

<b>2019 SUPER SATURDAY CHEERLEADING COMPETITION SCORE SHEET</b>
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**JUDGE #    1       2       3**

**SQUAD NAME:**

***APPEARANCE:***

EXPRESSION	1	2	3	4	5	6	7	8	9	10
EYE CONTACT / SMILES	1	2	3	4	5	6	7	8	9	10
CROWD APPEAL	1	2	3	4	5	6	7	8	9	10

***LEADERSHIP***

CROWD INVOLVEMENT/APPEAL	1	2	3	4	5	6	7	8	9	10
VOICE PROJECTION / CLARITY	1	2	3	4	5	6	7	8	9	10
SPIRIT	1	2	3	4	5	6	7	8	9	10

***MOTION TECHNIQUE:***

PRECISION	1	2	3	4	5	6	7	8	9	10
UNITY	1	2	3	4	5	6	7	8	9	10
EXPRESSION	1	2	3	4	5	6	7	8	9	10

**FORMATION CHANGE**

PRECISION	1	2	3	4	5	6	7	8	9	10
UNITY	1	2	3	4	5	6	7	8	9	10
EXECUTION	1	2	3	4	5	6	7	8	9	10

***SKILLS***

JUMPS	1	2	3	4	5	6	7	8	9	10
BUILDS / STUNTS	1	2	3	4	5	6	7	8	9	10
TUMBLING	1	2	3	4	5	6	7	8	9	10c

OVERALL IMPRESSION	1	2	3	4	5	6	7	8	9	10
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ORIGINALITY / CREATIVITY	1	2	3	4	5	6	7	8	9	10
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TOTAL (170 POSSIBLE) \_\_\_\_\_

**2019 SUPER SATURDAY  
CHEERLEADING COMPETITION  
SCORE SHEET (EXPLAINED)**

**JUDGE #    1       2       3**

SQUAD NAME; \_\_\_\_\_

**APPEARANCE:**

EXPRESSION	1	2	3	4	5	6	7	8	9	10
EYE CONTACT / SMILES	1	2	3	4	5	6	7	8	9	10
CROWD APPEAL	1	2	3	4	5	6	7	8	9	10

*See BCSC Elementary Basketball League CHEERLEADING RULES 10. General*

*Squads must adhere to the above rules or loose points for these categories. Judges will have copies of the above rules and you would be risking deductions from three judges.*

*Expressions should be pleasing to the crowd. It should appear that the cheerleaders are enjoying what they are doing. Cheerleaders should fit the standard for fifth or sixth grade students.*

Natural smiles and eye contact

The squad should look good as a whole, not only emphasizing one cheerleader.

**LEADERSHIP:**

CROWD INVOLVEMENT/APPEAL	1	2	3	4	5	6	7	8	9	10
VOICE PROJECTION / CLARITY	1	2	3	4	5	6	7	8	9	10
SPIRIT	1	2	3	4	5	6	7	8	9	10

*See BCSC Elementary Basketball League CHEERLEADING RULES 11. Philosophy*

*Squads must adhere to the above rules or loose points for these categories. Judges will have copies of the above rules and you would be risking deductions from three judges.*

Cheerleaders are representatives of their school and highly visible. The leadership category would reflect their representation of their school.

You should be able to understand the words and that the volume is based on the number of cheerleaders in the squad. Do 6 cheerleaders sound like 6 or 2?) Clarity and endurance of voice.

**MOTION TECHNIQUE:**

PRECISION	1	2	3	4	5	6	7	8	9	10
UNITY	1	2	3	4	5	6	7	8	9	10
EXPRESSION	1	2	3	4	5	6	7	8	9	10

*Motions are the most basic and most used skill in cheerleading. Motions make the squad look uniform and sharp when done correctly. The following should be considered:*

*Stiff, sharp motions*

*No Broken Wrists – The wrist should be in a straight line with the arm. Make a fist with the thumb on the ring finger.*

*Body Alignment – Stand up straight, arms at your side*

*Feet – Should be flat on the floor with the toes facing the crowd. Apart or together?? – Everyone should be the same*

**+FORMATION CHANGE:**

PRECISION	1	2	3	4	5	6	7	8	9	10
UNITY	1	2	3	4	5	6	7	8	9	10
EXECUTION	1	2	3	4	5	6	7	8	9	10

*Move the whole squad for transitioning – always be centered on the floor and utilize the whole squad.*

