



EASTSIDE CATHOLIC

Earning a Varsity Letter in Community Service

Eastside Catholic High School | Campus Ministry

Requirements to earn a Varsity Letter in Service:

- **100+ hours** of service, entered and verified in X2Vol by **May 1**.
- Write an **essay** (see below); due Tuesday, **April 16**.
- Sit for a brief (10-15 minute) reflective **interview** with Mrs. Kittridge or Ms. Thurmann. Interviews will be between April 17 and May 1. **Sign up for an interview by April 16** using the QR code (right) or [this link](#).



Reflective Essay

- Your essay should be 400-500 words (about 2 pages, double-spaced)
- MLA formatting (1-inch margins, size 12, Times New Roman, double-spaced)
- Your thoughts should be your own. Any quotes you use should be cited. *If you have written an essay for a Varsity Letter in the past, you must write an entirely new essay. You are not allowed to “borrow” from past essays.*
- Be sure to proofread the essay for content, organization and grammatical errors.
- Due to community-service@eastsidecatholic.onmicrosoft.com by **April 16**.

Prompt: Love is an action. We say “I love you” often, but words don’t have the same impact as showing it through your actions (i.e. community service work). **Where did you see “love in action” this year in your community service work?**

Additional questions to think about for your reflection:

- *Did you meet someone who does an exemplary job of showing love to those around them? Or did you meet someone/something whom you came to love especially well?*
- *Think of a memorable moment from your time in community service this year. How is “love in action” seen in this moment?*
- *Did you feel challenged by your service experience(s) this year? How is love a challenge?*
- *What did you learn about love through doing service? Is love easy or hard? Is love about quantity or quality? Does love develop instantly in a moment, or gradually over time?*