

6A BOYS: INDIVIDUAL STATE POINTS BY EVENT: 1969 - 2023

100 METER DASH

1	Byron Howell, Cent.Cath.	1978-80	30
	Gus Envela, McKay	1984-86	30
3	Arthur Delaney, Gresham	2009-11	28
4	Rick Eatmon, Adams	1970-72	26
5	Scott Williams, Franklin	1978-80	22
	Evan Kelty, West Linn	1996-98	22
	Lamont Woods, Corvallis	1989-91	22
8	5 Tied: Last Done By:		
	Nic Costa, Aloha	1998-99	20
	Mitch Horning, Sheldon	2013-14	20
	Tyren Wolfe, N.Medford	2015-16	20

400 METER DASH

1	Gus Envela, McKay	1983-86	36
2	Brian Berryhill, Crater	1993-96	34
3	Mike Smith, Parkrose	1975-78	32
4	Jordan Kent, Churchill	2000-02	30
5	Braden Lenzy, Tigard	2015-18	29
6	Nathan Lightner, Cen.Cath.	2007-09	26
7	Nathan Ingrao, Sandy	2003-05	21
8	6 Tied: Last Done By:		
	Jordan Bergstrom, Clack.	2009-11	20
	Nate Anderson, Benson	2004-05	20
	Nave Larson, Glencoe	1988-89	20

1500 METER RUN

1	Nathan Mathabane, Lincoln	2006-09	30
2	Seth Wetzel, Jesuit	1990-92	28
3	Steve Loughlin, McMinnville	1997-99	24
	Grant Robinson, McMinnville	1995-97	24
5	Roman Ollar, West Linn	2014-16	21
6	Mark Feig, South Eugene	1970-71	20
	Elijah Greer, Lake Oswego	2007-09	20
	Doug Crooks, North Eugene	1967-69	20
	Dub Myers, Parkrose	1981-82	20
10	Galen Rupp, Cent. Cath.	2002-04	19

100 METER HIGH HURDLES

1	Tyler McBee, Beaverton	2005-07	30
2	J.C. Schlechter, Reynolds	1990-92	28
	Sol Rexius, Churchill	2000-03	18
4	Mike Chriss, N.Medford	1972-74	26
	Julian Body, Jesuit	2014-16	26
	Aidan Maloney, Liberty	2017-19	26
7	Sean Sanderson, Churchill	1999-01	23
8	Taylor Cropper, Ashland	1997-99	22
	Carter Bracken, L.Oswego	2014-17	22
10	6 Tied: Last Done By:		
	Micah Perry, Barlow	2022-23	20

200 METER DASH

1	Gus Envela, McKay	1983-86	38
2	Byron Howell, Cent.Cath.	1978-80	30
	Evan Kelty, West Linn	1996-98	30
4	Rick Eatmon, Adams	1970-72	26
5	Jordan Kent, Churchill	2000-02	24
6	Wayne Harris, Putnam	1985-87	22
7	Devin Fortier, Canby	2013-15	21
	Braden Lenzy, Tigard	2016-18	21
9	Jim Rex, Reseburg	1969-70	20
	Arthur Delaney, Barlow	2009-11	20

800 METER RUN

1	Taylor Morgan, Cent. Cath.	2006-08	24
	Joshua Kellebrew, D.Douglas	2013-15	24
3	Jenner Higgins, Sheldon	2015-17	21
4	11 Tied: Last Done By		
	Paul DeCarli, Sunset	1985-87	20
	Seth Wetzel, Jesuit	1991-92	20
	Brian Berryhill, Crater	1995-96	20
	Lauren Jespersen, Kl.Union	2000-02	20
	Elijah Greer, Lake Oswego	2008-09	20
	Alec Smith, Westview	2012-13	20
	Ethan Reese, Sunset	2018-19	20

3000 METER RUN

1	Grant Robinson, McMinnville	1994-97	35
2	Bill McChesney, S.Eugene	1975-77	30
	Tracy Garrison, Kl.Union	1982-84	30
4	Tom McChesney, S.Eugene	1971-73	26
	Galen Rupp, Cent. Cath.	2002-04	26
6	Mike Hahn, Benson	1966-69	24
	Jackson Mestler, Sheldon	2014-16	24
8	Bryce Burgess, Franklin	2006-08	22
	Reilly Bloomer, S.Eugene	2013-15	22
10	Dan Oekerman, Beaverton	2011-13	21

300 METER INT. HURDLES

1	Rourke Lowe, Aloha	1975-78	38
2	Tyler McBee, Beaverton	2005-07	28
3	Julian Body, Jesuit	2014-16	28
4	Jerry Abdie, Sunset	1979-81	24
5	Eric Zechenelly, Sunset	2011-13	23
6	Jereme Richardson, Gladst.	1999-00	20
7	Schuller Rettig, Madison	2012-14	19
8	9 Tied: Last Done By:		
	Antonio Angel, Jesuit/Tigard	2017-18	18
	Max Dordevic, Jesuit	2013-14	18
	Tyler Clarke, Clackamas	2003-04	18

SHOT PUT

1	Chris Sprague, S.Eugene	1995-98	36
2	Heath Howington, Roseburg	1988-90	30
	Ryan Crouser, Barlow	08-9/11	30
4	Brian Crouser, Gresham	1979-81	24
5	Tyler Sconce, Roseburg	2016-18	23
6	Nick Cole, Beaverton	2002-04	22
7	Rian Ingram, Lakeridge	1996-97	20
	Beau Brosseau, Or.City	2012-13	20
	Neal Daley, Mt. View	1988-90	20
10	3 Tied: Last Done By:		
	Sam Crouser, Gresham	2009-10	18

JAVELIN

1	Sam Crouser, Gresham	2008-10	30
2	Rob Miller, Newberg	1983-85	24
	Michael Thompson, Sthrdge.	2005-07	24
	Daryl Roberson, Molalla	1984-86	24
	Joseph Nizich, Cent.Catholic	2017-19	24
6	Selmar Hutchins III, Rose.	2009-12	23
7	Dale Pederson, Newberg	1979-81	22
8	Todd Lovell, Newberg	1976-77	20
	Art Skipper, Sandy	1987-88	20
	Sawyer Christopher, Lincoln	2017-19	20

HIGH JUMP

1	Matt Brown, Roseburg	1996-98	24
	Beau Sheeran, Beaverton	2015-17	24
3	Jordan Bishop, W.Salem	2006-08	22
4	Mike Fleer, McNary	1969-70	20
	David Schiffer, Forest Grove	1987-88	20
	LaMont Moran, N.Salem	2007-09	20
	Gary Fox, Springfield	1978-79	20
	Damien Olson, Bend	1996-97	20
9	Craig Brigham, S.Eugene	1970-72	19
10	Tanner Cropper, Ashland	1994-95	18
	Tom Woods, Estacada	1970-71	18

LONG JUMP

1	Harrison Schrage, Grant	2013-16	40
2	Jordan Kent, Churchill	2000-02	26
	Jake Follett, Oregon City	2016-19	26
4	Mel Renfro, Reynolds	1980-82	24
	Jordan Bishop, W.Salem	2006-08	24
6	Latin Berry, Milwaukie	1982-85	22
	Mike Cory, Roseburg	1996-98	22
8	5 Tied: Last Done By		
	Ryan Brown, Tigard	1999-00	20
	LaMont Moran, N.Salem	2007-09	20
	Dalton Cervantes, Gr.Pass	2009-11	20

DISCUS

1	Chris Sprague, S.Eugene	1995-98	31
2	Ryan Crouser, Barlow	08-9/11	30
3	Neal Daley, Mt. View	1988-90	28
	Mark Hoxmeier, Hillsboro	1995-97	28
5	Chase Sexton, W.Salem	2005-08	27
6	Steve Bates, S.Eugene	1979-81	26
7	Tim Fox, Bend	1973-75	24
8	Mariano Kis, Tualatin	2017-19	23
9	Calvin Claassen, Gr.Pass	2015-17	22
10	Sam Crouser, Gresham	2008-10	21
	Austin Kleinman, Sprague	2015-17	21

TOTAL POINTS (No Relays)

1	Gus Envela, McKay	1983-86	104
2	Jordan Kent, Churchill	2000-02	90
3	Tommy Skipper, Sandy	2000-03	89
4	Harrison Schrage, Grant	2013-16	78
5	Sam Crouser, Gresham	2008-10	69
6	Ryan Crouser, Barlow	08-9/11	68
7	Chris Sprague, S.Eugene	1995-98	67
8	Arthur Delaney, Barlow	2009-11	66
9	Evan Kelty, West Linn	1996-98	62
10	Brian Crouser, Gresham	1979-81	60
	Byron Howell, Cent.Cath.	1978-80	60

POLE VAULT

1	Tom Skipper, Sandy	2000-03	38
2	J.J. Juilfs, Sheldon	2008-11	34
3	Adam Brink, Roseburg	2005-07	30
4	Carl Crowe, Milwaukie	1992-94	26
5	Robbie Johnston, Eagle Pt.	2002-04	25
6	Trevor Woods, Marshfield	1998-00	23.5
7	Connor McLean, Clackamas	2012-14	22.5
8	Derek Snelling, Cres.Valley	1986-88	21
9	5 Tied: Last Done By:		
	Brandon Hooper, S.Med.	2009-11	20
	Simon Park, South Eugene	2017/19	20

TRIPLE JUMP

1	Latin Berry, Milwaukie	1982-85	34
2	Tristan James, W.Salem	2012-15	33
3	Eric Trice, La Grande	1988-90	24
4	Richard Owens, Gresham	2001-03	21
5	J.J. Birden, Lakeridge	1982-83	20
	Harrison Schrage, Grant	2014/16	18
	Tyrone Wilson, Glencoe	1998-99	18
8	Terrell Brandon, Grant	1987-88	16
	Trevor Ferguson, Or.City	2009-10	16
	Greg Hamm, Hermiston	2003-04	16

6A GIRLS: INDIVIDUAL STATE POINTS BY EVENT: 1969 - 2023

100 METER DASH

1	LaReina Woods, Corvallis	1987-90	40
2	Fechi Nmereole, Gresham	2016-19	34
3	Deborah Jones, Benson	2001-03	30
4	Kayla Smith, Benson	2007-09	28
5	Ashley Taylor, Benson	2002-04	26
	LaJuana Hall, Madison	1983-95	26
	Jackie Hunter, Thurston	1991-94	26
8	Sara Callier, Benson	2002-05	25
	Danielle Woodcock, Barlow	2013-15	25
10	Fran Auer Sighting, Marshfield	1970-72	24
	Nyema Sims, Jefferson	2004-06	24

400 METER DASH

1	Brandi Probasco-Canda, Benson	2000-03	38
2	Sasha Spencer, N.Salem	1994-97	36
3	Venus Nguyen, Hermiston	1995-98	30
4	Jodie Barnes, Barlow	1981-84	28
	BryAnne Wochnick, C.Cath.	2007-10	28
	Mardee Pfingsten, La Grande	1987-90	28
7	Brenna Hoffman, Sandy	2005-07	26
	Lauren Paven, Tigard	2016-18	26
9	Leah Worthen, Marshfield	2003-05	25
10	Olivia Gabriel, Cent.Catholic	2014-16	24
	Emily Coleman, Ashland	1989-91	24

1500 METER RUN

1	Megan Armstrong, Tualatin	2001-04	38
2	Eryn Forbes, Sunset	1976-79	36
3	Marie Davis, Lincoln	1992-95	34
	Claudette Groenendaal, NS	1978-81	34
	Paige Rice, St. Mary's	2011-14	34
6	Kelly Makin, Sunset	2015-18	32
7	Anna Maria Maag, Jesuit	2008-11	30
	Ella Donaghu, Grant	2014-16	30
9	Debbie Brundige, Roseburg	1971-74	26
10	Liz Becker, Sunset	1982-85	24
	Laura Harmon, Jesuit	1998-00	24

100 METER HIGH HURDLES

1	Bianca Mathabane, Linc./Ben	2004-07	38
2	Michelle Reynolds, Chur/OC	1986-89	36
3	DeShae Wise, Gr.Pass	2014-17	33
4	Erin Kelly, Hillsboro	1995-98	31
5	Heidi Davidson, Churchill	1970-72	30
6	Teri Wierson, Sunset	1975-77	28
7	Paige Ford, Sheldon	2001-03	25
8	Jo Rasmussen, Sunset	1971-73	24
	Anna Dean, Hillsboro	2012-14	24
	Sarah Cunningham, Marshfld	1996-98	24

200 METER DASH

1	LaReina Woods, Corvallis	1987-90	40
	Deborah Jones, Benson	2000-03	40
3	Fran Auer Sighting, Marshfld.	1969-72	38
4	Sara Callier, Benson	2002-05	34
5	Jamila Carter, L.Oswego	1997-00	29
6	Kayla Smith, Benson	2007-09	28
7	Elise Unruh-Thomas, S.Eug.	2016-19	27
8	Debbie McDonald, Lebanon	1973-75	26
	Robin Marks, Lincoln	1978-80	24
10	Tammy Golden, Madison	1988-90	24

800 METER RUN

1	Marchi Wierson, Sunset	1977-80	32
2	Paige Kouba, S.Eugene	2009-12	30
3	Christy Lacey-Krietz, Linc.	1993-96	28
	Laura Westwood, Grant	1999-02	28
	Jamie Fallon, Klamath Union	1985-87	28
	Emily McMahon, Mt. View	2000-03	28
7	Katrina deBoer, West Linn	1992-95	26
	Lauren Lloyd, Hood River	2008-10	26
	Piper Donaghu, Grant	2012-14	26
10	Tess Michaelson, Lincoln	2012-14	24
	Kelly Makin, Sunset	2016-18	24

