

MARCH 2024

BLUE MOUNTAIN UNION SCHOOL

All Student Meals are Free
 Adult Breakfast: \$ 4.00
 Adult Lunch: \$5.50

Monday
Tuesday
Wednesday
Thursday
Friday


NO SCHOOL ⁴

NO SCHOOL ⁵

Fresh Pizza ⁶
Pepperoni or Cheese
 Sweet Potato Fries
 Caesar Salad
 Fresh Fruit & Salad Bar

Pulled Pork Sandwich ⁷
On a Bun
 Baked Beans
 Potato Wedges
 Fresh Fruit & Salad Bar

NO SCHOOL ¹

Pasta and Meat sauce ⁸
Or Marinara
 Green Beans
 Fresh Fruit & Salad Bar

100% Beef Burger ¹¹
Or Veggie Burger
 Roasted Zucchini
 Fresh Fruit & Salad Bar

Brunch for Lunch ¹²
 French Toast Sticks
 Scrambled Eggs
 Sausage
 Roasted Home fries
 Fresh Fruit & Salad Bar

Fresh Pizza ¹³
Pepperoni or Cheese
 Sweet Potato Fries
 Caesar Salad
 Fresh Fruit & Salad Bar

Chicken Broccoli Alfredo ¹⁴
Or Broccoli Alfredo
 Garlic Toast
 Fresh Fruit & Salad Bar

BMU Bowls ¹⁵
 Chicken Nuggets or
 Mashed Potato, Corn, Gravy
 Fresh Fruit & Salad Bar

Ultimate Nachos ¹⁸
 Beef or Bean
 Corn
 Cheddar Cheese Sauce
 Rice, Salsa and Sour Cream
 Fresh Fruit & Salad Bar

Popcorn Chicken ¹⁹
 Biscuits
 Coleslaw
 Roasted Potato Wedges
 Fresh Fruit & Salad Bar

Fresh Pizza ²⁰
Pepperoni or Cheese
 Sweet Potato Fries
 Caesar Salad
 Fresh Fruit & Salad Bar

Generals Chicken ²¹
w/ Broccoli
 Fried Rice
 Spring Rolls
 Fresh Fruit & Salad Bar

100% Beef Burger ²²
Or Veggie Burger
 Roasted Zucchini
 Fresh Fruit & Salad Bar

Crispy Chicken Sandwich ²⁵
On a Bun
 Potato Wedges
 Fresh Fruit & Salad Bar

Mac and Cheese ²⁶
 Sweet Peas
 Garlic Toast
 Fresh Fruit & Salad Bar

Early Release Day ²⁷
Fresh Pizza
Pepperoni or Cheese
 Sweet Potato Fries
 Caesar Salad
 Fresh Fruit & Salad Bar

Brunch for Lunch ²⁸
 French Toast Sticks
 Scrambled Eggs
 Sausage
 Roasted Home fries
 Fresh Fruit & Salad Bar

Meatball Sub ²⁹
w/ Marinara
 Kale Chips
 Green Beans
 Fresh Fruit & Salad Bar

Breakfasts Available Everyday
 Choices Like:

Breakfast Sandwiches, Bagels, Cereal, Yogurt
 with Granola, Muffins & Breakfast Breads
 1% Milk, Skim Milk and 100% Juices

Please contact Paul Pellegrino with any
 questions or comments.
paul.pellegrino@oesu.org

This Institution is an equal opportunity provider

Full Custom Sandwich Station available
 every day for grades 5-12
 Peanut Butter & Jelly or Ham & Cheese
 Sandwiches are always available everyday as
 a substitute for any entrée meal.