

# **SUMMER CARE, ENRICHMENT & CAMPS**

Open to all Cotter families and the Winona community. Serving infants 6 weeks-Grade 12. There is something for everyone!



## COTTERSCHOOLS.ORG/SUMMER2024

### EduCare and Summer Care Registration and Billing

- Registration deadline is May 1. Care is only guaranteed for registrations received before this date.
- Families will be billed according to the summer care registrations submitted.
  - St. Nicholas families will choose a tiered plan commitment for the duration of summer care.
  - St. Luke's families may choose either full-day or morning sessions each week and will be billed accordingly. To unenroll for a week of Summer Care, 14 days notice is required to avoid charges. Email: <u>businessoffice@cotterschools.org</u>
- Charges for summer care will be posted to FACTS accounts on Tuesday of each week and payment is due within 10 days. Non-Cotter families will have invoices emailed to them weekly. Payment is due upon receipt.
- St. Luke Hall Summer Care is exempt from licensure by the State of Minnesota and is not eligible to receive child care assistance payments. Minn. Stat. § 245A.03, Subd. 2(a).
- Field trip fees are included in the rates.
- Meals:
  - St. Nicholas Hall: Breakfast, Lunch and Snack will be provided daily at no additional cost to families.
  - St. Luke Hall: Cold lunch required, snacks provided.
- Enrichment Credit: Families are not charged for summer care while attending a summer enrichment class/sport. Cotter will credit your weekly summer care bill for the hours your student attends a class. (\$4.00 x equivalent hours) Credits will be calculated after attendance is verified.
- For registration purposes, summer care is assigned a week. When registering please use the following weeks:
  - Week 1: June 3-7
    - no care at St. Nicholas Hall
  - Week 2: June 10-14
  - Week 3: June 17-21
  - Week 4: June 24-28
  - Week 5: July 1-3
    - Closed July 4 & 5

- Week 6: July 8-12
- Week 7: July 15-19
- Week 8: July 22-26
- Week 9: July 29-August 2
- Week 10: August 5-9

### **Summer Care Contacts**



EduCare St. Nicholas Hall

Christine Nichols Director - St. Nicholas Hall chnichols@cotterschools.org 507-452-2890



Summer Care St. Luke Hall

Ellie McRaith Summer Care Director summercare@cotterschools.org

For questions related to billing, email businessoffice@cotterschools.org

### St. Nicholas Hall Summer EduCare Register: cotterschools.org/StNicholas-Educare

Serving infants 6 weeks - entering Kindergarten Summer Dates: June 10-August 9 (Closed July 4 & 5) Daily Hours: 6:30 AM - 5:30 PM

<ul> <li>Infant Care</li> </ul>	
• Full-time	\$270/week
• Hourly	\$6.75/hour
• Toddler Care	
• Full-time	\$242/week
• Hourly	\$6.35/hour
<ul> <li>PreK-Entering Kindergarten Care</li> </ul>	
<ul> <li>Full-time (40+ hours): \$212/week</li> </ul>	
<ul> <li>36-40 hour plan: \$205/week</li> </ul>	
<ul> <li>31-35 hour plan: \$179/week</li> </ul>	
<ul> <li>26-30 hour plan: \$154/week</li> </ul>	
<ul> <li>20-25 hour plan: \$128/week</li> </ul>	
<ul> <li>\$5.70 hourly rate (less than 20 hours)</li> </ul>	

### St. Luke Hall Summer Care Register: cotterschools.org/StLuke-Care

Serving students entering Grades 1 -6 Summer Dates: June 3-August 9 (Closed July 4 & 5) Daily Hours: 6:30 AM - 5:30 PM

- Full-Day (5 days)..... \$165/week
- Morning Sessions\* (5 days)..... \$115/week

\*Morning Sessions: students must be picked up by 12:30 PM.

St. Luke Hall Summer Care is exempt from licensure by the State of Minnesota and is not eligible to receive child care assistance payments. Minn. Stat. § 245A.03, Subd. 2(a).

