

# Tacoma Public Schools Indian Education Program Native American and Alaska Native Cultural and Historical Resources 2024 – 2025

#### **NOVEMBER IS AMERICAN INDIAN AND ALASKA NATIVE HERITAGE MONTH!**

- Native American Heritage Month -
  - November is National American Indian Heritage Month. The Library of Congress, National Archives and Records Administration, National Endowment for the Humanities, National Gallery of Art, National Park Service, Smithsonian Institution and United States Holocaust Memorial Museum join in paying tribute to the rich ancestry and traditions of Native Americans.
    - For Teachers This Teacher's Guide from the National Endowment for the Humanities will introduce you to the cultures and explore the histories of some groups within the over 5 million people who identify as American Indian in the United States, with resources designed for integration across humanities curricula and classrooms throughout the school year.
- Native American Heritage Month Resource Library / Collection National Geographic The United States celebrates Native American Heritage Month in November during which National Geographic acknowledges the Indigenous peoples of the Americas. This collection celebrates the history, accomplishments, culture, and lives of American Indians. In so doing, we acknowledge the systemic discrimination these communities face in our nation and our collective efforts aim to advance a more diverse, inclusive, and equitable future.
  - The Indian Removal Act and the Trail of Tears The Cherokee adjusted to White U.S. culture and won a case at the Supreme Court but were still forced off their land.
  - <u>Basket Museum</u> The Marion Steinbach Indian Basket Museum showcases a wide range of baskets that were used for everything from cradling infants to funerary rites.
  - <u>Wampanoag Territory</u> The Wampanoag were part of a larger group of Indians known as the Algonquian.
  - Native Americans in Colonial America Native Americans resisted the
    efforts of the Europeans to gain more land and control during the colonial
    period, but they struggled to do so against a sea of problems, including
    new diseases, the slave trade, and an ever-growing European population.

- <u>Fishing for Answers</u> Archaeologist studies ancient aquaculture techniques.
- Recognizing Native American Perspectives: Thanksgiving and the National Day of Mourning - Students analyze a primary source to learn about a Native American's perspective on the arrival of the Pilgrims and discuss differing viewpoints about the significance of the Thanksgiving holiday.
- o <u>Jamestown 1607: A Clash of Cultures</u> Map of colonial Jamestown.
- Photo Camp Stories A collection of photo essays narrated by the young photographers who took them. National Geographic's 2020 photo camps were conducted online because of the Covid-19 pandemic. But the pandemic did not stop these young, Native American storytellers from sharing their experiences.
- Intriguing Interactions The Hopewell left behind more than just earthworks all over the Ohio River Valley. They also left a cache of artifacts.
- <u>Battles Between Native Americans and the U.S. Army</u> Map of army forts and battles in the West
- May 28, 1830 CE: Indian Removal Act On May 28, 1830, Congress passed the Indian Removal Act, beginning the forced relocation of thousands of Native Americans in what became known as the Trail of Tears.
- Native American Removal from the Southeast The map shows the routes
  of the five southeastern tribes that were forced to leave their homelands in
  the Southeast and live in Indian Territory in what is now Oklahoma.
- The New England Colonies and the Native Americans While Native Americans and English settlers in the New England territories first attempted a mutual relationship based on trade and a shared dedication to spirituality, soon disease and other conflicts led to a deteriorated relationship and, eventually, the First Indian War.
- <u>Bering Land Bridge</u> Map of North America showing human migration routes
- <u>Prehistoric Apartments</u> Ancient cliff dwelling was part of a successful, safe community.
- Storytelling Through Photography: Tailyr Irvine Tailyr Irvine is a Salish and Kootenai photographer from the Flathead Reservation in Montana. Her work focuses on amplifying the voices of indigenous communities and breaking down stereotypes about American Indians.
- Native American and Alaska Native Heritage Month National Education Association (NEA) - Explore Native American culture during November or any time during the school year with the following lessons, activities, and resources. During November, we celebrate the history, culture, and contributions of Native Peoples. To help educators with their curriculum plans, we've compiled Thanksgiving lessons and resources on learning about the tribes indigenous to North America.

Educators should be mindful of <u>cultural appropriation</u> when teaching about other cultures and understand that Native American students in class may experience lessons differently than non-Native students.

