

News from Frank G. Regan School

March 2024 Newsletter

A MESSAGE FROM THE PRINCIPAL, MRS. RAZZA



March is here and springtime is finally on the way! It is amazing to see how engaged students are in their learning each day in class. We have less than 60 school days left of school! I encourage you to have your child read each night. Your child can also access the online programs such as Math i-Ready and Amplify Boost for reading instruction while on a computer at home. If you have any concerns or questions about your child's progress, please call the school to set up an appointment with your child's teacher or reach out through Parent Square. The next Parent - Teacher conference will take place on April 24th but feel free to request an appointment sooner. The teachers are always willing to meet to discuss your child's progress. Your partnership is essential to help your child be successful in school.

All students should continue to read their assigned book through the "One School, One Theme" project proposed by the School Governance Council. Every week, your child should be reading the assigned pages from this book. You can read with your child, to your child, or your child can read to himself/herself. Every Friday, your child's teacher will post a question for your child to answer based on the assigned reading until this book project is completed. This is a school-wide project. Children will discover that all books have the same theme. Our overall goal is to improve every child's oral reading and reading comprehension. This activity will allow for additional reading practice that reinforces skills that are taught daily in class. Please reach out to your child's teacher if you have any questions. Reading practice makes reading superstars!

As a reminder, if your child is not going to be in school, you must call the school office AND send in a note when your child returns to school or fill in the note on Parent Square. Keep in mind that all absences count as a day out of school regardless if they are excused or unexcused. If you have any questions about attendance, please call the school. The State of Connecticut is monitoring all student attendance daily.

During the month of March, Regan School is participating in a Read-a-Thon to get our students excited about reading. The top readers will be getting acknowledged and rewarded. Be on the lookout for more information. Please encourage your child to read and then register and log their minutes on the Read-a-Thon dashboard.

This year, students in grades kindergarten, grades 1, 2 and 3 who are considered "Substantially Deficient" will be required to attend summer school. This is mandatory by the State of CT law. The

end of the year reading tests that take place in May will determine if your child needs to attend. A letter was sent home in February to all parents in K-3 informing you of your child's current reading level based on the middle of the year test. Keep in mind that the reading measures at the end of the school year will be more challenging so it is imperative that you have your child practice reading at home each night. Feel free to schedule an appointment with me or your child's teacher if you have any questions or concerns.

The Smarter Balanced Assessments will be given to all students in the State of Connecticut that attend a public school. In the elementary years, students in grades 3, 4 and 5 will take the assessment. Regan School students will be taking this assessment throughout the month of May. A letter will be sent home before the tests begin with the specific dates for each test for students in these grades. Students in grades 3, 4 and 5 will be assessed in math and reading. Grade 5 students will also be assessed in science. You can have your child practice taking the test before May comes around. For more information about the Smarter Balanced Assessments, please visit <http://www.smarterbalanced.org> Have your child practice taking the Smarter Balanced practice test by using this site: <https://ct.portal.cambiumast.com/index.html> Scroll down to "Quick Access" and click on the box "Practice & Training Test" at the bottom of the page. Click the green button that reads "Sign in". Use the dropdown tool to select the grade 3, 4 or 5. Then pick "Smarter Balanced tests". Finally, pick the content you want to have your child practice: Math, ELA or Science. Science is for grade 5 only. Click "Select" and then "Begin test now". Having your child try these examples at home is good practice before taking the actual test.

I look forward to seeing everyone at future in person events. Make sure to check our monthly calendars, school website at <https://regan.waterbury.k12.ct.us/>. Regular updates are also on Parent Square.

Best wishes,

Mrs. Angela Razza

Additional Updates:

- We have begun to go outside for recess now that the temperature is rising above 32 degrees. Please make sure your child has appropriate outerwear for outdoor recess.
- Toys are not allowed in school. Please refrain from sending in toys unless your child's teacher approves it for a special event.
- Please send in plastic water bottles. We also have a water fountain for children that do not have water bottles. Metal water bottles are no longer allowed at school for safety reasons.
- Please make sure your child is in dress code. Here is a direct link for the Board of Education approved dress code:
https://resources.finalsite.net/images/v1665608723/waterburyk12ctus/nehhz9cqgsuomivxqrkh/5132_schoolattirerevised10-19-17.pdf



DID YOU KNOW THAT...

i-Ready Mathematics consists of the following benefits:

- Provides just-in-time instruction that is responsive to individual student needs
- Engages students with relevant challenges and provides pathways to deeper understanding
- Enables students to advance quickly once they master a skill, building their confidence and maximizing their engagement
- Presents real-world problems that help students understand the “why” behind the “how”
- Builds internal motivation while encouraging productive struggle with learning games

(www.curriculumassociates.com)



ADDITIONAL INFORMATION

- Make sure to write a note or message your child's teacher if there is a change of transportation for the day.
- Please notify the main office if your phone number or address has changed. It is important that the office keeps accurate information in the event of an emergency.