### Summer Enrichment Registration and Billing

- Summer enrichment classes are held at St. Luke Hall unless otherwise noted.
- Summer enrichment classes are \$45 per class.
- All Summer enrichment classes are for students ENTERING the grade levels shown.
- Payment is required at the time of registration for summer enrichment classes.
- Enrichment registration is first come, first serve, and is your commitment to attend.
- Cancelations & withdrawals will be refunded at 50% of the registration fee prior to the class starting. Once the class starts no refunds will be issued. No exceptions.
- Enrichment Credit: Families are not charged for summer care while attending a summer enrichment class/sport. Cotter will credit your weekly summer care bill for the hours your student attends a class. (\$4.00 x equivalent hours) Credits will be calculated after attendance is verified.
- For registration purposes, all summer enrichment classes are assigned a week. Classes run Monday-Thursday, with no class on Friday. When registering please use the following weeks:

### **June Registration Form**

- Week 1: June 3-6
- Week 2: June 10-13
- Week 3: June 17-20
- Week 4: June 24-27

### **July Registration Form**

- Week 5: No Classes
- Week 6: July 8-11
- Week 7: July 15-18
- Week 8: July 22-25

### **Summer Enrichment Contact**



Summer Enrichment St. Luke Hall

Pat Bowlin Principal Gr K-6 pbowlin@cotterschools.org 507-453-5155

For questions related to billing, email businessoffice@cotterschools.org. For questions related to summer enrichment classes, please contact Pat Bowlin.

# COTTERSCHOOLS.ORG/SUMMER2024

### **Rambler Tutoring Program**

The K-6 Rambler Tutoring Program is designed to strengthen subject comprehension, boost confidence and build important learning skills in reading and math. The program will be located at St. Luke Hall on the Cotter Campus and the instructors will be St. Luke's Educators. Students will work in groups of 1 to 3 students. The lessons will be tailored to meet your student's needs. Families can sign up by selecting a tutoring package that fits their summer agenda. You will then be contacted by an educator to determine academic goals, set up a complete schedule for the summer, and payment options.

### **Program Fees:**

Session Package	Price Per Session	Price Per Package	Instruction
10- 30 Minute Sessions	\$15.00	\$150.00	Reading or Math
20- 30 Minute Sessions	\$15.00	\$300.00	Reading or Math
30- 30 Minute Sessions	\$15.00	\$450.00	Reading or Math
10- 60 Minute Sessions	\$27.50	\$275.00	Reading or Math
20- 60 Minute Sessions	\$27.50	\$550.00	Reading or Math
30- 60 Minute Sessions	\$27.50	\$825.00	Reading or Math



### June Classes Register: cotterschools.org/June-Classes

### **Mythology Book Club**

Read Percy Jackson and Magnus Chase with Mrs. S this Summer! Enjoy reading the first book of the Percy Jackson series and the first book of the Magnus Chase series. During our time together we'll compare the gods of classical Greek and Norse mythology to how they are represented in the popular Riordan series.

Grades: 4-6 Tuesdays: June 4, 11, 18, and 25 11:00 AM-12:00 PM Melissa Schneider

#### **LEGO Challenges**

These LEGO Labs provide an engaging, playful opportunity for hands-on STEAM learning and fun. Each camp will present unique missions and challenges for students to complete individually and collaboratively. Students will build elaborate structures, vehicles and objects while unknowingly exploring fundamental concepts of engineering and physics. They'll learn to collaborate and create without fear of mistakes. Any student entering grades 4-12 is invited and will be appropriately challenged.

Grades: 4-12 Week 1: June 3-6 8:00-9:25 AM David Jewison



#### HOT Math - Secret Agent

Higher Order Thinking (HOT) Math camps will individually and uniquely challenge your student in mathematical thinking. Knowing that students can lose over two months of previously learned content over the summer months, we will work hard to keep those neurons connected through various nontraditional methods to keep learning fun. Each session will be roughly 40% direct math concepts followed by 60% applied math/logic/problem-solving. Each week of camp will be unique with no repeated content from week to week. Sign up for them all!

Grades: 2-6 Week 1: June 3-6 9:35-11:00 AM David Jewison

#### Science ROCKS!

Are you fascinated by rocks, minerals, and gems? Do you wish you had the skill to pick up rocks and be able to identify them? Do you enjoy doing experiments and investigations? If so, this camp is for you. You will leave this camp with a box of rock samples and a piece of jewelry you created with rocks and minerals. We can't wait to ROCK out the week with you!

Grades: 3-5 Week 1: June 3-6 9:35-11:00 AM Betsy and AnnMarie Donahue

Grades: 1-2 Week 2: June 10-13 9:35-11:00 AM Betsy and AnnMarie Donahue

### Wonderful World of Shells

Learn about the amazing invertebrate animals known as seashells! This hands-on class will explore shells of all types and discover their lifestyles! Fun shell projects and learning about these beautiful creatures may just start a new hobby for the student! The classroom will contain 1000's of shells to study and each student will receive shells to begin their own collection. Come and spend a week at the beach!

