

---

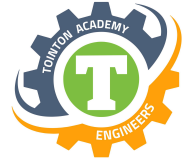
## **Statement of Code of Ethics for the Colorado High School Activities Association**

In order to be of maximum effectiveness in serving and fostering the education of the students entrusted to us and in promoting and supplementing the regular curriculum, it is the duty of all concerned with our secondary athletic and activities programs to:

1. Cultivate awareness that participation in athletics and activities is part of the total educational process and as such, the coach/advisor should neither seek nor expect academic privileges for the participants.
2. Emphasize the proper ideals of sportsmanship, ethical conduct and fair play as they relate to the lifetime impact on the participants.
3. Develop a working awareness and understanding of all rules and guidelines governing competition, both in letter and intent.
4. Recognize that the purpose of athletics and activities is to promote the physical, mental, moral, social, and emotional well-being of the individual participants.
5. Avoid any practice or technique which would endanger the present or future welfare or safety of any participant.
6. Adhere to policies which do not force or encourage students to specialize or restrict them from participation in a variety of activities.
7. Refuse to disparage an opponent, an official, an administrator or spectator in any aspect of the activity.
8. Strongly encourage the development of proper health habits, including the non-use of chemicals, alcohol, tobacco and other mood-altering substances.
9. Exemplify proper self-control at all times, accepting adverse decisions without public display of emotion or of dissatisfaction with the officials or judges.
10. Encourage all to judge the true success of the athletic and activities programs on the basis of the attitude of the participants and spectators, rather than on the basis of a win or loss.

### **D6 Middle School Activities Philosophy**

1. Middle Level activities shall seek to provide competitive/non-competitive programs that will best promote physical, mental, social and emotional development as well as a wholesome interest in activities for all students.
2. Middle Level activities shall effectively accommodate both the interests and abilities of students for maximum participation in meaningful educational experiences. The physical and mental maturity of all participating students shall govern the scope of each activity.



## **Eligibility of Participants**

To represent a school in any interscholastic competition a pupil must be eligible under the following rules:

### **1. Enrollment**

- a. The students must be regularly enrolled in the school they will represent. They shall be eligible immediately upon enrollment.
- b. Placement of students for athletics will follow the established D6 Placement of Athletes document. This mirrors CHSAA guidelines and State Statute.

### **2. Medical (Sports Only)**

- a. Updated physical needs to be on file. Physicals expire after 365 days.

### **3. Participation**

- a. It is the intent of this policy to protect the rights and physical well-being of the participants.
- b. Any student whose 15th birthday falls prior to August 1, of the current academic year shall be ineligible for competition.
- c. A student is only eligible for middle school athletics for three (3) school years. After the third year of participation, a student has used up their eligibility.
- d. Exceptions: Exceptions to the above requirements may be made in cases involving hardships. In such cases, evidence must be presented in writing and voted on at a league meeting where each school is represented.
- e. All sports are no cut. All athletes who complete the registration packer, turn in a physical and meet eligibility requirements, will be welcomed to participate.

### **4. Social and Academic Eligibility**

- a. To be eligible, athletes must have no more than one "F"
- b. Athletes are expected to be at practice when ineligible unless otherwise decided upon by the coach, parent, and AD
- c. Ineligibility is for the entire week, Monday through Saturday, even if the grade changes to passing within that week
- d. Students who have been in school suspended will be unable to participate in practice the same day as their suspension and students who have been out of school suspended will not be allowed to participate in practice or in the next game.

### **5. Mental or Physical Well-BEING**

- a. The coach or sponsor will be responsible for determining the mental or physical well-being of students participating during contests.

### **6. Student-Athlete participation in Culminating Events**

- a. Athletes may only participate in one level of competition during culminating events.
  1. Example A- A Volleyball player is listed as a possible player on the Varsity roster in round 1 of the tournament. That player may only play on the varsity team for the entire tournament. If they were to play later in a JV tournament match that team would forfeit that match.
  2. Example B- A JV basketball player is moved to varsity for



the first game of the tournament. Whether they play or not in the game, they must only play in the varsity tournament for any subsequent games.

