What is a Lunch Meal? Lunch includes 5 components: Grain, Meat Alternate, Fruit, Vegetable Mil Students Must choose at least 3 components and 1 Must be 1/2 cup fruit or vegetable. Choose all 5 for a nutritious meal? MURAN GROVEL CHARTER SCHOOL Lunch \$2.75 MONDAY TUESDAY MURAN MURAN				
	To make a payment to your childs lunch account, please send in check or cash with the students name. Checks can be made payable to "AGCS". Visit Schoolcafe.com for online payments and Free/Reduced price meal application.	Daily Milk Selection includes: 1% White Milk Non-Fat Chocolate Milk Non-Fat Strawberry Milk		Stuffed Crust Pepperoni Pizza Assorted Lunchables 1 Yogurt/Cheese Stick/Cinni Swirl PBJ Uncrustable/Cheese Stick/ Goldfish Pretzels (2nd & 3rd Grade Only) Veggie Juice, Baby Carrots Banana, Grapes Daily Milk Selection
Popcorn Chicken w/Soft 4 Pretzel Parmesan Chicken Sandwich Yogurt/Cheese Stick/Cinni Swirl Steamed Green Beans Baby Carrots Orange Wedges, Fruit Juice Daily Milk Selection	BBQ Grilled Chicken Sandwich Loaded Potato w/Breadstich Yogurt/Cheese Stick/Cinni Swirl PBJ Uncrustable/Cheese Stick/ Goldfish Pretzels (2nd & 3rd Grade Only) Steamed Corn, Veggie Juice Diced Peaches Mandarin Orange Cup Daily Milk Selection	Corn Dog Minis 6 Southwest Chicken Egg Roll w/Rice Yogurt/Cheese Stick/Cinni Swirl Ham and Cheese on Roll Iettuce & Tomato, Baked Beans Apple Sauce, Fruit Juice Daily Milk Selection	7 Early Dismissal No lunch Served	8 Early Dismissal No lunch Served
11 Mac & Cheese w/Dinner Roll Rib B Que Sandwich Yogurt/Cheese Stick/Mini Cinnis Baby Carrots, Smile Fries Diced Pears, Fruit Juice Daily Milk Selection	Tangy Chicken W/Rice 12 Cheese Tortellini w/Meat Sauce & Garlic Knot Yogurt/Cheese Stick/ Mini Cinnis PBJ Uncrustable/Cheese Stick/ Goldfish Pretzels (2nd & 3rd Grade Only) Green Beans, Veggie Juice Orange Wedges, Sour Raisins Daily Milk Selection	Chicken Alfredo w/Roll 13 Mozzarella Sticks w/Marinara Yogurt/Cheese Stick/ Mini Cinnis Ham and Cheese on Roll Celery, Steamed Broccoli Diced Peaches, Fruit Juice Daily Milk Selection	Cheese Pizza 14 Chicken Veggie Dumplings w/Sauce & Rice Yogurt/Cheese Stick/ Mini Cinnis Lettuce & Tomatoes Chick Pea salad Apple Slices, Fruit Juice Daily Milk Selection	Stromboli w/Marinara Sauce Assorted Lunchables 15 Yogurt/Cheese Stick/Cinni Swirl PBJ Uncrustable/Cheese Stick/ Goldfish Pretzels (2nd & 3rd Grade Only) Shamrock Cookies Steamed Corn, Fresh Broccofi Banana, Grapes Daily Milk Selection
Cheese Steak Sandwich Chef/Garden Salad w/Roll Yogurt/Cheese Stick/Mini Cinnis	Lasagna Roll Up w/ Garlic Toast 19 French Toast w/Sausage Yogurt/Cheese Stick/ Mini Cinnis PBJ Uncrustable/Cheese	AuGratin Potatoes w/Beef Crumbles & Breadstick 20 Hot Dog on Roll Yogurt/Cheese Stick/Mini Cinni Ham and Cheese on Roll	Hot Ham & Cheese on 21 Pretzel Roll 21 Breaded Ravioli w/Marinara & Soft Pretzel Yogurt/Cheese Stick/Cinni Swirl	Chef's Choice - Hot Entree Assorted Lunchables 22 Yogurt/Cheese Stick/Cinni Swirl PBJ Uncrustable/Cheese Stick/ Goldfish Pretzels (2nd
Peppers & Onions Lettuce & Tomatoes Mixed Fruit Cup, Fruit Juice Daily Milk Selection	Stick/ Goldfish Pretzels (2nd & 3rd Grade Only) Hash Brown Patty, Veggie Juice Orange Wedges, Applesauce Daily Milk Selection	Celery Sticks, Baked Beans Mandarin Orange Cup, Fruit Juice Daily Milk Selection	Assorted Lunchables Broccoli Salad, Cucumber Slices Craisins, Apple Slices Daily Milk Selection	& 3rd Grade Only) Green Beans, Baby Carrots Banana, Grapes Daily Milk Selection
25	26	DRI Ww.agcharter.or		29

Breakfast is free for all students Juring the 2023-2024 School year!



Kemblesville ELC Breakfast Menu 2024

AVON GROVE CHARTER SCHOOL

MONDAY

TUESDAY

WEDNESDAY THURSDAY

Muffin Yogurt Pop Tart Yogurt

Cereal Bar Yogurt

Fruit Juice Craisins Daily Milk Selection Banana Bread

FRIDAY

Whole Grain Glazed Donut Alternating

Fruit Juice Banana Daily Milk Selection Fruit Juice Sour Raisins Daily Milk Selection e Frui Clen ection Daily Mi

Fruit Juice Clementine Daily Milk Selection

Fruit Juice Apple Slices Daily Milk Selection

Students must choose at least 3 Items for a complete breakfast meal and 1 must be ½ cup of fruit or fruit Juice. *Ala Carte Items are charged at \$1.00 each

Why did the easter egg hide?

Ans. He was a little chicken!

What kind of spells do leprechauns use? Lucky charms.