IMPORTANT PHONE NUMBERS

Regan School 203.574.8187
School Fax 203.573.6647
Durham Bus Company 203.591.1847
Special Ed. Bus 203.753.8366
Family Intake Center 203.346.3511

IMPORTANT INFORMATION FROM THE MAIN OFFICE

- The doors at Regan School open at 8:05a.m.
- Classes begin promptly at 8:35a.m. Anyone that arrives after 8:35a.m. will be marked tardy.
- Dismissal begins at 2:50p.m.
- All early dismissals begin at 12:00p.m.
- In the event of a 2 hour delay, school doors open at 10:05a.m. and classes will begin at 10:35a.m.
- Late arrivals and early dismissals are recorded in our computer system.



Important dates remaining for this school year:

Friday, March 29 - Good Friday - No School
Wednesday, April 3 - We have a 12 p.m dismissal.
Wednesday, April 10 - Eid Al-Fatir Muslim Holiday - No School
April 15 - 19 - No School - Spring Break
Wednesday, April 24 - We have a 12 p.m dismissal.
Wednesday, April 24 - Parent Teacher Conference 5 - 7p.m.
Thursday, April 25 - We have a 12 p.m dismissal.
Wednesday, May 1 - We have a 12 p.m dismissal
Monday, May 27- Memorial Day - No School
Wednesday, June 12 - Last day of school depending on weather



Information on Field Day:

SAVE THE DATE:

Field Day will take place on Tuesday, May 28, 2024

Rain Date: Wednesday, May 29, 2024

The PTO and funds from the Student Activity Account will help pay for Field Day t-shirts for our students, bussing to the park and activities during Field Day.

Additional information will be shared soon.



MESSAGE FROM MS. MEJIA PARENT LIAISON

Hello to our Regan families,

Thank you all for participating in the virtual family bingo night in celebration of Black History Month. It was a great pleasure to be able to see everyone who was able to participate in our event. Please note that our next virtual PTO meeting has a tentative date for Monday, April 1st at 6:30 pm followed by the SCG meeting that will begin at 6:45 pm.

If you have any questions, you can contact me at 203-574-8187 ext # 3.

Thank you very much for your support and we look forward to seeing you at the next meeting and school event. Please contact me if you need any assistance.

CLASSROOM NEWS



A MESSAGE FROM MISS DICKEY AND MS. WILLIAMS KINDERGARTEN

Happy March! We can't believe it's almost Spring! This year is flying by. We still have so much more learning to do in Kindergarten, so make sure your child comes to school everyday!

In ECRI, we are working on sounding out words so that we can write and read them. In Wonders, we will continue with our weekly read-alouds and activities to further learning and understanding. Students have learned many sight words so please practice them at home daily with your child. In Math, students will continue to work on addition and subtraction. In Science, we are learning about forces and motion. Students will learn about pushes, pulls and different ways objects move.

We are so excited to watch your child continue to learn and grow! If you have any questions please contact your child's teacher on Parent Square!



A MESSAGE FROM MISS ANULEWICZ AND MISS WOJTUNIK FIRST GRADE

Happy March! As the weather is beginning to get warmer, we will be going outside for recess and P.E. when we can. Please make sure to send your student in with a plastic water bottle and an appropriate coat daily.

In ECRI, we are in unit 4 learning about various long i spellings. In Math, we have begun learning about telling time to the hour and half hour. In our Wonders reading program, we are learning about animals, their habitats, and how they help one another.

Please make sure to check your student's blue folder daily for homework and important notices. Feel free to reach out to us through Parentsquare with any questions or concerns.



