

# ARTICULATION HOME PRACTICE

## SELF-MONITORING STRATEGIES



**THINK**

Think about your speech sound(s) while speaking.



**ATTEMPT**

Attempt to use correct speech sound production while speaking.



**CORRECT**

Try to correct any mistakes or mis-articulations you make while speaking.



**SLOW RATE**

Use a slow rate of speech.

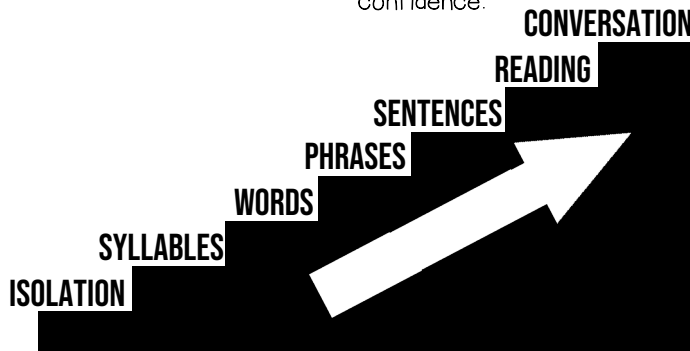


**CHECK-IN**

Check-in with your conversational partner. Did they understand what you were trying to say?

## LEVELS OF DIFFICULTY

If your student is becoming frustrated or having a lot of difficulty using their sound at the conversation level, try moving backwards to an easier level of difficulty, in order to build confidence.



## HOW CAN PARENTS HELP?

- Talk about your student's goals and/or targeted speech sound with them daily.
- Practice with your student everyday.
- Try to avoid pushing your student to frustration. If they are close to a correct production, praise them! Sometimes it's best to move on and come back to practice at another time.
- Understand that changing a student's speech patterns takes time and frequent reinforcement. It cannot be done through speech therapy alone.
- Practicing correct sound production is just as important as listening to correct sound production.. Model correct speech for your student.
- Refer to your child's IEP or therapist for specific speech sounds they're working with and/or goals they may have.

## ARTICULATION HOME PRACTICE ACTIVITIES

Color in the boxes of the activities after you complete them. Use your best articulation skills.

SUN	MON	TUE	WED	THU	FRI	SAT
Sound hunt! Find 5 items with your speech sound.	Play a board game. Use your best speech.	Say 10 words with your speech sound.	Make 10 sentences using words with your sound.	Eat dinner as a family. Use your best speech!	Play with a friend. Can they understand you?	Read a book. Make a list of words with your sound.