Grades: 2-5 Week 1: June 3-6 8:00-9:25 AM Lori Ortega

Grades: 2-5 Week 2: June 10-13 8:00-9:25 AM Lori Ortega

#### **Book Arts**

Do you enjoy writing, drawing, and crafting? In this class, we will create three different books using everyday materials like paper, cardboard, and ribbon. We will try some fun writing activities and explore drawing and painting techniques to create illustrations for our handmade books.

#### Grades: 3-6

Week 2: June 10-13 9:35-11:00 AM Sara Moore

#### Frassati Youth Group

Join us for a summer Youth Group, where students will engage in activities based on Blessed Pier Georgio Frassati's love of prayer and activity. Students will participate in cultural, physical, spiritual, social and service activities with faith and prayer as the "real rock binding students together."

Grades: 4-6 Week 2: June 10-13 9:35-11:00 AM Brianna Stumpf and Molly Leifeld

#### Craft Camp!

This camp is designed to encourage creativity and self-expression all while exploring a variety of crafting techniques!

Grades: 2-5 Week 2: June 10-13 8:00-9:25 AM Kerri Zick

Deutsch Macht Spass! (German is Fun!) Learning a new language opens more neural pathways and enhances thinking, communication, and empathy. It is also a lot of fun! And the younger you learn a new language the easier it is! This summer camp will introduce kids to the German language and culture using engaging games, songs, and hands-on activities. By the end of the week, students will have a journal full of new words and drawings and be ready to teach others what they have learned.

Grades: 1-6 Week 2: June 10-13 9:35-11:00 AM Elizabeth Stevenson

### **Art Factory!**

For all learning styles, this class encourages experimentation, innovation and creative art-making without limitations. Students will engage in handson art projects utilizing a mix of traditional and non-traditional materials. Students will use their unique art skills in their projects and show artistic expression in their learning. This course aims to inspire a deeper understanding of art making. The opportunity for your children to devote 75 minutes a day to art will be a powerful experience.

Grades: 2-7 Week 3: June 17-20 8:00-9:25 AM Jody Berhow

### Acting, Setting and Props Oh My!: Performing Readers' Theater

Join us for a reader's theater class! We will be working on various acting exercises, studying different versions of popular fairy tales, and creating a readers' theater performance to present to families. We will rehearse lines, create props and design various setting features for the performance. Families are invited to attend the final performance on the last day of class. (Thursday, June 20 at 10:30) If you enjoy stories and performing, then this is the class for you!

The June session's plays and activities are different from the July session (July 22-25), and students are welcome to sign up for both!

Grades: 3-6 Week 3: June 17-20 9:35-11:00 AM Molly Leifeld

### Oh, the Places You'll Go...

If you want to explore places around the world join us on a fun geographical and cultural journey. Campers will be asked to get together with friends and pick a country to study. Each group will create a presentation that they will share with other campers. The displays and activities may include new discoveries about animals, artists, dances, foods, climate, resources, and/or people of the region. We will provide the materials for the final project. So if you decide to focus on Australian animals, Italian cuisine, or the Hawaiian Luau come embrace a culture and get inspired!

Grades: 3-6 Week 3: June 17-20 9:35-11:00 AM Betsy and AnnMarie Donahue

### **Cross Stitch for Beginners**

Cross stitch is an embroidery technique that is fun and easy to learn. In this class, you'll learn how to read a cross-stitch pattern, choose your thread and fabric, and sew a pattern of your choosing. At the end of the last class, you'll have your own cross-stitch materials to take home to continue working on your project.

Grades: 3-6 Week 3: June 17-20 9:35-11:00 AM Sara Moore

### Become an author!

Do you ever dream about being a writer or an artist when you grow up? Then, this class is for you! We will read and discuss different forms of picture books...then you will write and illustrate your very own! You will be an author! At the end of the week, you'll get to bring your one-of-a-kind book home with you.

Grades: 3-4 Week 3: June 17-20 9:35-11:00 AM Stephanie Kendall

### **Discover Drawing**

Drawing is the best foundation for art making! Join us for a 5-hour course that will allow children to learn about all types of drawing techniques and materials. Students will be able to use pencils, charcoal, chalk, ink and markers which will help them use both sides of their brain to strengthen creativity and logical thinking. The opportunity for your children to devote 75 minutes a day to spontaneous drawing can relieve stress, improve focus and memory.

