

### Fall 2024 Wellness Courses

Year/Term	Class	Section	Medium Title	Seats	Credits	Start Date	End Date	General Education Category
2024/FALL	MUS 285	01	Alexander Technique	15	2	8/22/2024	12/6/2024	Wellness
2024/FALL	MUS 285	02	Alexander Technique	15	2	8/22/2024	12/6/2024	Wellness
2024/FALL	SRMT200	01	Wellness in Leisure	25	2	8/22/2024	12/6/2024	Wellness
2024/FALL	WELL101	01	Fitness & Wellness	25	2	8/22/2024	12/6/2024	Wellness
2024/FALL	WELL101	02	Fitness & Wellness	25	2	8/22/2024	12/6/2024	Wellness
2024/FALL	WELL101	ONL1	Fitness & Wellness	25	2	8/22/2024	12/6/2024	Wellness
2024/FALL	WELL101	ONL2	Fitness & Wellness	25	2	8/22/2024	12/6/2024	Wellness
2024/FALL	WELL101	ONL3	Fitness & Wellness	25	2	8/22/2024	12/6/2024	Wellness
2024/FALL	WELL101	ONL4	Fitness & Wellness	25	2	8/22/2024	12/6/2024	Wellness
2024/FALL	WELL101	ONL5	Fitness & Wellness	25	2	8/22/2024	12/6/2024	Wellness
2024/FALL	WELL101	ONL6	Fitness & Wellness	25	2	8/22/2024	12/6/2024	Wellness
2024/FALL	WELL105	01	Well-Entrepr Mindset	50	2	8/22/2024	12/6/2024	Wellness
2024/FALL	WELL105	02	Well-Entrepr Mindset	50	2	8/22/2024	12/6/2024	Wellness
2024/FALL	WELL118	01	Financial Well-Being	36	2	8/22/2024	12/6/2024	Wellness
2024/FALL	WELL118	02	Financial Well-Being	36	2	8/22/2024	12/6/2024	Wellness
2024/FALL	WELL118	HYB1	Financial Well-Being	36	2	8/22/2024	12/6/2024	Wellness
2024/FALL	WELL126	HYB1	Wellness-Yoga*	16	2	8/22/2024	10/18/2024	Wellness