

Dear Families/Caregivers,

Contributing to one's social environment is an essential component of social awareness. To contribute, students must understand the benefits and strategies of social contribution. There are many ways students and their families can contribute to their communities.

Students learned to identify helpers in their communities, schools, and homes and were challenged to say thank you to people who help them. We learned that saying thank you is one way to help others feel good. Some ways to say thank you include:

- Using words to say, *thank you*.
- Drawing a picture.
- Writing a note, letter, or email.
- Giving a gift.

Here are some ways you can help your child say thank you to the helpers in his or her life:

- Each night before bed, help your child write a thank you note to someone who helped them during the day.
- When out in your neighborhood or community, encourage your child to thank people when they help him or her.

Helping children understand the importance of appreciating others helps to build the foundation for valuing social contributions.

Sincerely,

Your Child's Teacher