Grades: 2-7 Week 3: June 17-20 9:35-11:00 AM Jody Berhow

### Craft Camp!

This camp is designed to encourage creativity and self-expression all while exploring a variety of crafting techniques!

Grades: 2-5 Week 3: June 17-20 8:00-9:25 AM Kerri Zick

### LEGO - Battle Bots

These LEGO Labs provide an engaging, playful opportunity for hands-on STEAM learning and fun. Each camp will present unique missions and challenges for students to complete individually and collaboratively. Students will build elaborate structures, vehicles and objects while unknowingly exploring fundamental concepts of engineering and physics. They'll learn to collaborate and create without fear of mistakes. Any student entering grades 4-12 is invited and will be appropriately challenged.

Grades: 4-12 Week 4: June 24-27 8:00-9:25 AM David Jewison

Little Gentlemen's Class

Boys will learn how to tie a tie, polish dress shoes, shake hands, make eye contact with those they are speaking with and open & hold doors for other people. On the last day of class, June 28, we will eat a formal meal and learn proper eating etiquette.

Grades: 1-6 Week 4: June 24-27 9:35-11:00 AM Jason Quinn

### Vet Camp for Kids

Is your child fascinated by animals? Do they adore their own pet or long to have one? Have they ever expressed an interest in possibly becoming a veterinarian, doctor, or nurse one day? If so, this is the perfect summer camp for your child! Dr. Flathers from the Lewiston Veterinary Clinic will help students explore all things furry, fuzzy, fourlegged, creepy, crawly, feathery or scaly. Students will participate in a large variety of fun hands-on learning labs to explore different avenues of science alongside a variety of professional quest speakers. In addition, children will learn basic medical care techniques, anatomy, bandaging, and first aid using real medical tools. Students can sign up for both class offerings (June & July).

Grades: 1-3 Week 4: June 24-27 8:00-9:25 AM Dr. Brett Flathers & Jane Menke

Grades: 4-8 Week 4: June 24-27 9:35-11:00 AM Dr. Brett Flathers & Jane Menke

### HOT Math - Coding

Higher Order Thinking (HOT) Math camps will individually and uniquely challenge your student in mathematical thinking. Knowing that students can lose over two months of previously learned content over the summer months, we will work hard to keep those neurons connected through various nontraditional methods to keep learning fun. Each session will be roughly 40% direct math concepts followed by 60% applied math/logic/problem-solving. Each week of camp will be unique with no repeated content from week to week. Sign up for them all!

Grades: 2-6 Week 4: June 24-27 9:35-11:00 AM David Jewison

### July Classes Register: cotterschools.org/July-Classes

### Math + Art = Fun!

Continue building mathematics skills during the summer with fun and engaging art lessons! Students will create art projects utilizing various mediums and reviewing/learning math concepts. Math + Art = Summer Class Fun!

Grades: 3-6 Week 6: July 8-11 9:35-11:00 AM Molly Leifeld

Gone Fishing We will fish Lake Winona and the back waters of the Mississippi River.

Grades: 1–6 Week 6: July 8–11 9:35–11:00 AM Jason Quinn Acting, Setting and Props Oh My!: Performing Readers' Theater

Join us for a reader's theater class! We will be working on various acting exercises, studying different versions of popular fairy tales, and creating a readers' theater performance to present to families. We will rehearse lines, create props and design various setting features for the performance. Families are invited to attend the final performance on the last day of class. (Thursday, July 25 at 10:30) If you enjoy stories and performing, then this is the class for you!

The July session's plays and activities are different from the June session (June 17-20), and students are welcome to sign up for both!

Grades: 3-6 Week 8: July 22-25 9:35-11:00 AM Molly Leifeld

#### Game On

It's back by popular demand! Students will have the opportunity to play an outside game, inside group game, board game and card game each day. We will also be teaching good sportsmanship which include the skills to be a humble winner, respect opponents, and lose gracefully. If you want to learn new games and have a great time with friends, this is the camp for you.

Grades: 1-2 Week 6: July 8-11 9:35-11:00 AM Betsy and AnnMarie Donahue

Grades: 3-6 Week 7: July 15-18 9:35-11:00 AM Betsy and AnnMarie Donahue



### Vet Camp for Kids

Is your child fascinated by animals? Do they adore their own pet or long to have one? Have they ever expressed an interest in possibly becoming a veterinarian, doctor, or nurse one day? If so, this is the perfect summer camp for your child! Dr. Flathers from the Lewiston Veterinary Clinic will help students explore all things furry, fuzzy, four-legged, creepy, crawly, feathery or scaly. Students will participate in a large variety of fun hands-on learning labs to explore different avenues of science alongside a variety of professional guest speakers. In addition, children will learn basic medical care techniques, anatomy, bandaging, and first aid using real medical tools. Students can sign up for both class offerings (June & July).