- Lesson Plans
- Thanksgiving Lesson Plans from a Native American Perspective
- Additional Lesson Plan Units
- Background Resources
- Printables & Posters
- Videos & Photography
- o Recommended Books from NEA;s Read Across American Program
- National Park Service celebrates Native American Heritage Month! America
  is a vast land of many cultures dating back thousands of years to the original
  inhabitants of the land. The history, heritage, and culture of Native Americans,
  Alaska Natives, and Native Hawaiians are part of all national parks today. Every
  November during Native American Heritage Month and throughout the year, the
  National Park Service and our partners share history and the continuing culture
  of America's indigenous peoples.
- Burke Museum Helpful Native American Heritage Month Resources November is our national Native American Heritage month! As the Washington
  State Museum of Natural History and Culture, the Burke presents daily
  opportunities—both at the museum and out in the community—to engage with
  the living traditions of Native American cultures.

In celebration of Native American Heritage month, we've pulled together some facts and helpful resources to support classroom teachers and parents as you explore Native American cultures together with your students.

- American Indian Heritage Month Celebration Washington State Department of Social and Health Services. November is National American Indian Heritage Month, a time to recognize the enormous contributions of America's first peoples.
- <u>Smithsonian Native American Heritage Month</u> Events, resources, podcasts, and featured exhibits
  - Resources A few of the resources available, more of which are on the website
    - Twelve Women to Know for Native American Heritage Month
    - Developing Stories: Native Photographers in the Field
    - 3D Tech Used to Restore a Sacred Object for Tlingit Indians
    - Native and Indigenous Art
  - Sidedoor Podcast Episodes
    - Reservation Math: Navigating Love in Native America Explore the concept of blood quantum and how it continues to impact Native Americans today.

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- Raven and the Box of Daylight Hear the origin story of the Tlingit people of the Pacific Northwest passed down since time immemorial.
- <u>Cherokee Story Slam</u> Explore the power stories hold to keep people connected to their culture across time and geographic distance.
- Featured Exhibitions a few of the exhibitions are listed below. There are more on the website and some have a link to view the online exhibit.
  - Americans American Indian images, names, and stories infuse American history and contemporary life
  - Infinity of Nations: Art and History in the Collections of the National Museum of the American Indian
- <u>U. S. Census Facts for National American Indian and Alaska Native</u> <u>Heritage Month</u>

#### **HISTORY OF THANKSGIVING –**

- American Indian Perspectives on Thanksgiving National Museum of the American Indian Educational Office – a teacher's guide
- Thanksgiving National Museum of the American Indian
  - o The "First Thanksgiving": How Can We Tell a Better Story?
  - Harvest Ceremony: Beyond the Thanksgiving Myth
  - Cranberry Day: Traditional Harvest Festivals
  - Five Ideas to Change Teaching about Thanksgiving, in Classrooms and at Home
  - How an Unremarkable "Brunch in the Forest" Turned Into the Thanksgiving We Know
  - American Indian Perspectives on Thanksgiving
  - The Invention of Thanksgiving
  - Rethinking Thanksgiving Celebrations: Native Perspectives on Thanksgiving
  - Five Ideas to Change Teaching about Thanksgiving in Classrooms and at Home
  - o Thanksgiving from an Indigenous Perspective
  - Native American Cultures and Clothing: Native American IS Not a Costume
  - <u>"Words Spoken Before All Others," the Ohenten Kariwatekwen or</u> Haudenosaunee Thanksgiving Address
  - <u>'If You Lived During the Plimoth Thanksgiving; by Chris Newell Exposes</u>
     <u>New Truths About a Major American Holiday</u>

