



NAMI Basics

National Alliance on Mental Illness



What is the NAMI Basics Education Program?

NAMI Basics is a free, six-session program designed for parents and other family caregivers of children and adolescents with emotional and behavioral difficulties. NAMI Basics helps parents and other family caregivers of children to understand the illnesses that are causing those behavioral difficulties, and the critical role families play in the treatment of those illnesses. The program is taught by trained teachers who are also the parents or family caregivers of individuals who experienced emotional or behavioral difficulties prior to age 13.

NAMI York-Adams Counties PA will offer its *NAMI Basics* Education Program this spring beginning March 5th and ending April 9th. It will be held every Tuesday from 6:00 pm to 8:30 pm at the Venture Center in York (800 E. King St., York, PA 17401).



Dates: March 5th thru April 9th

Day: Tuesdays

Time: 6:00 pm – 8:30 pm

Location: The Venture Center

Address: 800 E. King St., York, PA 17401

Registration is required.

Call or email our office to register.

Contact Alexia Ehrhardt to register for this NAMI Basics class!



NAMI York-Adams Counties PA

National Alliance on Mental Illness

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About NAMI

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI York-Adams Counties PA is an affiliate of NAMI National and dedicated volunteers, members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and including their loved ones.