Grades: 1-3 Week 8: July 22-25 8:00-9:25 AM Dr. Brett Flathers and Jane Menke

Grades: 4-8 Week 8: July 22-25 9:35-11:00 AM Dr. Brett Flathers & Jane Menke

How to build a PVC pipe sprinkler We will design and construct a PVC pipe sprinkler. We will learn how to attach PVC pipes and connectors, operate a cordless drill, & how to set a budget for a project. On July 25 we will test the sprinkler out and students can run through the sprinkler for some water fun!

Grades: 1-6 Week 8: July 22-25 9:35-11:00 AM Jason Quinn

### **LEGO Master**

These LEGO Labs provide an engaging, playful opportunity for hands-on STEAM learning and fun. Each camp will present unique missions and challenges for students to complete individually and collaboratively. Students will build elaborate structures, vehicles and objects while unknowingly exploring fundamental concepts of engineering and physics. They'll learn to collaborate and create without fear of mistakes. Any student entering grades 4-12 is invited and will be appropriately challenged.

Grades: 4-12 Week 8: July 22-25 8:00-9:25 AM David Jewison

### HOT Math - Brain Games

Higher Order Thinking (HOT) Math camps will individually and uniquely challenge your student in mathematical thinking. Knowing that students can lose over two months of previously learned content over the summer months, we will work hard to keep those neurons connected through various nontraditional methods to keep learning fun. Each session will be roughly 40% direct math concepts followed by 60% applied math/logic/problem-solving. Each week of camp will be unique with no repeated content from week to week. Sign up for them all!

Grades: 2-6 Week 8: July 22-25 9:35-11:00 AM David Jewison

**Cotter is still enrolling for the 24-25 School Year.** Infants 6 weeks-Grade 12



**Contact Celia Kaiser to learn more or to schedule a tour.** 507-453-5016 or ckaiser@cotterschools.org





### MCA Registration: cotterschools.org/mca/register

### Winona Arts Camp

Join us at the Minnesota Conservatory for the Arts for a one-of-a-kind arts camp where students can explore their artistic passions and creativity. Campers choose from a diverse range of classes in theater, dance, visual art, and music, allowing participants to customize their schedules based on their interests. Whether you're an aspiring actor, a budding artist, a passionate dancer, or a music enthusiast, there's a class for everyone! Camp Times: 9:00 AM- 3:30 PM Camps Cost: \$230.00 6-9 Year Olds: July 22-July 26 10-12 Year Olds: July 29-August 2





Storybook Theatre Presents: The Three Little Pigs
Storybook Theatre, a professional touring theatre company serving the upper Midwest, will host a theatrical production of the Three Little Pigs at the Minnesota Conservatory for the Arts.
Professional actors will work with students from 1st - 12th grade. All participants will have a role. Auditions will be held on August 4 with a performance on August 10 (Times TBD).
Ages 6-18; Rehearsals run from Aug. 4-10 between 10:00 AM and 2:15 PM; \$125.00

### Summer Dance Intensive

The Minnesota Conservatory for the Arts will hold its annual Summer Dance Intensive and Junior Training Program from June 16-29. This program includes daily ballet and pointe technique/variations classes, in addition to contemporary dance forms and theory.

Fast beginner to advanced dancers aged 11-24 \$990 (tuition only) \$1990 (residential boarding & tuition)

More information: cotterschools.org/mca/sdi



### Summer Activity Camps Registration & Billing

### Register: cotterschools.org/Activity-Camps

- Summer activity camps are held at St. Luke Hall, John Nett or Cotter Fields.
- All Summer activity camps are for students ENTERING the grade levels shown.
- Payment is required at the time of registration for summer activity camps.
- Activity camp registrations are accepted until camp starts.
- Cancelations & withdrawals will be refunded at 50% of the registration fee before the camp starts. Once the camp starts no refunds will be issued. No exceptions.
- Enrichment Credit: Families are not charged for summer care while attending a summer activity camp. Cotter will credit your weekly summer care bill for the hours your student attends a camp. (\$4.00 x equivalent hours) Credits will be calculated after attendance is verified.