- Seven Native American Chefs Share Thanksgiving Recipes
- o Symposium A Conversation about "Americans"
- Do American Indians Celebrate Thanksgiving?
- "Words Spoken Before All Others," the Ohenten Kariwatekwen or Haudenosaunee Thanksgiving Address
- Americans Indian imagery is everywhere in the United States.
   Americans asks why
- Everyone's history matters: The Wampanoag Indian Thanksgiving story deserves to be known
- The Invention of Thanksgiving Massacres, myths, and the making of the great November holiday by Philip Deloria (Standing Rock Sioux Tribe) professor of history at Harvard
- The Myths of the Thanksgiving Story and the Lasting Damage They Imbue
   Smithsonian Magazine In truth, massacres, disease and American Indian tribal politics are what shaped the Pilgrim-Indian alliance at the root of the holiday
- Do American Indians celebrate Thanksgiving? National Museum of the
   American Indian
   — by Dennis W. Zotigh (Kiowa/Ohkay Owingeh Pueblo/Isante
   Dakota Indian), writer and cultural specialist at the Smithsonian National Museum
   of the American Indian in Washington, D.C. How do Native Americans make
   peace with a national holiday that romanticizes the 1621 encounter between their
   ancestors and English settlers, and erases the deadly conflicts that followed?
- Everything You Learned About Thanksgiving is Wrong The New York Times

#### PROCLAMATIONS, RESOLUTIONS, & DATES TO REMEMBER

- A Proclamation on Indigenous Peoples' Day, 2023 Indigenous Peoples' Day the second Monday in October
- A Proclamation on Missing and Murdered Indigenous Persons Awareness
   Day, 2023
  - Missing and Murdered Indigenous Persons Awareness Day is May 5, 2023
- National Indian Education Association (NIEA) Resolutions
- <u>September 30 National Day of Remembrance for U.S. Indian Boarding Schools –</u> The National Native American Boarding School Healing Coalition –
  Break the silence, begin the healing. Working for Truth, Healing, and Justice for Boarding School Survivors and Descendants.

#### **Tribal Directories -**

- <u>Tribal Directory NCAI</u> National Congress of American Indian
- Indian Tribal Entities Within the Contiguous 48 States Recognized by and Eligible To Receive Services From the United States Bureau of Indian Affairs
- Federally Recognized Indian Tribes in Washington State

## Additional Native American and Alaska Native Cultural and Historical Resources

- National Endowment for the Humanities Teacher's Guide to American
   Indian History and Heritage Put the power of primary sources to work in the
   classroom. Browse lesson plans, student activities, collection guides and
   research aids from the nation's premier cultural heritage preservation institutions.
- <u>National Archives American Indian Records</u> Among the billions of historical records housed at the National Archives throughout the country, researchers can find information relating to American Indians from as early as 1774 through the mid-1900s.
- <u>Law Library of Congress Indigenous Law Web Archive</u> This ongoing collection by the Law Library of Congress preserves primary law sources of indigenous nations, which are sovereign governments by treaty with the United States, and how tribes communicate their law online. Included are the constitutions of a number of sovereign nations, including Navajo Nation, Muscogee Nation, Cherokee Nation, Comanche Nation, and the Hopi Tribe
- Smithsonian National Museum of the American Indian American Indian images, names, and stories infuse American history and contemporary life. Pervasive, powerful, at times demeaning, the images, names, and the stories reveal the deep connection between Americans and American Indians as well as how Indians have been embedded in unexpected ways in the history, pop culture, and identity of the United States.
- The Library of Congress Willing to Serve American Indians Stories from the Veterans History Project American Indians have eagerly served a government which did not always keep its word to their ancestors. All the Native Americans featured here volunteered to serve in conflicts from World War II to Iraq. Few encountered any overt prejudice while in uniform, though Navajo Code Talkers were sometimes mistaken by their own men for Japanese soldiers. But as one code talker recalled, Navajos had a chance to prove wrong the bigots back home; the military prized them for speaking their own language. For all

American Indian veterans, the honor of defending their country overrode all other considerations