3000 METER RUN

1	Marie Davis, Lincon	1992-95	36
2	Kim Roth, Sprague	1979-82	31
3	Megan Armstrong, Tualatin	2002-04	30
4	Claire Michel, Clackamas	2004-07	28
	Anna Maria Maag, Jesuit	2009-11	28
	Erin Clark, South Eugene	2010-13	28
7	Makela Schumacher, Jesuit	2016-18	26
8	Liz Lindgren, Klamath Union	1998-01	23
9	Kathy Hayes, Newberg	78/80-81	22
10	Sue Martineau, N.Eugene	1981-83	21

300 METER LOW HURDLES

1	Bianca Mathabane, Linc/Ben.	2004-07	36
2	Halley Folsum, N.Medford	2012-15	33
3	Michelle Reynolds, Chur/OC	1987-89	30
4	Alyssa Rife, Southridge	2005-08	29
5	Janelle Joy, Milwaukie	1999-01	26
	Niomi Ridge, Century	2002-04	26
7	Kelsey Moe, South Salem	2008-10	24
	Sarah Cunningham, Marshfld	1996-99	24
	Amanda Santana, N.Eugene	2001-03	24
9	Madison McHone, Centennial	2017-19	22
10	7 Tied: Last Done By: Madi Greenleaf, Lakeridge	2011-13	20

SHOT PUT

1	Emilee Strot, Gresham	2001-04	38
	Maddie Rabing, Lakeridge	2013-16	38
3	Alyssa Hasslen, McMinnville	2006-09	36
4	Becky Moore, Crater	1976-79	34
5	Kiza Brunner, Sheldon	1987-90	32
6	Betty Ledgerwood, Silverton	1971-74	30
7	Wendy Coleman, Sandy	1985-87	28
	Haley Crouser, Gresham	2011-13	28
	Amanda Lee, North Bend	1996-99	28
	Jaida Ross, North Medford	2017-19	28

JAVELIN

1	Haley Crouser, Gresham	2010-13	40
2	Katie Polansky, S.Eugene	1997-00	34
3	Ali Super, West Linn	2006-08	30
4	Tonia Roth, Roseburg	1990-92	28
	Rachel Yurkovich, Newberg	2003-05	28
	Gabrielle Kearney, Roseburg	2013-15	28
	Keira McCarrell, W.Salem	2014-17	28
8	Windy Dean, Roseburg	1992-94	26
	Sarah Malone, Newberg	1998-00	26
	Sally Harmon, Springfield	1977-79	26

DISCUS

1	Katie Tuttle, Putnam	1996-99	36
2	Emilee Strot, Gresham	2002-04	30
	Debbie Maleug, Cres.Valley	1985-87	30
4	Alyssa Hasslen, McMinnville	2006-09	28
	Shelby Moran, Sherwood	15,17-18	28
6	Brooklyn Icalia, McKay	1997-00	26
	Anna Maria Lopez, St.Marys	1976-78	26
	Maddie Rabing, Lakeridge	2013-16	26
9	Courtney Tripp, Sandy	2008-10	24
	Mary Jo Schultz, Corvallis	90/1-93	24

TOTAL POINTS (No Relays)

1	Fran Auer Sighting, Marshfld	1969-72	100
2	Haley Crouser, Gresham	2010-13	97
3	Michelle Reynolds, Chur/OC	1986-89	92
4	Deborah Jones, Benson	2000-03	90
5	Sara Callier, Benson	2002-05	88
6	Rebecca Rhodes, S.Salem	2005-08	83
7	Kayla Smith, Benson	2007-09	82
8	LaReina Woods, Corvallis	1987-90	80
9	Bianca Mathabane, Ben/Lin.	2004-07	79
	Carolyn Digby, Centennial	1976-78	76
	Sasha Spencer, N.Salem	1994-97	76

HIGH JUMP

1	Theresa Martin, Mt. View	1984-86	30
2	Julie Deming, Westview	1996-99	27
	Laurel Roberts, Or.City	1987-88	27
	Savannah Proske, D.Douglas	2015-18	27
5	Geneva Lehnert, Sheldon	2013-15	26
6	Aubree Esterline, Gr.Pass	2015-18	25.5
7	Kristin Coffman, Tualatin	2009-12	25
8	Mary Hunter, North Bend	1993-95	23
9	Charlene Schwanz, Bend	1970-72	22
10	Robin Unger, Barlow	1988-90	21

POLE VAULT

1	Dana Huseby, Hood River	1997-00	36
2	Muriel Roberge, Marshfield	2003-06	26
3	Jill Doyle, Jesuit	2010-12	24
4	Laura Taylor, Tualatin	2012-14	23
	Victoria Edwards, L.Oswego	2014-16	23
6	Natalie Todd-Zebell, Grant	2003-05	22
7	Corrie Drakulich, Clackamas	1998-00	21
	Olivia Neal, Sunset	2015-17	21
	Amber Prevedello, Sheldon	2014-17	21
10	Lindsay Beard, S.Eugene	2007-08	20

LONG JUMP

1	Amanda Brown, Sheldon	1996-99	40
2	Fran Auer Sighting, Marshfld	1969-72	38
3	Karen Alcorn, Or.City	1985-88	34
	Rebecca Rhodes, S.Salem	2005-08	34
5	Carolyn Digby, Centennial	1976-78	28
6	Sandy Thomas, N.Medford	1977-79	26
	Kayla Smith, Benson	2007-09	26
	Michelle Reynolds, Churchill	1986-88	26
9	Melanie Bemis, Canby	93/95-6	24
	Danielle Woodcock, Barlow	2013-15	24
	Mary Officer, Madison	1971-73	24

TRIPLE JUMP

1	Taisha Moore, Aloha	2009-11	30
2	Julie Phipps, Barlow	1994-96	28
	Alyssa Neal, North Salem	2009-12	28
4	Tiana Setser, D.Douglas	1997-99	26
5	Hadley Wilhoite, Jesuit	13,15-16	25
6	Jennifer Lint, Roseburg	2000-02	24
7	Sherena Smith, Benson	2000-03	21
8	6 Tied: last done by		
	Karina Moreland, Tualatin	2014-16	20
	Courtney Vacek, Glencoe	2014-15	20
	Danielle Woodcock, Barlow	2012-14	20

5A BOYS: INDIVIDUAL STATE POINTS BY EVENT: 2007- 2023

100 METER DASH

1	Taylor Walcott, Marist	2011-12	20
2	Cristian Morris, Sherwood	2011-13	18
3	Logan Kotzian, Century	2007-09	17
4	Pieter Top, Wilsonville	2015-16	16
5	Aaron Campbell, Summit	2005-06	15
	Mark Brooks, Klam.Union	2007-08	15
	Derek Newsom, Silverton	2007-08	15
	Donovan McFadden, Madison	2009-10	15
9	Daekwon Mitchell, Hillsboro	2017-18	14
10	Dusty Jarvis, Springfield	2008-09	12

400 METER DASH

1	Dustin Jones, Marist	2013-16	32
2	Brayden Durfee, Summit	2015-17	24
3	Mitchell Gable, S.Albany	2011-13	22
4	Michael Wilson, Summit	2011-13	21
5	Shane O'Connell, Churchill	2007-08	20
6	Will Lawrence, St. Helens	2010-12	18
7	Hunter Pfefferkorn, Sherwood	2014-16	16
8	John Efraimson, N.Bend	2019/22	15
9	Logan Blake, Bend	2015-16	14
	Tom Steelhammer, Bend	2010/12	14

1500 METER RUN

1	Matthew Maton, Summit	2013-14	20
	Evan Holland, Ashland	2018-19	20
	Jantz Tostenson, Crater	2017-19	20
4	Tyler Gorze, Crater	2022-23	16
5	Matthew McGowen, Cr.Valley	2014-15	15
6	Walter Vail, Crater	2015-16	14
	Eric Alldritt, Summit	2012-13	14
	Daniel Winn, Cleveland	2009-10	14
9	Andy Monroe, Crater	2015-16	12
	Jared Bassett, Marshfield	2007-08	12
	Albert Hesse, Ridgeview	2017-18	12

100 METER HIGH HURDLES

1	Tyler Rohrman, Hermiston	2016-18	24
2	Brock Rogers, Silverton	2015-17	21
3	Blake Kemp, Marshfield	2009-11	20
4	Caleb Kruse, Marshfield	2007-09	18
	Mark Flegel, Crook County	2008-09	18
6	Liam Henshaw, Marist	2013-14	16
	Howard Lao, Cleveland	2009-10	16
8	Tyrone Holmes, Eagle Point	2011-12	15
	Danny Verdick, Bend	2011-12	15
	Logan Robertson, Redmond	2022-23	15

200 METER DASH

1	Jacoby McNamara, Redm.	2014-16	21
2	Taylor Walcott, Marist	2011-12	18
	Cristian Morris, Sherwood	2011-12	18
4	Mark Brooks, Klam.Union	2007-08	16
	Mitch Modin, Mt.View	2012-13	16
	Pieter Top, Wilsonville	2015-16	16
7	Brayden Durfee, Summit	2016-17	15
8	Spencer Schmidt, Churchill	2013-14	13
	Chris Stubbs, Willamette	2007-08	13
10	3 Tied: Last Done By: Hunter Mattson, Corvallis	2014-15	12

800 METER RUN

1	Caleb Hoffmann, Bend	2013-16	32
2	Jerik Embleton, Marist	2015-18	31
3	Nolan Bylenga, Pendleton	2014-16	22
4	Boru Guyuta, Jefferson	2007-09	21
5	Roba Sultessa, Cleveland	2013-14	20
	Sam Jackson, Ashland	2010/12	20
7	AJ Sandvig, Crescent Valley	2017-18	16
8	Alex Ringe, Hermiston	2007-08	15
9	Russell Drummond, Churchill	2007-08	14
10	Collin Bates, Sandy	2011-12	13

3000 METER RUN

1	Andy Monroe, Crater	2015-17	25
2	Matthew Maton, Summit	2012-14	24
3	Evan Holland, Ashland	2017-19	24
4	Jantz Tostenson, Crater	2016-19	23
5	Tyler Gorze, Crater	2022-23	20
6	Walter Vail, Crater	2015-16	18
7	Akira Kitagawa, Wilsonville	2011-12	16
	Jordan Ringe, Hermiston	2007-09	16
	Jared Bassett, Marshfield	2007-08	16
10	3 Tied: Last Done By Logan Law, Milwaukie	2022-23	14

300 METER INT. HURDLES

1	Blake Kemp, Marshfield	2009-11	26
2	Cal Duke, Crater	2016-18	25
3	Michael Wilson, Summit	2012-13	20
4	Caleb Hoffmann, Bend	2014-16	16
	Mark Flegel, Crook County	2008-09	16
	Lane Maher, Pendleton	2018-19	16
7	Tyler Rohrman, Hermiston	2017-18	14
8	Caleb Kruse, Marshfield	2008-09	13
9	David Evans, Lebanon	2014-15	12
10	Jacob Ringrose, Eagle Point	2007-08	11
	Vasily Altuhov, Lebanon	2016-17	11

SHOT PUT

1	Zach Short, Lebanon	2014-16	28
2	Robert Atoe, T.Dal./Wah.	2007-08	20
3	Tyrone Holmes, Eagle Pt.	2011-12	20
	Leo Tunai, The Dalles	2012-14	20
	Brent Yeakey, Ridgeview	2015-17	20
6	Sebastian Barajas, H.R.Vall.	2015-16	16
	Dayne Gordien, Sandy	2017-18	16
8	Jordan Seitz, Century	2007-08	14
9	4 Tied: Last Done By		
	Noah Ramirez, Milwaukie	2017-18	13
	Mitch Wilkins, Willamette	2012-13	13

JAVELIN

1	Garrett Snow, Eagle Point	2010-12	22
2	Jesse Staub, Wilsonville	2007-08	18
	Tyler Hieb, Wilsonville	2015-16	18
	Austin Strawn, Eagle Point	2018-19	18
5	Zach Short, Lebanon	2014-16	17
6	Sean Hamel, La Salle	2016-17	16
	Dakota Wedding, Redmond	2022-23	16
8	Andrew Rogers, Silverton	2012-13	14
	Dallas Milburn, Marshfield	2010-11	14
	Sean Mackelvie, Wilsonville	2007-08	14
	Luke Schulz, Mt.View	2017-18	14

HIGH JUMP

1	Dakotah Camberg, St.Helens	2016-18	24.5
2	Billy Butler, Hillsboro	2006-08	20
	Brady Brent, Mt. View	2007-09	20
	Nathan Wachs, Redmond	2022-23	20
5	Jeff Borgerson, Cr.Valley	2007-09	17
6	Tristan Anastas, Wilson	2012-14	16.5
7	Ken Sharp, Marshfield	2010-11	16
	Matson Hardie, Summit	2007-09	16
9	Michael Menefee, Summit	2013-14	15
	Coleton Myers, Silverton	2016-17	15

LONG JUMP

1	Liam Henshaw, Marist	2011-14	27
2	Anthony LaCoste, W.Alb.	2008-10	26
	Ryan Tennant, Summit	2016-18	26
4	Deon McLaughlin, Kl.Union	07/09-10	18
	Mitch Modin, Mt. View	2011-13	18
	Alani Troutman, Redmond	2015-16	18
7	Derek Newsom, Silverton	2007-08	15
8	Adam Schamp, S. Albany	2010-11	14
9	Pierce LaCoste, Marist	2017-18	13
10	Spencer Schmidt, Churchill	2013-14	12
	Samuel Jackson, Churchill	2015/17	12

DISCUS

1	Sebastian Barajas, H.R.V.	2013-16	40
2	Dalton Milburn, Marshfield	2010-12	28
3	Josh Peck, Mazama	2007-10	26
4	Brent Yeakey, Ridgeview	2015-17	24
5	Kyle Westerman, Bend	2007-08	20
6	Jesse Staub, Wilsonville	2006-08	19
7	Zach Short, Lebanon	2014-16	17
8	Dominic Meads, Ashland	2014-16	16
9	Dayne Gordien, Sandy	2017-18	14
	Noah Ramirez, Milwaukie	2017-18	14

