required by the WIAA in order to participate in high school athletics. During the dinner, Fall, Winter, and Spring coaches will have informational tables set up and will be available to answer any questions. BYJ, the Athletic Trainer, and Athletic Office will also have tables if you have any questions for them as well.

## Athletic/Activity Attendance Expectations

Athletes are required to be at school for at least half a day to be able to practice or compete. Head coaches oversee their athletes' attendance every day before practice or games in Infinite Campus.

## Grade Expectations

A student-athlete is just that, a STUDENT- athlete. Academics come before athletics, therefore at the end of each **QUARTER** students failing one or more classes will become Academically Ineligible. While ineligible, they are allowed to practice but not compete until they have completed the necessary requirements:

- If an athlete fails the 4th quarter, that ineligibility will roll into their fall sport. The maximum ineligibility period shall be the lesser of a) 21 consecutive calendar days beginning with the date of the earliest allowed competition in a sport; or b) one third of the maximum number of games/meets allowed in a sport (rounded up if one-third results in a fraction)
- Academically ineligible students will have 15 consecutive school days from the start of the new quarter to get their failing grade(s) up.
- On the 15th day, they will need to come to the Athletic Office and obtain a Grade Review Check sheet.
- They are required to get all of their teachers to record their current grade and sign. Once all teachers have signed the sheet it is to be returned to the athletic office.

# IMPORTANT PLACES

## SportsYou App

Almost all of our sports (Girls Hockey and Boys Lacrosse are the exception) and a few of our clubs use the SportsYou App for both athletes and parents. It will have each team's schedule posted and is also used as a communication tool for coaches. SportsYou Codes for each sport can be found on our website or on **page 8** of this packet.



SportsYou App

## Gameday Tickets

We are completely cashless at Wausau East for Game Day and Theater tickets. You can purchase your tickets in advance at:

<https://gofan.co/app/school/WI12964>

Wausau East Students can get in free to most (tournament and playoff games are excluded) **HOME** games with their Student ID's. We also offer many different game passes that are all available to purchase on the website.



Gameday Tickets

All Wisconsin Valley Conference Schools (Wausau West, DCE, Wisconsin Rapids, Merrill, Stevens Point, and Marshfield) also use GoFan for their tickets as well.

## Home Game Live Stream

Can't make it to a home game? We livestream all of our Varsity Volleyball, Football, Soccer, Basketball, and Wrestling meets through [Hudl](#).

Some away games may also be livestreamed, we do our best to share those links through the SportsYou App.



Home Game Livestream

# BONE & JOINT



2024

## Sports Physicals



## Tuesday, July 16th

5:00-6:30 pm

Athletes under age 18 must have signed parental consent.\*

\*Access the parental consent form by scanning the QR code on the right.



**First come, first served.  
No appointment needed.**

Sports physicals are free of charge, but a contribution to Peyton's Promise of two non-perishable breakfast food items (boxes of cereal, granola bars, oatmeal, pop-tarts, etc.) OR a \$10 monetary donation is requested.



Questions?  
Call **800-445-6442**

**Bone & Joint Rib Mountain**  
225000 Hummingbird Road  
Wausau, WI 54401





# 2024-2025 Sports Information

| Fall Sports   |  |                    |                |
|---------------|--|--------------------|----------------|
| Sport         | Head Coach   | Start Date         | SportsYou Code |
| Football      | <b>Tyler Kramer</b><br>tykramer3@gmail.com         | Tuesday, August 6  | A8ST-RP8S      |
| Cheerleading  | <b>Tyler Smith</b><br>tyler.rei96@gmail.com        | Tuesday, August 6  | HFEV-YAHW      |
| Girls Golf    | <b>Janna Hillman</b><br>jhillman@wausauschools.org | Monday, August 12  | ABHA-DA4W      |
| Girls Swim    | <b>Derek Steinke</b><br>dsteinke@wausauschools.org | Tuesday, August 13 | 24AC-KZKR      |
| Girls Tennis  | <b>Tim Zahl</b><br>zahl4jesus@yahoo.com            | Tuesday, August 13 | WRT7-JNVG      |
| Boys Soccer   | TBD  | Monday, August 19  | ZNLA-GWW3      |
| Cross Country | <b>Tim Olson</b><br>tolson@wausauschools.org       | Monday, August 19  | FK2K-R3KX      |
| Volleyball    | <b>Jennifer Stout</b><br>jstout@wausauschools.org  | Monday, August 19  | LSA5-F7R4      |

