



## Northern York County School District

Northern York County School District  
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*Dr. Eric Eshbach - Superintendent*  
*Mr. Jason Beals - Assistant Superintendent*

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March 31, 2020

Dear NYCSD Families,

Our #TeamNORTHERN continues to rally during this extraordinary time. Elementary staff, specialists, coaches and administrators spent Monday in spirited collaboration focused on creating a consistent hands-on resource for our Northern York students.

For each of the next two weeks, March 30 - April 14, families will receive activity options via our Polar Pride Choice Board geared to different grade levels. It is important to note that this will be the sole activity resource provided to our families during this enrichment window. We are asking our teaching staff to refrain from providing families with additional assignments or direct instruction during this enrichment period. This comes in our effort to ensure consistent, equitable experiences for all our students. Our teachers will continue to check in and connect with students through their usual means of communication, seeking to spark their curiosity and encourage their sharing around the choice board selections they have made.

Our #TeamNorthern's Polar Pride Choice Boards will be posted to our school websites for families to have access to any grade level desired. These activities offer primarily packet free, technology free options.

As we move forward, please know that we will continue to communicate our next steps as we navigate beyond April 14. We dearly appreciate your support and encouragement. Yet, more so, we are deeply heartened by the incredible partnership between your home and ours.

With our very best wishes your way,

*Your NYCSD Elementary Principals*

Team Northern's Polar Pride  
Choice Board

Grade 2  
Week of 3/30/20

Choose at least 10 activities.  
Complete at least one under each letter.

P	R	I	D	E
Reading	Math	Writing	Content	Special
<p><b>Summarizing</b> Read a story of your choice. Write a summary using <i>Somebody Wanted But So Then</i>. Share your summary with a family member or on SeeSaw.</p>	<p><b>Design a Poster</b> "Be the teacher" and design a poster to explain skip counting, expanded form, or 2-digit addition/subtraction!</p>	<p><b>Create a "nonfiction" book about something you know well.</b> Include a table of contents, page numbers, drawings, captions, and headings if you can!</p>	<p><b>Rock Scavenger Hunt</b> Look at the rocks around your house. Describe the different properties. Describe the different colors, shapes, sizes, texture etc.</p>	<p><b>Music</b> <b>Lyrics</b> are the words to a song. Choose a song that you know and change the lyrics/words. Change <i>Twinkle Twinkle</i> into a song about Spring or change <i>Happy</i> by Pharrell Williams into a song about how you are feeling right now.</p>
<p><b>Scholastic Learn at Home</b> Visit <a href="#">Scholastic Learn at Home</a> and complete one of the daily activities.</p>	<p><b>Race to a Dollar</b> Roll a dice and use pennies to match the amount on the dice. Trade your pennies for nickels, dimes, and quarters when possible.</p>	<p><b>Friendly Letter</b> Write a friendly letter to a family member or friend! Be sure to remember the date, greeting, body, closing, and signature. Mail your letter!</p>	<p><b>Tower Fort</b> Use your knowledge from our towers unit to create a tower fort. Remember to put sturdy, large items on the bottom and lightweight items on the top.</p>	<p><b>Art</b> <a href="#">Watch Mrs. May</a> read Tar Beach and offer a follow-up art activity</p>
<p><b>Main Idea</b> Select a non-fiction book (RAZ Kids on Classlink has great options). Listen to it and read it. Think of the main idea. What is the story mostly about? Draw a picture to help come up with the main idea. Can you come up with 3 supporting details for that main idea?</p>	<p><b>What Number Could I Be?</b> I have 4 tens, some hundreds and I am an even number. Then create your own number riddle and have a family member try to guess your number.</p>	<p><b>Creative Writing</b> Write a creative story using this writing prompt... There was a knock on the door and....  Write at least four complete sentences and draw a picture.</p>	<p><b>Insect Hunt</b> Set a timer for 5 minutes. Walk around your yard and draw/list all the insects you can find. What characteristics do they share? Can you identify what kind they are?</p>	<p><b>Library</b> Go to ClassLink and go to BrainPopJr. In the search bar, type <a href="#">Cynthia Rylant</a>. View the video. Visit Word Play. Take the Easy or Hard Quiz. Take a picture of the screen and share it with your library teacher!</p>
<p><b>Fluency Practice</b> Find a silly poem and practice reading it to members of your family.</p>	<p><b>Shape Scavenger Hunt</b> Can you find these 3D shapes around your house/yard? Cube, cylinder, cone, rectangular prism, pyramid, triangular prism, and sphere. How many faces, vertices, and edges do you see?</p>	<p><b>Verb charades</b> Play charades with verbs. Write down 10 verbs on slips of paper. Take turns acting out the word while others guess.</p>	<p><b>White House Virtual Tour Field Trip</b> Pretend you are going to Washington D.C.  Go to Google Maps, and type in "White House." Click on the White House to enter the Virtual Tour.</p>	<p><b>Discovery</b> Do plastic eggs sink or float? Can you make them sink or float? Grab a bunch of plastic eggs, pennies or marbles and a container of water to find out. Experiment with empty eggs or eggs filled with pennies, marbles, or paper.</p>
<p><b>Comic Book Summarization</b> Read a story of your choice and write and draw a comic strip summarizing the main events of the story.</p>	<p><b>More and Less</b> Roll 2 dice to make a number. What is 10 more? What is 10 less? 5 more? 5 less?</p>	<p><b>Noun Scavenger Hunt</b> Using a magazine or newspaper article (or a printed one from the Internet) highlight all of the nouns you can find.</p>	<p><b>Create a Map</b> Pick a room in your house and draw a map of it! Be sure to include a map key.</p>	<p><b>Physical Education</b> Try the <a href="#">Batman</a> or <a href="#">Batgirl</a> workouts.</p>