TOTAL POINTS (No Relays)

1	Blake Kemp, Marshfield	2009-11	65
2	Liam Henshaw, Marist	2011-14	64.5
3	Zach Short, Lebanon	2014-16	62
4	Sebastian Barajas, H.R.Val.	2013-16	56
5	Caleb Kruse, Marshfield	2007-09	52
6	Caleb Hoffman, Bend	2013-16	48
7	Jesse Staub, Wilsonville	2007-08	46
8	Brent Yeakey, Ridgeview	2015-17	44
	Matthew Maton, Summit	2012-14	44
	Evan Holland, Ashland	2017-19	44

POLE VAULT

1	Brady Petz, Bend	2016-18	25
2	Joel Johnson, Bend	2011-14	22
3	Parker Kennedy, H.R.Valley	2014-16	21
4	Liam Henshaw, Marist	2013-14	20
	Tristan Scott, Mt.View	2015-17	20
6	Greg Eckes, Marshfield	2007-08	18
7	Preston Kirk, Silverton	2011-13	15
8	Kaden Walker, Sandy	2014-15	14
	Joel Rush, Silverton	2022-23	14
10	4 Tied: Last Done By		
	Cody LeBel, Crater	2018-19	12

TRIPLE JUMP

1	Jonathan Emerald, Springfield	2011-13	22
	Elijah Fields, Churchill	2017-19	22
3	Caleb Kruse, Marshfield	2007-09	21
4	Samuel Jackson, Churchill	2016-17	20
5	Blake Kemp, Marshfield	2009-11	19
6	Maxwell Shannon, Sandy	2016-18	18
7	Curtis Fisher, Sherwood	2007-08	16
	Deon McLaughlin, Kl.Union	2009-10	16
	Scott Price, Crater	2022-23	16
10	Ryan Tennant, Summit	2017-18	12

5A GIRLS: INDIVIDUAL STATE POINTS BY EVENT: 2007- 2023

100 METER DASH

1	Kellie Schueler, Summit	2007-10	40
2	Jestena Mattson, H.River Val.	2012-15	38
3	Kelsey Starr, Wilsonville	2006-09	30
4	Maya Hopwood, Bend	2016-18	26
5	Nina Richardson, N.Eugene	2016-19	22
6	Kennedy Taube, Hillsboro	2015-17	20
7	Emma Normand, Summit	2015-18	19
8	Madelyn Metzler, Marshfield	2012-13	18
9	Marley Salveter, Sandy	2016-18	17
10	Lacy Koth, North Eugene	2008-11	15

400 METER DASH

1	Kellie Schueler, Summit	2007-10	40
2	Malika Waschmann, Corv.	2010-13	31
3	Aiy.Cameron-Lewis, Cr.Valley	2012-14	28
4	Angelica Rodriguez, Herm.	2008-10	24
5	Bethanie Altamirano, Central	2016-18	21
6	Piper Flannery, Summit	2015-16	20
7	Sophia Cunningham, Bend	2014-16	16
8	Juanita Birdsong, Sandy	2011-12	12
	Emily Viuhkola, Hood River V.	2014-15	12
	Mylene Gorzynski, Corvallis	2014-15	12
	Anna Hinz, Summit	2016-18	12

1500 METER RUN

1	Olivia Brooks, Summit	2014-17	32
2	Alyssa O'Connor, Summit	06/08-9	26
3	Justine Feist, Corvallis	2013-15	24
	Rachel Khaw, Liberty	2013-16	24
5	Ashley Maton, Summit	2011-12	20
6	Taylor Vandeborn, Summit	15-16,18	17
	Fiona Max, Summit	2017-19	16
8	Samantha Prusse, Wilsonv.	2017-19	15
9	Kayleigh Tyeman, Crater	2007/09	14
	Kelly Foley, Crook County	2009-10	14
	Emily Wisniewski, Cr.Val.	2022-23	14

100 METER HIGH HURDLES

1	Olivia Ferrera, Liberty	2007-10	38
2	Camille Weaver, Summit	2014-17	28
3	Kara Hallock, Lebanon	2010-12	26
4	Tierra Norman, Milwaukie	2014-15	18
	Quin Fraley, Summit	2016/18	18
6	Josie Kinney, Summit	2011-13	16
	Madison Wilson, Hermiston	2017-18	16
8	Ashley Lomax, Glencoe	2008-09	14
9	Elizabeth Pecsock, Liberty	2012-14	12
10	Brionny Jackson, Thurston	2009-10	11

200 METER DASH

1	Kellie Schueler, Summit	2007-10	40
2	Jestena Mattson, H.River Val.	2012-15	38
3	Nina Richardson, N.Eugene	2016-19	26
4	Kennedy Taube, Kennedy	2015-17	24
5	Breanna Raven, Thurston	2022-23	18
6	Kelsey Starr, Wilsonville	2006-08	19
7	Hannah Cochran, Summit	2015-16	15
8	Allie Church, Wilsonville	2010-11	14
9	Caitlin Kirk, Marist	2016-18	12
10	Amy Atwater, Churchill	2007/09	11
	Emma Normand, Summit	2017-18	11

800 METER RUN

1	Aiy. Cameron-Lewis, CV	2011-14	32
2	Taryn Rawlings, Wilsonville	2012-14	28
3	Alyssa O'Connor, Summit	2008-09	20
	Sarah Reeves, Summit	2014/16	20
5	Brigid Behrens, Corvallis	2010-12	19
6	Isabel Max, Summit	2017-18	18
7	Jori Paradis, Silverton	2016-19	17
8	Emma Stevenson, Summit	2016-17	16
	Lindsay Siebert, Crater	2022-23	16
10	3 Tied: Last Done by		
	Haley Blaine, West Albany	2022-23	12

3000 METER RUN

1	Olivia Brooks, Summit	2014-17	36
2	Megan Fristoe, Summit	2009-12	31
3	Morgan Anderson, Silverton	2010-12	24
4	Emily Wisniewski, Cr.Val.	2022-23	20
5	Kellie Foley, Crook Co.	2008-10	19
6	Kayleigh Tyerman, Crater	2008-09	18
	Fiona Max, Summit	2017-18	18
8	Emma Wren, Cleveland	2012-14	17
9	Mary Kate McGuire, Dallas	2011-13	16
10	3 Tied: Last Done by		
	Francis Dickinson, H.River V.	2018-19	15

300 METER LOW HURDLES

1	Olivia Ferrera, Liberty	2007-10	31
2	Tiearra Norman, Milwaukie	2014-16	28
3	Quin Fraley, Summit	2016-18	26
4	Alison Worthen, Marshfield	2007-08	20
	Malika Waschmann, Corvallis	2012-13	20
6	Adael Scatena, Thurston	2018-19	16
	Hazel Mesman, Churchill	2018-19	16
8	Katie Bostwick, Pendleton	2007-09	14
9	Jansen Edmiston, Hermiston	2013-14	13
	Sophie Bliss, Central	2019/22	13

SHOT PUT

1	Anna Roshak, Mt. View	2011-13	23
2	Morgan Hopkins, Lebanon	2017-19	21
3	Alesha Trattner, Glencoe	2007-08	20
	McKenzie Warren, Sandy	2011-12	20
5	Cheyenne Partlow, Silverton	2014-15	18
	Christy Mosier, Summit	2008-09	18
	Ofeina Pulotu, Parkrose	2022-23	18
8	Mary Barnett, Hermiston	2009-10	16
	Leah Wilson, The Dalles	2010-11	16
10	Mckenzie Byrd, Hermiston	2012-13	14
	Sydney Baker, Springfield	2015-16	14

JAVELIN

1	Mckenzie Byrd, Hermiston	2012-14	25
2	Michelle Coombs, Hermiston	2006-08	22
3	Kaylie VanLoo, Glencoe	2009-10	20
	Makena Schroder, Sandy	2011-12	20
	Madeline Thompson, Sandy	2016-17	20
	Zowie Nunes, Ridgeview	2022-23	20
7	Alexis Hassinger, Lebanon	2013-15	19
8	Tauni Powell, Thurston	2007-08	18
9	Stephanie Wells, Silverton	2011-12	16
	Amanda Short, Lebanon	2013-14	16

HIGH JUMP

1	Rachel Proteau, W.Albany	2010-13	36
2	Francis Pavao, Sherwood	2007-10	34
3	Hannah Cochran, Summit	2014-16	26
4	Alison Worthen, Marshfield	2007-08	20
	Savannah Reilly, Silverton	2017-19	20
6	Sophia Henke, Central	2017-19	19
7	Elizabeth Pecsock, Liberty	2012-14	18
8	Clara Bennett, Crater	2022-23	17
9	Katie Kennedy, Hood River V.	2016-18	16.5
10	4 Tied: Last Done By		
	Jasmine Martin, Mt.View	2017-18	15

LONG JUMP

1	Tieara Norman, Milwaukie	2014-16	30
2	Katey Choukalos, Kl.Union	2007-09	24
	Camille Weaver, Summit	2015-17	24
4	Lauren McGowne, Marshfield	2011-13	23
5	Iris Anderson, North Eugene	2010-11	20
	Jasmine Martin, Mt. View	2017-18	20
7	Breanna Raven, Thurston	2022-23	18
8	Caroline de la Motte, Wilsvil.	2022-23	16
9	Ashley Potter, Thurston	2007-08	15
	Emma Stevenson, Summit	2014-16	15

DISCUS

1	Haley Smith, Summit	2016-18	28
2	Cassidy Hughes, Mt. View	2015-18	26
3	Kayla Rambo, Bend	2015-18	25
4	Kyleen Benz, Dallas	2013-15	21
5	Mary Barnett, Hermiston	2009-10	20
	McKenzie Warren, Sandy	2011-12	20
7	Elyse Cuthbertson, Sherwood	2013-14	18
8	Hannah Francis, Marshfield	2008-10	16
	Kylie Rankins, Springfield	2022-23	16
10	Keeley Rasmussen, Sandy	2016-18	15

TOTAL POINTS (No Relays)

1	Kellie Schueler, Summit	2007-10	120
2	Jestena Mattson, H.River Val.	2012-15	76
	Tieara Norman, Milwaukie	2014-16	76
4	Olivia Ferrera, Liberty	2007-10	69
5	Olivia Brooks, Summit	2014-17	68
6	Camille Weaver, Summit	2013-16	67
7	Aiyanna Cameron-Lewis, C.V.	2011-14	60
8	Mckenzie Byrd, Hermiston	2012-14	58
9	Iris Anderson, North Eugene	2010-11	57
10	Breanna Raven, Thurston	2022-23	56

POLE VAULT

1	Moriah Roberge, Marshfield	2007-09	28
2	Samantha Tollerud, Churchill	2012-14	25
3	Emily Showers, Bend	2015-17	24
4	Annie Sidor, Summit	2011-13	23
5	Katherine Mariman, Sherw.	2008-10	20
	Olivia Campbell, HRV	2011-12	20
7	Audrey Bright, Putnam	2014-16	18
8	Alana Dickson, Bend	2015-17	18
9	Delaney Fields, Churchill	2016-18	17
10	Sophie Gutermuth, Bend	2009-10	16

TRIPLE JUMP

1	Iris Anderson, N.Eugene	2008-11	36
2	Camille Weaver, Summit	2014-17	36
	Miranda Brown, Summit	2013-15	26
4	Ashley Potter, Thurston	2006-08	23
5	Breanna Raven, Thurston	2022-23	20
6	Mikayla Garrard, Mazama	2008-10	13
	Rachael Gearhart, Cleveland	2011-12	13
	Caroline de la Motte, Wilsvil.	2022-23	13
9	Kylie Reinholdt, St. Helens	2013-14	12
	Leah Richards, Bend	2017-18	12

4A BOYS: INDIVIDUAL STATE MEET POINTS BY EVENT: 1966 - 2023

100 METER DASH

1	Matt Anthony, Ontario	2007-10	31
2	Terry Hendrix, S.Umpqua	1976-78	30
3	Kurt Rhomberg, Gladstone	1971-73	28
4	Mike Foltz, Lakeview	1977-79	26
5	Brandon Roosevelt, Wilsonville	1999-01	24
	Todd Hope, Gold Beach	1984-86	24
7	Keith Franks, Junction C.	1992-95	22
	Adonis Siscoe, Scappoose	2009-11	22
9	7 Tied: Last Done By		
	Gabe Flores, S.Umpqua	2006-07	20
	Rory Coon, Tillamook	2016-17	20

400 METER DASH

1	Scott Buzzard, Cascade	1988-90	28
2	Ray Pitts, Creswell	1993-95	26
3	Ben Spurlock, Reedsport	90/92-93	24
4	Linus Norgren, Banks	08/10-11	21
	Austin Baker, Douglas	2010-12	21
6	David Richmond, Siuslaw	1994-97	20
	Caleb Sperry, The Dalles	1991-94	20
	Brandon Nystrom, J.City	2001-03	20
	Rory Coon, Tillamook	2016-17	20
10	Jay Goff, Cascade	1998-99	18
	Gary Barnes, Eagle Point	1973-74	18

1500 METER RUN

1	Billy Harper, Junction City	1993-96	36
2	Elliot Jantzer, Phoenix	2006-09	35
3	Toby Cook, Gladstone	1981-83	30
4	Dale Hammitt, Pl.Hill	1969-71	28
	Scott Sanders, Brookings	2003-05	28
6	Mack Marbas, Siuslaw	2012-14	26
7	Russ Anderson, R.River	1991-93	24
	Jared Swehosky, Stayton	2004-06	24
9	Michael Manning, Madras	1999-01	23
10	Donovan Cutsforth, Philom.	1991-93	22

