



The purpose of this form is to notify FCS administration of your intent to adopt and implement a pre-approved flexibility waiver. You can access information pertaining to Opt-In guidance and implementation by clicking here. Please answer the following questions clearly and completely with the support of your principal and fellow council members.

Opt-In Notice of Adoption

School

High Roswell High

Please select the waiver you would like to adopt

Physical Education Course Replacement (HS Only)

How do you anticipate the waiver will support the goals and initiatives at your school?

Eligibility for utilization of the Universal Personal Fitness Waiver:

- Two seasons of a GHSA sport (excluding One-Act Play and Literary competitions)
- Two seasons of Marching Band

Background - RHS leadership and SGC at Roswell High School conducted research to understand both risks and benefits of transitioning from the RHS personal fitness waiver to the Universal personal fitness waiver. Risks and benefits were addressed for administration, faculty, parents and students. However, our main focus was the students. RHS has a personal fitness waiver that has been utilized over the last couple of years and is expiring in Spring 2019. Although students and parents alike have found the RHS waiver beneficial, physical fitness experts agree that requiring 2 seasons of sports or marching band will reach the standards of the Personal Fitness course. While there is an increase in the number of required seasons, most students who utilized the RHS personal fitness waiver often participated in more than one season of GHSA sport or marching band.

Strategic Initiatives – Student Achievement Initiative: Complete Hornet Experience

The Fulton County School Universal Fitness Waiver will provide students with a balanced academic experience that is focused on student’s personal academic goals.

a. Project Outcomes: Students will have a more flexible schedule to pursue their academic goals.

b. Short-Term Goals: Increase opportunities for student achievement.

c. Long-term Outcomes: Students will increase their readiness for college, career, and life balance.

Impact:

Students and Families: Students may choose to take an alternative elective course by allowing more flexibility. Students may also be encouraged to join a team sport or marching band.

Students may miss some of the personal fitness course content.

Please enter the date that the council concluded the required 30-day period of public comment.