

Dear Families/Caregivers,

Students have many different relationships including family members, friends, classmates, teammates, etc. Developing social skills includes building and maintaining relationships between different groups of people.

We have been exploring character traits that are important for good relationships with others. Character traits are a combination of our strengths and values and help us develop supportive relationships with friends. Some examples of character traits are:

- Kind
- Curious
- Adventurous
- Humorous
- Responsible

Here are a couple of things that you can do with your child to help him or her use character traits to develop healthy relationships with others

- Help your child identify what character traits he or she feels are important for all relationships. Make a chart of all of the traits, and take time to talk with your child about the traits that are present in his or her peer relationships.
- When watching TV or reading a book with your child, work together to identify the character traits of the main characters. Discuss whether your child would want to be friends with any of the characters and why.

Sincerely,

Your Child's Teacher