110 METER HIGH HURDLES

1	Tinker Hatfield, Cen.Linn	1968-71	36
2	Dakotah Keys, Sw.Home	2007-10	33
3	Damien Davis, Taft	1994-97	31
4	Joe Delgado, Ontario	2010-13	27
5	Ryan Boyle, Madras	1990-92	24
	Micah Matthews, Philomath	2021-23	24
7	Ron Foster, Lakeview	1986-88	22
	Nick Best, Estacada	02./04-05	22
9	Seth Andres, Henley / Ridge.	2014-16	21
10	Dan O'Brien, Henley	1983-84	20
	Caleb Dysert, Elmira	2002-03	20

200 METER DASH

1	Matt Anthony, Ontario	2007-10	34
2	Brandon Roosevelt, Wilsonville	1999-02	32
3	Terry Hendrix, S.Umpqua	1976-78	30
4	Carl Romines, Cen. Linn	1981-83	24
5	Kevin Witt, Cascade	1986-89	23
6	Keith Franks, Junction C.	1992-94	22
	Wyatt Cunningham, N.Bend	2012-14	22
8	Todd Hope, Gold Beach	1985-86	20
	Cameron Innes, N.Valley	1989-91	20
	Gabe Flores, S.Umpqua	2006-07	20
	Rory Coon, Tillamook	2016-17	20

800 METER RUN

1	Leland Fulton, Philomath	2001-04	31
2	Jackson Januik, Seaside	2015-17	30
3	Matt Hollander, Marist	2005-08	27
4	Brett Willyard, Seaside	10-11/13	26
5	Ross Dexter, LaPine	1998-01	24
6	Abe Brown, Philomath	1993-95	22
7	6 Tied: Last Done By		
	Lyle Purdue, Brookings	1978-79	20
	Toby Cook, Gladstone	1982-83	20
	Jeff Schreiner-McGraw, Phil.	2010-11	20
	Konnor Hathaway, Gladstone	2018-19	20

3000 METER RUN

1	Billy Harper, Junction City	1993-96	40
2	Elliot Jantzer, Phoenix	2006-09	34
3	Gordy Byers, Philomath	1972-75	31
4	Willy Hewson, Estacada	1983-85	28
	Scott Sanders, Brookings	2003-05	28
	Jared Swehosky, Stayton	2003-06	28
7	Pat Zweifel, Tillamook	1988-90	26
	Michael Brown, N. Bend	2015-17	26
	John Kavulich, Scappoose	2016-18	26
10	Nathan May, Phoenix	2001-03	25

300 METER IH / 180 YD LOWS

1	Joe Delgado, Ontario	2010-12	38
2	Tinker Hatfield, Cen.Linn	1968-71	36
3	Jay Goff, Cascade	1997-99	30
4	Jeremiah Lewman, N.Val.	2002-04	25
5	Larry Ragsdale, Ill.Valley	2006-08	21
	John Zaganiacz, Wilsonville	2003-06	21
7	Craig Douglas, McLough.	1995-96	20
	Rob Petterson, S.Umpqua	1973-74	20
	Dennis Olstedt, Seaside	2004-07	20
	Ryan Boyle, Madras	1990-92	20
	Cade Reed, La Grande	2016-18	20

SHOT PUT

1	Curt Denny, Burns	1972-75	40
	Jared Cornell, The Dalles	1994-96	30
3	Jefferson Jarvis, Hidden Val.	2010-12	30
	Mike Hortsch, Cascade	1979-81	26
5	Jordan Aldredge, Gladstone	2005-07	26
6	Trevor Duffy, South Umpqua	2013-15	24
7	Mont Child, Molalla	2015-17	25
8	Jason Thiel, Astoria	1988-90	22
9	Elliot Osborn, Cascade	1988-90	21
10	3 Tied: Last Done By		
	Mike Voight, Henley	1992-93	20

JAVELIN

1	Jay Goff, Cascade	1996-99	31
2	Bob George, Pl.Hill	1978-80	30
3	Brendan Thurber-Blaser, New.	2013-16	28
4	Mike Daniels, Cen.Linn	1967-69	22
	Mike Layton, Coquille	1985-87	22
6	Ray Rozell, Estacada	2004-06	21
7	6 Tied: Last Done By		
	Eric Hahn, Lakeview	1992-94	20
	Shawn McCord, Seaside	2000-01	20
	Dakotah Keys, Sw.Home	2007-09	20
	Ryan Rendon-Padilla, Sius.	2018-19	20

HIGH JUMP

1	Wyatt Cunningham, N.Bend	2011-14	36
2	Marcus Cooper, Toledo	1998-00	28
3	Mike Schotthoefer, Stayton	1989-91	22
4	David Grossnicklaus, C.L.	1975-76	20
	Joe Hill, Siuslaw	1977-79	20
	Chris Patoine, Sutherlin	1985-86	20
	Mike Roe, Siuslaw	1978-79	20
	Danny Staats, Henley	2007-08	20
	Brendan Thurber-Blaser, New.	2014-16	20
	Dominique Easterling, Madras	2003-04	20

LONG JUMP

1	Dakotah Keys, Sw.Home	2008-10	30
2	Oshay Dunmore, Newport	2010-12	26
3	Jamil Wynn, My.Point	1998-00	25
4	Joe Delgado, Ontario	2010-13	24
5	Tristan Hartzell, Siuslaw	1994-96	22
	Wiley Fortson, Madras	1980-82	22
7	Cory McCaffrey, Sisters	2006-08	21
8	5 Tied. Last Done By:		
	Matt McElravy, Central	1995-96	20
	Jody Mortimore, Pl.Hill	1992-94	20
	Elijah Castro, Hid.Valley	2015-16	20

DISCUS THROW

1	Dick Heard, Douglas	1968-71	38
2	Oshay Dunmore, Newport	2009-12	36
3	Jordan Aldredge, Gladstone	2004-07	32
4	Jefferson Jarvis, Hidden Val.	2009-12	31
5	Tom Schillinger, Burns	1973-75	30
6	Elliot Osborn, Cascade	1987-89	28
	Joe Staub, Wilsonville	2002-04	28
8	Dallin Shurts, Banks	2013-15	26
9	Scott Rotrock, Estacada	1998-00	23
10	Scott Gibson, J.City	1993-95	22
	Colton McMaster, Astoria	19/21-22	22

TOP SCORERS (No Relays)

1	Tinker Hatfield, Central Linn	1968-71	122
2	Dakotah Keys, Sweet Home	2007-10	121
3	Oshay Dunmore, Newport	2009-12	107
4	Jay Goff, Cascade	1996-99	103
5	Joe Delgado, Ontario	2010-13	94
6	Elliot Jantzer, Phoenix	2006-09	83
7	Billy Harper, Junction City	1993-96	76
8	Jordan Aldredge, Gladstone	2004-07	72
9	Dominique Easterling, Madras	2001-04	70
10	Damien Davis, Taft	1994-97	68

POLE VAULT

1	Tinker Hatfield, Cen.Linn	1968-71	30
	Greg Likens, Junc.City	1981-83	30
	Matt Petz, LaPine	1995-97	30
4	Zeb Udell, Central	2002-04	28
5	Caleb Krantz, M.Point	1998-00	26
	Chase Howerton, Marshfield	2017-19	26
7	Lane Davison, North Bend	2006-08	25
	Oshay Dunmore, Newport	2009-12	25
	Hunter Drops, Marshfield	2014-16	25
	Jonathan Parks, Marshfield	2021-23	25

TRIPLE JUMP

1	Dominique Easterling, Madras	2001-04	40
2	Aaron Amick, The Dalles	1988-90	28
3	Lane Seals, North Bend	2006-08	26
4	Joel Matchett, Henley	2003-05	24
	Eli Hayes, Henley	19/21-22	24
6	Andy Rodet, Siuslaw	1990-92	22
	Dillon Zheol, Estacada	2014-16	22
8	Mike Hess, LaPine	1993-95	20
	Jeremy Larsen, Marist	1996-97	20
	Carl Romines, Cen.Linn	1981-83	20
	Jamil Wynn, My.Point	1999-00	20
	Oshay Dunmore, Newport	2011-12	20

4A GIRLS: INDIVIDUAL STATE MEET POINTS BY EVENT: 1969-2023

100,

100 METER DASH

1	Karen Beckler, Cent.Linn	1975-78	40
2	Baylee Touey, North Valley	2016-19	38
3	Ellanee Richardson, Glad.	1995-98	36
	Maria Kropf, Sweet Home	2008-11	36
5	Katie Kero, Seaside	1972-75	34
6	Carrie Tobey, Cascade	1984-87	30
	Braidy Bates, Pl.Hill	2005-08	30
8	Alisha Rowlee, Newport	2009-12	29
9	Susan George, Cen.Linn	1969-71	28
	Genna Settle, Estacada	2010-13	28

400 METER DASH

1	Baylee Touey, North Valley	2016-19	40
2	Joy Dixon, Coquille	2995-98	38
3	Diane Hoepfner, McLough.	1979-82	36
4	Laura Schmitt, LaSalle	2006-09	34
5	Kim Hutson, Gladstone	1985-88	32
	Jennifer Bauer, Newport	2000-03	32
7	Tish Henes, Baker	1992-95	31
8	Tyrza Hunt, Tillamook	1987-89	26
9	Kristine Dunn, Cottage Grove	2011-13	24
10	Toni Adair, Philomath	1998-00	23

1500 METER RUN

1	Taylor Wallace, Henley	2006-09	40
	Amy Nickerson, Coquille	1996-99	40
3	Amy Flora, Myrtle Point	1990-93	36
	Charlie Davidson, Scappoose	2011-14	36
5	Mandi Fitz-Gustafson, TD	1998-01	32
6	Sierra Brown, Hidden Valley	2010-13	31
7	Heather Miller, Henley	1994-96	28
	Jessie Schra, S.Home	1991-93	28
9	Jeanine Davis, Pl.Hill	87/89-90	26
10	Lisa Flora, Myrtle Point	1993-96	25

100 METER HIGH HURDLES

1	Ellanee Richardson, Glad.	1995-98	40
2	Amy Reinebach, Astoria	1983-86	34
	Tina Nieman, Clatskanie	1984-87	34
4	Linda Lamprecht, N.Marion	1974-77	32
5	Maria Kropf, Sweet Home	2009-11	30
6	Sarah Lyons, La Salle	1979-81	28
	Mikayla Siegel, Siuslaw	2014-16	28
8	Claire Thomas, Molalla	2010-13	27
9	Danica Bates, Pl.Hill	2002-04	26
	Willow Charlton, Henley	2012-14	26

200 METER DASH

1	Karen Beckler, Cen. Linn	1975-78	40
	Stephanie Morris, Seaside	1980-83	40
	Baylee Touey, North Valley	2016-19	40
4	Ellanee Richardson, Glad.	1995-98	36
5	Amy Skofstad, Gladstone	2004-07	34
6	Gina Settle, Estacada	2010-13	31
7	Maria North, The Dalles	2002-04	30
8	Susan George, Cen.Linn	1969-71	28
	Kelli Stonelake, Siuslaw	1987-89	28
10	3 Tied. Last Done By Venessa D'Arpino, N.Valley	2011-14	26

800 METER RUN

1	Amy Nickerson, Coquille	1996-99	40
2	Sylvia Knight, Cen.Linn	1970-73	36
	Emily Collins, Marist	2002-05	36
	Emily Bever, Molalla	2011-14	36
5	Summer Morris, Seaside	1990-93	30
	Linsie Michels, Cascade	2005-07	30
	Zoe Falk, Sisters	2011-14	30
8	Lisa Nickel, La Salle	1975-77	28
	Katie Waugh, Henley	2007-09	28
10	Jeane Goff, Cascade	1998-01	27

3000 METER RUN

1	Taylor Wallace, Henley	2006-09	40
2	Andrea Garner, Ill.Valley	1988-91	38
3	Mandi Fitz-Gustafson, TD	1998-01	33
4	Melinda Campbell, Newp.	1994-96	30
	Tassie Norton, Philomath	1982-84	30
	Lori Willard, R.River	1977-80	30
	Linnaea Kavulich, Scappoose	2015-18	30
8	Heather Miller, Henley	1994-96	28
	Jessie Schra, S.Home	1991-93	28
10	Selena Harman, R.River	1997-00	26

300 METER LH / 200 M LOWS

1	Claire Thomas, Molalla	2010-13	40
2	Amy Reinebach, Astoria	1983-86	38
3	Pam Emery, Cascade	1987-90	36
4	Joy Goff, Cascade	1993-96	32
5	Megan Heuberger, Y.Carlton	1995-98	27
6	Bobbi Clibbon, Gladstone	1985-88	25
7	Lisa Sorenson, Scappoose	2000-02	24
8	Karlee Touey, N.Valley	19/21-22	23
9	Taresa Dunten, Ontario	1997-00	22
	Renelle Jeppsen, S.Home	86-7/89	22
	Jenny Boswell, Sisters	2004-06	22
	Taylor Patterson, Philomath	2008-10	22

SHOT PUT

1	Laura Bobek, Astoria	2006-09	38
2	Cherilyn Bunker, Newport	2010-13	36
3	Jean Melson, Tillamook	1974-77	32
4	Christy Ward, N.Valley	1985-88	31
5	Michelle Souder, Henley	1978-81	28
	Katherine Tripp, Suth/Doug.	2004-06	28
	Gretchen Hoekstre, Seaside	2017-19	28
8	Melissa Christoff, Woodburn	1986-89	26
9	Kelli Holloway, Lakeview	1996-98	24
	Dorothy Kerr, Stayton	1997-99	24
	Kaiah Fisher, Hid. Valley	2018-21	24

JAVELIN

1	Lindsey Johnson, T.Dalles	1998-01	40
2	Sandy Bean, Phoenix	1977-80	34
3	Kitsy Hall, Rogue River	1974-77	32
4	Jordan Brunetti, C.Grove	07/09-10	30
5	Nikki Ramsey, Gladstone	2006-08	28
	Annie Whitfield, Sw.Home	2009-12	28
	Bonnie Souers, Madras	1969-72	28
8	Kelsey Shaw, JC / Elmira	2011-14	27
9	Shannon Gates, Siuslaw	1981-83	26
	Shannon Hale, Siuslaw	1985-88	26