- Culture Card A Guide to Build Cultural Awareness American Indian and
   Alaska Native This guide is intended to serve as a general briefing to enhance
   cultural competence while providing services to Al/AN communities. (Cultural
   competence is defined as the ability to function effectively in the context of
   cultural differences.) A more specific orientation or training should be provided by
   a member of the particular Al/AN community.
- <u>Five Critical Orientations to Support Indigenous Studies Curriculum</u> by Leilani Sabzalian and Alison Schmitke
- Indian Lands in the United States A detailed, zoomable map.
- <u>Treaty Boundaries and Cessions</u> Native American Spaces: Cartographic Resources at the Library of Congress
- <u>Native Knowledge 360°</u> Native Knowledge 360° Educational Initiative -Transforming teaching and learning about Native Americans
- Smithsonian Arctic Studies Center Alaska Channel Since 1994, the Smithsonian Institution's Arctic Studies Center has been working in Alaska from its office at the Anchorage Museum. Its long-term exhibition Living Our Cultures, Sharing Our Heritage: The First Peoples of Alaska presents Indigenous voices, perspectives, and knowledge through over 600 masterworks of Alaska Native art and design from the Smithsonian collections. The exhibition is an ongoing resource for collaborative, community-based research and education, including artist residencies and language seminars with Alaska Native Elders, culturebearers and artists. The videos on this channel are from these programs and provide instructional and general information about Alaska Native languages, arts, and lifeways. For additional educational resources – including free teaching units – please visit our Learning Lab site Smithsonian Arctic Studies Center in Alaska. For more information and free DVD copies, please contact Dawn Biddison at biddisond@si.edu. Some of the video topics featured are: carving cedar, twining & weaving cedar baskets, traditional carving tools, cultural appreciations vs. cultural appropriation - A conversation with Alaska Native Artists, weaving a Yupik Issran/Grass Carrying Bag, Athabascan moosehide tanning & sewing, sculpting ivory, and more.
- <u>Smithsonian Arctic Studies Center in Alaska</u> Learning Lab We invite teachers, students, parents and lifelong learners to explore Alaska Native cultures, museum objects, community videos and classroom lessons shared here.

- Videos Urban Access Project, Emily Carr University Urban Access is a
  program designed to provide an opportunity for Aboriginal people living in urban
  areas to access and explore traditional and contemporary Aboriginal art forms
  and materials. The intergenerational participants will reflect a diverse
  representation of our urban Aboriginal community.
  - o Cedar harvesting with Brenda Crabtree
  - o Cedar Basket Weaving with Brenda Crabtree
  - o Totem Pole Carving with Luke Parnell
  - o Drum Making with Michelle Sound
  - o Moose Hair Tufting with Chloe Bluebird Mustooch
  - o Bead Work with Chloe Bluebird Mustooch
  - o Opening Doors: Cedar Door Carvers Project
  - o Totem Pole Unveiling: 'Pacific Song of the Ancestors'

#### **WASHINGTON STATE**

<u>Washington Tribes</u> – Preserving culture, enriching people, sustaining the environment and building community. Includes map of Washington Tribes & Frequently Asked Questions.

- Washington State Tribes Map and links and info for each tribe.
- Washington Indian Tribes Today Download this colorful and informative multi-page PDF.
- Native Education Washington Office of Superintendent of Public
   Instruction The Office of Native Education (ONE) provides assistance to school districts in meeting the educational needs of American Indian and Alaskan Native (AI/AN) students. ONE serves as a liaison between OSPI and school districts, tribal governments, State-Tribal Education Compact schools (STECs), tribal schools, Native communities, parents/guardians of Native children, and other groups and individuals.
- Governor's Office of Indian Affairs Washington State See the Tribal Directory heading for more resources
  - Washington State Map of Reservations and Map of Reservations and Ceded Land
  - Washington State Tribal Directory Also includes Washington State Tribal Colleges, Newspapers, Museums, and more
  - Washington State Tribal Museums
  - Washington State Tribal Newspapers
- SINCE TIME IMMEMORIAL (STI)
  - Since Time Immemorial Tribal Sovereignty Curriculum
- Washington State Indian Education Association WSIEA

 How We Got Here: A Reckoning with U.S. and Tacoma History – City of Tacoma - The video investigates how the U.S. and Tacoma region were shaped by racist laws, policies and discriminatory practices and argues these systems can only be dismantled through strategies of recognition, restitution, reconciliation, and a sustained commitment to equity.

**PUYALLUP TRIBE OF INDIANS - EDUCATIONAL RESOURCES** (CLASSROOM ONLY - Feel free to share, but please note that any use of these videos in exhibitions or programming should be approved by Puyallup Tribe of Indians Historic Preservation Department)

These resources come from the Puyallup people – whose lands your school sits on.