### **Summer Activity Camps Contact**



### **Summer Activity Camps**

Mathias OBrien Activities Director matobrien@cotterschools.org 507-453-5005

For questions related to billing, email businessoffice@cotterschools.org. For questions related to summer activity camps, please contact Mathias OBrien.

# COTTERSCHOOLS.ORG/SUMMER2024

### Let's Play Ball

We will play kickball, basketball, soccer and 4 square. Let's have some Fun!

Grades: 1-6 June 10-13 St. Luke Hall 9:35-11:00 AM \$45 class fee Jason Quinn

### Kooky Kickball Camp

This camp is fun for all ages. Students will boot, punt and propel balls in a Kooky Kickball Camp. There will be daily kicking and catching challenges, a strike-out foot competition and ultimate games of kickball!

### Grades: K-4 June 17-20 9:35-11:00 AM St. Luke Hall \$45 class fee

Sara Fellman

### Speech Camp

Come join the Cotter Speech Team on Mondays in June and July. This is an opportunity to learn about speech, to learn skills that will enable anyone to be a more effective speaker, and to look for pieces or begin to research and write your speech for the 2024-2025 school year.

Grades: 5–12 Mondays: June 3, 10, 17, 24, July 8, 15, 22 6:00–7:30 PM JNR – 2nd floor \$0 class fee Coach Amy French and coaching staff

# Summer Fun For ALL Ages!

### **Chess Camp**

This camp will have 2 separate sections. The first section will be available for grades 4–6. We will focus on the fundamentals of chess, how the pieces move, how to win, and basic opening principles. The second section will be available for grades 7–12. We will focus on opening principles, basic fundamentals, and introducing gambits. Minimum of 5 students per section.

Fridays: July 12, 19, 26, August 2 Grades 4–6: 9:30–10:25 - St. Luke Hall Grades 7–12: 10:30–11:30 - St. Joseph Hall \$40 class fee Mr. Charles Miller

### **Disc Golf Day Camp**

This camp will introduce students to the fundamentals of a very affordable outdoor game. We will focus on putting, upshots and driving form. Students will be given 1 putting disc to take home and will have others to borrow while at camp. A campfire cookout will be provided at the end of the day. Minimum of 5 students registered.

Grades 5-9 June 28 11:30 AM-5:00 PM Prairie Island Campground \$40 class fee Mr. Charles Miller

### **Cross Country Summer Running**

Workouts will be individually designed with some team time and weekly guest runners.

Grades: 7-12 Monday-Friday: June 10-July 31 (off the week of June 29-July5) 8:00-9:30 AM Meet and pickup at JNR \$50 class fee Coach Costello and coaching staff

### Youth Basketball Camp I

Mr. Bowlin along with current and former Cotter players will teach the fundamentals of basketball so that players learn good habits. Our primary emphasis will be dribbling, passing, lay-ups and shooting with correct form. We will play a lot of 3 on 3 to help our players incorporate what they have learned.

Grades: 3-6 Co-Ed June 10-13 1:00-2:30 PM St. Luke Hall \$45 class fee Coach Bowlin

### Youth Basketball Camp II

A repeat of our first camp, but with an emphasis on using fundamentals under game-like conditions. Shooting contests, playing 1 on 1, 2 on 2, and 3 on 3 will be more prevalent.

We will teach team offense concepts such as cutting to get open, give & go, and screen and roll. We will play a lot of 3 on 3 to help our players incorporate what they have learned.

Grades: 3-6 Co-Ed June 24-27 1:00-2:30 PM St. Luke Hall \$45 class fee Coach Bowlin

#### Youth Basketball Camp III

The fundamentals continue to be the emphasis, but the improvement of our players should allow us to do more complex dribbling, passing, lay-ups and shooting. We will play more games at this camp and teach an uptempo style of play and incorporate 5 on 5 play.

Grades: 3-6 Co-Ed July 8-11 1:00-2:30 PM St. Luke Hall \$45 class fee Coach Bowlin

### **Basketball Skills Introduction**

This is an opportunity to have some fun while learning some very basic skill fundamentals.

Grades 2-4 Co-Ed June 3-6 St. Luke Hall 12:00-1:30 PM \$45 class fee Coach Klug (Authentic Hoops Director)

### **Basketball Skills Development**

Competitive training that will focus on ball handling, shooting form, and finishing around the rim.

