

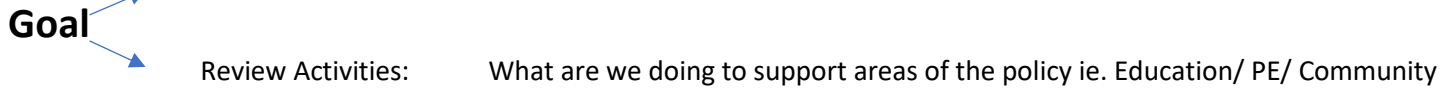
Wellness Committee – April 12, 2023

Dave Echelmeier
Andrea Yohn
Theresa Shroyer

Zachary Kyle
Isaiah Locke
Donna Slugg

Scott Shedlock

Other members to include – student, business, organizations?



Food Service Website – New Carb/Nutritional items for parents/staff

Revamp Green/Yellow/Red chart - ? Changes (see example)

Notes:

Wellness Policy revised in 2018

- Used PSBA template
- Submitted and approved by PDE and Assessed by manner or review during 5 year compliance review – last review conducted in 2021-22 SY
- Template –what meets the needs and goals of each District – add or take away elements

***Email copy of Resource Page to all committee members**

PSSA snacks – all smart snack compliant

Ready Freddy – Apples

Go for the Greens (happening Friday at elem level) - annually

Apple Crunch Day - annually

Market Basket of the Month emails sent to principals – used to mention on menu when it was something we did in cafeteria – activities and other info emailed to principals to share with staff

Northern Food Hub – no more

PA Preferred – Northern and many of the vendors we use – buy local (definition of local ?)

Produce

Maid Rite – Pork and Beef

Swiss - Milk

? - B.B. - Whole School, Whole Community, Whole Child Model (WSCC)

? - Student Fitness Calendar – like the staff fitness calendar – do we do? Option to do?

? - Wellness in the curriculum

? - Farm to School activities outside of Food Service – Richwine when here – worked with elementary schools on beds etc. – any of these types of activities happening now?

- Partnering with Local Farms has it's obstacles – know 1st hand – Food Hub 3 years (?) via grant (South Central PA Food Hub)

Pricing – Purchasing Requirements – Delivery School and Farm – Distribution and Manpower