- <u>Puyallup Tribe of Indians</u> The following resources were developed and shared by the Puyallup Tribe of Indians
  - Puyallup Tribe of Indians Learning Resources These resources are a great starting point for people who want to learn more about the Puyallup Tribe's culture, history and Lushootseed language. Along with resources, make sure to check out the downloadable PDFs with in-depth resources, reading lists, and downloadable artwork.
  - Native American Heritage Month Learn more about the Puyallup Tribe
    of Indians These resources are a great starting point for people who
    want to learn more about the Puyallup Tribe's culture, history, and
    Lushootseed language.
    - Websites and Social Media
    - General Puyallup Resources
    - Puyallup History Resources
    - Lushootseed Resources
    - Culture and Canoe Journey Resources
    - Puyallup Tribe Current Events
    - Sample Ideas to increase awareness of the Puyallup Tribe
  - o We are Puyallup: A Brief History of the Puyallup Tribe
  - Puyallup Tribal Lushootseed Land Acknowledgement
  - Puyallup Tribe of Indians Historic Preservation Department on Facebook - regularly posts photos and historic information.
  - Puyallup Tribal Language YouTube Channel
    - Storytelling
    - First Language Speakers
    - Lushootseed Names/Place Names
    - About Twulshootseed/Lushootseed
    - Cushman Boarding School
    - Canoe Journey
    - Lushootseed Plants
    - Twulshootseed Fun
    - And More!

- Speak Twulshootseed The Puyallup Tribe Language Department's Facebook page is another great resource. txwelsucid is a dialect of the Lushootseed language. This page's goal is to make it easier to hear and use the language in your daily lives.
- Storytelling Traditional Narratives of our Ancestors Lushootseed Traditional Narratives are a foundation of our culture. These narratives give us insight into the world of our ancestors. They explain lessons, teachings and they guide us through our lives. The narratives give us our creation stories and help to explain how things came to be in existence today.
- Puyallup Tribal Community Songs Video txwəlšucid st'ilib PUYALLUP TRIBAL COMMUNITY SONGS The Puyallup Tribal Language Program has compiled songs from the Language Program and Puyallup Tribal community together in one compilation video. Our hope is to uplift our Native families during this time of isolation. Our traditional songs and dances bring a special medicine and help in our time of need. Xuxwit'ilic ti ha?ł st'uljexw ?al ti sut'ilib cele sexeb.
- <u>Cushman & Boarding School Project Full Series with Discussion</u> Includes the following
  - 1. The Education of the First People of the Land
  - 2. European Contact in Washington State
  - 3. St. George's Indian Boarding School, Cushman Indian Boarding School & Cushman Indian Hospital and Sanatorium Puyallup Reservation
  - **4.** Stories from Students, Patients & Staff; St. George's Indian Boarding School, Cushman Indian Boarding School & Cushman Indian Hospital and Sanatorium
  - Interview with Rhoda Ducharme Hayward, Salish Tribe: The Minimization of Language and Culture Through Boarding Schools

#### **MUSEUMS & CULTURAL CENTERS**

#### Washington State -

- Tacoma Art Museum
- Washington State History Museum
- Washington State Tribal Museums A list of Tribal Museums in Washington State from the Governor's Office of Indian Affairs
- Burke Museum Northwest Native Art

- Evergreen State College House of Welcome s'gwi gwi ? altxw: House of Welcome Longhouse Education and Cultural Center: A Gathering Place for People of all Cultures The "House of Welcome," Longhouse Education and Cultural Center opened in 1995 at the Evergreen State College in Olympia, Washington. As a public service center of The Evergreen State College, the Longhouse's mission is to promote Indigenous arts and cultures through education, cultural preservation, creative expression, and economic development.
- Suquamish Museum
- Daybreak Star Indian Cultural Center
- Duwamish Longhouse & Cultural Center

#### Outside Washington State -

- National Museum of the American Indian
- Heard Museum Advancing American Indian Art
- Museum of New Mexico Foundation
   Explore the diverse worlds & distinctive communities of New Mexico's Indian cultures
- <u>Plains Indian Museum</u> Buffalo Bill Center of the West in Cody, Wyoming –
  The Plains Indian Museum tells the significant story of the lives of Plains
  Indian peoples, their cultures, traditions, values, and histories, as well as the
  contexts of their lives today.
- Native American Indian Museums & Heritage Centers List Museums listed here have websites that have interesting material and images, but their exhibits are meant to be viewed in person. They can be hard to find, but museums are beginning to create exhibits designed to be viewed on the web. Those that do are indicated by Web Exhibit!.
- American Southwest Virtual Museum Northern Arizona University, National Park Service, & Museum of Northern Arizona - The American Southwest Museum is a digital repository of photographs, maps, information, and virtual tours of National Park Service units and museums across the Southwest.
  - Artifact Exhibits
  - Cultures & Landscapes
  - National Parks