HIGH JUMP

1	Trish Stevens, Philomath	1984-87	40
	Chancy Summers, Estacada	2008-11	40
3	Cathy McNeely, Philomath	1993-96	34
	Joni Huntley, Sheridan	1971-74	34
5	Darian Hageman, Astoria	2015-18	33
6	Sarah Lyons, La Salle	1978-81	32
	Kelsey Kahle, N.Marion	2002-05	32
8	Shirlee Lagestee, Philom.	1969-71	30
	Emma Gates, Cascade	19/21-22	30
10	Pam Emery, Cascade	1988-90	28
	Nakia Berglund, Ill.Valley	1974-77	28
	Erin Sharpe, Wilsonville	1997-99	28

LONG JUMP

1	Ellanee Richardson, Gladst.	1995-98	38
2	Kathy Pirrie, Madras	1969-72	34
3	Amy Cretsinger, Sisters	2000-03	32
	Darian Hageman, Astoria	2015-18	32
5	Kelsey Miller, Reedsport	1991-94	30
	Tammy Courtney, Siuslaw	83-4/86	30
7	Ravyn Miranda, Marshfield	2016-19	29
8	Shanna Tippin, Elmira	1987-89	28
	Charlene Harber, Astoria	2006-09	28
10	Trish Hough, Jun. City	1991-93	26

DISCUS THROW

1	Laura Bobek, Astoria	2006-09	38
2	Lisha Lass, S.Umpqua	1976-79	34
3	D'onna Robinson, Gladstone	2011-13	30
4	Jean Melson, Tillamook	1975-77	28
5	Michelle Souder, Henley	1979-81	24
	Kristin Ottman, Lakeview	1996-98	24
	Katherine Tripp, Suth/Doug.	2004-06	24
	Olivia Gulliford, Sutherlin	2013-15	24
	Sierra Ferguson, Madras	2005-06	24
	Betty Rust, Glide	1969-71	24
	Gretchen Hoekstre, Seaside	2017-19	24

TOP SCORERS (No Relays)

1	Ellanee Richardson, Gladst.	1995-98	150
2	Baylee Touey, North Valley	2016-19	118
3	Darian Hageman, Astoria	2015-18	116.5
4	Joni Huntley, Sheridan	1971-74	91
5	Claire Thomas, Molalla	2010-13	87
6	Amy Reinebach, Astoria	1983-86	86
	Maria Kropf, Sweet Home	2008-11	86
8	Amy Skofstad, Gladstone	2004-07	85
	Taylor Wallace, Henley	2006-09	85
10	Jeane Goff, Cascade	1998-01	83
	Jennifer Bauer, Newport	2000-03	83

POLE VAULT

1	Jennifer Brown, LaPine	2000-03	36
2	Erica Boren, Philomath	1995-98	32
	Brooke Davison, N.Bend	2007-10	32
4	Khaley Aguilar, Marshfield	2016-19	30.5
5	Sammie Clark, N.Bend	07/09-10	30
6	McKenna Streed, Gladstone	12-13/15	28
	Chelsea Russell, LaPine	2002-05	27
8	Sara Small, Sisters	2009-12	27
9	Jennifer Bolton, Newport	99-00/02	22
10	Alex Jellison, Douglas	2011-13	20

TRIPLE JUMP

1	Darian Hageman, Astoria	2015-18	40
2	Charlene Harber, Astoria	2007-09	30
3	Maya Carnegie, N.Valley	1992-94	28
4	Lauren Randall, Estacada	2005-06	26
5	Cathy McNeely, Philom.	1994-96	23
	Chancy Summers, Estacada	2008-11	23
	Jordin Scholer, Henley	2009-12	23
8	Kelsey Kahle, N.Marion	2003-05	22
	Kalulu Ngaida, Cascade	2016-18	22
10	Elizabeth Weiss, Marist	1998-01	21

3A BOYS: INDIVIDUAL STATE MEET POINTS BY EVENT: 1966-2023

100 METER DASH

1	Seth Wenger, Sher./Tol.	2009-11	30
2	Todd Hope, Gold Beach	1984-86	24
3	Dan Cauley, Regis	2004-06	22
4	Cooper Blodgett, Clatskanie	2017-19	21
5	Dylan Wells, Regis	2006-07	20
	Zach Hevner, Vale	2006-08	20
7	Danny Easter, Amity	1998-99	18
	Juma Sei, Catlin Gabel	2016-18	18
9	Codi Blodgett, Clatskanie	2014-15	15
	Alonzo Ranch, Harrisburg	2016-17	15

400 METER DASH

1	Juma Sei, Catlin Gabel	2015-18	40
2	Zach Hevner, Vale	2006-08	30
	Austin Collins, Colton	2008-11	30
4	Andy Wintersteen, Warrenton	1998-01	29
5	Devon Marshall, Rainier	2010-13	26
6	Jake Jordan, Neah-Kah-Nie	2003-06	24
7	Ed Anthony, Vale	1975-77	22
	Evan Rasor, Colton	2016-18	22
9	Scott Kozak, Colton	1983-84	20
	Paul Hendrickson, Colton	1968-69	20

1500 METER RUN

1	Emmet Klus, Burns	2017-19	26
2	Fabian Cardenas, Umatilla	2014-16	25
3	Devin Seeger, Regis	1981-83	22
	Cooper Roach, Valley Cath.	2012-14	22
5	Mark Welsh, Neah-Kah-Nie	1998-01	21
6	Peter Duyan, C.Gabel	1994-96	20
	Cole Watson, Rogue River	2009-10	20
	Brian Nelson, Nyssa	2007-10	20
	Nick Obletz, Or. Episcopal	2011-13	20
10	Hunter Murphy, Pl.Hill	2015-18	19

110 METER HIGH HURDLES

1	Marshall Ackley, Nyssa	2004-06	26
2	Jeremy Kreutzbender, Amity	2006-08	24
3	Leo Williamson, Toledo	2010-12	23
4	Ryan Watson, Clatskanie	2016-18	22
	Jayden Christy, Santiam Chr.	2021-23	22
6	Justin Angove, Bandon	2010-12	21
7	Joe Ouellette, Colton	1993-94	20
	Joshua Widdows, Cat.Gabel	2022-23	20
9	Zach Posch, Jefferson	2004-06	19
10	Garrett Presley, Creswell	2008-09	18
	Owenn McLoud, Dayton	2017-18	18
	Jonathan Mather, Amity	2017-19	18

200 METER DASH

1	Malcolm Grant, Catlin Gabel	2021-23	28
2	Scott Kozak, Colton	1982-84	26
	Dylan Wells, Regis	2005-07	26
4	Zach Hevner, Vale	2006-08	24
5	Dan Cauley, Regis	2004-06	23
6	Evan Rasor, Colton	2016-18	20
7	Malik Knott,, Colton	2015-16	18
8	Danny Easter, Amity	1998-99	16
	David Harris, Westside Chr.	2011-12	16
	Devon Marshall, Rainier	2012-13	16
	Cooper Blodgett, Clatskanie	2018-19	16

800 METER RUN

1	Austin Collins, Colton	2008-11	36
2	Quentin Jensen, Nyssa	2012-14	24
3	Adam DeMarzo, Harrisburg	1997-98	20
	Tracy Salgado, St. Mary's	11,13-14	20
	Juma Sei, Catlin Gabel	2016-17	20
	Emmet Klus, Burns	2018-19	20
7	Cam Anthony, Vale	2006-08	19
8	Kasey Johnson, Umatilla	1993-95	18
	Steve Pieren, Nestucca	1970-71	18
10	Ben Bristol, Harrisburg	1999-01	17

3000 METER RUN

1	Mark Welsh, Neah-K-Nie	1998-01	30
	Fabian Cardenas, Umatilla	2014-16	30
3	Hunter Murphy, Pl.Hill	2015-18	28
4	Brian Nelson, Nyssa	2007-10	27
5	Nick Obletz, Or. Episcopal	2011-13	26
	Benjamin Bourne, San.Chr.	2021-23	26
7	Andy Holstrom, Val.Cath.	2009-12	24
8	Peter Duyan, Catlin Gabel	1994-96	22
	Ian Wayne, Catlin Gabel	2006-07	22
10	Daniel Friesen, West.Chr.	2006-08	21

300 METER IH / 180 M LOWS

1	Justin Angove, Bandon	2010-13	38
2	Sean Kounovsky, Creswell	2013-15	26
3	Wilson McLean, Sal.Acad.	15,17-18	24
4	Jonathan Mather, Amity	2017-19	23
5	Danny Berkey, Amity	1992-93	20
	Marshall Ackley, Nyssa	2004-06	20
	Jeremy Kreutzbender, Amity	2006-08	20
8	8 Tied. Last Done By		
	Erik Sutfin, Rainier	2010-12	18
	Andrew Curtis, West.Chr.	2008-09	18
	Brendan Douglas, C.Gabel	2005-06	18

SHOT PUT

1	Zach McDowell, Nyssa	2003-05	30
2	Ismael Osorio, Reedsport	2007-10	29
3	Corey Warren, Sant.Chr.	1983-85	26
4	Mike Wilson, Waldport	1974-76	24
5	Randy Bruss, Or.Episcop.	1969-71	22
6	Brandon Bowen, Coquille	2014-15	20
	Dillon Towne, Glide	2017-18	20
	Stephen Machin, La Pine	2021-22	20
9	Doug Yarbrough, Ill.Valley	1972-73	18
	Kyan Hiddie, St. Mary's	2022-23	18
	Matthew Moses, Cas. Chr.	2021-23	18

JAVELIN

1	Jimmy Cook, Grant Union	2006-09	34
2	John LaChapelle, Regis	1978-80	26
	Tre-Hale Edmerson, Sherid.	2009-11	26
4	Garren Hitner, Myrtle Point	05-6/08	24
5	Austin Klecka, Pleasant Hill	2014-16	21
6	Avery McMillan, Harrisburg	2013-15	19
	Aiden Huber, Dayton	2016-18	19
8	Benjamin Lammers, Sant.Chr.	2022-23	18
9	Casey Bochsler, Regis	2002-03	16
	Matt Buche, Myrtle Point	2003-04	16
	Lane Roseberry, Lakeview	2011-12	16

HIGH JUMP

1	Matt Owen, Dayton	1984-86	28
2	Jaycen Nelson, Amity	2016-18	26
3	Kevin Talbott, Nyssa	2001-03	24
	Ben Chessar, Or.Episcop.	1992-95	24
	Jordan Buhler, Harrisburg	2007-09	24
6	Matt Aalto, Willamina	1992-94	20
	Peter McMurran, C.Gabel	1971-72	20
	Lance Aldrich, Sheridan	2004-05	20
	Gary Davis, Vernonia	1966-67	20
	Nick O'Connell, Creswell	2009/11	20
	Lance Nelson, Amity	2014-16	20

LONG JUMP

1	Malik Knott, Colton	2013-16	33
2	Scott Kozak, Colton	1982-84	26
3	Zach Burton, Gervais	2008-09	20
	Sam Ververka, Riverdale	2021-22	20
5	Chris Patterson, Catline Gabel	1982-84	18
	Jeremy Wilson, Dayton	1996-97	18
	Adam Ford, Horizon Christian	2009-10	18
	Justin Wilson, Nyssa	2015-16	18
	David Hensley, Willamina	2018-19	18
10	Tyler Wilson, Dayton	2004-05	16

DISCUS THROW

1	Omer Inan, Or.Episcopal	1997-99	28
2	Cheyne Webb, Nyssa	2011-14	25
	Dillon Towne, Glide	2016-18	25
4	AJ Hedgecock, Dayton	2010-12	24
5	Ismael Osorio, Reedsport	2007-10	22
6	Brian Zinn, Grant Union	1991-93	20
	Matt Buche, My.Point	2003-04	20
8	Aaron Cesaro, Cascade Chr.	2013-14	18
	Carraig Colahan, Burns	2009-10	18
	Bo Johnson, Toledo	2007-08	18
	Stephen Machin, La Pine	2021-22	18

TOP SCORERS (No Relays)

1	Juma Sei, Catlin Gabel	2015-18	88
2	Austin Collins, Colton	2008-11	84
3	Zack Hevner, Vale	2006-08	74
4	Malik Knott, Colton	2013-16	73
5	Scott Kozak, Colton	1982-94	72
6	Marshall Ackley, Nyssa	2003-06	66.5
7	AJ Hedgecock, Dayton	2010-12	66
8	Evan Rasor, Colton	2016-18	60
9	Jimmy Cook, Grant Union	2006-09	59
10	Fabian Cardenas, Umatilla	2014-16	55

POLE VAULT

1	Luke Ray, Warrenton	1992-95	36
2	Joseph Pelley, Sant.Chr.	2010-13	34
3	Ben Logan, Harrisburg	1995-97	24
4	Jeff Beck, Nyssa	2000-02	21
5	Marshall Ackley, Nyssa	2004-06	20.5
6	Casey Cagley, Myrtle Point	2006-08	20
	Justin Petz, La Pine	2015-16	20
8	Zach Greenleaf, Catlin Gabel	2013-15	18.33
9	Drew Rollins, Or.Episcopal	1996-97	18
	Kelsey Richardson, Willam.	2000-02	18
	Spencer Hopkins, West.Chr.	2016-17	18
	JJ French, Taft	2019/21	18

