

# August

2024

## PCMS FOOTBALL

PLAYERS REPORT ON PARENT PICKUP SIDE BY WEIGHTS DOORS (NORTH SIDE)

**GEAR CHECK-OUT WILL BE DURING THE WEEK OF AUGUST 12TH-16TH TIMES TBD (PRACTICE TIMES ARE ALSO SUBJECT TO CHANGE)**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				OFF <sup>1</sup>	OFF <sup>2</sup>	<sup>3</sup>
<sup>4</sup>	<sup>5</sup> WEIGHTS 8 <sup>TH</sup> 7AM-8:30 7 <sup>TH</sup> 8:45-10:15	<sup>6</sup> WEIGHTS 8 <sup>TH</sup> 7AM-8:30 7 <sup>TH</sup> 8:45-10:15	<sup>7</sup> WEIGHTS 8 <sup>TH</sup> 7AM-8:30 7 <sup>TH</sup> 8:45-10:15	<sup>8</sup> WEIGHTS 8 <sup>TH</sup> 7AM-8:30 7 <sup>TH</sup> 8:45-10:15	<sup>9</sup> WEIGHTS 8 <sup>TH</sup> 7AM-8:30 7 <sup>TH</sup> 8:45-10:15	<sup>10</sup>
<sup>11</sup>	<sup>12</sup> 7 <sup>TH</sup> AND 8 <sup>TH</sup> 3:30-5:00 CONDITIONING	<sup>13</sup> 7 <sup>TH</sup> AND 8 <sup>TH</sup> 3:30-5:00 CONDITIONING	<sup>14</sup> 7 <sup>TH</sup> AND 8 <sup>TH</sup> 3:30-5:00 CONDITIONING	<sup>15</sup> 7 <sup>TH</sup> AND 8 <sup>TH</sup> 3:30-5:00 CONDITIONING	<sup>16</sup> 7 <sup>TH</sup> AND 8 <sup>TH</sup> 3:30-5:00 CONDITIONING	<sup>17</sup>
<sup>18</sup>	<sup>19</sup> FIRST DAY OF PRACTICE 3:15-6:00	<sup>20</sup> PRACTICE 3:15-6:00	<sup>21</sup> PRACTICE 3:15-6:00	<sup>22</sup> PRACTICE 3:15-6:00	<sup>23</sup> PRACTICE 3:15-6:00	<sup>24</sup>
<sup>25</sup>	<sup>26</sup> PRACTICE 3:15-6:00	<sup>27</sup> PRACTICE 3:15-6:00	<sup>28</sup> PRACTICE 3:15-6:00	<sup>29</sup> PRACTICE 3:15-6:00	<sup>30</sup> PRACTICE 3:15-6:00	<sup>31</sup>

IF YOU ARE UNABLE TO ATTEND, PLEASE CONTACT ONE OF THE COACHES: HEAD COACH MAHNKEN 620-704-2252, COACH JOHNSON 620-249-7342 OR COACH HARRISON 913-687-8991