

Dear Families/Caregivers,

Values are what a person believes to be important. Young children begin to form their values based on their family's values.

All families are different. Our families are part of what makes us special. Values are what is important to the family. How families spend time together and the rules a family has show what is important to them.

Here are a few ideas to help your child better understand your family's values:

- Talk about your family's rules. It may be helpful to display the rules where family member can see them often. Refer to them as family members make choices that support or go against the family's values. Help your child see how your rules support your family's values.
- Create a chart of your family's values and list activities that you do that support each value.
- Choose one of your family's values and plan something that you can do together to support that value. For example, if your family values generosity, plan a day to clean out your closets and donate to your favorite charity.

It is important for your child to understand that all families are different. We all share different values. We can all get great ideas from one another!

Sincerely,

Your Child's Teacher