

## Strengths, Interests and Careers



- Finding Your Sparks Detective Packets
- Grade 2



#### **Essential Question**

• What are you strengths and Interests?



#### What is a strength?

A strength is something that you do that makes you feel strong.



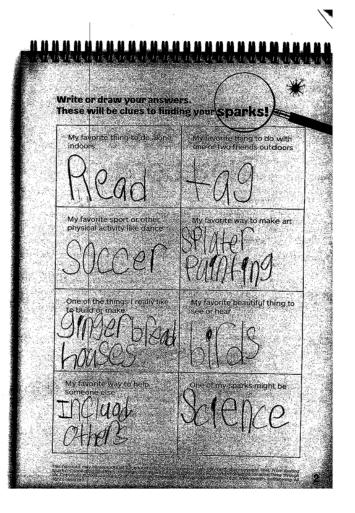
### What is an interest?

 An interest is something that you know or want to learn.

# How Santa Got His Job

- Last year we read this book. Santa became Santa Claus because he realized his strengths and interests when he tried certain types of work.
- When we develop our strengths and interests, we can become great, like Santa!

# List your favorites and then try to think of a spark that matches them.

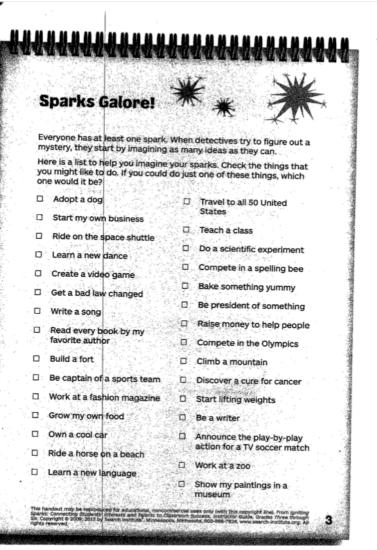


One of my Sparks may be...

List your favorites on a sheet of paper.

- indoor activity
- outdoor activity
- sport or physical activity
- way to make art
- beautiful thing to see or hear
- thing to build or make
- way to help someone

#### **Complete the Detectives Packet**



 Sparks are activities that we participate in because we are good at them (strength) or because we enjoy them (interest). Check the sparks that you may like to take part in. Share with a partner why you think this is an important activity.