

FINE MOTOR SKILLS CHECKLIST

For Toddlers (18 months - 36 months)

18-24 months

- Can put rings on pegs.
- Begins to hold a crayon with finger tips and thumb.
- Removes pegs from a pegboard.
- Marks or scribbles with a crayon or pencil.
- Can build a tower 3-4 blocks high.
- Can open loosely wrapped packages or containers.
- Begins to make snips on paper with scissors (closer to 24 months old).
- Can turn pages in a book one page at a time.

24 months old

- Manipulates clay or play dough with fingers.
- Can build a tower 9 blocks high.
- Can turn doorknobs.
- Can pick up small objects with pincer grasp (index finger and thumb).
- Can complete 3 piece puzzles.
- Makes scribbles on paper.
- Makes snips on paper with scissors.
- Can wash hands independently.
- Can screw lids on and off containers.
- Able to string large beads.
- Zips and unzips large zippers.
- Able to use a spoon correctly.

36 months old

- Able to cut a piece of paper in half.
- Can copy pre-writing lines (vertical, horizontal, and circle shapes).
- Able to complete lacing cards.
- Can cut a long, wide line with 1/2" accuracy.
- Able to string 1/2 inch beads.
- Can sort objects by color, size, types etc.
- Able to fasten and unfasten large buttons.

This checklist should not be used to diagnose any type of delay. It is for educational and informational purposes only. Please talk to your child's doctor if you suspect any type of fine motor delays in your child.

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FINE MOTOR SKILLS CHECKLIST

For Preschoolers (Ages 3 to 5 Years Old)

3 Years Old

- Can draw a circle after being shown model.
- Cuts a piece of paper in half.
- Copies prewriting lines of vertical, horizontal, and circle shapes.
- Laces a card.
- Can unbutton large buttons.
- Can cut a long a wide line with 1/2" accuracy.
- Will string 1/2 inch beads.
- Sorts objects.

4 Years Old

- Can copy cross shapes, right and left oblique lines “/” “\”, square and X shapes.
- Can touch the tip of each finger to their thumb.
- Will fasten and unfasten large buttons.
- Can color within a picture with no more than 1/4" deviations from the coloring lines.
- Cuts along a line with no more than 1/8-1/4 inch deviation from the line.
- Can cut big circles with scissors.
- Can move the paper while cutting along a line.
- Completes puzzles of 4-5 pieces.
- Can use a fork correctly.
- Can get dressed and undressed without help.
- Uses dominate hand.

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FINE MOTOR SKILLS CHECKLIST

For Preschoolers (Ages 3-5 Years Old)

5 Years Old

- Grasps a pencil correctly.
- Begins to print their name.
- Copies a triangle shape.
- Cuts out a circle.
- Opens a lock with a key.
- Draw a diamond shape when given a model.
- Draws a person with at least 6 different body parts.
- Can tie their shoes.

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