



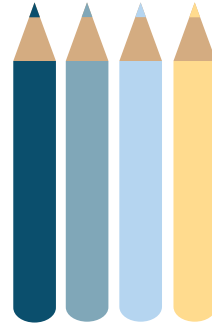
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KINDERGARTEN READINESS CHECKLIST

Preparing your child for kindergarten lays the foundation for success both academically and in life. Kindergarten readiness for children ages four and five involves proactively developing skills & abilities across various fields including social, emotional, intellectual, and physical development.

Social and Emotional Development

- Expresses wants, needs and emotions
- Separates from a caregiver and stays with another adult.
- Follows simple directions and routines
- Recognizes and identifies the feelings of others
- Able to sit and attend to an activity 5-10 minutes at a time
- Understands the importance of turn taking & sharing
- Initiates and accepts play/conversation with others
- Implements one to two coping skills when upset



Physical Development

- Developing grip on pencil, crayon, marker
- Uses scissors safely
- Age appropriate self-help skills: toileting practices, putting on coat, wiping nose, and washing hands
- Bounces, kicks, throws, and catches a ball
- Attempts to tie shoes
- Engages in physical movement activities
- Cleans up after self



Intellectual Development

- States first and last name when asked
- Recognizes and tries to write first name with or without a model
- Understands one step directions
- Identifies and recognizes colors and shapes
- Enjoys listening to stories, songs, poems
- Exhibits curiosity about the world by asking “How?” and “Why?”
- Investigates and explores new things

