

Bullying Prevention Month

October is National Bullying Prevention Month. Bullying Prevention Month is a nationwide call to action around educating communities to their roles in bullying prevention and to educate and raise awareness of bullying prevention. Everyone can share in the efforts to Stop Bullying and Stand Up for Kindness.

Wear Royal Blue on October 2nd!

Week of October 2nd: Make Friends with Someone New

If you've ever been isolated from others at school or you were new at school and it took time to make friends, you know what it feels like to be left out. Make friends with someone at school who you don't know. You probably wish someone had done that for you. Be a leader. Take action and don't let anyone at school be in isolation.

Week of October 9th: STAND UP for Others Week

When you see someone being bullied, be brave and STAND UP for them. Bullies have been known to back off when others stand up. If you don't feel safe get the help of an adult immediately. Be part of the solution, not the problem!

Week of October 16th: Include Everyone

Don't let anyone at school eat alone in the cafeteria. Include other students in school activities. Include other students in after school activities. Invite someone you don't know to sit next to you on the bus. Learn about each other. It's important to remind our friends and classmates that we're all in it together and we're here to listen and support.

Week of October 23rd: Red Ribbon Week (See Red Ribbon Week Toolkit for more information)

Drugs are becoming increasingly more prevalent in our communities. It is important that teens and parents know about both illicit drugs and the misuse of prescription medications: what they are, where they are found, and the symptoms of drug use so that they can be empowered to get help or encourage their loved ones or friends to seek help.

Activities for Students

Free activities and resources designed for younger and older students. The goal is to creatively engage them through conversation, activities, art and music to build their understanding of how to handle bullying situations.

Elementary School

- Encourage students to make a commitment to be together against bullying – and united for kindness, acceptance and inclusion.
- Unite through music and movement to raise awareness for bullying prevention by organizing a Unity Dance. Use music, dance, lyrics, c and choreography to have students engaged.
- Imagine what can happen when every person in your school or community takes one positive step to help prevent bullying. Those acts all add up and help make the world a better place for everyone.

Follow the link below for these activities and more...

<https://www.pacer.org/bullying/classroom/elementary>

Middle & High School

- Encourage students to make a commitment to be together against bullying – and united for kindness, acceptance and inclusion.
- Empower peers with advocacy skills to help prevent bullying of students with disabilities. A peer advocate program creates a formal process that identifies, trains, and supports a designated group of students who advocate for students with disabilities.

Follow the link below for these activities and more...

<https://www.pacer.org/bullying/classroom/middle-highschool>

Lessons for Bullying Prevention

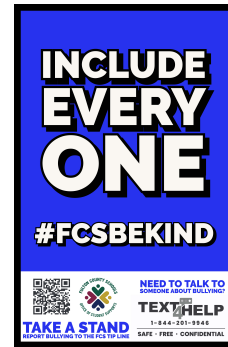
<https://www.pbs.org/newshour/classroom/2013/10/bullying-education-resources>

<https://www.pacer.org/bullying/classroom/elementary/ele-lesson-plan.asp>

<https://www.pacer.org/bullying/classroom/mid-high-curr/lesson-plan.asp>

Materials for Schools

Bullying Prevention Posters, FCS BeKind Stickers for Students & Staff



Example for School Announcement

Fulton County Schools and The Office of Student Supports is excited to recognize October as National Bullying Prevention Month and October 23rd-31st as Red Ribbon Week. Our District and School will be kicking off the month of October on Monday, October 2nd by encouraging all staff and students to WEAR ROYAL BLUE and #BeKind. We will have a theme each week and hashtags to share out, culminating with our annual celebration of Red Ribbon Week on Monday, October 23rd- Friday, October 27th. Please participate as we seek to educate everyone on Bullying Prevention and Awareness during the month of October. Please always remember to Be Kind, Stand Up for Others and S.H.A.R.E. See it. Hear it. And Report it Everytime.

Available Resources:

- [Pathways2Life](#)
- www.stopbullying.gov
- www.pacer.org/bullying
- www.stompoutbullying.org

Fulton County Schools Supports:

- [On-site Mental Health Partners](#)
- [Text4Help](#)
- [Fulton County Schools Tip Line](#)
- [Cyberbullying](#)
- [Bullying: Brief Facts and Tips for Parents & Children](#)

Don't forget to hashtag all of your month's activities
#bekind #blueup #makefriends
#standup #nooneeatsalone #includeeveryone
(October 2023)

