

Dear Families/Caregivers,

Two key components of social awareness are the ability to choose safe and ethical behavior and to notice and speak out against unsafe or unethical behavior towards oneself or others. To do this, students must first understand the importance of rules. Students learned that rules are important because they make things **safe** and **fair** for all.

We have been learning about the difference between a problem with friends and a situation with a bully. Buddies might hurt your feelings or make you mad, but they will always say sorry and work things out. Bullies are mean and make you feel afraid. Bullies might also make you feel sick.

Here are some things your child can do if they are bothered by a bully:

- Stay away from a bully.
- Walk away from a bully.
- Tell the bully to stop in a loud voice.
- Make friends with other kids.
- Tell an adult.

Help your child to learn that bullying is never okay and that it is never his or her fault.

Sincerely,

Your Child's Teacher