

Dear Families/Caregivers,

When two or more people get together, there is potential for conflict. Conflict is a problem between two people. It is important to teach students how to resolve conflicts in a way that reconnects them to others.

We learned that most problems can be handled by sharing, taking turns, ignoring it, talking it out, walking away, or apologizing. We also learned how to identify and articulate problems between ourselves and a classmate or friend. Some problems are little, and some problems are big.

To deal with little problems, try to:

- Do something else.
- Share.
- Take turns.
- Ignore it.
- Talk it out.
- Walk away.
- Tell him or her to stop.
- Apologize.

For bigger problems, try to:

- Take five.
- Say the problem.
- Think of solutions.
- Try the solution.

Here are a few things you can do with your child to help him or her learn to resolve conflict effectively:

- Read a book or watch a TV show with your child where the characters have a conflict. Talk about the way the characters resolved their conflict. Notice how the main character resolves conflict with friends versus strangers.
- When your child is faced with a conflict with a sibling, cousin, or friend, encourage him or her to use the strategies mentioned above to solve the problem.

Sincerely,

Your Child's Teacher