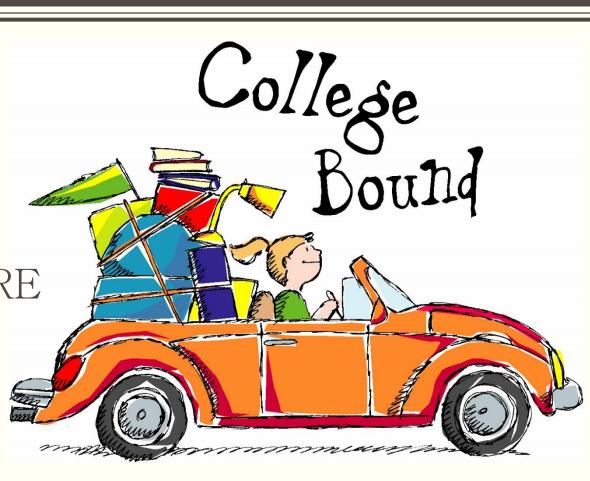
WELCOME!

A ROAD MAP TO YOUR FUTURE WHAT SHOULD YOU DO?

College Readiness Information



Where do I begin?...

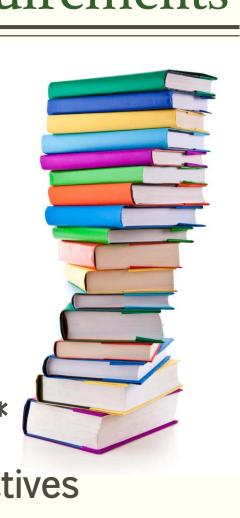
College success starts in High School

- Study Habits
- Course selection
- Honors/ AP Courses
- Grades & GPA
- Dual Enrollment
- Extracurricular Activities Finding purpose in sports, clubs, volunteering, etc.



Graduation Requirements

- 4 English
- 4 Math
- ❖ 3 Science
- 4 Social Studies
- ❖ 1 Health/PE
- 2 Foreign Language*
- 4 Concentrated Electives
- + Senior Project & CPR



| Name: | Concentration: | | | | |
|---|-----------------|------------------|------------------|----------------------|--|
| D. O'C | English 1 🗖 | English 2 🗖 | English 3 🗖 | English 4 🗖 | |
| English | | Electives | AP Lang & Comp | AP Lit & Comp | |
| | Math 1/Alg 1 □ | Math 2/Geom □ | Math 3/ Alg 2 | AFM 🗖 | |
| Math | | | | OR Precalc II | |
| Elections | Foundations | POB or Carp 1 | | <u>OR</u> AP Stats □ | |
| Science separation of the se | Earth/ Env 🗖 | Biology 🗖 | Physical Science | Chemistry DR | |
| | AP Earth/Env | AP Biology | AP Chem | | |
| | World History 🗖 | | → American 2 □ | Civics 🗖 | |
| Social Studies | | AP US History 🗖 | | | |
| Electives | Psych H/AP | AP World Hist. 🗖 | Turning Points | AP GoPo | |
| Elective Concentration | | * 🗖 | * 0 | - | |
| CTE or Art or Foreign Language | | | | Health/PE □ | |

Course Selection & Study Habits

Colleges are looking for RIGOR!

- Honors Courses
- AP Courses
- Dual Enrollment
- * NCVPS

Know your strengths



Don't quit ~ Push through Senior year!

Planning for College - RESEARCH

Research Schools of Interest

- Programs What do you want to study?
- ❖ Location Where do you want to live? (In/Out of State)
- Campus Size/Class sizes/Student Population
- Tuition/Cost & Application Fees
- Admission Requirements
- Application Deadlines
- Extracurricular Activities



Planning for College - RESEARCH



Helping you plan, apply, and pay for college

Don't know what college you want to attend?

Planning for College - CHOOSE

Based on your research, choose where you will apply



Safety Choice - You are certain you will be accepted



Target Choices - You are confident you will be accepted



Ambitious Choice – You have a smaller chance of being accepted

Planning for College - TESTING

Register for the SAT/ ACT

SAT - \$46

- PSAT 11th Grade Fall
- SAT 11th Grade Spring & 12th Grade Fall if you wish to improve your score)
- www.collegeboard.org

ACT - 1st Time = Free/ \$46

- All students will take the ACT at WOH\$ 11th Grade \$pring
- Students may choose to take additional tests at their expense
- www.act.org



Planning for College - TESTING



| SAT Test Dates | Registration Deadline |
|----------------|--------------------------|
| June 2 | May 3 |
| August 25 | July 27 |
| October 6 | September 7 |
| November 3 | October 5 |
| December 1 | November 2 |

| ACT Test Dates | Registration Deadline |
|-------------------|--------------------------|
| June 9 | May 4 |
| July 14 | June 15 |
| September 8 | TBD |
| October 27 | TBD |
| December 8 | TBD |

Planning for College - TESTING

How can I get help with SAT/ACT Registration and College Application Fees?