**SKILLS:**

JUMPS	1	2	3	4	5	6	7	8	9	10
BUILDS / STUNTS	1	2	3	4	5	6	7	8	9	10
TUMBLING	1	2	3	4	5	6	7	8	9	10

*See BCSC Elementary Basketball League CHEERLEADING RULES 10. General & 11. Stunting Squads must adhere to the above rules or loose points for these categories. Judges will have copies of the above rules and you would be risking deductions from three judges.*

**Jumps:**

*Keep toes pointed*

*Hit a T motion at the top of the jump*

*Bend knees slightly to absorb the landing*

*Don't worry how high the jump is, rather keep the jump clean.*

*Always have a clean finish*

No Poms can be used when tumbling and you may not cradle if holding signs.

Watch climbing technique in mounts and be sure the building is symmetrical.

Not all squads will have the good fortune to have skilled gymnasts, but you can use what you have. This category will be judged on how you have incorporated what you have into the routine. If you use gymnastics in the routine, be sure it looks great. If back handsprings are not good and clean, use a round off instead.

Same is true for partner stunts.

OVERALL IMPRESSION	1	2	3	4	5	6	7	8	9	10
ORIGINALITY / CREATIVITY	1	2	3	4	5	6	7	8	9	10

**See BCSC Elementary Basketball League CHEERLEADING RULES 10. General**

*Squads must adhere to the above rules or loose points for these categories. Judges will have copies of the above rules and you would be risking deductions from three judges.*

The overall impression is just that – the feeling that you have given the judges as to whether or not you have convinced them that you have mastered the cheerleading concepts and “impressed” the judges.

Originality and creativity can be seen in the words of the cheer or the movements on the floor. You can create your routine based on the strong points of your squad.

**2019 SUPER SATURDAY  
CHEERLEADING COMPETITION  
COACHES INFORMATION**

EBL Cheerleading has gone through a number of changes in the Cheerleading Competition. Many of you have given thoughts (as have coaches in the past) as to how the competition should be modified or even changed from a competition to only a performance. It was felt that competition is the best way to encourage growth and improvements and very worthwhile to continue. With that in mind, it was decided to use the format upon which this league is based.

*The purpose of the BCSC Elementary Basketball League (EBL)/Cheerleading Division is to provide youngsters the opportunity to learn the fundamental skills of cheerleading: to instill in youngsters the positive attitude necessary to successfully compete in a non-hostile, wholesome environment; to teach youngsters that “successful competitors” are those that adhere to the rules and spirit in which they are written and are those that give their best efforts in practices, games, and above all, in the classroom.*

*BCSC ELEMENTARY BASKETBALL LEAGUE  
REGULATIONS AND GENERAL CONCEPTS  
CHEERLEADING, I. PURPOSE*

We are taking the competition back to the basics and our scoring will be based on the mastery of the BASIC skills that should be learned at the fifth/sixth grade level. Please remember that it is not how difficult the skills, but how well they are performed. Your best reference for this competition would be the materials given to you at the beginning of the season: EBL Regulations and General Concepts – Cheerleading and EBL Cheerleading Rules. This will be enforced and you will need to follow these. Also, I gave a handout early on which I used on the SCORE SHEET (Explained)

***COMPETITION ROUTINE***

The competition routine may consist of any number of cheers and chants. The time limit on this routine is **2 (TWO) MINUTES**. This routine should NOT include music or dance. Again, judging will be based on what should be expected from fifth/sixth grade cheerleaders. Penalties will be assessed on EBL rules and Super Saturday Rules. Again this year, Lynley will be our technical judge as she is familiar with our rules. Any questions regarding your routines may be addressed to her (812) 603-7941.

Good luck to all!

Barb Feltner

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Cell 812/371-0125

**2019 SUPER SATURDAY  
CHEERLEADING COMPETITION  
PENALTY SHEET**

***SQUAD NAME:***

**TIME OF PERFORMANCE:** \_\_\_\_\_

**PENALTY FOR TIME OVER 2.0 MINUTES (10 Points)** \_\_\_\_\_

**PENALTY FOR EBL CHEERLEADING RULES/CONTEST RULES (25 Points)** \_\_\_\_\_

*Explain:*

**PENALTY FOR VIOLATION OF CONTEST RULES (10 Points)** \_\_\_\_\_

*Explain:*

**TOTAL PENALTIES DEDUCTED FROM SCORE:** \_\_\_\_\_