A MESSAGE FROM MRS. SAINFLEUR AND MISS TYRRELL SECOND GRADE

It's almost Springtime! In ECRI, we are now at the end of Unit 4 in which we are learning new trick words, double vowels, affixes, and contractions. In Math, we are adding and subtracting three-digit numbers using multiple strategies (expanded form, open number lines, place value charts, regrouping, quick draw pictures, and base ten blocks). We are continuing to solve one-step and two-step word problems. In ELA/Wonders, we are working on Unit 4 and learning about folktales with the topic of nature. We continue to focus on comprehension strategies, theme, fluency, learning new vocabulary, rereading for understanding, visualization, finding evidence, new contractions, and new affixes.

This month is all about famous women in history. We have chosen our One School/ One Theme book to read about "Amelia Earhart". Please check on your child's blue folder daily. You can always send us a message on ParentSquare to see how your child is doing or if you have any questions or concerns.

Miss Tyrrell and Mrs Sainfleur



A MESSAGE FROM MR. MITCHELL AND MRS. SCHMIED THIRD GRADE

Happy March to our third grade families! This is the month that spring will finally arrive.

A few notes about Reading: This month we will be finishing up our narrative writing. In Wonders, we are currently in unit 4. Students are doing better about writing a written response and finding the details in their reading. We are also starting to focus more on the Smarter Balanced Test that will be coming up soon. Please continue to read with your child at home and have them read aloud to you. Children should read like they talk, not fragmented or "robot reading".

A few notes about Math: During March, our lessons will focus on fractions. Students develop the conceptual understanding that fractions are numbers that describe equal parts of a whole. By using unit fractions to count and build other fractions, students come to the understanding that unit fractions are the building blocks of fractions. Students will also come to understand that fractions can represent points on a number line. They will use area models and numbers lines to find equivalent fractions and will learn that whole numbers can also be represented as fractions. Students will use what they know about numerators and denominators to compare fractions using symbols.

Please remember to continue to review multiples (0-10) to increase multiplication fact fluency.

A few reminders: Homework is assigned on Monday and due on Friday. Dress code is required every day. Students are not allowed to wear hoodies or Crocs in school. Metal water bottles are not allowed. Children have been given a 3rd grade issued bottle that they can refill during the day.



A MESSAGE FROM MRS. BETANCOURT AND MR. WELCH FOURTH GRADE

Happy March! This year is going by fast! In Math, we are learning about comparing, adding, and subtracting fractions. We will continue with fractions for a few more weeks. Please encourage your child to complete their iReady lessons. In Reading, we are working on reaching our fluency goals. The children have been working on poetry. Many of the children need practice reading and writing at home as well.

As the weather begins to get warmer soon, please make sure to have your child bring a coat and/or sweater to school for days when we go outside. As a reminder please check your child's book bag and blue folder nightly. Many forms are not getting signed and sent back. If you have any questions or concerns please feel free to schedule a meeting with us or reach out through ParentSquare! Enjoy the month of March!



**A MESSAGE FROM MISS CARASONE AND MS. SENAN
FIFTH GRADE**

Happy March! It feels like the school year is starting to speed up. In ELA, we will be finishing up our fictional narratives and moving onto research reports. In Math, we are learning how to multiply and divide fractions. In Science, we are learning all about the Earth's systems and how they interact with each other.

We are also reading Who Was Walt Disney? by Whitney Stewart. Students will have a set number of pages that they will be required to read each week and then will be asked a question about what they read on Fridays. Please talk to your child about what they are reading at home. This book is based on a true story.

Over the next 6 weeks, we will begin preparing your child for the upcoming Smarter Balanced Testing in Math, ELA and Science. Daily attendance, focus and determination will be especially important during this time especially as the weather starts warming up and spring break starts approaching. We thank you in advance for your partnership in your child's education. We know that each and every one of them is able to be successful and we are here to help them be a success! Please reach out to us at any time with questions or concerns.

Miss Carasone and Ms. Senan



Health Corner

As the weather fluctuates, be sure to keep an eye on the temperatures and send your child to school with appropriate clothing and outerwear. The kids will still go outside for recess as long as it isn't raining or below 32 degrees. Try to get outside as much as possible and get some fresh air. Don't forget to check out the Silas Bronson Library! Remember, it's also important to exercise your mind too!



Elementary Math Updates:

March

The following is approximately what each grade will be working on in March.