- Qualifying
 - Free and/or Reduced Lunch
 - AVID
- Benefits:
 - 2 SAT/ACT Fee Waivers (8 Score Reports)
 - 4 College Application Fee Waivers
 - NCAA Clearing House Fee Waiver

Planning for College - APPLY

College **
Foundation
of North Carolina

- Check application deadlines
- Use CommonApp or SendEdu when possible
- Send Transcripts through CFNC or request from your counselor
- Request Recommendation
 Letters 2-4 weeks in advance
 Brag Sheet

Submit your applications early!





Planning for College - FAFSA



Free Application for Federal Student Aid

Do I have to submit a FAFSA?





Fafsa.ed.gov

Planning for College - SCHOLARSHIPS



Institutional Scholarships

- Go to specific college websites
- Search "incoming freshman scholarships"



White Oak Website

Money accepted at ANY college



SAT Scholarship

 Start your volunteer hours today! 20 hours must be completed your senior year.

Planning for College - SCHOLARSHIPS



General Scholarship Search

Money accepted at ANY college

<u>www.fastweb.com</u> - create a profile



Military Dependent Scholarships



Coastal Carolina Community College

Planning for College - RESOURCES

Use your RESOURCES...

- Counselor
- Advisor
- School and College Websites





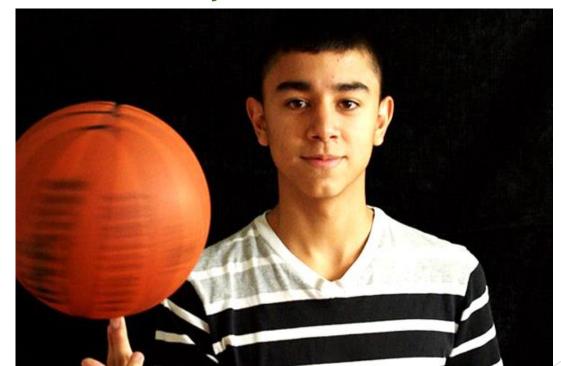






NCAA

Your Path To The Student Athlete Experience





Steps To Achieving Your Eligibility





Grade 9: Plan

• You should start planning now by working hard to earn the best grades possible.

 Ask your counselor for a list of your school's NCAA core courses to make sure you are taking NCAA approved courses.

• Your school's list of NCAA courses can be found at eligibilitycenter.org



Grade 10: Register

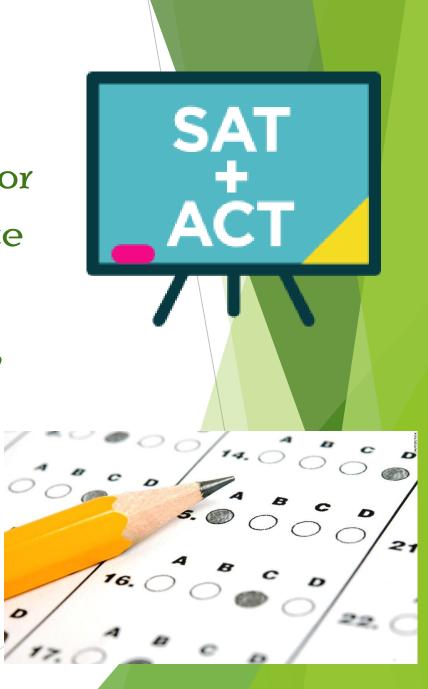
- Register at eligibility center.org at the beginning of your sophomore year.
- If you fall behind on courses, do not take shortcuts to catch up. Your counselor can help you by finding approved courses or programs that you can take.





Grade 11: Study

- Students should check with their counselor to make sure they are on track to graduate on time.
- Students should register to take the ACT, SAT or both. Use the NCAA Eligibility Center code "9999" as a score recipient.
- At the end of the year, upload your student's official transcripts.





Grade 12: Graduate

• Take the ACT or SAT again, if necessary, and make sure to send your scores by using code "9999".

• Request your final amateurism certification after April 1.

