

Dear Families/Caregivers,

Being kind demonstrates respect. Respect provides us with a sense of belonging. We show and are shown respect through the way we talk and act toward others and how they talk and act toward us.

We have been learning about how kindness shows respect to others. Here are some ways we show respect to others:

- with a smile;
- using words like *please, thank you, excuse me, you're welcome, and nice to meet you*;
- with a high-five or a gentle pat on the back;
- helping others; and
- sharing.

Talk with your child about what kindness feels like to him or her. Help him or her understand that the way to treat others with respect and kindness is to do the things that he or she likes.

Set a good example for your child. Model kindness by the way you interact with your child, other family members, and other people. Choose kindness. Remember to treat others the way you want to be treated.

Sincerely,

Your Child's Teacher