TRIPLE JUMP

1	Lucas Stiff Arm, Catlin Gabel	2013-16	33
2	Marcellus Ramos, Nyssa	2010-12	28
3	Dawson Patton, Salem Acad.	2017-19	24
4	Kaden Andrews, Dayton	2006/08	20
5	Jeremy Wilson, Dayton	1996-97	18
	Isiah Nahwahquaw, Chem.	2009-11	18
	David Hensley, Willamina	2018-19	18
	Sam Ververka, Riverdale	2021-22	18
9	Zach Booker, Cascade Chr.	2015-17	17
10	Chris Patterson, C.Gabel	1982-84	16

3A GIRLS: INDIVIDUAL STATE MEET POINTS BY EVENT: 1969 - 2023

100 METER DASH

1	Jackie Bashaw, Gervais	1995-98	36
2	Megan Miller, Pleasant Hill	2014-17	34
3	Taylor Deskins, Sant.Chr.	2011-13	30
4	Jaela Dinsmore, Burns	2005-08	28
5	Ronda Voltin, Regis	1993-95	26
	Justyce Smith, Riverside	2012-14	26
	Ronni VanZant, Sheridan	2015-18	26
8	Madeline Dinsmore, Burns	2009-11	23
9	Emily Quatier, West.Christ.	2007-09	22
	Sydney DeBoer, St. Mary's	2021-23	22

400 METER DASH

1	Makenzie Cleveland, Val.Cath.	2011-14	34
2	Kayla Nagunst, Rainier	2007-10	31
3	Leada Berkey, Amity	2002-04	30
4	Diane Davis, Warrenton	1976-79	26
	Katie Scharff, Catlin Gabel	1995-97	26
6	Isabelle Miller, C.Gabel	2006-09	23
7	Madelyn Gunderson, Burns	2012-14	21
	Mikenzy Rosen, Horizon Chr.	2021-23	21
9	Four Tied: Last Done by:		
	Jensyn Ford, St. Mary's	18-19/21	20
	Rebeka Preston, Sant.Chr.	2015-16	20

1500 METER RUN

1	Jolee Van Leuven, C.Gabel	2002-05	38
2	Stephanie Finley, Or.Episc.	2016-19	32
3	Haley Ney, Catlin Gabel	2006-09	31
4	Sally Maier, Catlin Gabel	1987-89	30
5	Mary Anne Miller, Vernonia	1998-00	28
	Joan Justus, Creswell	1969-71	28
	Olivia Powell, Creswell	2012-14	28
8	Susan Bragdon, Cat.Gabel	75/77-8	24
	Maya Rayle, Catlin Gabel	15-16/18	18
10	Madison Winn, Burns	2011-14	21
	Lila Fenner, Catlin Gabel	2017-19	21

100 METER HIGH HURDLES

1	Payton Hummel, Warrenton	2008-11	36
2	Trinity Phipps, Blanchet Cath.	2017-19	30
3	Ciana Baron, West.Chr.	2009-12	28
	Amy Kraemer, Amity	2015-18	28
5	Hannah Bates, Vale	2013-15	26
6	Autumn Murray, Cas.Chr.	2021-23	24
7	Cammy Edwards, C.Gabel	2009-12	23
	Mallory Turner, Sutherlin	19/21-22	23
9	Jacee Rutherford, Gr.Union	2007-09	21
10	Nikki Smith, Bandon	2003-04	20
	Christine Shepherd, Warren.	1985-87	20

200 METER DASH

1	Jaela Dinsmore, Burns	2005-08	30
	Madeline Dinsmore, Burns	2009-12	30
	Megan Miller, Pleasant Hill	2014-17	30
4	Justyce Smith, Riverside	2012-14	28
5	Ronni VanZant, Sheridan	2016-18	26
6	Jackie Bashaw, Gervais	1995-98	25
7	Zoe Zurasky, Riverdale	2016-19	24
8	Emily Quatier, West.Christ.	2007-09	23
9	Andrea Lemus-Cisneros, Um.	2014-15	20
10	Jennifer Hailey, Amity	1995-97	19
	Taylor Deskins, Santiam Chr.	2011-13	19

800 METER RUN

1	Gennial Wagstaff, Nyssa	2005-08	33
2	Kayla Nagunst, Rainier	2007-10	32
3	Emma Bennion, St. Mary's	2016-19	31
4	Susan Gramson, Warrenton	1978-81	30
	Katie Scharff, Catlin Gabel	1996-98	30
	Michelle Kaaen, Vale	2006-09	30
7	Jamie Sundvall, Jefferson	2000-02	24
8	Madison Winn, Burns	2011-13	21
9	Jennifer Jentzch, Harrisburg	1988-91	20
	Chelsea Morris, Warrenton	1992-95	20
	Sarah Bennion, St. Mary's	2011-12	20

3000 METER RUN

1	Maya Rayle, Catlin Gabel	2015-18	38
2	Haley Ney, Catlin Gabel	2006-09	31
3	Sally Maier, Catlin Gabel	1987-89	30
	Jolee Van Leuven, C.Gabel	2003-05	30
	Stephanie Croy, Cas.Chr.	2011-14	30
	Olivia Powell, Creswell	2012-14	30
	Stephanie Finley, Or.Episc.	2016-19	30
8	Joan C. Krautmann, Regis	1998-99	20
	Katie Malm, Catlin Gabel	1990-91	20
10	Sydney Snook, G.Beach	2008-10	18
	Marissa Dobry, St. Mary's	2015-16	18

300 METER LOW HURDLES

1	Holly Prinslow, Gervais	1999-02	40
2	Emma Bennion, St. Mary's	2016-19	34
3	Hannah Bates, Vale	2012-15	33
4	Cammy Edwards, Cat.Gab.	2009-12	32
5	Sierra Samhammer, Cat.Gab.	2021-23	23
6	Heather Melcher, Gervais	1991-93	22
7	Sarah Benion, St. Mary's	2011-12	20
6	Maddie Miller, Catlin Gabel	2005-07	19
	Mackenzie Walker, St.Mary's	19/21-22	19
10	Brett Graham, Lakeview	2017-18	18

SHOT PUT

1	Jaclyn Espinoza, Regis	2003-06	36
2	Lindsay McShane, Amity	2013-16	35
3	Jordynn Slater, La Pine	2015-18	33
4	Victoria Rodriquez, Nyssa	2009-11	30
5	Catilyn Grubb, Jefferson	2009-12	27
	Emmi Collier, Warrenton	2009-12	27
7	Tiana Andreef, Gervais	2000-02	26
	Chelsey Ramos, Nyssa	2005-07	26
	Katie Rietmann, St.Mary's	2017-19	26
10	Holly Conrad, Regis	1996-99	24

JAVELIN

1	Chrissi Grizzel, Jefferson	2004-07	36
2	Jordynn Slater, La Pine	2015-18	35
3	Katie Pearmine, Gervais	1991-94	34
4	Delaney Hall, Lakeview	2013-15	26
5	Heather Schumacher, Regis	95/97-8	23
	Jessica Clemens, Burns	04/06-7	23
7	Kaylee Taylor, Clatskanie	2009-11	22
8	Julianne Benson, Dayton	2011-13	21
	Amy Dobson, Burns	1992-94	20
	Mackenzii Phillips, Douglas	2019/21	20

HIGH JUMP

1	Sara Almen, Sant.Chr.	2009-12	38
2	Joni Huntley, Sheridan	1971-74	34
3	Jennifer Hailey, Amity	1994-97	33
4	Kara McManus, Glide	1997-00	27
5	Rachel Kriz, Toledo	1997-00	26
6	Caitlin Zimbrick, Willamina	2001-04	24
	Kolette Jensen, Nyssa	1996-99	24
	Chelsea Moser, Willamina	2009-12	24
9	Catherine Routson, Umat.	2008-10	22
10	Allie Hueckman, Burns	2018-19	20
	Caroline Mouro, Catlin Gabel	2022-23	20

LONG JUMP

1	Justyce Smith, Riverside	2012-15	34
2	Mariah Morton, Cat.Gabel	2009-12	33
3	Darian Wilson, Coquille	2014-17	32
4	Autumn Murray, Cas.Chr.	2021-23	28
5	Kim Holliday, Grant Union	97/99-00	24
6	Beth Stam, Toledo	05/07-8	22
	Jacee Retherford, Gr.Union	2007-09	22
8	6 Tied: Last Done By		
	Jadyn Vermillion, Sutherlin	2019/21	20
	Madisyn Hartley, Burns	16/18-19	20
	Kara Ash, Cascade Chr.	15-16,18	20

DISCUS

1	Jaclyn Espinoza, Regis	2003-06	40
2	Lindsay McShane, Amity	2013-16	35
3	Melissa Ausman, Nyssa	2011-13	26
	Jordynn Slater, La Pine	2016-18	26
5	Jessica Thompson, Toledo	2009-11	24
6	Lisa Holbrook, Dayton	1989-91	22
	Chrissi Grizzel, Jefferson	2005-07	22
	Katy Lutjens, Vale	2006-08	22
9	Abbey Alexander, Cas.Chr.	2016-19	21
10	Rachelle Buck, Cas.Chr.	06/08-9	20
	Tiana Andreef, Gervais	2001-02	20
	Hallee Hughes, Willamina	2021-22	20

TOTAL POINTS (No Relays)

1	Justyce Smith, Riverside	2012-15	104.5
2	Jordynn Slater, La Pine	2015-17	94
3	Darian Wilson, Coquille	2014-17	89
4	Lindsay McShane, Amity	2013-16	87
5	Jaela Dinsmore, Burns	2005-08	78
6	Chrissi Grizzel, Jefferson	2004-07	77
7	Jaclyn Espinoza, Regis	2003-06	76
8	Beth Stam, Toledo	2005-08	74
9	Jolee Van Leuven, C.Gabel	2002-05	68
10	Autumn Murray, Cas.Chr.	2021-23	66

POLE VAULT

1	Allie Hartley, Nyssa	2010-13	31.5
2	Terra Schumacher, Regis	2005-07	30
3	Sailor Hartler, Nyssa	2015-18	29.5
4	Beth Castro, Bandon	2007-09	26
5	Jenni Ashcraft, Sheridan	1996-98	24
	Jocelyn Hartley, Nyssa	2015-17	24
7	Linnea Fong, St. Mary's	2011-12	20
8	Mackenzie Walker, St. Mary's	2021-22	20
9	Melissa Abbott, Gervais	2001-02	18
	Lindsey Wright, Reedsport	2009-10	18

TRIPLE JUMP

1	Kelsey Baron, Neah-Kah-Nie	1996-99	36
2	Jody Graves, Vale	1991-93	34
	Kim Holliday, Grant Union	1997-00	34
	Eloise Miller, Catlin Gabel	2008-11	34
5	Tia Jenkins, Grant Union	1995-98	30
6	Sidney DeBoer, St. Mary's	2021-23	28
7	Mariah Morton, Cat.Gabel	2010-12	26
8	Darian Wilson, Coquille	2014-17	25
9	Maddie Miller, Catlin Gabel	2005-07	24
	6 Tied; Last Done by		
10	Rebeka Preston, Santiam Chr.	2017-18	20
	Amy Kraemer, Amity	2016-18	20

2A BOYS: INDIVIDUAL STATE MEET POINTS BY EVENT: 1966-2023

100 METER DASH

1	Joe Jones, Scio	2001-04	40
2	Cameron Brennan, Yoncalla	1979-82	36
3	Trevor Verhelst, Union	2013-16	32
4	Josue Alvilez, Central Linn	2012-14	30
5	Travis Stansbury, Oakridge	1988-90	26
6	Lee Clarkson, Salem Ac.	00-01/03	23
7	Coulter Mastenbroek, Scio	07-8/10	23
8	Scott LaCoste, Cen.Linn	08/10-11	21
9	4 Tied: last done by		
	Nevin Lewis, Culver	2007-09	20
	Stephen Stockton, Sherman	1994-95	20

400 METER DASH

1	Jason Parks, Enterprise	1994-96	28
	Mike Wisnovsky, St.Marys	1984-86	28
3	Devin Lewis-Allen, Knappa	2013-15	24
4	Ken Kramer, Imbler	1997-99	23
5	Glenn Higgins, Crow	1966-68	22
	Mark Baskins, Sherman	1986-88	22
7	Josh Gill, Riddle	1997-99	21
8	Glen Lister, Lowell	1976-77	20
	Ryan Cheney, S.Academy	1992-93	20
	Marcus Lynn, Enterprise	2011-12	20
	Alex Tyler, Enterprise	2012-14	20

1500 METER RUN

1	Mike Kauffman, S.Academy	1987-90	34
2	Bryan Padberg, Heppner	86/88-9	30
3	Jed Moffitt, Oakridge	2002-04	28
4	Kregg Einspahr, Lutheran	1976-78	26
5	Hunter Hutton, Bandon	2016-18	25
6	Sisay Gillock, Portland Chr.	2012-14	24
	Isaiah Rodriguez, Knappa	2021-23	24
8	Brad Taylor, Oakridge	2004-06	23
9	Rod Cooper, N.Douglas	1971-73	22
	Josh Snyder, Bandon	2016-18	22
	Trevor Nichols, Heppner	2021-23	22

110 METER HIGH HURDLES

1	Clay Sullivan, Vernonia	2015-18	36
2	Mark LaCoste, Central Linn	2011-13	30
3	Dean Boyle, Gilchrist	1976-78	28
4	Sam Hinkle, Pacific	1981-83	26
	Lee Clarkson, Salem Acad.	00-01/03	26
6	Mike Klinkebiel, Central Linn	1999-01	25
	Stephen Dickinson, Bonanza	2007-09	25
8	Justin Montano, Knappa	1997-99	24
9	M.J. Canady, Nestucca	1997-99	22
10	4 Tied. Last Done By		
	Aidan Morgan, E.Linn Chr.	2022-23	20

