



Northern York County School District

Northern York County School District
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Dr. Eric Eshbach - Superintendent
Mr. Jason Beals - Assistant Superintendent

March 31, 2020

Dear NYCSD Families,

Our #TeamNORTHERN continues to rally during this extraordinary time. Elementary staff, specialists, coaches and administrators spent Monday in spirited collaboration focused on creating a consistent hands-on resource for our Northern York students.

For each of the next two weeks, March 30 - April 14, families will receive activity options via our Polar Pride Choice Board geared to different grade levels. It is important to note that this will be the sole activity resource provided to our families during this enrichment window. We are asking our teaching staff to refrain from providing families with additional assignments or direct instruction during this enrichment period. This comes in our effort to ensure consistent, equitable experiences for all our students. Our teachers will continue to check in and connect with students through their usual means of communication, seeking to spark their curiosity and encourage their sharing around the choice board selections they have made.

Our #TeamNorthern's Polar Pride Choice Boards will be posted to our school websites for families to have access to any grade level desired. These activities offer primarily packet free, technology free options.

As we move forward, please know that we will continue to communicate our next steps as we navigate beyond April 14. We dearly appreciate your support and encouragement. Yet, more so, we are deeply heartened by the incredible partnership between your home and ours.

With our very best wishes your way,

Your NYCSD Elementary Principals

Team Northern's Polar Pride
Choice Board

Grade 5
Week of 3/30/20

Choose at least 10 activities.
Complete at least one under each letter.

P	R	I	D	E
Reading	Math	Writing	Content	Special
<p>Watch a movie and write a summary about the movie. Remember to include setting, problem, climax, solution, and a description of the characters.</p>	<p>Create a quiz (and answer key) for the math concepts you're studying. Ask a family member to take your quiz. Check their work with your answer key.</p>	<p>The school has been given \$5000 to buy a piece of playground equipment. Think about what piece of equipment would be best. Write a multi-paragraph essay to persuade the principal to purchase the piece of equipment that you want.</p>	<p>Watch one of the videos below for a virtual field trip experience. After the video share 5 facts that you learned with your teacher or a family member. Unleash Your Inner Scientist- Girls Get STEAM OR Madden Football by the Numbers. (You must click download)</p>	<p>Play catch with someone in your house using any type of ball. See how many times you can catch it in a row!</p>
<p>Read a nonfiction article/story in RAZ, Storyworks or a newspaper or magazine article. Write the main idea and at least three supporting details. Share what you learned from this text with a family member.</p>	<p>Using Legos or blocks, build various 3-dimensional rectangular prisms. Make a table and label your length, width, and height and then find your volume.</p>	<p>Interview a family member about his/her life. Write a biography about that person using the information you learned.</p>	<p>If you were the Earth, what would you say to the people living on your surface? Write a poem from the Earth addressed to its inhabitants, asking for people to live more Earth-friendly. Suggest ways to be kinder to the environment.</p>	<p>Listen to 3 different songs on the radio and describe the mood of each song and list the different instruments the bands are using. What kind of emotions are in the song?</p>
<p>Try to find words in a book or magazine that use common Latin or Greek roots that we've learned this year (photo, graph/gram, auto, fluc/flux, jac/ject, etc.). Keep a list going, and challenge a family member to a word competition.</p>	<p>Create a recipe for a new snack. Write the recipe using the measurements you used so that it can be recreated again. Challenge-double/quadruple/ half your recipe.</p>	<p>Write a rap or poem that explains how to do a math concept of your choice. Make sure your explanation is nice and clear. Be creative!</p>	<p>Design a Treasure map or a map of your house. Be sure to include a key and compass rose.</p>	<p>Complete a step-by-step drawing via YouTube. There are so many options on "Art for Kids Hub" and beyond.</p>
<p>Reread or think of a fairy tale you know (Little Red Riding Hood, The Three Little Pigs, Cinderella). Choose a character from the story and write a 1st person point of view story, retelling the fairy tale from that character's perspective. Share with your family how the story changed with a new narrator.</p>	<p>Make a video or plan a presentation about how multiplication is related to addition and division.</p>	<p>Find index cards or scraps paper. On one card, write a part of speech. On another card write examples of that part of speech. Play memory with the cards. Challenge a family member to play against you, and time each other to see who can match the cards the quickest.</p>	<p>Research a European explorer. (You can use kiddle.com or search 'explorer' on Epic to find books.) Draw a picture of the explorer and write 5 facts about that explorer. Think about where he was from, when he lived, what he was looking for, and what he found.</p>	<p>*Interview a family member about their favorite book. *Can they retell the story? *Do they know the name of the author? *In their opinion, <u>who</u> is their favorite character and <u>why</u>?</p>
<p>Listen to some of your favorite songs. Try to find examples of figurative language in the songs. Write them down and share them with your family. Challenge: Can you identify the theme of each song and the evidence that supports it?</p>	<p>Go on a hike and find the following shapes: rectangles, circles, triangles, ovals, cylinders, cones, rectangular prism.</p>	<p>Pretend you are an explorer. Write about your journey from beginning until end. Describe the land and the people you find. Include information about the boat trip and your crew's actions and emotions during the journey to the new world.</p>	<p>Choose an experiment on: http://www.sciencefun.org/kidszone/experiments/ Be sure to have parent permission to do this experiment. Write down your hypothesis before you begin and then jot down your conclusion at the end.</p>	<p>Fill a plastic egg with 10 coins. Write the value. *Create container filled with household items. (Draw and label) *Place the plastic egg in the container *Drop the container from a counter or table. *Make a hypothesis - "Will your egg crack?" *Write your predictions and the result.</p>

