

**Local Wellness Policy: Triennial Assessment
Duncanville Independent School District Wellness Policy 2022-23**

SECTION 1: General Information

In compliance with USDA requirements a triennial assessment has been conducted of the Duncanville ISD Wellness Policy.

This assessment measures:

- The extent to which the Local Wellness Policy meets the requirements of the USDA final rule
- The extent to which schools under the jurisdiction of the district are complying with the Local Wellness Policy
- The progress made in attaining the goals of the Local Wellness Policy

SECTION 2: Current Wellness Committee Information

Duncanville ISD has chosen the School Health Advisory Committee (SHAC) to work on behalf of the District to review and consider evidence-based strategies and techniques in order to develop and implement nutrition guidelines and wellness goals as required by federal law. The SHAC will permit the following persons to work with the SHAC on the District's wellness policy and plan: Parents, students, the District's food service provider, physical education teachers, school health professionals, Board members, administrators, and members of the public. The SHAC meets four times per school year.

Designated School Wellness Leader: Assistant Superintendent of Operations(Chief Operations Officer)

School Health Advisory Committee Members:

Role	Name
Superintendent Designee	Pamela Brown
Business	Rosemary Onuegbu
Community	Gloria Lockhart
Parent	Sandra Shields
Parent	Patricia Milton
Parent	Stephanie Reddick Jessie
Parent	Kamica Page
Law Enforcement	Chief Mitchell Lambert
Director or Counseling	Shayla Pratt
Director of Nursing	Maelene Grant
Director of Child Nutrition	Tracey Marcum
Teacher	Kecia Hudson-Winston
Teacher	Alyson Lewis
Counselor	Sarah Dickey-Hill
Campus Administrator	Latisha Griffin
Nurse	Sheryl Westbrook
Athletic Representative	Alec Hawkins

SECTION 3: Comparison to Model School Wellness Policies

The Alliance for a Healthier Generation Model Policy was used in assessing the Local Wellness Policy. Duncanville ISD meets the model policy for compliance.

SECTION 4: Compliance with the Wellness Policy and progress towards goals:

Goal Objective	Description	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Goal #1	The District's food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.				
Objective 1	Consistently post in an easily accessible location on the District's website the monthly school breakfast and lunch menus, along with the nutritional information of each meal.	X			Menus are provided through School Café as well as a printable menus on the Nutrition Services website. All menus are now available in English and Spanish. School Café allows parents to view nutrient and allergen information. Each campus posts monthly menus on every serving line.
Objective 2	The District will provide each cafeteria with signage that promotes healthy nutrition messages	X			Posters, flyers and social media campaigns allow parents, students and staff to see menu offerings and special meal promotions
Goal #2	The District shall make nutrition education a District-wide priority and shall integrate nutrition education into other areas of the curriculum, as appropriate				
Objective 1	School Health Programs shall partner with Instruction and Technology to expand nutrition education throughout subjects to suggest potential content integration related to nutrition, increasing the integration of nutrition education into the regular teaching plan. (Ex: counting calories, categorizing quantities, reading labels, School Café – Build Your Plate, etc.)		X		School Café allows the public to view nutrition and allergen information for all school menus. Nutrition education is included through many courses such as: Physical Development, Life Skills, Lifetime Nutrition and Wellness, Physical Education- Foundations of Personal Fitness, etc.
Objective 2	The District shall establish and maintain school gardens and farm-to-school programs.		X		Nutrition Services participated in the "Turnip the Beet" for summer meals in 2023 providing fresh fruits and vegetables during summer feeding

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					including local produce. 2 Campuses currently have gardens. Gardens have been difficult to maintain and resources are limited. Grant funding will be explored and presented to the SHAC for next steps.
<p>Goal #3</p> <p>Objective 1</p> <p>Objective 2</p>	<p>The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.</p> <p>All students shall meet the physical education requirements</p> <p>All students will have access to before and after school activities.</p>	<p>X</p>	<p>X</p>		<p>All students of the District meet the physical education requirements outlined by the State of Texas.</p> <p>Duncanville ISD offers many educational and athletic opportunities for students after the school day. An after-school activity assessment is needed to quantify which campuses may need additional resources to provide activities to students.</p>
<p>Goal #4</p> <p>Objective 1</p> <p>Objective 2</p>	<p>The District shall make appropriate before-school and after-school physical activity programs available and shall encourage students to participate.</p> <p>District shall promote current before- and after-school athletic programs.</p> <p>District shall promote before- and after-school enrichment programs.</p>	<p>X</p> <p>X</p>			<p>Athletic programs are promoted on the district website and through campus communications</p> <p>After school care programs are available at 3 campuses and include enrichment activities and a dinner program. After school tutoring is available at campuses on an as needed basis and snacks are provided free to students by Nutrition Services through the after-school care program.</p>

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<p>Goal #5</p> <p>Objective 1</p> <p>Objective 2</p>	<p>The District shall make appropriate training and other activities available to District employees in order to promote enjoyable, lifelong physical activity for District employees and students.</p> <p>The District shall promote lifelong physical fitness through wellness campaigns.</p> <p>The District shall routinely provide wellness information to its employees.</p>	<p>X</p> <p>X</p>			<p>Wellness campaigns are available to all district employees each semester. Motivational incentives are provided.</p> <p>Wellness information is e-mailed to all staff during each wellness campaign. The District has a "Health and Wellness Corner" on the district website for staff which offers free medical testing and free and fun physical activities for staff.</p>
<p>Goal #6</p> <p>Objective 1</p> <p>Objective 2</p>	<p>The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable. [Two studies regarding recommended seat time for children to eat meals are available at http://docs.schoolnutrition.org/newsroom/jcnm/04fall/bergman/be4rgman2.asp and http://www.andjrn.org/article/S2212-2672(15)01248-4/fulltext]</p> <p>Students shall have sufficient time to eat meals.</p> <p>Students shall have an eating environment that is safe and comfortable.</p>	<p>X</p> <p>X</p>			<p>Nutrition Services works with principals at each campus regarding breakfast and lunch schedules as well as efficient ways to move students through the serving lines.</p> <p>All cafeterias have monitors present during meal service. Custodial staff clean the cafeterias during and in between lunch periods.</p>