3. Exception- In consultation with the district athletic director, if a true hardship was present that resulted in the player being moved, the DAD can rule to allow the player to return to their original level.

#### 7. Practices

- a. Student Practice Requirement - Each student competing in an interscholastic sports program must have had a minimum practice period in that sport of FIVE days for ALL SPORTS except football. Football requires NINE days of practice before representing his/her school in an interscholastic contest.

#### 8. Disqualification from Contest

- a. Any player/coach/spectator who has been disqualified from a game, contest, or tournament for committing any unsportsmanlike act shall be disqualified for the remainder of that contest.
  - i. In addition, at a minimum, the player/coach/spectator shall be ineligible for the next contest.
  - ii. He/She may not take part in any other games or tournaments at any level during this time.
  - iii. If there is a tournament involved, the student will miss the next scheduled contest.

#### 9. Competition in same sport outside the school program

- a. Such participation is discouraged by the league, but is at the discretion of the home school.

#### 10. Private school students who do not have a sport available to them at that school

- a. Students whose home school does not offer a sport may participate in that sport at the league school in their residence area as determined by district placement of athlete policy.

#### 11. Sportsmanship

- a. Sportsmanship applies to everyone.
- b. Coaches and referees are doing their job to the best of their ability and should not be openly criticized
- c. If you have a concern, please notify the school's Russell Tupper, Athletic Director, 970-348-4010.

#### 12. PLEASE, DO NOT CONFRONT A COACH AFTER A GAME FOR ANY REASON. STUDENT ATHLETES ARE USUALLY STILL PRESENT AT THAT TIME. PLEASE, MAKE AN APPOINTMENT TO DISCUSS THE SITUATION AT ANOTHER TIME.

### Registering for Athletics

#### 1. Physical

- a. A reminder that WCSD 6 and Colorado High School Activities Association guidelines state that a participant must have a sports physical each year. An exam is good for 365 days. Once you have your physical completed by a doctor, you



can turn it into the office or you can scan it and submit completed Physical Forms online.

- b. Athletes will NOT be allowed to try out or practice without a current physical.

## 2. Registration

- a. Register online at <https://tointonacademy-ar.rschooldtoday.com/>
  - i. If you are having any trouble with the process please contact Mrs. Jacque at 970-348-4011 or [jlararivas2@greeleyschools.org](mailto:jlararivas2@greeleyschools.org).

## 3. Registration Fees

- a. Free for families that qualify for Free and/or Reduced Lunch
  - i. Please provide email proof of meeting criteria for free and/or reduced lunch status, email to [jlararivas2@greeleyschools.org](mailto:jlararivas2@greeleyschools.org)
- b. \$35.00 per sport, with a family max of \$70 per year
- c. Payment can be made to the front office with either cash/check or online by going to: [www.greeleyschools.org/tointon](http://www.greeleyschools.org/tointon), Families, Web Store, Tointon, then Athletics.
- d. Checks need to be addressed to Tointon Academy of Pre-Engineering.

## Wrestling Policies

### 1. General

- a. Weight classes - varsity (18)  
70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 132, 140, 150, 165, 185, 245
- b. Dual matches are to begin at 4:00. Tournament weigh-ins should begin two hours before scheduled start of wrestling. The weigh-ins can be conducted by the coaches if the official is not present and, if possible, on certified scales.
- c. Weight allowances:  
1st - 2nd weeks - scratch weight  
3rd - 4th weeks - 1 additional pound  
5th - 6th to conclusion - total 2 pound allowance  
Consecutive days - one pound for each consecutive day up to 2 lbs. The team with the consecutive days of matches most notify the other school by Monday of that week.
- d. Dual matches are three periods of one and one-half minutes each.
- e. No dual match draws. Follow National Federation Rulebook for overtime procedures:
  1. One minute sudden victory period with wrestlers in neutral position. Wrestler who scores first is declared the winner. If no one scores the match will continue into two 30-second tiebreaker periods.
  2. 30-second tiebreaker procedures: Referee flip determines who has choice and wrestler can choose top, bottom or defer the choice. At the conclusion of the first 30-second tiebreaker, the other wrestler has choice of top or bottom position. If the score is tied the match moves into ultimate tiebreaker procedures.
  3. Ultimate tiebreaker procedures: The choice of position will be granted to the wrestler who scored first in the regulation match. If an unsportsmanlike penalty has been given to a wrestler the other wrestler has choice. Wrestler can choose top, bottom or defer the choice. Wrestler scoring first points will be declared the winner. If neither wrestler scores, the offensive wrestler will be declared the winner.