Choose some activities for healthy habits!

P	R	I	D	E
<p><u>Mindfulness</u></p> <p>Grounding Technique</p> <p>5 Things you can see 4 Things you can feel 3 Things you can hear 2 Things you can smell 1 Thing you can taste</p>	<p><u>Kindness</u></p> <p>Write a letter of appreciation to family member or friend and include your reason for valuing him/her.</p>	<p><u>Coping Skills</u></p> <p>Create a Calm Down Card: Identify 3 strategies that help you calm down when feeling upset. Examples: Soup Breathing, Happy Thought, Journaling, Exercise</p>	<p><u>Social Skills</u></p> <p>Building Friendships Visit NED Show website and watch the video titled Friendship Soup. https://www.thenedshows.com/resources/classroom-videos-and-lessons Create your own Friendship recipe card.</p>	<p><u>Kindness</u></p> <p>Practice Positive Self-Talk with Power Phrases. Brainstorm positive words that can help you be successful. e.g. "I got this!", "I am a valuable person!"</p>
<p><u>Coping Skills</u></p> <p>Help yourself stay in control by setting daily goals To set a daily goal, ask yourself "What do I want to achieve?". Think about... *How can I reach my goal? *Who can help me reach my goal? *What steps do I need to take to reach my goal?</p>	<p><u>Kindness</u></p> <p>Share Compliments: Give 3 compliments to 3 family members or friends.</p>	<p><u>Coping Skills</u></p> <p>Organization can help us to feel calm and in control. A great organization tool is a daily schedule or calendar. Think about your daily schedule and create a plan for your day. Follow your schedule through the day.</p>	<p><u>Kindness</u></p> <p>Self-Care Activity: Participate in a physical activity that helps you improve your physical and mental health. Examples: take a walk, sweep a sidewalk/driveway, clean room</p>	<p><u>Mindfulness</u></p> <p>Body scans can help calm on a hectic day or bring peace at bedtime. Try this body scan to help quiet your body. https://www.mindfulness.org/body-scan-kids/</p>

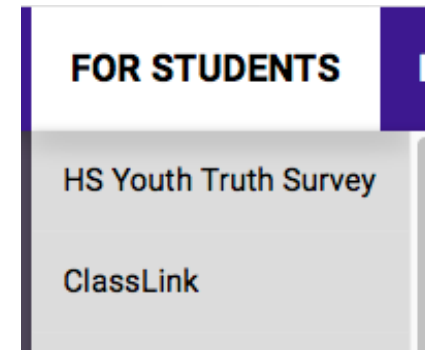
Additional healthy habits!

Wrap up like a taco in a heavy blanket!	Build a couch cushion hide-out!	Help your parents with the dishes!	String Pasta and make a necklace	Work on a puzzle with your family.
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How can we use NYCSD technology at home?



1. In a web browser, go to www.northernpolarbears.com, select For Students and then ClassLink.



2. Select Sign in with Google.

3. Your student's Google Account is the first letter of their first name, full last name, with the number:

5th grade: 227

2nd grade: 230

4th grade: 228

1st grade: 231

3rd grade: 229

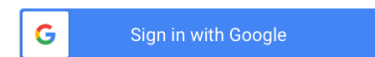
Kindergarten: 232

Add @northernpolarbears.com to the end

John Smith, a fifth grader, would be:
jsmith227@northernpolarbears.com



Northern York CSD



More on other side...

**4. Your student's password is their student ID/
lunch number with pb added to the end.**

For example: 123456pb

To continue, first verify it's you

Enter your password

[Forgot password?](#)

Next

5. You are in ClassLink! Check out the apps available! Apps can vary based on age and grade. Connect with your student's teacher about apps that are used in the classroom!