Choose some activities for healthy habits!

<b>P</b>	<b>R</b>	<b>I</b>	<b>D</b>	<b>E</b>
<p><b><u>Mindfulness</u></b></p> <p>Grounding Technique</p> <p>5 Things you can see 4 Things you can feel 3 Things you can hear 2 Things you can smell 1 Thing you can taste</p>	<p><b><u>Kindness</u></b></p> <p>Write a letter of appreciation to family member or friend and include your reason for valuing him/her.</p>	<p><b><u>Coping Skills</u></b></p> <p>Create a Calm Down Card: Identify 3 strategies that help you calm down when feeling upset. Examples: Soup Breathing, Happy Thought, Journaling, Exercise</p>	<p><b><u>Social Skills</u></b></p> <p>Building Friendships Visit NED Show website and watch the video titled Friendship Soup. <a href="https://www.thenedshows.com/resources/classroom-videos-and-lessons">https://www.thenedshows.com/resources/classroom-videos-and-lessons</a> Create your own Friendship recipe card.</p>	<p><b><u>Kindness</u></b></p> <p>Practice Positive Self-Talk with Power Phrases. Brainstorm positive words that can help you be successful. e.g. "I got this!", "I am a valuable person!"</p>
<p><b><u>Coping Skills</u></b></p> <p>Help yourself stay in control by setting daily goals To set a daily goal, ask yourself "What do I want to achieve?". Think about... *How can I reach my goal? *Who can help me reach my goal? *What steps do I need to take to reach my goal?</p>	<p><b><u>Kindness</u></b></p> <p>Share Compliments: Give 3 compliments to 3 family members or friends.</p>	<p><b><u>Coping Skills</u></b></p> <p>Organization can help us to feel calm and in control. A great organization tool is a daily schedule or calendar. Think about your daily schedule and create a plan for your day. Follow your schedule through the day.</p>	<p><b><u>Kindness</u></b></p> <p>Self-Care Activity: Participate in a physical activity that helps you improve your physical and mental health. Examples: take a walk, sweep a sidewalk/driveway, clean room</p>	<p><b><u>Mindfulness</u></b></p> <p>Body scans can help calm on a hectic day or bring peace at bedtime. Try this body scan to help quiet your body.  <a href="https://www.mindfulness.org/body-scan-kids/">https://www.mindfulness.org/body-scan-kids/</a></p>

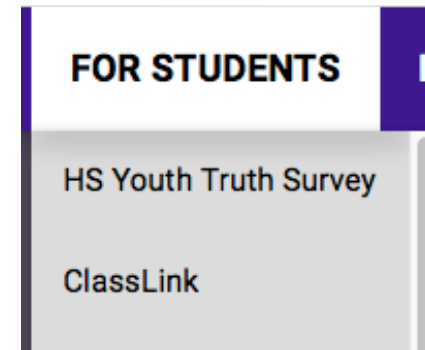
Additional healthy habits!

Wrap up like a taco in a heavy blanket!	Build a couch cushion hide-out!	Help your parents with the dishes!	String Pasta and make a necklace	Work on a puzzle with your family.
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# How can we use NYCSD technology at home?



1. In a web browser, go to [www.northernpolarbears.com](http://www.northernpolarbears.com), select For Students and then ClassLink.



2. Select Sign in with Google.

3. Your student's Google Account is the first letter of their first name, full last name, with the number:

5th grade: 227

2nd grade: 230

4th grade: 228

1st grade: 231

3rd grade: 229

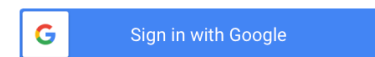
Kindergarten: 232

Add [@northernpolarbears.com](mailto:@northernpolarbears.com) to the end

John Smith, a fifth grader, would be:  
[jsmith227@northernpolarbears.com](mailto:jsmith227@northernpolarbears.com)



Northern York CSD



More on other side...

**4. Your student's password is their student ID/  
lunch number with pb added to the end.**

**For example: 123456pb**

To continue, first verify it's you

Enter your password

[Forgot password?](#)

Next

**5. You are in ClassLink! Check out the apps available! Apps can vary based on age and grade. Connect with your student's teacher about apps that are used in the classroom!**