| Winter Sports    |  |                       |                |
|------------------|--|-----------------------|----------------|
| Sport            | Head Coach   | Start Date            | SportsYou Code |
| Boys Basketball  | <b>Dan Garrett</b><br>danielgarrett22@gmail.com    | Monday, November 18   | W2N7-NFJH      |
| Girls Basketball | <b>Jennifer Stout</b><br>jstout@wausauschools.org  | Monday, November 11   | MAHF-GJK4      |
| Boys Swim        | <b>Derek Steinke</b><br>dsteinke@wausauschools.org | Monday, November 18   | 754U-GZ87      |
| Curling          | <b>Josh Pearson</b><br>pearson.j004@yahoo.com      | 3rd week in October   | 6F78-QAFZ      |
| Boys Hockey      | <b>Nathan Pagel</b><br>pagels5705@frontier.com     | Monday, November 11   | 6W2U-CTYB      |
| Girls Hockey     | <b>Janna Wirnner</b><br>jjurkovich@gmail.com       | Monday, November 11   | N/A            |
| Wrestling        | <b>Matt Natzke</b><br>mnatzke@wausauschools.org    | Monday, November 18   | FG4U-KV2L      |
| Alpine Ski       | <b>Jeff Tobin</b><br>ski.guy@hotmail.com           | Beginning of November | JREG-WH9Y      |
| Cheerleading     | <b>Tyler Smith</b><br>tyler.rei96@gmail.com        | End of October        | HFEV-YAHW      |

| Spring Sports  |  |                  |                     |
|----------------|--|------------------|---------------------|
| Sport          | Head Coach   | Start Date       | SportsYou Code      |
| Baseball       | <b>Jon Winter</b><br>jwinter@wausauschools.org     | Sunday, March 24 | Varsity - RETZ-ZDQY |
| Boys Golf      | <b>Glenn Welsh</b><br>welskof@pcpros.net           | Sunday, March 31 | AALA-VSJC           |
| Girls Soccer   | <b>Ben Johnson</b><br>bmjohnson@wausauschools.org  | Sunday, March 24 | T8Z2-VMR3           |
| Boys Track     | <b>Mark Ekiss</b><br>mekiss@wausauschools.org      | Sunday, March 10 | 8NYN-XRNH           |
| Girls Track    | <b>Tim Olson</b><br>tolson@wausauschools.org       | Sunday, March 10 | 2W6C-T5WC           |
| Softball       | <b>Derek Steinke</b><br>dsteinke@wausauschools.org | Sunday, March 17 | Z7TB-B6WY           |
| Boys Tennis    | <b>Tim Zahl</b><br>zahl4jesus@yahoo.com            | Sunday, March 31 | CAPK-K23U           |
| Boys Lacrosse  | <b>Trevor Maki</b><br>maki.trev14@gmail.com        | Sunday, March 17 | N/A                 |
| Girls Lacrosse | <b>Bri Marcott</b><br>btmarcott@gmail.com          | Sunday, March 17 | 9MNA-SKCJ           |

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kvandenheuvel@wausauschools.org

