

Dear Families/Caregivers,

In order to develop social awareness, students must understand that all actions have consequences and their actions and consequences can, and often do, affect others.

In this lesson your child learned strategies for making good decisions. When making an important decision your child should:

STOP and pause before making a decision.

THINK about how the decision will make others feel. Think about what might happen.

OPT or choose the best decision.

PROCEED! Once you've taken time to stop, think, and opt or choose, then go for it!

Here are a few ways you can help your child practice making good decisions:

- Model pausing before you make a decision. By thinking out loud and modeling how you decide something, you will reinforce the importance of making good decisions.
- When your child does make a poor decision, work together to determine what other decisions he or she could have made and what the outcome of those decisions would have been.

Learning that actions have consequences and ways to cultivate positive consequences will help your child become a better decision maker!

Sincerely,

Your Child's Teacher