



MARCH

What is a Lunch Meal?
Lunch includes 5 components:
Grain, Meat/Meat Alternate, Fruit, Vegetable & Milk

Students Must choose at least 3 components and 1 must be 1/2 cup fruit or vegetable.
Choose all 5 for a nutritious meal!



State Road Lunch Menu 2024

Lunch \$2.75 (4-8)

Lunch \$3.25 (9-12)

AVON GROVE CHARTER SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Daily Milk Selection includes:
1% White Milk
Non-Fat Chocolate Milk
Non-Fat Strawberry Milk

To make a payment to your child's lunch account, please send in check or cash with the student's name. Checks can be made payable to "AGCS". Visit Schoolcafe.com for online payments and Free/Reduced price meal application.



Stuffed Crust Pepperoni Pizza
Assorted Lunchables
Yogurt/Cheese Stick/Cinni Swirl
PBJ Uncrustable

Cucumber Slices, Cauliflower
Banana, Fruit Juice
Daily Milk Selection

Popcorn Chicken w/Soft Pretzel
Parmesan Chicken Sandwich
Yogurt/Cheese Stick/Cinni Swirl
Ham & Cheese on Roll

Green Beans, Baby Carrots
Orange Wedges, Fruit Juice
Daily Milk Selection

BBQ Grilled Chicken Sandwich
Loaded Potato w/Bread Stick
PBJ Uncrustable
Garden Salad w/Bread Stick

Steamed Corn, Veggie Juice
Diced Peaches
Mandarin Orange Cup
Daily Milk Selection
Grades 9-12 NutriGrain

Corn Dog Minis
Southwest Chicken Egg Roll w/Rice
Yogurt/Cheese Stick/Cinni Swirl
Chicken Wrap

Lettuce & Tomatoes,
Baked Beans
Whole Apple, Fruit Juice
Daily Milk Selection

Early Dismissal
No lunch Served

Early Dismissal
No lunch Served

Mac & Cheese w/Dinner Roll
Rib B Que Sandwich
Yogurt/Cheese Stick/Mini Cinnis
Ham & Cheese on Roll

Baby Carrots, Smile Fries
Diced Pears, Fruit Juice
Daily Milk Selection

Tangy Chicken w/Rice
Cheese Tortellini w/Meat Sauce & Garlic Knot
PBJ Uncrustable
Garden Salad w/Bread Stick

Green Beans, Veggie Juice
Orange Wedges, Sour Raisins
Daily Milk Selection
Grades 9-12 Teddy Graham

Chicken Alfredo w/Bread Sticks
Mozzarella Sticks w/Marinara
Yogurt/Cheese Stick/Mini Cinnis
Chicken Wrap

Steamed Broccoli, Chick Pea Salad
Fruit Juice, Mixed fruit cup
Daily Milk Selection

Buffalo Chicken Pizza
Chicken Veggie Dumplings w/Sauce & Rice
Hard Boiled Egg/Diced Cheese/
PB/Apples & Banana Bread
Garden Salad w/Bread Stick

Lettuce & Tomatoes
Veggie Juice
Apple Slices, Grapes
Daily Milk Selection
Grades 9-12 Rice Krispy Treat



Stromboli w/Marinara
Assorted Lunchables
Yogurt/Cheese Stick/Cinni Swirl
PBJ Uncrustable

Shamrock Cookies
Steamed Corn, Cauliflower
Banana, Applesauce
Daily Milk Selection

Cheese Steak Sandwich
Chicken Fajita
Yogurt/Cheese Stick/Cinni Swirl
Ham & Cheese on Roll

Peppers & Onions
Lettuce & Tomatoes
Whole Apple, Fruit Juice
Daily Milk Selection

Lasagna Roll Up w/ Garlic Toast
French Toast w/Sausage
PBJ Uncrustable
Garden Salad w/Bread Stick

Hash Brown Patty, Veggie Juice
Mixed Fruit Cup, Applesauce
Daily Milk Selection
Grades 9-12 Chex Snack Mix

AuGratin Potatoes w/Beef Crumbles & Breadstick
Hot Dog on Roll
Yogurt/Cheese Stick/Mini Cinni
Chicken Caesar Wrap

Celery Sticks, Baked Beans
Mandarin Orange Cup, Fruit Juice
Daily Milk Selection
Grades 4-12 Extra Snack Grain

Hot Ham & Cheese On Pretzel Roll
Breaded Ravioli w/Marinara & Soft Pretzel
Diced Ham & Cheese/Soft Pretzel/Grapes Pack
Garden Salad w/Bread Stick

Carrots, Steamed Broccoli
Apple Slices, Sour Raisins
Daily Milk Selection

Chef's Choice - Hot Entree
Assorted Lunchables
Yogurt/Cheese Stick/Cinni Swirl
PBJ Uncrustable

Green Beans, Veggie Juice
Banana, Grapes
Daily Milk Selection

25

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Hello Spring

Breakfast is free for all students
during the 2023-2024 School year!



MARCH

State Road Breakfast Menu 2024

AVON GROVE CHARTER SCHOOL

MONDAY

**Bagel w/cream
cheese or jelly
Assorted Donuts**

**Fruit Juice
Clementine
Daily Milk Selection**

TUESDAY

**Assorted Pastries
Cheese Stick**

**Fruit Juice
Sour Raisins
Daily Milk Selection**

WEDNESDAY THURSDAY

**Sausage Pancake
on Stick
Assorted Muffins
Yogurt**

**Fruit Juice
Craisins
Daily Milk Selection**

**Fruit & Yogurt
Parfait
Eggo French Toast**

**Fruit Juice
Apple Slices w/ PB
Daily Milk Selection**

FRIDAY

**Assorted
Breakfast Bars
Cheese Stick**

**Fruit Juice
Banana
Daily Milk Selection**

**Students must choose at least 3 Items for a complete breakfast meal and 1 must be
½ cup of fruit or fruit juice.**

***Ala Carte Items are charged at \$1.00 each**

Why did the easter egg hide?



Ans. He was a little chicken!

**What kind
of spells do
leprechauns use?
Lucky charms.**



**Q. Why shouldn't you tell an
Easter egg a good joke?
A. It might crack up!**