Grade K

Students will continue to add and subtract within 10, find the missing part of 10, solve word problems within 10, and solve word problems with both addends unknown.

Grade 1

Students will continue to compare 2-digit numbers. They will add and subtract tens to begin understanding 10 more, 10 less. They will learn to tell time to the nearest hour and half hour.

Grade 2

Students will continue to use addition to add multiple two digit numbers. They will begin measuring length using the standard units inches, centimeters, feet, and meters.

Grade 3

Students will continue their understanding of fractions using models and pictures. They will practice fractions using number lines and identify and find basic benchmark equivalent fractions. They will begin comparing fractions using $<$, $=$, $>$.

Grade 4

Students will continue working with addition and subtraction of fractions and mixed numbers. They will begin learning to multiply a fraction by a whole number.

Grade 5

Students will solve word problems that require multiplying fractions and learn to divide with a unit fraction. They will divide fractions in word problems and begin converting measurements.



A MESSAGE FROM MRS. PRONOVOST READING INTERVENTIONIST

Students will continue to work on their decoding skills to build their oral reading fluency. Now that we have completed the mid-year assessments, I have discussed with the students how they are progressing towards their end of year goals. I have seen huge improvements in many students. Everyone agrees that reading at home is very important to reading success. Students in grades 1-5 will be given a reading log to complete at home. I am asking them to read at least 10 minutes each night and have you log it on their sheet. Logs will be checked and those students who complete the log each week will be given a prize on Fridays. Without this extra practice, students will progress much slower in their reading success. Snuggle up in a blanket and enjoy a book as part of your bedtime routine.



**A MESSAGE FROM MRS. QOSJA
ESL TEACHER**

HAPPY MARCH EVERYONE!

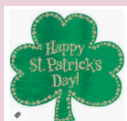
According to the LAS Links testing results, I am super excited to share with you the overall growth that our students have reached this year! During the month of March our goal will be to focus more on writing. Kindergarten students will work on sight words, vocabulary and reading aloud. First grade students are learning about animals and their habitats. Grades 2-5 are about to wrap up unit 4 to continue with unit 5 of Wonders.

Please remind your children to read at home! If you have any questions or concerns please do not hesitate to reach out to me!

Mrs. Qosja

**A MESSAGE FROM MRS. THOMPSON
LITERACY FACILITATOR & TVP**

Happy March and Happy St. Patrick's Day!



March is National Reading Month - a month to motivate everyone of all ages to read every day. During the first week of March, we celebrated "Read Across America" with activities, such as wearing red or blue, wearing silly socks and inside-out day. We also had guest readers from Central Office and parents come in to read to our students to help them get excited about reading.

Reading to your child is the best way to help them develop literacy skills. Children who are read to by their caregivers see numerous academic benefits. Children who are read to have stronger early literacy skills, which makes learning to read easier. They also have a larger vocabulary. Simply reading books with your child every day will have a huge impact on their literacy skills.

Remember to sign up for our Read-A-Thon and log all of the minutes your child spends reading. The top readers in every class will be rewarded! Thank you for promoting the love of reading!



A MESSAGE FROM MR. NAZARIO MUSIC TEACHER

This month students will be learning songs from around the world. In addition, 4th and 5th graders will continue learning recorders. I am teaching select classes about famous composers and music artists. This project will be shared with Regan staff and families as we draw closer to the end of the year.



A MESSAGE FROM MR. PEREZ PHYSICAL EDUCATION TEACHER

Happy March!

March brings warmer weather and the students are excited to be outdoors for Physical Education. During this month we have different activities including the following:

Grades K-5: Basic Golf skills

First Tee golf instructors will be at the school the week of March 11-15. "First Tee is a youth development organization that enables kids to build the strength of character that empowers them through a lifetime of new challenges. By seamlessly integrating the game of golf with a life skills curriculum".

In addition, K-2 students will continue improving their fitness level and motor skills by performing fun activities, such as: playing with hula hoops. Some benefits of hula hooping are cardiovascular fitness. Hula hooping can elevate your heart rate, providing cardiovascular benefits similar to other forms of aerobic exercise like running or cycling. It helps improve circulation and overall heart health. Another benefit is core strength. The motion of keeping the hula hoop spinning around your waist engages your core muscles, including your abdominals, obliques, and lower back. Regular hula hooping can help strengthen and tone these muscles.