• After you graduate, ask your counselor to upload your transcript with proof of

graduation.



What is a Core Course?

- A course that qualifies for high school graduation in one or more of the following: English, mathematics, natural or physical science, social science, foreign language or comparative religion or philosophy;
- Is considered four-year college preparatory;
- Is taught at or above the high school's regular academic level;
- For mathematics courses, is at the level of Algebra 1 or higher; and
- Is taught by a qualified instructor.



Core-Course Time Limitation (2)

- Division I
- From the time you enter the ninth grade, you have four years or eight semesters to complete your core-course requirement. If you fail to complete high school "on time" in eight semesters, core courses taken after the eight semester will not be counted toward your NCAA academic-eligibility requirements.
- "On time" also means that if your high school graduation takes place June 1, you must graduate June 1. if you do not graduate June 1 with the rest of your high school class, you have not completed your requirements "on time".



Division II

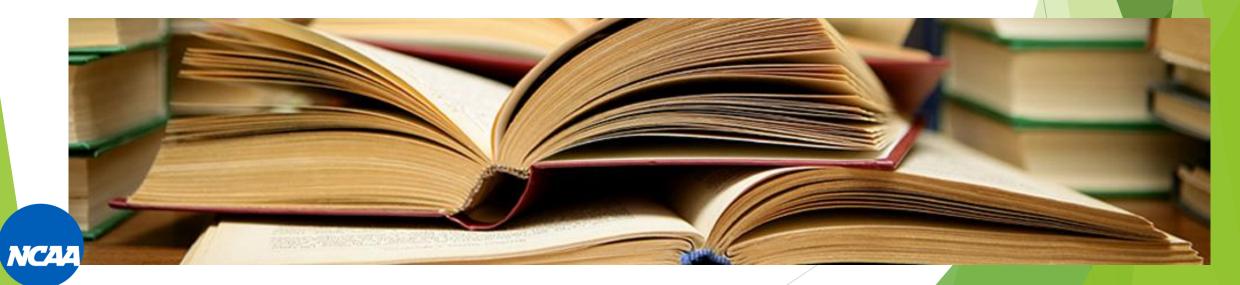
• You are permitted to use all core courses completed from your ninth grade year until you enroll full time at a college or university.





What Are The Academic Requirements?

- Graduate from high school.
- Complete NCAA-approved courses.
- Earn a minimum required core-course grade-point average (GPA).
- Earn a required SAT or ACT sum score.



Early Academic Qualifiers

- Students who meet the following criteria after six semesters will be certified as qualifiers:
- Division I: Minimum SAT (math & critical reading) of <u>900</u> or minimum sum score of <u>75</u> on the ACT; and a core-course <u>GPA of 3.000</u> or higher in a minimum of <u>14 core courses</u>:
- 3 English
- 2 math
- 2 science
- 2 additional core courses in English, math or science; and

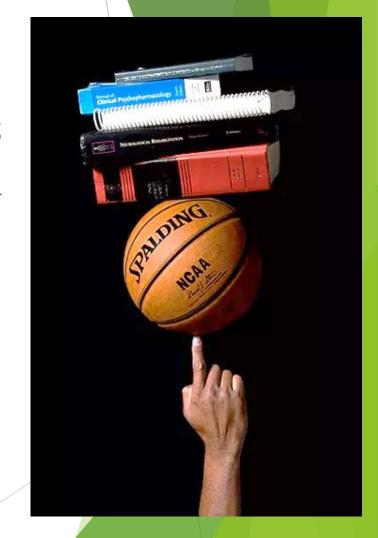
LITERATURE

5 additional core courses in any area



Division II

- Minimum SAT(math and critical reading) of 820 or minimum sum score of 68 on the ACT; and a core –course GPA of 2.500 or higher in a minimum of 14 core courses:
- 3 English;
- 3 math;
- 2 science; and
- 6 additional core courses in any area.





Division I Core-Course Requirements

- 16 Core Courses
- 4 years English
- 3 years math(Algebra I or higher).
- 2 years natural/physical science(1 year of lab if offered by high school).
- 1 year of additional English, math or natural/physical science.
- 2 years of social science.
- 4 years of additional courses(from any area above, foreign language or comparative religion/philosophy).





Summary Of Changes

- Minimum core-course GPA of 2.300 reguired;
- Ten core courses are required before the beginning of senior year; and
- Seven of the ten core courses must be in the area of English, math, or science.





