

Menu



Mayfield Girls School

Week 4	Monday 11/03	Tuesday 12/03	Wednesday 13/03	Thursday 14/03	Friday 15/03	Saturday 16/03	Sunday 17/03
Cooked Breakfast	Fried egg, hash browns, plum tomatoes & baked beans	Pancakes with berry compote & maple syrup	Bacon, poached eggs, mushrooms & bloomer	Continental - croissant, ham & cheese, tomato	Smoked salmon, scrambled egg, wilted spinach & bagel	Bacon, mushrooms, fried egg & baked beans	
Lunch Main Meal	Mediterranean vegetable gnocchi bake	Curried mango chicken	Spaghetti Meatballs	Chicken & chorizo jambalaya	King prawn & smoked salmon linguine in a rich tomato sauce	Toad in the hole	BRUNCH
Lunch Vegetarian	Sweet potato falafel with bulgur wheat and tzatziki	Sweet & sour tofu	Aubergine Parmigiana	Veggie jambalaya	Dahl makhani with vegetable samosa	Veggie toad in the hole	
Lunch Side Dishes	Focaccia, Garlic green beans & carrots	Rice with Chinese leaf, sugar snaps & mange tout	Garlic bread, Broccoli & sweetcorn	Green vegetables	Roast cauliflower & peas	Mashed potato & peas	
Salad Bar Specials	Peri- peri sweet potato salad	Tomato, roast lemon & bulgar salad	Chicken Caesar salad	Orange, soy & maple hispi salad	Candied lemon cous cous	Salad of the day	
	Second daily salad will be a sustainable salad						
Jacket Potato & Topping	Baked beans	Baked Beans	Baked beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans
		Tuna & sweetcorn		Coronation chicken			
Lunch Dessert	Pear & cranberry pie with cream	Lemon posset	Treacle	Strawberry mousse	Chocolate & raspberry cake	Dessert of the Day	Dessert of the Day
Supper Main Meal	Ham, egg & charred pineapple rings	Mexican pork & bean quesadillas	Chicken shish tray bake	Beef chilli, tuna mayo or beans & cheese	Creamy halloumi curry with rice & poppadom's	Chimichurri chicken wings	Thai red turkey burgers
Supper Vegetarian	Halloumi stuffed mushroom	Roast peppers, turtle beans & cheese quesadillas	Falafel tray bake				Halloumi fingers with tomato relish
Supper Side Dishes	Skinny chips & garden peas	Homemade nachos, guacamole & soured cream	Flatbread with lettuce, cabbage, pickled chillis & garlic sauce	"Spud 'u' like" jacket potatoes			Parmentier herby potatoes & corn on the cob
Salad Bar	A Variety Of Salads Available Daily, Including Mixed Side Salads, Pasta Salads, Grain Salads & Meat & Cheese Boards See Separate Salad Bar Menu for Daily Offerings						
Jacket Potatoes	Jacket Potatoes With Beans Served Daily						
Dessert	Fresh fruit & jellies served everyday. Ice cream will be served one evening a week						
Dietary Requirements	All our food is made fresh on site every day. We always make sure we have gluten free and dairy free options on both our hot counters and cold counters. Please look at the daily allergen information sheet or ask a server if you are unsure and they will be happy to advise you.						