

Dear Families/Caregivers,

Contributing to one's social environment is an essential component of social awareness. To contribute, students must understand the benefits and strategies of social contribution. There are many ways students and their families can contribute to their communities.

Students discussed the fact that no matter who you are, everyone can help others. We talked about how students can look for ways that they can help others in their everyday lives.

Here are some ways you can help your child learn to help others:

- Create a list of things your child can do to help at home such as set the table, put the dishes in the dishwasher, water the plants, or play with a younger sibling while an adult is cooking dinner.
- When out in your neighborhood or community, help your child to spot people who might need help or places that need some care.
- Praise your child when he or she helps others without being prompted!

Helping children understand the importance of helping others builds the foundation for social contributions as they see the benefits of helping for themselves and others.

Sincerely,

Your Child's Teacher