- Virtual Tour
- Fact Sheets
- Videos
- Seneca Iroquois National Museum Located in Salamance, New York

#### **FILM & VIDEO**



- Vision Maker Media Films Page The premier source of public media by and about Native Americans for over 47 years. Vision Maker Media's mission is empowering and engaging Native people to share stories. We envision a world changed and healed by understanding Native stories and the public conversations they generate.
- My Louisiana Love My Louisiana Love traces a young woman's quest to find a place in her Native American community as it reels from decades of environmental degradation.
- <u>Blood Memory</u> For Sandy White Hawk, the story of America's Indian Adoption
  Era is not one of saving children but of destroying families and tribes. At 18
  months of age, Sandy was removed from her Sicangu Lakota relatives and
  placed with white missionaries over 400 miles from the reservation. Growing up
  as the only brown girl in a small Wisconsin town, Sandy's cultural identity was
  rejected, leaving her feeling ugly, alone, and unworthy of love.
- The Blessing by Hunter Robert Baker and Jordan Fein A Navajo coal miner, Lawrence, struggles with his part in the irreversible destruction of their sacred mountain at the hands of America's largest coal producer. This deep spiritual sacrifice has caused him decades of emotional turmoil while providing for his family.
- <u>Public Broadcasting System PBS</u> celebrates Native American Heritage month by listening and learning to Indigenous and Native voices from across the continent. You can learn more about the diverse experiences of Native

Americans and Alaska Natives with this collection of documentaries. You can stream these films and shows and more on PBS.org or on the PBS App.

- <u>Protecting Our Heritage Lummi Nation</u> The Lummi Plankhouse project titled: 'Protecting our Heritage' is a 12-minute documentary presented by First Nations Development Institute and the Lummi Systems of Care Expansion Program. Protecting our Heritage documents the story of longhouse and its origins. © 2017
- Lower Elwha Dam (A contemporary issue). Here are five videos:
  - <u>Time Lapse of Elwha River Dam Removal</u> (August 2011 Oct 2012)
     (2:17)
  - o KCTS9 Northwest Stories: Elwha River (11:08)
  - Northwest Indian News Lower Elwha Fish Hatchery & Dam Removal Feature Story (6:35)
  - o Salmon on the Elwha River (3:03)
  - o Scientists Measure What Dams Have Done to the Elwha (4:42)

#### • Klamath River Dam Removal and River Restoration

- Restoring the Klamath River Indian Country Today In the Pacific Northwest, Yurok citizens are engaged in a major habitat restoration project in the Klamath River Valley. ICT's Stewart Huntington has more on the efforts to restore vegetation as the world's largest dam removal project picks up steam.
- Replanting the Reservoirs, Year One / Klamath River Restoration / Restoring at Scale This new video by Swiftwater Films chronicles the first year of revegetation following the removal of four dams along the Klamath River, part of the world's largest salmon restoration project. We think director Shane Anderson and his team did a great job of capturing the enormous scale of how Resource Environmental Solutions (RES) and the Yurok Tribe took on the first season of planting the vast mud flats, along with what's next in future planting seasons.

#### Pow Wow video

o Gathering at the Falls Powwow – 2019 Grand Entry— (19:33)

#### **WRITERS & STORYTELLERS -**

- <u>Traditional Native Story Telling with Roger Fernandes "Salmon Boy".</u>
   Scroll down on this site for more stories
- Joseph Bruchac (Nulhegan Abenaki) Writer and Storyteller

#### NATIVE EDUCATION CURRICULUM MATERIALS

<u>Native Education Curriculum Materials</u> (lesson plans, storybooks, photos, videos)

#### WEBINARS -

Potlatch Fund – A Conversation About Indigenous Identity & Solidarity
 <u>Today</u> - A Book Launch Event & Special Celebration of Indigenous Peoples' Day
 with Potlatch Fund Grant Recipient and Author of "Journey of the Freckled
 Indian" Alyssa London, Illustrator Monica Rickert-Bolter, Northwest Formline
 Artist Preston Singletary and Debra Yepa-Pappan of Field Museum. Moderated
 by Brian Tanner, Director of Philanthropic Partnerships at Potlatch Fund.

