



*The Hyde Park Central School District empowers our community to strive for excellence and embrace the opportunities of our globally connected world.*

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**Dr. Pedro Roman  
Steinberg**  
*Superintendent of Schools  
Superintendent*

**Dr. Gregory S. Brown**  
*Deputy Superintendent*

**Melissa Lawson**  
*Asst. Superintendent*

**Linda**  
*Asst.*

### **BMI Survey - 2023-2024**

As part of a required school health examination, a student is weighed and their height is measured. These numbers are used to figure out the student's body mass index or 'BMI'. The BMI helps the doctor or nurse know if the student's weight is in a healthy range, or is too high or too low. Recent changes to the New York State Education Law require that BMI and weight status groups be included as part of the student's school health examination. The information sent to the New York State Department of Health will help health officials develop programs that make it easier for children to be healthier.

The Hyde Park School District has been selected to take part in a survey by the New York State Department of Health. We will be reporting to the New York State Department of Health information about our students' weight status groups. Only summary information is sent. **No names and no information about individual students are sent.** However, you may choose to have your child's information excluded from this survey report.

If you do not wish to have your child's weight status group information included as part of the Health Department's survey this year, please contact your school nurse no later than December 15th, 2023.