

Dear Families/Caregivers,

Your child's belief in his or her ability to learn has a greater impact on academic success than his or her intelligence. Helping children develop a growth mindset, positions them on a path for success.

We have been learning that growing and learning are important in life. We identified things that we can do now and things that we can't do YET. We learned about how we have grown and how we still have a lot of growing to do.

Here are some activities that you can do with your child:

- Go to the park and observe children of all ages. How do the older children look and act differently from the younger children? What can the older children do that the younger children cannot?
- Look through family pictures and talk about how the people in your family have grown. Talk about what they can do that they couldn't do before.
- Show your child pictures of himself or herself and talk about how he or she has changed over the years. Ask him or her to tell you what he or she thinks will change over the next year, or 2, or 3, or more.

Learning about growth and change and accepting it as a natural part of life is important for children to understand. Knowing that learning is part of growing encourages children to want to learn more.

Sincerely,  
Your Child's Teacher