### 2. GMAL League Tournament

- a. Varsity tournament - Double elimination. Wrestlers participating in JV tournament will not participate in the varsity tournament except to fill a position vacated by a varsity



## Tointon Academy of Pre-Engineering ~ Winter 2023

---

participant due to illness, injury, etc.

### Suggested Time Schedule

7:00	Weigh-ins
8:30	Coaches Meeting
9:00	First Round Matches
12:00 – 1:00	Lunch break after semi-final matches
1:00 – 5:00	Wrestling will continue straight through to completion with the exception of the short lunch break after the semi-finals round. Time frames for finals may vary based on number of mats used for the tournament.

b. Tournament team scoring will follow National HS Federation Rulebook Guidelines:

#### Advancement points

Championship bracket – 2 pts.  
Consolation bracket – 1 pt.

#### Quality points

Fall, forfeit, default or DQ – 2 pts.  
Technical fall (15 or more) – 1 ½ pts.  
Major decision (8-14) – 1 pt.

#### Bye followed by win:

Championship bracket – 2 pts.  
Consolation bracket – 1 pt.

#### Place points (four places)

1<sup>st</sup> – 14 pts.      3<sup>rd</sup> – 7 pts  
2<sup>nd</sup> – 10 pts.     4<sup>th</sup> – 4 pts.

c. Match Times- Championship bracket periods = 1½ minutes each of 3 periods  
Consolation bracket periods = 1 minute each of 3 periods  
- 45 minute rest between matches

d. Seeding Criteria

- 1) Returning middle school state placer from previous year. (Higher place has priority)
- 2) Overall varsity record for the season will be used. Place wrestlers in order by overall varsity win percentage. Once order is established use head to head criteria to move a wrestler no more than one position or seed at a time.
- 3) 10 match minimum. Wrestlers with less than 10 matches will be assessed losses to get to the 10 match minimum.
- 4) Most wins
- 5) Vote of coaches
- 6) Coin flip
- 7) After wrestlers have been seeded for the league tournament they may not be moved from their weight bracket. If they cannot compete in the tournament because of injury, illness or ineligibility they may be replaced by another wrestler who is not already seeded in a weight bracket.

## Tointon Specific Information

### 1. Coaches

**Head Coach** - Coach Ben Gonzales

i. bgonzales4@greeleyschools.org

Assistant Coach - Isaiah Hildebrand

ii. ihildebrand@greeleyschools.org

### 2. Athletic Secretary - Jacque Lara Rivas

jlararivas2@greeleyschools.org or 970-348-4011

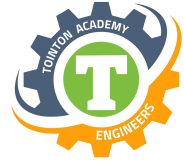
### 3. Athletic Director and Assistant Principal - Russell Tupper

rtupper@greeleyschools.org or 970-348-4010

### 4. Practices

Monday through Thursday from 3:00 to 4:30 PM

- i. No practice on days with no school, holidays, or match days
- ii. If absent from school or suspended, can't attend practice or match



**5. Eligibility**

- a. Eligibility will be run by 9:00 AM on Thursday for the upcoming week. Students who are ineligible, will be unable to participate in the following match but will be expected to be at practice.

**6. Transportation**

- a. Transportation will be provided to events not hosted at Tointon. Buses will leave around 2:00 PM.
- b. No return transportation will be provided.

**7. Class Dojo**