Lastly, balance and coordination: Hula hooping requires coordination and balance to keep the hoop spinning. Regular practice can improve your motor skills and coordination, which can translate into better performance in other physical activities.

Grades 3-5 will continue with floor hockey. Students are having a lot of fun playing. These are some of the goals:

- I can use the hockey equipment safely while following the teacher's instructions**
- I can name the different parts of the hockey stick and correctly hold the stick with the proper form**
- I can pass and dribble the hockey puck/ ball under control 80% of the time**
- I can differentiate between offense and defense and name 2 offensive positions and 2 defensive positions.**
- I can apply skill, knowledge, and strategy and participate in gameplay**

As part of our social and emotional objectives, students will independently use physical activity and exercise equipment appropriately and safely. They will analyze the situation and make adjustments to ensure the safety of myself and others. They will also exhibit proper etiquette, respect for others, and teamwork while engaging in physical activity and social dance.

4th Grade students will continue Testing for The district-wide Fitness.
Please have your child bring a plastic water bottle to school on A, B, and C days for PE class!



**A MESSAGE FROM MS. THERVIL
ART TEACHER**

During February we looked at Adinkra Symbols from the Ashanti people and incorporated them into collages and posters in celebration of Black History Month. We also continued our exploration of patterns by making optical illusions. Now that we have crossed over into March and Women's History Month, we're starting out by looking at the artwork of Vashti Harrison to make our own unique portraits. This month we will explore mixed media and prints. I'm looking forward to seeing everyone's creativity soar!



**A MESSAGE FROM MRS. BAJRAKTAREVIC
SCHOOL COUNSELOR**

HAPPY MARCH EVERYONE!

This month we will continue to focus on introducing different careers to our students. They will be watching 1-2 videos each week about different careers up until June. Students in grades 3-5 will be taking career interest surveys to kick start their thoughts about which direction they would like to head with future career plans. We will also be doing research on colleges and different degrees offered. Career-related learning at an early age is not intended to make children make premature choices over future careers; rather it is a process that encourages children to broadly consider a multitude of options that are available and not to restrict or limit their possibilities for their future aspirations. Career development, like other kinds of development, is a lifelong process that involves constant growth, change, and adaptation.

Parents if you are interested in participating in our career day on June 7th please fill out the following form:

https://docs.google.com/forms/d/1jOapLHn4F8G0ap8zLl9siZ92oDIz8frHIx0_XGMjVZA/edit

Our students would love to learn about your career!

Please remember EVERY SCHOOL DAY COUNTS. Missing a day here or there may not seem like a problem, but absences add up quickly. All these missed school days can have a big impact on your child's learning. Based on research, children who are chronically absent in kindergarten and first grade are less likely to read on-grade level by the third grade. For older students, being chronically absent is strongly associated with low grades and students are more likely to drop out of high school. When students are consistently absent from school, not only do they run the risk of falling behind their peers academically, but they also exhibit poor self-esteem.

Please don't hesitate to contact me with any questions or concerns. Regan School staff is willing to work together with you to help get your child to school daily and on time.



21st CENTURY AFTER SCHOOL PROGRAM MRS. THOMPSON

Can you believe we have less than 3 months left of our after school program? This month the students will have sessions with CO Sports Academy every Thursday. They are practicing some great agility techniques. The students also had a visit from Flanders last week in which they were able to see a beaver up close!

We have our first parent event for the month of March coming up on Wednesday, 03/27. Craig the Drum Man will be here for hands-on drumming! You **MUST** rsvp through ParentSquare if you plan on attending. We need to make sure we have enough drums for all who attend.

SAVE the DATE: Our annual trip to Holiday Hill will be on Saturday, May 18th- rain or shine! All students are **REQUIRED** to have **ONLY 1** adult in order to attend. Transportation will be provided & more details will follow in April.

On behalf of the after school staff we are thankful for your support, patience, and wish you a Happy March!

Sincerely,

Mrs. Thompson, Mrs. Razza, Mrs. Schmied, Mr. Welch, Mrs. Betancourt, Mrs. Sainfleur, Miss Anulewicz, Ms. Tyrrell, Mrs. Sciascia, Miss Wojtunik and Ms. Williams

. I  my school because... .

The winner of the essay contest for grades 4-5 was Alyse Smalls in Miss Carasone's class! The students in grades 4-5 had to write an essay as to why they love Regan School. Check out why Alyse loves Regan!