Grades 5-6 Co-Ed June 3-6 St. Luke Hall 1:30-3:00 PM \$45 class fee Coach Klug (Authentic Hoops Director)



### Junior High Girls Basketball Skills

Skills sessions will be structured times that will focus on individual skill development while introducing defense/offensive team concepts.

Mondays and Wednesdays:

June 3, 5, 10, 12, 17, 19, 24, 26. July 8, 10, 15, 17, 22, 24 9:00-11:00 am

Grades: 7-8 John Nett \$100 (Financial assistance available, contact Mr. OBrien) Coach Bowlin, assistant coaches and alumni

### High School Girls Basketball Skills

Skills sessions will be structured times that will focus on individual skill development while introducing defense/offensive team concepts.

Mondays and Wednesdays: June 3, 5, 10, 12, 17, 19, 24, 26. July 8, 10, 15, 17, 22, 24 9:00-11:00 am

### Grades: 9-12

John Nett \$170 Coach Bowlin, assistant coaches and alumni

### **Girls Tri-State Tournaments**

We will also play in several Tri-State tournaments. A Google form will be sent in early May and dates will then be selected based on availability.

Grades 7-12 Dates and rosters will be communicated in early June. Pat Bowlin and Coaching Staff Cost: No Fee

#### **VOLLEYBALL SKILLS**

Coach B and staff will structure individual work along with game-like situations to improve players' volleyball skills and IQ.

Tuesdays & Thursdays: June 4, 6, 11, 13, 18, 20, 25, 27, July 9, 11, 16, 18, 23, 25, 30

John Nett Rec Cotter Volleyball Staff

Grades 5-8 11:00 AM-12:30 PM \$75 class fee



Grades 9-12 12:30-2:30 PM \$85 class fee

#### WEDNESDAY NIGHT VOLLEYBALL LEAGUE

St. Mary's University will be offering a weekly night league. We will participate in the Varsity level and JV level. League is on Wednesdays and starts June 5 running through July.

Wednesday evenings: June 5, 12, 19, 26, July 10, 17

Saint Mary's University

\$20 class fee (paid to Coach Broghammer at a later date)

See Coach Broghammer for more details.



### **Boys Basketball Skills Sessions**

Skills sessions will be structured times that will focus on individual skill development while introducing defense/offensive team concepts.

Tuesdays & Thursdays: June 4, 6, 11, 13, 18, 20, 25, 27 July 9, 11, 16, 18, 23, 25 9:30-11:00 AM

### Boys Basketball Open Gyms

Open gyms will focus on shooting fundamentals from 5:30-6:00 PM. 6:00-7:00 PM will be an unstructured time when players can continue to work on individual skills or play pick-up.

Mondays & Wednesdays: June 3, 5, 10, 12, 17, 19, 24, 26 July 8, 10, 15, 17, 22, 24 5:30-7:00 PM

Grades 7-12 Boys John Nett Rec Coach Costello, Coach OBrien and other Coaching Staff & Alumni \$170 Includes all of the Skills Sessions and Open Gyms

### **Boys Tri-State Tournaments**

We will also play in several Tri-State tournaments. A Google form will be sent in early May and dates will then be selected based on availability.

Grades 7-12

Dates and rosters will be communicated in early June. Coach Costello, Coach OBrien and other Coaching Staff Cost: No Fee

Boys Basketball: La Crosse League JV and Varsity Level players will play in the Tuesday Night La Crosse league. Dates and rosters will be communicated in early June.

Coach Costello, Coach OBrien and other Coaching Staff & Alumni Cost: No fee for families *Entry Fees covered by Cotter Boosters* 



### Soccer Skills Camp

Offensive and defensive roles. Tactical concepts supporting technical goals. Introducing combination play. Decisionmaking-based games. Individual defense. No determined positions. Soccer cleats, shinguards and waterbottle are required. Minimum of 10 players registered



Grades: 4-6 Co-Ed June 3-6 8:00-9:30 AM Cotter Fields \$50 class fee Coach Arthur & Coach Diego

Soccer Technical and Tactical Camp

Practices are based on the subphases of the game. Individual and group tactics that make the game more complex. Defending in high, middle, and low zones. Offensive and defensive transitions. Focus on why, how, where, when, and what to do. Soccer cleats, shinguards, and waterbottle are required. Minimum of 10 players registered.

