

# INCOMING FRESHMEN CAMP SCHEDULE BY WEEK



## DE SMET JESUIT SPARTAN SUMMER

### CONDITIONING CAMP

ALL SUMMER BEGINS JUNE 10	GRADES	DAYS	TIME	COST
Cross Country	Incoming 9th	M/W/F	7:15-8:30 a.m.	\$75
Speed Training	Incoming 9th	M/W/F	7:15-8:30 a.m.	\$75

### JUNE 3 - 7

WEEK 1 (June 3-7)	GRADES	DAYS	TIME	COST
Football	9th-12th	M-W	6-8:00 p.m.	No charge
Weight Training	7th-9th	M-F	12:30-3:00 p.m.	\$150

### JUNE 10- 14

Week 2 (June 10-14)	GRADES	DAYS	TIME	COST
Volleyball	Incoming 9th	M-F	4-6:00 p.m.	\$100
Wrestling	Incoming 9th	M-F	12:30-3:00 p.m.	\$100

### JUNE 17 - 21

Week 3 (June 17-21)	GRADES	DAYS	TIME	COST
Basketball	Incoming 9th	Tue/Thur	3:30-5:30 p.m.	\$75
Lacrosse	Incoming 9th	M-F	5:00-6:30 p.m.	\$100
Weight Training	7th-9th	M-F	12:30-3:00 p.m.	\$150

### JUNE 24 - 28

WEEK 4 (June 24-28)	GRADES	DAYS	TIME	COST
Baseball	Incoming 9th	M-F	9-11:30 a.m.	\$100

### JULY 8 - 12

WEEK 5 (July 8-12)	GRADES	DAYS	TIME	COST
Soccer	9-12th	M-TH	3:30-5:30 p.m.	\$100
Ultimate	5th-9th	M-F	9-11:30 a.m.	\$150
Ultimate League <b>July 11, 18, 25</b>	5th-9th	THUR	6-7:30 p.m.	\$50



Register

**REGISTER AT: [DESMET.ORG/SPARTANSUMMER](https://desmet.org/spartansummer)**