



# Athlete Eligibility and Sports Registration



The Wardlaw+Hartridge Athletic Department welcomes you to a great year of Ram sports, and we encourage you to take part in as many of our offerings as you can, both as an athlete, and as a fan, supporting your schoolmates.



All students (new and returning) need to go through the Athletic Registration process with their parents before they can play sports. All the documents they must read and approve are mandated by state law.



If your child/children plan on participating in athletics in any season, then these requirements must be met. Sports are open to middle school and high school students only.

# Action Items In Order to be eligible for Sports

☐ Pre-participation physical exam. Pages 1 and 2 must be completed by a parent or guardian. Pages 3 and 4 must be completed by a physician. This is valid for 365 days from the date of the exam.

[W+H PPE for Athletics.pdf](#)

☐ [Health History Update form](#). This must be completed EVERY season that a child participates in a sport at the beginning of that season. It is completed by a parent or guardian right in the Rank One portal. [Click here to access the portal](#).

☐ Rank One paperwork. This contains several documents that need to be completed once per school year. [Click here to access the Rank One portal](#).

☐ If your child requires an inhaler for asthma or Epi-pen for allergies, please have your physician complete the action plans below.

[Food Allergy Action Plan.pdf](#)

[Asthma Action Plan.pdf](#)

A detailed description of everything can be found below.

## Medical Requirements

All students (new and returning) need to go through the Athletic Registration process with their parents or guardians before they can play sports. All the documents they must read and approve are mandated by state law. Most steps in the registration can

be done on the Rank One website ; but there is also one step that requires downloading a paper document (the Pre-participation Physical Exam form). That form is available for download on the main Athletic Landing page on our website WHSchool.org.

<https://www.whschool.org/athletics/resources-documents>

1. NJ State Pre-Participation Physical Exam - This must be completed and signed by the parent/guardian and your physician. All 4 pages are required to be filled out. If a certain section doesn't apply to your child, then the doctor can write "N/A." This physical is valid for 365 days from the date of the exam. Please hand in this physical copy to the athletic trainer or the school nurse. You can also scan and email a copy of the physical to [roliveira@whschool.org](mailto:roliveira@whschool.org) or upload it directly to Rank One. Please ensure that all 4 pages are completed and scanned in. The Rank One portal does not accept pictures of the physical. It must be a scanned document. Additionally, all physicals must be performed in the US and all doctors who complete the exam must have completed their cardiac training. This is noted on the physical exam sheet on page 4.
2. Health History Update Questionnaire (HHUQ) - This form must be completed just prior to any season your child plans to participate in when a physical is not handed in. It can be found and submitted on the Rank One Website. It needs to be filled out and signed by both parent/guardian and athlete
3. NJ State Mandated Documents - This contains several documents that the state of NJ requires to be signed by parent/guardian and athlete. They are found again on the Rank One Website and can be submitted directly to the website. This only needs to be submitted one time per school year and needs to be done before competing in the first sport of the school year.



Rank One is our athlete eligibility and injury software. I highly encourage you to download the mobile app on your phone and create an account for yourself. Injury communication from athletic trainers to the parents will occur through here. It will show

the most up to date information on your child's eligibility. It will also give you reminders if any of your forms are about to expire.

[Download the app on the iPhone app store here](#)

[Download the app on the Google Play store here](#)

[Click here to visit the Rank One registration page for parents](#)

## **Transfer Students**

Any new student, transferring into W+H in the 10th, 11th or 12th grade, must contact Mr. Romeo so he can help you complete the required transfer form. Any student who attended a different high school in 9th, 10th or 11th grade must register as a transfer, regardless of whether or not they played a sport at that school. The good news is that most of our transfers are immediately eligible, but still need to file the form. Parents may also be required to complete an affidavit concerning your residency.

Any new student who is repeating a year of high school (if, for example, they attended 9th grade at their prior school, and are registering for 9th grade at W+H) must contact Mr. Romeo ASAP, as there may be some implications for their athletic eligibility in later years. (There is no need to report a repeat year from grades 1-8.)

## **International Students**

Any student who is in the United States with an F-1 or J-1 visa must see Mr. Romeo to complete the International Student Eligibility Form. We will also need the transcript from your previous school. International students who do not file this form are not allowed to compete in the state of New Jersey.