Grades: 7-8 Co-Ed June 10-13 8:00-9:30 AM Cotter Fields \$50 class fee Coach Arthur & Coach Diego

### Soccer Tactical Camp

Learn tactics to build a game model. Offensive and defensive transitions. Intensity and complexity will be key features of training sessions. Training based on concepts and ideas of the coach. Conceptual and specific games. Know how to behave against different styles of opponents. Soccer cleats, shinguards and waterbottle are required. Minimum of 10 players registered.

Grades: 9-12 Co-Ed June 17-20 8:00-9:30 AM Cotter Fields \$50 class fee Coach Arthur & Coach Diego

### Soccer Team Camp

The main focus of this camp will be to build a game model. Intensity and complexity to get players ready for the season. Physical and tactical sessions will be run emphasizing the team game model and coaches' philosophy. Soccer cleats, shinguards and waterbottle are required.

Grades: 7-12 Girls July 29-31 7:45-9:30 AM Cotter Fields \$30 class fee Coach Arthur & Coach Diego

Grades: 7-12 Boys July 29-31 9:30-11:15 AM Cotter Fields \$30 class fee Coach Arthur & Coach Diego

### TENNIS

This tennis camp will be focused on different levels for all attendees. From the beginner looking to try tennis the first time up to varsity level instruction and match play. Bring a tennis racket with you.

Grades: 5-8

Tuesdays & Thursdays: June 11, 13, 18, 20, 24, 25, 27, July 9, 11, 16, 18, 23, 25, 30 6:00-7:00 PM Outdoor Tennis Courts \$0 class fee Coach Anne Besek and Coach Jeff Besek

Grades: 9-12 Tuesdays & Thursdays: June 11, 13, 18, 20, 24, 25, 27, July 9, 11, 16, 18, 23, 25, 30 7:00-8:00 PM Outdoor Tennis Courts \$0 class fee Coach Anne Besek and Coach Jeff Besek



### YOUTH FLAG FOOTBALL

This summer flag football league will be an opportunity for any incoming 4th-6th grade students who are interested in football to work with the high school and junior high school staff, as well as some of the varsity players. There will be a mix of practice time to work on skills and techniques, as well as time for flag football games each week.

Grades: 4-6 Mondays: June 3, 10, 17, 24, July 8, 15, 22, 29 4:00-5:00 PM Cotter Fields \$30 class fee Football Coaching Staff & Varsity Players

### YOUTH FOOTBALL DAYCAMP I

Youth camp for any incoming 2nd or 3rd grade student interested in playing or learning about football. Our high school and junior high staff will work with the campers on the fundamentals of football at various positions.

Grades: 2-3 July 2 4:00-5:00 PM Cotter Fields \$10 class fee Football Coaching Staff & Varsity Players

### YOUTH FOOTBALL DAYCAMP II

Similar to the July camp, this is for any incoming 2nd or 3rd grade student interested in playing or learning about football. Our high school and junior high staff will work with the campers on the fundamentals of football at various positions.

Grades: 2-3 August 6 4:00-5:00 PM Cotter Fields \$10 class fee Football Coaching Staff & Varsity Players



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### FOOTBALL SUMMER SESSIONS

This football camp is for any incoming 7-12th grade athletes interested in playing football. We will work on the individual skills and techniques needed at each position as well as begin to go through our offensive and defensive schemes in preparation for the 2024 season. We will break off into separate groups as necessary based on grade, experience, and skill level. Please bring cleats to wear.

### Grades: 7-12

Tuesdays & Thursdays Dates: June 4, 6, 11, 13, 18, 20, 25, 27 July 9, 11, 16, 18, 23, 25, 30 3:30-5:00 PM Cotter Fields \$50 class fee for returning players \$0 for any new players who didn't play football in 2023 Football Coaching Staff

### STRENGTH & SPEED/AGILITY TRAINING

These sessions will focus on getting athletes bigger, faster, and stronger. Ryan Mutzner and staff will develop programs to meet athletes where they are to increase overall strength and athleticism. Please bring workout clothes and appropriate footwear. Price includes both activities.

Strength Training Sessions Mondays and Wednesdays: June 3, 5, 10, 12, 17, 19, 24, 26 July 1, 3, 8, 10, 15, 17, 22, 24, 29, 31 Aug 5, 7 7:30-8:45 AM or 8:30-9:45 AM Winona State Fitness Center

Speed and Agility Training Tuesdays and Thursdays: June 4, 6, 11, 13, 18, 20, 25, 27 July 2, 9, 11, 16, 18, 23, 25, 30 August 1, 6, 8 8:45-9:30 AM or 11:45 AM - 12:30 PM John Nett Rec

Grades 7-12 \$50