**Why Regan is the Best School
By Alyse Smalls**

Regan school is the best school because the teachers teach you to not only be a helpful hand, but to follow S.O.A.R expectations, and to be the best you can be. There are also many respectful safety patrol members and staff around the school that help any student that needs it.

My second reason is that Regan may seem like a small school, but every kid learns big things and they know how to face big challenges coming their way when it comes to assignments. I would recommend that every kid focuses as much as possible because they will need to know what they will be learning in the next grade. They will need to know what will be happening and what challenges they will be facing going into the up-coming grade.

My last reason as to why Regan is the best school is that the lunch ladies try their best to help us in any way possible. They also teach us expectations in the cafeteria, and to not give up on making sure we, or the kids, make and serve a healthy, great meal. Thank you to all the teachers and staff for helping us learn as much as possible and to help us be better people.

COMMUNITY PARTNERSHIPS

-  **BOX TOPS FOR EDUCATION:** Remember to register for the Box Tops program! Download the free app. You can now scan your receipt with your phone. Each Box Top counts! Regan School earns money for school supplies! Go to [BTFE.COM/PRODUCTS](https://www.btfec.com/products) for a complete list of Box Tops product. We will no longer be collecting the Box Tops at school.

A message from the School Governance Council:

- We are planning a Career Day on Friday, June 7th . Children may dress up as their favorite career choice.
- We are planning a multi-cultural event for September 2024. More information will be forthcoming.
- This family project will continue until the book has been completed.
- The next SGC meeting will be held on Monday, April 1st at 6:45 pm. It will be virtual. Check Parent Square for the Google Meet link on April 1st.
- Any families interested in hearing what we are working on and want to share ideas are encouraged to join us!

One School One Theme:

Reading is important because it helps you learn new things, it makes you go on an adventure without leaving the area your in, it helps with your spelling, it helps you dream big and it inspires you to create new concepts on something that you are interested with.

Follow your teacher's instructions on what pages to read each day.




A message from the PTO:

Here is what we are planning:

- Field Day is scheduled for Tuesday, May 28th.
- Rain Date is Wednesday, May 29th.
- Parent volunteers will be needed. More information will be shared soon.
- Plant Sale will occur in early May.
- Our next virtual PTO meeting will be held on Monday, April 1st at 6:30 p.m.

Here is a copy of the March calendar for Regan School events:

Regan School - March 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				A - Day / Day 116
4	5	6	7	8
Virtual PTO meeting @6:30pm Virtual SGC meeting @6:45pm Read-A-Thon Begins Wear something red or blue! Read Across America Week!  B - Day / Day 117	Grade 3 Parent SBAC Sessions Grade 3M 10:00 - 11:00 Grade 3S 1:00 - 2:00 Wear your favorite hat! C - Day / Day 118	<div style="background-color: yellow; text-align: center; padding: 2px;">12 P.M.</div> <div style="background-color: yellow; text-align: center; padding: 2px;">DISMISSAL</div> PROFESSIONAL DEVELOPMENT Wear your clothes inside out! D - Day / Day 119	Wear silly socks! E - Day / Day 120	Wear your pajamas! A - Day / Day 121
11	12	13	14	15
B - Day / Day 122	C - Day / Day 123	End of the 2 nd Trimester for Kindergarten D - Day / Day 124	E - Day / Day 125	A - Day / Day 126
18	19	20	21	22
B - Day / Day 127	C - Day / Day 128	D - Day / Day 129	E - Day / Day 130	Regan Spirit Day - Wear Regan colors Blue & White A - Day / Day 131
25	26	27	28	29
End of the 3rd Marking Period for Gr. 1 - 5 B - Day / Day 132	C - Day / Day 133	In Person Family Night Drum Man at 5:30pm Send home report cards for K D - Day / Day 134	E - Day / Day 135	Read-A-Thon ends <div style="background-color: yellow; text-align: center; padding: 2px;">NO SCHOOL</div> <div style="background-color: yellow; text-align: center; padding: 2px;">GOOD FRIDAY</div>

Happy March and Happy Spring!

Remember to spring forward your clocks one hour ahead on Sunday, March 10th for daylight saving time. We will lose one hour of sleep to gain an hour of daylight!



Picture taken from Google

Happy March and Happy Spring!