Three Possible Academic Outcomes

- Qualifier = competition, athletics aid (scholarship), and practice the first year.
- Academic Redshirt = athletics aid the first year, practice in first regular academic term (semester or quarter).
- Nongualifier = no athletics aid, practice or competition the first year.





NCAA Division I Qualifier

Students will need to meet the following requirements to receive athletics aid, practice and compete their first year:

- 16 Core Courses in the following areas:
- 4 years of English
- 3 years of math at Algebra I level or higher
- 2 years of natural science(one lab if offered at any high school)
- 1 year additional English, math or natural/physical science
- 2 years of social science
- 4 years of additional from areas above or foreign language, philosophy or comparative religion
- GPA-Minimum of 2.3 in those 16 core courses



NCAA Division I Qualifier

- Core-Course Progression
- Must complete 10 core courses before seventh semester of high school(senior year)
- Of the 10 core courses completed seven must be in the area of English, math, or science
- These 10 core courses become "selected" courses will not be used if taken after the seventh
 semester begins





Example Of Sliding Scale

| Core GPA | SAT (critical reading/math only) | ACT Sun |
|----------|----------------------------------|----------------|
| 2.725 | 730 | 60 |
| 2.700 | 740 | 61 |
| 2.675 | 750 | 61 |
| 2.125 | 970 | 82 |
| 2.000 | 1020 | 86 |
| | | |

Full Sliding Scale: eligibilitycenter.org under "Resources



Academic Redshirt

- Minimum Required GPA-2.000-2.299
- If you fail to meet the required 10 core courses before the start of your seventh semester, you will be allowed to retake core courses in your seventh and eighth semester, which will be used in your academic certification for the purpose of meeting the academic redshirt requirements.
- ATHLETICS AID AND PRACTICE ONLY
- COMPETE 9 SEMESTER HOURS OR EIGHT QUARTER HOURS



What If You Do Not Meet Either Set Of Requirements?

If you do not meet either set of requirements, you are a nonqualifier.

Nongualifier:

- Cannot receive athletics aid during the first year at an NCAA Division I college or university.
- Cannot practice or compete during the first year
 at a Division I college or university.



NCAA Division II Competition Academic Requirements (Beginning August 1, 2018)

- Complete the required 16 core courses
- Earn a minimum 2.200 GPA or better in your core courses
- Earn a minimum SAT or ACT score that matches the 16 core-course GPA on the full qualifier sliding scale.
- Example: Core GPA 2.4/SAT 760/ACT Sum 62
- The full sliding scale can be found at eligibility center.org under resources.



Partial Qualifier

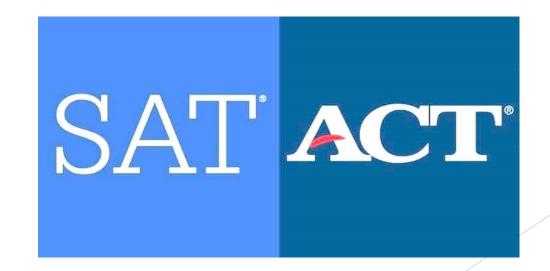
A student —athlete will be allowed to practice and receive athletics aid in the first year if he or she:

- Completes the required 16 core courses; and
- Minimum GPA of 2.000 with corresponding test score on the partial qualifier sliding scale.
- The full sliding scale can be found at eligibility center.org under resources.



Taking The ACT and SAT

- Be sure to enter the "9999" code when registering for the ACT or SAT
- This request for your official test scores to be sent directly to the NCAA Eligibility Center.





Division III Core Course Requirements

- Unlike Divisions I and II, there is no uniform set of eligibility requirements for Division III schools.
- Eligibility for admission, financial aid, practice and competition is determined by the college or university.
- The NCAA Eligibility Center does not perform certifications for Division III college-bound student-athletes.



Reguest Final Amateurism Certification

- Make sure all your sports participation information is complete and accurate
- You will be able to request your final amateurism certification to be completed beginning April 1 (Fall Enrollees) or October 1 (Spring Enrollees)





Once You Are Certified From An Academic and Amateur Perspective

- Compete
- Receive Athletics Aid





Websites

- NCAA.org/eligibilitycenter
- Eligibilitycenter.org (NCAA Eligibility Center student registration site)
- Guide for the College-Bound Student-Athlete
- Initial Eligibility Brochure
- NCAA Division I Academic Standards Guide
- NCAA Division II Academic Standards Guide



Please contact the NCAA Eligibility Center customer service staff at 877–262–1492.