

B L U E H A W K N E W S

SEEKING THE CLASS OF 2037

It's time for Kindergarten Roundup! This year's roundup has been scheduled for **Tuesday, March 19th** and **Wednesday, March 20th**. If you know a child who will turn 5 years old, on or before September 10, 2024, give us a call at 406.827.3592x3 to schedule their registration appointment. We are excited to meet the Class of 2037!

STEM Night and Bake Sale

Thank you to those families that came to STEM Night with their student(s). What a fun night of learning and family enjoyment! Our Elementary Student Council was able to raise \$200 from their bake sale. Thanks to everyone who donated items, and thank you to those staff members that were willing to put in some extra time for our students and families.

DOUGHNUTS with DADS

Doughnuts With Dads is coming up on **Friday, March 15th!** We'd love to see all Dads, and those who may fill the role of a Dad, at breakfast to have a doughnut and share some quality time at school with your student(s). Doors open at 7:30 AM, and doughnuts are served until the bell rings at 8:10 AM. Mark your calendars!

Missoula Children's Theater

This year's presentation will be "Peter and Wendy". All K-12 students have the opportunity to try out for the play on **Monday, March 11th** directly after school in the K-8 gym. Practices will be each night after school next week, and the performance for the public will be Friday, March 15th at 6:00 PM. Thanks to generous donations from local businesses and individuals, we will not be charging admission this year. If your student would like to audition, please fill out the permission form that is coming home today, and return it to school by Monday.

FUN FRIDAYS

Our Student Council has chosen the themes for FUN FRIDAYS for the rest of March:

March 8—Neon Day

March 15—Black & White Day

March 22—Backwards Day

March 29—Pajama and Stuffy Day

PTO will meet on March 13th at 4:30PM in the Elementary

Important Happenings

- 3/7 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 3/8 FUN FRIDAY - Neon Day
- 3/8 *Early out - 2:05PM*
- 3/10 Daylight Savings Time begins - move ahead 1 hr
- 3/11-3/15 MCT Peter & Wendy Residency
- 3/11 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 3/11 MCT Peter & Wendy Auditions - 3:30PM
- 3/13 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 3/13 PTO Meeting - 4:30PM
- 3/14 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 3/15 Doughnuts with Dads—7:30AM – 8:00AM
- 3/15 FUN FRIDAY - Black and White Day
- 3/15 *Early out - 2:05PM*
- 3/18 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 3/19-3/20 Kindergarten Roundup
- 3/20 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 3/21 Class Pictures by Legacy Photography
- 3/21 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 3/22 End of 3rd Quarter
- 3/22 FUN FRIDAY - Backwards Day
- 3/22 *Early out - 2:05PM*
- 3/25 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 3/28 Read 2 Ride Reading Logs due
- 3/29 FUN FRIDAY - Pajama and Stuffy Day
- 3/29 *Early out - 2:05PM*
- 4/1-4/5 **NO SCHOOL - Spring Break**
- 4/12 *Early out - 2:05PM*
- 4/19 *Early out - 2:05PM*
- 4/26 *Early out - 2:05PM*
- 5/3 *Early out - 2:05PM*
- 5/7 5-12 Gr Summer Band Concert - 6:30-HS Gym
- 5/9 K-6 Summer Music Concert - 6:30PM - EL Gym

Thompson Falls Elementary

Mr. Len Dorscher,
Principal

School web site:
<http://thompsonfalls.net>



ThompsonFallsSchools



Mentally Strong Kids

Mentally strong children who know how to solve their own problems and who will grow up to be the most competent adults they can be is our goal.

Love and Logic provides a healthy foundation that allows kids to practice solving as many problems as possible early in their lives.

The following process is an example of how Love and Logic can get kids thinking more about their problems than we do.

Step 1: Provide a strong and sincere dose of empathy.

Empathy allows the child to stay calm enough to solve the problem—and learn from it. Experiment with saying something like:

Oh no. This is a problem. I bet that's really upsetting.

Step 2: Hand the problem back.

After you have proven that you care, ask:

What do you think you might do to solve this problem?

Don't be shocked if the child mumbles, "I don't know."

Step 3: Ask permission to share what "some kids" have tried.

Avoid giving suggestions until you have asked:

Would you like to hear what some other kids have tried?

Step 4: Provide two or three alternatives for solving the problem.

Remember to avoid resistance by saying:

Some kids decide to _____. How would that work for you?

Step 5: Allow the child to solve or not to solve the problem.

Resist the urge to tell the child which alternative to pick. End the session by showing your faith in the child and say:

Good luck! Let me know how this turns out.

For decades, this approach has proven successful for thousands of parents!

To help kids become mentally strong, kids need healthy parenting as well as healthy brains. Combining the two was a no-brainer!

We are pleased to announce our book, **Raising Mentally Strong Kids: How to Combine the Power of Neuroscience with Love and Logic® to Grow Confident, Kind, Responsible, and Resilient Children and Young Adults.**

Each week we will share Love & Logic tips here. We also have many Love & Logic resources available for loan.

Contact our school counselor, Ms. Taylour Freed, for more info.