200 METER DASH

1	Joe Jones, Scio	2001-04	38
2	Trevor Verhelst, Union	2013-16	29
3	Cameron Brennan, Yoncalla	1980-82	26
4	Coulter Mastenbroek, Scio	2008-10	26
5	Josue Avilez, Central Linn	2011-14	25
6	Shane Campbell, Jos/Ent.	83/85-6	24
7	6 Tied. Last Done By		
	DiSean Hernandez, Cen.Linn	2014-15	20
	Scott LaCoste, Cen.Linn	08/10-11	20
	Stephen Stockton, Sherman	1994-95	20
	Ryan Cheney, S.Academy	1992-93	20

800 METER RUN

1	Andrew Perri, Oakridge	2002-05	35
2	Jake Roberts, Joseph	1991-94	27
3	Mike Kauffman, S.Academy	1988-90	26
4	Brandon Burgess, Wall./Elg.	2000-02	24
	Joe Delgado, St. Mary's	2008-10	24
6	Josh Snyder, Bandon	2016-18	22
7	Nathan Fleck, Vernonia	2011-13	21
8	6 Tied. Last Done By		
	Hayden Scott, Weston-McE.	2016-17	20
	Micah Massari, Scio	2009-11	20
	Mike Wisnovsky, St.Mary's	1985-86	20

3000 METER RUN

1	Bryan Padberg, Heppner	1986-89	40
2	Brad Taylor, Oakridge	2003-06	38
3	Trevor Coolidge, St.Mary's	1998-01	30
4	Bill Kendall, Gilchrist	1967-69	28
5	Sisay Gillock, Portland Chr.	2011-14	27
6	David Ribich, Enterprise	2011-14	26
	Zac Knapp, Enterprise	19/21-22	26
8	Alex Graffunder, Cove/Union	2015-17	25
9	7 Tied. Last Done By		
	Hunter Nichols, Heppner	2016-19	24
	Josh Miner, East Linn Chr.	2015-17	24

300 METER IH / 180 M LOWS

1	Lee Clarkson, Salem Acad.	00-01/03	30
2	Jordan Hatfield, Heppner	2007-10	26
3	Mark LaCoste, Central Linn	2010-12	23
	Clay Sullivan, Vernonia	2016-18	23
5	Brandt Bannister, W.McEwen	1977-79	21
	Nathan Perren, Enterprise	13-14/16	21
7	Coulter Masterbroek, Scio	2009-10	20
8	David Guild, Portland Chr.	2013-14	20
	Austin Liinville, East Linn Chr.	2014-16	20
10	Justin Montano, Knappa	1997-99	19

SHOT PUT

1	Drace Moeller, Nestucca	2012-15	36
2	Cristian Garcia, Monroe	2016-19	31
3	Scott Dye, Riddle	1991-93	30
	Trever Walker, Central Linn	2011-13	30
5	Brett Elder, Nestucca	2013-16	29
6	Sky Short, Central Linn	1998-00	24
	Derek Howard, Heppner	2016-19	24
8	J.D. Hill, East Linn Christian	2000-02	23
9	Scott Mespelt, Central Linn	1994-97	21
10	3 Tied: Last Done By		
	Bryson Barney, Chiloquin	2008-09	20

JAVELIN

1	Mike Oien, Knappa	1997-97	30
	Jackson Van Vuren, Faith Bi.	2013-15	30
3	Marcus Wells, Joseph	2000-02	26
4	Nathan Rowlett, Portland Chr.	2007-09	25
	Kirk Scott, W.-McE./ Regis	2016-19	25
6	Jerry Grant, Santiam	1972-74	24
7	Brett Elder, Nestucca	2013-16	22
8	5 Tied: Last Done By		
	Jaysson Swirtz, Nestucca	2021-22	18
	Erich Roepke, Enterprise	2011-12	18
	Landon Rainwater, Riddle	1997-98	18

HIGH JUMP

1	Mike Mitchell, Reedsport	2013-16	29
	Devin Hasher, Pilot Rock	2014-17	29
3	Jared Eckman, Heppner	1997-99	28
4	Jeff Lavender, Pilot Rock	1977-79	26
	Stephen Dickinson, Bonanza	2007-09	26
	Nathan Perren, Enterprise	2013-16	26
7	Leonard Brittner, Heppner	1992-94	25
8	David Thurmond, Pilot Rock	08/10-11	24
	Derek Traeger, Kennedy	2008-11	24
10	4 Tied. Last Done By		
	Brody Davidson, Santiam	2017-19	20

LONG JUMP

1	Mike Mitchell, Reedsport	2013-16	29
2	Chris Moore, Sherman	1972-74	28
3	Josh Reznick, Portland Chr.	2010-12	22
	Bishop Mitchell, Kennedy	14,16-17	22
5	David Parker, Salem Acad.	1993/95	20
	Lee Webb, Bonanza	1975-76	20
	Jake Redfield, Oakland	2005-06	20
	DiSean Hernandez, Cen.Linn	2014-15	20
9	Zach Young, Monroe	2017-19	19
10	Mel Pursiful, L.River/Imbler	1987-89	18
	Clay Sullivan, Vernonia	2015-18	18
	Zak Holsey, Waldport	2021-22	18

DISCUS THROW

1	Brett Elder, Nestucca	2013-16	36
2	Mike Oien, Knappa	1994-97	35
3	Blake Warren, E.Linn Christ.	2011-14	26
4	Wyatt Briggs, Scio	2007-09	24
5	Kirk Scott, W.-McE./ Regis	2017-19	22
	Sky Short, Central Linn	1998-00	22
7	Dan Chapman, Lowell	1990-91	20
	Greg McDonald, Scio	1974-75	20
9	Scott Dye, Riddle	1992-93	18
10	6 Tied: last done by		
	Jordan Burchfield, Cas.Chr.	2006-07	16

TOP SCORERS (No Relays)

1	Stephen Dickinson, Bonanza	2007-09	91
2	Brett Elder, Nestucca	2013-16	87
3	Lee Clarkson, Salem Acad.	00-01/03	79
	Trevor Verhelst, Union	2013-16	79
5	Joe Jones, Scio	2001-04	78
	Clay Sullivan, Vernonia	2015-18	78
7	Mike Oien, Knappa	1994-97	77
8	Nevin Lewis, Culver	2007-09	76
	Mike Mitchell, Reedsport	2013-16	76
10	Bryan Padberg, Heppner	1986-89	70

POLE VAULT

1	Tyler Funk, Culver	2008-11	32
	Corey Sledge, Culver	2013-16	32
3	Jim Smith, Monroe	1973-75	30
4	Sean Igelman, St. Mary's	2008-10	26
5	Shawn Trimble, Elgin	1997-99	24
6	Hayden Hinshaw, Reedsport	2011-14	23.5
7	Hunter Hutton, Bandon	2015-18	23
	Hunter Angove, Bandon	19/21-22	23
9	Paul Pappas, Glendale	1990-92	22
10	Rick Geist, Port.Christian	1984-85	20
	Rob Zurcher, Knappa	1976-77	20

TRIPLE JUMP

1	Leonard Brittner, Heppner	1992-94	26
	David Parker, Salem Academy	1993-95	26
	Preston Dace, Portland Chr.	2008-10	26
4	Jordan Hatfield, Heppner	2007-10	22
5	Dustin Dean, Enterprise	2011-13	21
6	Chuck Day, Lost River	1980-81	20
	Sam Hinkle, Pacific	1982-83	20
	Brian Marcum, Nestucca	1997-98	20
	DiSean Hernandez, Cen.Linn	2014-15	20
	Trevor Angove, Bandon	2021-22	20

2A GIRLS: INDIVIDUAL STATE MEET POINTS BY EVENT: 1969 - 2023

100 METER DASH

1	Joanna Burkhalter, Glendale	2000-03	36
2	Kaylee Wright, Grant Union	2016-19	31
3	Nancy Nelson, Nestucca	1988-91	28
	Trinity Krosting, Pilot Rock	2000-02	28
5	Richan Modderman, C.Linn	2005-08	27
6	Jenni Grasley, Port.Christian	1983-85	26
7	Erica Drake, Pilot Rock	2007-10	24
8	Shannon Ables, Enterprise	94/96-7	23
	McKenzie Wilson, E.Linn Chr.	14,16-17	23
10	3 Tied: Last Done by		
	Portia Binford, Delphian	2021-23	22

400 METER DASH

1	Keli Hall, Lakeview	2005-08	40
2	Andrea Castenada, Lost River	1993-96	34
3	Julia Whalen, Portland Christ.	2011-14	32
4	Iris Cripps, Glendale	1992-94	28
	Lisa Harrison, Glendale	1996-99	28
6	Lisa Evans, Oakland	1985-87	26
	Jennifer Harmon, Oakland	1988-90	26
	Lisa Nicholson, Lost River	1978-80	26
9	Loghan Sprauer, Lost River	2012-14	24
10	Hannah Whitehead, E.Linn	2008-10	23

1500 METER RUN

1	Sailor Hutton, Bandon	2015-18	40
2	Rosa Gutierrez, Glendale	1978-81	38
3	Lori Monaco, Weston-McE.	1994-97	36
4	Ashley Baldovino, Lakeview	2007-10	34
5	Iris Cripps, Glendale	91/93-4	30
6	Mary Anne Miller, Vernonia	1998-00	28
	Katriel O'Reilly, Union	2011-13	28
8	Hannah Jossi, Portland Christ.	2010-13	27
9	Marci Madsen, Bonanza	1993-96	24
	Krista Stangel, Enterprise	2004-06	24
	Diana Sanchez, Blanchet	2005-08	24

100 METER HIGH HURDLES

1	Maranda Brownson, Yoncalla	1998-01	40
	Sharon Barnet, Salem Acad.	1993-96	40
	Kyndal Martin, Monroe	2016-19	40
4	Rhonda Day, Lost River	1977-80	36
5	Kim Tippet, P.Chr./P.Luth	2003-06	34
6	Rosana Cahill, Bonanza	72/74-5	30
	Leanna Carpenter, Wahtonka	1982-84	30
8	Kycie Richwine, Nestucca	2013-15	28
9	Teri Haltiner, Nestucca	1995-98	27
10	Erin Price, Heppner	2008-10	26

200 METER DASH

1	Maranda Brownson, Yoncalla	1998-01	40
	Gail Wigle, Riddle	1973-76	40
3	Sharon Barnet, Salem Acad.	1993-96	38
4	Keli Hall, Lakeview	2005-08	32
5	Jenni Grasley, Port.Christian	1983-85	30
6	McKenzie Wilson, E.Linn Chr.	2014-17	27
7	Orie Gamez, Oakridge	2005-07	26
8	Jennifer Bulgin, Salem Acad.	1987-90	24
9	Abby Rigby, Pilot Rock	2015-17	24
10	Trina Fitzgerald, Gilchrist	1987-89	22
	Loghan Sprauer, Kennedy	2013-15	22

800 METER RUN

1	Iris Cripps, Glendale	1991-94	40
2	Morgan Martin, St.Mary's	2007-10	38
3	Deanna Schiedler, Kennedy	1980-83	30
	Kit Sundling, Lutheran	1973-75	30
5	Erin Funkhouser, Sherman	2003-06	27
6	Michelle Curtis, Pine Eagle	1992-94	26
7	Stephanie Harmon, Oakland	1986-89	26
	A.Killingbeck-Davidson, Oakr.	2013-15	26
9	Hannah Jossi, Portland Christ.	2010-13	25
10	Rebecca Triplehorn, St. Mary's	2006-09	23
	Bridget Donohue, Kennedy	2010-12	23

3000 METER RUN

1	Rosa Gutierrez, Glendale	1978-81	40
	Sailor Hutton, Bandon	2015-18	40
3	Ashley Baldovino, Lakeview	2007-10	38
4	Marci Madsen, Bonanza	1993-96	34
	Lori Monaco, Weston-McE.	1994-97	34
6	Wendy Wolfgram, P.Rock	1978-81	28
	Katriel O'Reilly, Union	2011-13	28
	McKenzie Evans, Union	2012-14	28
9	Krista Stangel, Enterprise	2003-06	26
10	Elly Wells, Union	2014-16	24

300 METER LOW HURDLES

1	Emily Parks, Lost River	2013-15	30
2	Chris Hermes, Bonanza	1992-94	28
	Kyndal Martin, Monroe	2017-19	28
4	Jhana Gilbert, Yoncalla	1997-99	25
	Kim Tippet, P.Chr./P.Luth	2003-06	25
6	Dustina Jacque, Mapleton	1978-81	22
	Ashley Walters, Oakridge	2011-13	22
8	Bryanna Rust, Heppner	2007-10	21
9	5 Tied. Last Done By		
	Kim Penrose, Santiam	1987-88	20
	Erin Price, Heppner	2009-10	20

SHOT PUT

1	Megan Jarrell, Elgin	2006-09	32
2	McKayla Horner, E.Linn Chr.	2014-17	30
	Laura Young, Monroe	19/21-22	30
4	Becky Stahl, Monroe	1993-95	26
5	Jessica Warden, Monroe	1994-96	25
	Samantha Weaver, Yonc.	2009-12	25
7	Jessica Johns, Can.Chr.Ac.	08/10-11	24
	Haley Guest, Scio	2009-12	24
9	Alexis Arnold, Portland Chr.	2008-10	22
10	April Haney, Union	1995-97	21

DISCUS

1	Mary Ann Stevenson, L.River	1973-76	38
2	Samantha Weaver, ND/Yon	2009-12	32
3	Moana Gianotti, Riddle	2014-17	30
4	Caitlynn Duff, Culver	2015-18	27
5	Braidyn Crowson, Monroe	1986-88	24
	Judith Burnett, No.Douglas	2001-03	24
	Laura Young, Monroe	19/21-22	24
8	Savannah Swan, Oakland	2010-13	23
	McKayla Horner, E.Linn Chr.	2014-17	23
10	Danielle Allen, Kennedy	2007-09	22

