




Always Innovating

South Texas ISD

RIO GRANDE VALLEY | GRADES 6-12

BREAKFAST

MARCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1	4 Sausage Egg & Cheese Biscuit PB&J Cereal Honey Bun Muffins Fresh fruit Orange Juice Milk choice	5 Breakfast Skillet Bowl Yogurt Parfait PB&J Cereal Honey Bun Muffins Fresh Fruit Orange Juice Milk Choice	6 Sausage & Cheese Croissant PB&J Cereal Honey Bun Muffins Fresh Fruit Orange Juice Milk Choice	7 Barbacoa Taco Yogurt Parfait PB&J Cereal Honey Bun Muffins Fresh Fruit Orange Juice Milk Choice	8 Bacon & Egg Taco PB&J Cereal Honey Bun Muffins Fresh Fruit Orange Juice Milk Choice	BREAKFAST MEAL PRICES: REDUCED \$.30 FULL PRICE \$1.90 A LA CARTE ENTREE \$2.00 EXTRA MILK \$.50 EXTRA FRUIT \$.50 MILK CHOICES: 1% Low Fat Milk Fat Free Chocolate Milk STISD Child Nutrition Dept. (956)514-4230 Menu subject to change without notice
WEEK 2	11	12 	13	14	15	
WEEK 1	18 Sausage Egg & Cheese Biscuit PB&J Cereal Honey Bun Muffins Fresh fruit Orange Juice Milk choice	19 Breakfast Skillet Bowl Yogurt Parfait PB&J Cereal Honey Bun Muffins Fresh Fruit Orange Juice Milk Choice	20 Sausage & Cheese Croissant PB&J Cereal Honey Bun Muffins Fresh Fruit Orange Juice Milk Choice	21 Barbacoa Taco Yogurt Parfait PB&J Cereal Honey Bun Muffins Fresh Fruit Orange Juice Milk Choice	22 Bacon & Egg Taco PB&J Cereal Honey Bun Muffins Fresh Fruit Orange Juice Milk Choice	
WEEK 2	25 Chorizo & Egg Taco PB&J Cereal Honey Bun Muffins Fresh Fruit Orange Juice Milk Choice	26 Kolache-Sausage & Cheese Yogurt Parfait PB&J Cereal Honey Bun Muffins Fresh fruit Orange Juice Milk Choice	27 Pancake on a Stick PB&J Cereal Honey Bun Muffins Fresh Fruit Orange Juice Milk Choice	28 Mini Pancakes w/Sausage patty Yogurt Parfait PB&J Cereal Honey Bun Muffins Fresh Fruit Orange Juice Milk Choice	29 Breakfast Pizza PB&J Cereal Honey Bun Muffins Fresh Fruit Orange Juice Milk Choice	

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LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 3	4 Breaded Chicken Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh fruit Peach Slices Milk Choice	5 Cheeseburger Tator Tots Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail Milk Choice	6 Chicken Flautas Pinto Beans Spanish Rice Romaine Salad Fresh Fruit Mandarins Milk Choice	7 Nachos corn Cucumbers Fresh Fruit Applesauce Milk Choice	8 Chili Cheese Dogs Green Beans Baby Carrots Fresh Fruit Milk Choice	LUNCH MEAL PRICES: REDUCED \$.40 FULL PRICE \$3.85 A LA CARTE ENTREE \$2.00 EXTRA MILK \$.50 EXTRA FRUIT \$.50 MILK CHOICES: 1% Low Fat Milk Fat Free Chocolate Milk STISD Child Nutrition Dept. (956)514-4230 Menu subject to change without notice
WEEK 1	11	12	13	14	15	
WEEK 2	18 Spaghetti & Meatballs Garlic Stick Cooked Carrots Romaine Salad Fresh apple Peach Slices Milk Choice	19 Orange Chicken w/Fried Rice Broccoli Baby Carrots Fresh Fruit Fruit Cocktail Milk Choice	20 Street Tacos Pinto Beans Baby Carrots Rice Banana Mandarins Milk Choice	21 Beef & Cheese Lasagna Twisted Cheese Breadstick Green Beans Romaine Salad Fresh Fruit Apple Sauce Milk Choice	22 Chicken Fried Chicken Green Beans Mashed Potato Fresh Fruit Pineapple Tidbits Milk Choice	
WEEK 3	25 Breaded Chicken Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh fruit Peach Slices Milk Choice	26 Cheeseburger Tator Tots Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail Milk Choice	27 Chicken Flautas Pinto Beans Spanish Rice Romaine Salad Fresh Fruit Mandarins Milk Choice	28 Nachos corn Cucumbers Fresh Fruit Applesauce Milk Choice	29 Chili Cheese Dogs Green Beans Baby Carrots Fresh Fruit Milk Choice	


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PIZZA & MORE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 3	4 Chicken Tenders Hot Pocket Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit Peach Slices Milk Choice	5 Ham & Cheese Sandwich Personal Pizza Romaine Salad Tator Tots Fresh Fruit Fruit Cocktail Milk Choice	6 Pizza Burritos Pinto Beans Romaine Salad Fresh Fruit Mandarins Milk Choice	7 Spicy Chicken Sandwich Hot Pocket Corn Cucumber Slices Fresh Fruit Applesauce Milk Choice	8 Personal Pizza Corn Dogs Cheese Sticks Green Beans Baby Carrots Fresh Fruit Pineapple Tidbits Milk Choice	LUNCH MEAL PRICES: REDUCED \$.40 FULL PRICE \$3.85 A LA CARTE ENTREE \$2.00 EXTRA MILK \$.50 EXTRA FRUIT \$.50 MILK CHOICES: 1% Low Fat Milk Fat Free Chocolate Milk
	11	12	13	14	15	
WEEK 1						
WEEK 2	18 Chicken Tenders Hot Pocket Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit Peach Slices Milk Choice	19 Cheeseburger Personal Pizza Baby Carrots Tator Tots Fresh Fruit Fruit Cocktail Milk Choice	20 Pizza Burritos Pinto Beans Romaine Salad Fresh Fruit Mandarins Milk Choice	21 Spicy Chicken Sandwich Hot Pocket Green Beans Romaine Salad Fresh Fruit Applesauce Milk Choice	22 Personal Pizza Corn Dogs Cheese Sticks Green Beans Baby Carrots Fresh Fruit Pineapple Tidbits Milk Choice	STISD Child Nutrition Dept. (956)514-4230 Menu subject to change without notice
	25 Chicken Tenders Hot Pocket Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit Peach Slices Milk Choice	26 Ham & Cheese Sandwich Personal Pizza Romaine Salad Tator Tots Fresh Fruit Fruit Cocktail Milk Choice	27 Pizza Burritos Pinto Beans Romaine Salad Fresh Fruit Mandarins Milk Choice	28 Spicy Chicken Sandwich Hot Pocket Corn Cucumber Slices Fresh Fruit Applesauce Milk Choice	29 Personal Pizza Corn Dogs Cheese Sticks Green Beans Baby Carrots Fresh Fruit Pineapple Tidbits Milk Choice	
WEEK 3						

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