**Athletic Secretary – Elissa Steinke**  
esteinke@wausauschools.org

**Athletic Trainer – Krista McLouth**  
kkautza-mclouth@bonejoint.net



Athletics Registration



Parent/Player Meeting



Parent/Player Sportz Quiz

# 2024-2025 Club Information

| Club   | Advisor(s)        | Contact Info                 |
|--|-------------------|------------------------------|
| Bowling  | Sarah Elliott     | sarahelliott@letsgebowl.org  |
| Chamber Orchestra                                    | Kirsten Hornby    | kihornby@wausauschools.org   |
| DECA   | Trevor Knight     | tknight@wausauschools.org    |
| Dude Be Nice   | Rico Jaeger       | rijaeger@wausauschools.org   |
| East End Players                                     | Stacey Drenk      | sdrenk@wausauschools.org     |
| FCA  | Dana Schubring    | dschubri@wausauschools.org   |
| FCCLA  | Katie Dykhuis     | kdykhuis@wausauschools.org   |
|  | Jennifer Genrich  | jgenrich@wausauschools.org   |
| FFA  | Joe Staszak       | jstaszak@wausauschools.org   |
| Forensics  | Deb Watz          | dwatz@wausauschools.org      |
| Gaming Club  | Danelle Tylnski   | dtylnski@wausauschools.org   |
|  | Hlee Yang         | hyang@wausauschools.org      |
| GSA (Gender Sexuality Alliance)                      | Rebecca Zoromski  | rzoromski@wausauschools.org  |
| International Cooking Club                           | Jannel McCallum   | jmcallu@wausauschools.org    |
|  | Jody Krieg        | jkrieg@wausauschools.org     |
| Hmong Dance Club                                     | Seth Clendenning  | sclenden@wausauschools.org   |
| Intramurals  | Jacob Dick        | jdick@wausauschools.org      |
| Junior Girls   | Sarah Nilles      | snilles@wausauschools.org    |
|  | Liz Zastrow       | ezastraw@wausauschools.org   |
| Key Club   | Kirsten Hornby    | truax@wausauschools.org      |
|  | Anna Fischer      | afischer@wausauschools.org   |
| Link Crew  | John Boulanger    | jboulng@wausauschools.org    |
|  | Jason Beal        | jbeal@wausauschools.org      |
| Lumberjack Ambassadors                               | Jess Truax        | truax@wausauschools.org      |
|  | Katie Gilles      | kgilles@wausauschools.org    |
| Math Club  | George Adams      | gadams@wausauschools.org     |
|  | Betsy Stangel     | bstangel@wausauschools.org   |
|  | Matt Natzke       | mnatzke@wausauschools.org    |
|  | Atina Faulks      | afaulks@wausauschools.org    |
| National Honor Society                               | Doris Martin      | dmartin@wausauschools.org    |
| Nordic Ski   | Jon Oestreich     | ionoestreich@cloud.com       |
| Prestige   | Rico Jaeger       | rijaeger@wausauschools.org   |
| Prom   | Sarah Nilles      | snilles@wausauschools.org    |
|  | Liz Zastrow       | ezastraw@wausauschools.org   |
| Raise Your Voice                                     | Sarah Nilles      | snilles@wausauschools.org    |
|  | Jess Truax        | truax@wausauschools.org      |
| Skills USA   | Zak Kachel        | zkachel@wausauschools.org    |
|  | Hunter Rochester  | hrochester@wausauschools.org |
| Solo & Ensemble                                      | Kirsten Hornby    | kihornby@wausauschools.org   |
| Student Council                                      | Danelle Tylnski   | dtylnski@wausauschools.org   |
|  | Elizabeth Zastrow | ezastraw@wausauschools.org   |
| TECH Crew  | Glenn Peters      | gpeters@wausauschools.org    |
| Tophatters   | Curtis Hanson     | cahanson@wausauschools.org   |
| Youth Trap Scholastic Clay Target Program            | Andy Woodward     | woody7c@gmail.com            |
|  | Tim Kuski         | tkuski@charter.net           |
| Variety Show   | Rico Jaeger       | rijaeger@wausauschools.org   |
| WEBAHC<br>(Wausau East Black American Heritage Club) | Dave Hale         | dhale@wausauschools.org      |
|  | Suan Wilson       | twilson@wausauschools.org    |
| WI Interscholastic Horsemanship Assoc                | Brenda Bargender  | pegasusacres@gmail.com       |
| Youth Cultural Club                                  | Seth Clendenning  | sclenden@wausauschools.org   |



Scan here for club descriptions, participation dates, and requirements.