#### **POWWOWS -**

<u>Native American Information for Students and Teachers</u> – Powwows.com –
The leading website for information about Native American Pow Wow culture and
more

#### NATIVE AMERICAN FOOD, RECIPES, & PLANT USE

- The Sioux Chef Sean Sherman Sean Sherman's 10 Essential Native American recipes
- Native American Recipes: 25 of Our All-Time Favorite Recipes
- 20 Native North American Foods with Stories to Tell from FoodTank the think tank for food
- Native American Plant Use National Park Service Glacier National Park
- Food Plants of North American Indians

   An extensive publication listing scientific and common names of plants and trees eaten or used by Native Americans, including how food was prepped. Published in 1936
- Foods Indigenous to the Americas from Powwow.com
- Salish Bounty Traditional Native Foods of Puget Sound Burke Museum Salish Bounty was a temporary exhibit at the Burke Museum in 2012 then a traveling exhibit that went to museums and cultural centers across Washington state, inviting people to explore the deep history of Coast Salish diets and the reestablishment of more healthful and sustainable practices.
- <u>Reviving Traditional Coast Salish Food Knowledge</u> Includes Stories of Food and Cultural Values We (The Burke Museum) sat down with local tribal members and experts to discuss the traditions special preparations, and greater meaning of food in their culture. Listen to their stories.
- <u>Celebrating Indigenous Foods this Fall</u> Colorado State University Kendall Reagan Nutrition Center

- <u>5 Must-Know Native American Dishes and Where to Eat Them</u> Probably one of the most misunderstood and underrepresented cuisines in the United States today is Native American cuisine. It is the area's oldest cuisine, one both rich in flavor and diverse in origin, that Native Americans developed long before contact with any Europeans.
- <u>Nourishing Native Foods & Health</u> Learn more about the importance of Native food systems through these Nourishing Native Foods & Health Resources from First Nations Development Institute.
- Recipes and Cookbooks Bring a bit of Native America to your table First
  Nations Development Institute with the help of some great grantees is
  offering cookbooks and recipes from Native American tribes and organizations.
  Preparing some of these dishes is a great way to bring a delicious taste of Native
  America to your table.
- <u>Reclaiming Native Land by Growing Native Foods</u> Native communities are advocating for land in Washington to grow traditional foods on as a means of reclamation and reconnection.
- Swinomish Tribe Builds U.S.'s First Modern 'Clam Garden', reviving ancient practice

#### **GENEALOGY -**

- A Guide to Tracing American Indian & Alaska Native Ancestry U. S. Department of the Interior
- Tracing Native American Family Roots National Indian Law Library
- Tracing Native Ancestry, A Guide to Responding to Inquiries A publication of the National Indian Child Welfare Association
- Cyndi's List of Genealogy Sites on the Internet Native American
   Genealogy Resources an extensive list of resources for researching Native American ancestry
- Family Search American Indian Genealogy
  - Indigenous Peoples of the United States Genealogy Indigenous Peoples of the United States Genealogy is a guide to beginning Native American research, available records types, BIA (Bureau of Indian Affairs) agencies and reservations, census, church, military records, schools, annuity, allotment, treaties, removal records, archives and libraries, cultural groups, and forts.

- Several approaches could be taken to locate information about a potential Native American ancestor.
- o Native American Online Genealogical Records
- Ancestry.com Free Access to Ancestry.com is available from within
  the Tacoma Public Library. Contains billions of names from census records,
  passenger immigration lists, vital records (birth/marriage/death), war and muster
  lists, court/land records, images, indexes, narratives and much more.
  - o **Ancestry.com**
  - Researching Native American Ancestors
  - American Indian Records Search scroll down below the search area for a list of available records
  - Free Access to Ancestry.com is available from within the Tacoma
     Public Library.
     Contains billions of names from census records,
     passenger immigration lists, vital records (birth/marriage/death), war and
     muster lists, court/land records, images, indexes, narratives and much
     more.
  - o Genealogy Charts and Forms Ancestry.com

### **Tacoma Public Schools Indian Education Program**

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TPS Indian Education Program Public Website

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