JAVELIN

1	Kaylee Wright, Grant Union	2016-19	40
2	Jennifer Dionne, Cen.Linn	1998-01	34
3	Grace Hermann, My.Point	2013-15	24
	Izzy Steerman, Faith Bible	18-19/21	24
5	Sami DeVore, Scio	2008-10	23
6	Tiffanie Lydick, Mapleton	1993-95	22
7	Kristi Nygaard, Lutheran	1978-80	21
	Candace Knuths, Cen.Linn	2001-03	21
9	6 Tied. Last Done By		
	Jessie Carpenter, Bonanza	2002-04	20
	Laura Grube, Crow	2011-12	20

TOTAL POINTS (No Relays)

1	Maranda Brownson, Yoncalla	1998-01	160
2	Kyndal Martin, Monroe	2016-18	117
3	Sharon Barnet, Salem Acad.	1993-96	114
4	Keli Hall, Lakeview	2005-08	106
5	Kaylee Wright, Grant Union	2016-19	99
6	Iris Cripps, Glendale	1991-94	98
7	Trinity Krosting, Pilot Rock	1999-02	79
	Andrea Castenada, L.River	1994-96	78
	Rosa Gutierrez, Glendale	1978-81	78
10	Loghan Sprauer, Kennedy	2012-15	78

HIGH JUMP

1	Shari Collins, Chiloquin	1979-82	38
2	Teena Montoya, Scio	1974-77	34
3	Monica Webb, Regis	2012-15	30.5
4	Lisa Rasmussen, Imbler	90/92-3	28
	Kaylee Wright, Grant Union	2017-19	28
6	Sharon Bernt, Kennedy	1973-75	26
	Lisa Nicholson, Lost River	1977-79	26
8	Verona Richards, Mohawk	85/87-8	22
	Maya Waldron, Enterprise	2001-03	22
	Zoe Skordahl, Oakridge	2006-08	22

POLE VAULT

1	Ashley Rysdam, Elgin	2000-02	26
2	Deleah Wiles, Elgin	1999-02	21
3	Michelle Allan, Faith Bible	2015-16	20
	Aspen Birkmaier, Imbler	2017-18	20
5	Abrienne Wiles, Elgin	1997-99	19
	Rachel Arts, Oakland	2016-18	19
7	Larissa Minnick, Glendale	2008-10	18.5
8	Lindsey Wright, Reedsport	2011-12	18
	Kayla Bateman, Monroe	2013-16	18
10	Jolyn Vogel-Hunt, Oakland	19/21-22	18

LONG JUMP

1	Kyndal Martin, Monroe	2016-19	33
2	Maranda Brownson, Yoncalla	98/00-01	30
3	Jamee Elliott, Salem Acad.	1985-88	27
4	Julie Moore, Sherman	1976-78	26
5	Rhonda Day, Lost River	77-8/80	24
	Jhana Gilbert, Yoncalla	1996-99	24
7	Christina Shepherd, Warrenton	1985-87	20
	Cynthia Shepherd, Warrenton	1979-80	20
	Mackenzie Krieser, St.Mary's	2009-10	20
	Lindsey Wright, Reedsport	2011-12	20
	Kori Pentzer, Grant Union	2015-16	20

TRIPLE JUMP

1	Kelsey Walker, Pilot Rock	2004-07	30
2	Andrea Castenada, L.River	1994-96	28
3	Leelyn Jobes, Pilot Rock	2000-02	22
4	Teri Coppinger, Imbler	1994-96	20
	Maranda Brownson, Yoncalla	1999/01	20
	Megan Mitchell, Pilot Rock	1999-02	20
	Alexis Anderson, Neah-K-Nie	2011-12	20
	Jazmyn Herrington, Days Cr.	2012-14	20
	Cora Gallop, Oakland	2014-15	20
	Dahlia Rickman, E.Linn Chr.	2015-18	20
	Trinity Hutchison, Gr.Union	2017-19	20

1A BOYS: INDIVIDUAL STATE MEET POINTS BY EVENT: 1966 - 2023

100 METER DASH

1	Sean Lewis, Damascus Christ.	2006-09	40
2	Ryan Lewis, Damascus Christ.	2002-05	36
3	Andrew Reitman, Ione	2001-03	30
4	Joel Baeza, Life Christian	2012-15	29
5	Ethan Kassebaum, N.Cl.Chr.	2015-18	24
6	Gabe Ovgard, Triad	2011-13	22
7	Kelsey Wright, Prairie City	1996-98	21
8	Jake Ovgard, Triad	2009-11	20
	Jace Martin, Adrian	2022-23	20
10	Eddie Sherman, Ione	1967-69	19
10	Josh Maddox, Powder Valley	1995-97	19

400 METER DASH

1	Bryson Shira, Adrian	2013-16	34
2	Brody Turner, Powder Valley	2000-02	30
3	Kelly Thompson, Ione	2004-06	24
4	Tyson Raymond, Griswold	1997-99	23
5	Rich Eoff, Wallowa	1992-93	20
	Brad Pascholl, N.Clack.Chr.	2003-05	20
	Maurus Hope, Adrian	2007-08	20
8	Adam Miller, N.Clack.Chr.	2002-04	19
9	Loreto Morelli, So. Wasco	2014-15	18
	Wes White, Adrian	2016-17	18

1500 METER RUN

1	Stephen Lewis, Powder Valley	1998-01	38
2	Trevor Lane, Southwest Chr.	2012-14	30
	Tim Stevens, Cove	2017-19	30
4	Jeff Goertz, N.Clack.Chr.	2000-03	29
5	Jason Lewis, Powder Valley	1996-98	28
6	Jacob Bowdoin, New Hope	06/08-9	26
7	Sean Flynn, Life Christian	2003-05	25
8	Jason Carter, Can.Chr.Acad.	1993-95	24
9	David Bowdoin, New Hope	1995-97	23
	Ben Snell, Spray	2002-05	23

100 METER HIGH HURDLES

1	Sean Lewis, Damascus Chr.	2006-09	40
2	Brad Burright, Ione	1999-02	36
3	Lucas Ohmes, Life Christian	2001-04	34
4	Everett Smith, Huntington	1972-74	30
5	Reagan Shira, Adrian	2014-16	28
	Justin Hall, Pacific	2015-18	28
7	Ryan Endresen, Col.Christ.	2006-09	23
8	Ryan Pierson, St. Paul	2008-10	22
9	4 Tied. Last Done By		
	Grant Diggles, N.Clack.Chr.	1995-96	20
	Kip Wright, Prairie City	1992-93	20

200 METER DASH

1	Sean Lewis, Damascus Christ.	2006-09	40
2	Ryan Lewis, Damascus Christ.	2002-05	32.5
3	Ethan Kassebaum, N.Cl.Chr.	2015-18	31
4	Riley Martin, Powder Valley	1999-02	30
	Andrew Reitman, Ione	2001-03	30
6	Josh Maddox, Powder Valley	1995-97	22
7	Gabe Ovgard, Triad	2012-13	20
	Loreto Morelli, So.Wasco	2014-15	20
	Jace Martin, Adrian	2022-23	20
10	Kelly Thompson, Ione	2004-06	19
	Andre Martin, Port.Lutheran	2009-12	19

800 METER RUN

1	Brody Turner, Powder Valley	1999-02	40
2	Nick Martin, Southwest Chr.	2010-13	36
3	Rich Eoff, Wallowa	1991-93	30
4	Rory Johnson, Wallowa	1995-97	28
	Brandt Bergeron, St.Stephen's	2014-16	28
6	Bryson Shira, Adrian	2014-16	26
7	Jeff Goertz, N.Clack.Chr.	2000-03	25
8	David Madison, N.Cl.Chr.	2009-11	21
9	David Hand, Spray	1999-01	20
10	Don McDonnell, Can.Chr.A.	1978-79	18
	Gary Howe, Valsetz	1974-75	18

3000 METER RUN

1	Jason Lewis, Powder Valley	1995-98	38
	Stephen Lewis, Powder Valley	1998-01	38
3	Jacob Bowdoin, New Hope	2006-09	34
4	David Sherman, McKenzie	2004-07	31
5	Jason Carter, Can.Chr.Acad.	1993-95	30
	Willy Helms, Spray	2012-15	30
	Tim Stevens, Cove	2017-19	30
8	Virgil Newberry, South Wasco	1999-02	28
9	Ben Snell, Spray	2002-05	25
10	Arthur Huston, Can.Chr.Ac.	1981-83	24
	Ray Johnson, Wallowa	1992-95	24

300 METER INT. HURDLES

1	Sean Lewis, Damascus Christ.	2006-09	38
2	Reaga Shira, Adrian	2013-16	33
3	Everett Smith, Huntington	1972-74	30
4	Ryan Endreson, Col.Christ.	2006-09	28
5	Brad Burright, Ione	1999-02	27
6	Brett Russell, South Wasco	1995-97	21
	Stephen Larlee, South Wasco	2007-10	21
8	Jeremy Maddox, Powd.V.	1999/01	20
	Kip Wright, Prairie City	1992-93	20
10	7 tied : last done by		
	Justin Hall, Pacific	2016-18	18

SHOT PUT

1	Leif Rinearson, So.Wasco	1999-02	34
2	Kasey McCullough, Dufur	2005-08	33
3	Sam Carlson, Griswold	2016-19	32
4	Daniel Wright, Can.Chr.Ac.	1993-96	30
5	Leland Eubanks, Arlington	1967-70	28
6	Buck Witcraft, Adrian	2002-04	24
7	James Thiessen, Trian.Lake	2006-08	22
8	Josh Gonzalez, Prairie City	1993-95	21
9	3 Tied. Last Done By		
10	Jeremiah Woods, D.Chr.	2011-12	20
	Ellis Rager, South Wasco	2015-16	20

JAVELIN

1	Jake Anderson, Alsea	1995-97	26
2	Dylon Tankersley, Spray	2013-15	25
3	Israel Anderson, Alsea	1990-92	24
4	David Bednar, Condon	2001-03	23
5	Kelsey Wright, Prairie City	1996-98	22
	Jared Hunt, Camas Valley	2017-19	22
7	Greg Oveson, Wallowa	1969-70	20
	Justin Larson, Dayville	2011-12	20
	Brady Doty, Prairie City	2010-12	20
10	8 tied: last done by:		
	Loren Meeker, Triad	2008-09	18

HIGH JUMP

1	Jim Stever, Days Creek	1996-99	38
2	Frank Halvorson, Ione	1967-69	30
	Nick Johnston, Mohawk	2005-07	30
4	Dustin Cloud, Mitchell	2002-05	28
5	Cole Hoberg, Prairie City	2010-13	25.5
	Matthew Gille, Crosshill Chr.	2013-16	25.5
7	David Steeves, Crane	2015-17	24
8	Asa Miller, Spray	2005-08	21
	Trenton Dixon, Powder Valley	2009-11	21
	Nick Shaffer, Condon/Wheeler	2011-13	21

LONG JUMP

1	Ethan Kassebaum, N.Cl.Chr.	2015-18	35
2	Jim Stever, Days Creek	1996-99	30
3	Tim Porter, Griswold	1983-86	27
4	Brad Burright, Ione	2000-02	26
	Isaiah Coles, Sherman	2014-17	26
6	Lucas Ohmes, Life Christian	2002-04	25
7	Arlen Howard, Oregon Deaf	1968-70	24
	Gabe Ovgard, Triad	2011-13	24
9	Seth Lindquist, Damascus Ch.	2005-07	23
10	Tim Beckley, Elkton	1976-78	22

DISCUS

1	Daniel Wright, Can.Chr.Ac.	1994-96	28
2	Leif Rinearson, So.Wasco	2000-02	26
3	Todd Baxter, Powder Valley	2002-04	24
	Schon Hybertson, Dufur	2005-07	24
5	Morgan Butler, Harper	2017-19	23
6	Willy Johnson, Days Creek	2006-08	22
7	Brian Ott, Cove	1987-89	21
	Garrett LoVerde, Hosanna Ch.	2006-09	21
	Jason Starr, Spray	07-08/10	21
	Hunter Jansen, Hosanna Chr.	2015-17	21

TOTAL POINTS (No Relays)

1	Sean Lewis, Damas.Christ.	2006-08	158
2	Brad Burright, Ione	1999-02	118.5
3	Jim Stever, Days Creek	1996-99	112
4	Ethan Kassebaum, N.Cl.Chr.	2015-18	110
5	Reagan Shira, Adrian	2013-16	93
6	Ryan Lewis, Damascus Chr.	2002-05	88.5
7	Jacob Bowdoin, New Hope	2006-09	82
8	Lucas Ohmes, Life Christian	2001-04	77
9	Stephen Lewis, Powder Valley	1998-01	76
	Andrew Rietmann, Ione	2001-03	76

POLE VAULT

1	Kameron Demarce, Lowell	2008-11	33
2	Jackson Stallard, Powers	2014-17	32.33
3	Nick Stallard, Powers	1967-69	30
4	Eli Bingham, Powder Valley	1998-01	28
	Shane Ugalde, Crane	2004-07	28
6	Luke Swanson, Ione	1995-97	26
	Jeran Conaway, Crane	2008-11	26
8	Tommy Blanton, Powers	2000-02	24
	Wes Davies, Crane	2004-06	24
10	Luke McKay, Paisley	2010-12	22

TRIPLE JUMP

1	Stephen Larlee, South Wasco	2007-10	33
2	Reagan Shira, Adrian	2013-16	32
3	Brad Burright, Ione	99-00/02	28
4	Jeremy Parker, Griswold	2002-04	26
	Blake Steeves, Crane	2008-11	26
6	Tony Sadler, Elkton	1995-97	23
	Seth Lindquist, Damascus Ch.	2005-07	23
	TJ Kinnamon, Lowell	2011-13	23
9	Buell Gonzalez, Prairie City	1992-93	20
	Ethan Kassebaum, N.Cl.Chr.	2017-18	20

1A GIRLS: INDIVIDUAL STATE MEET POINTS BY EVENT: 1969 - 2023

100 METER DASH

1	Diana McElligott, Lone	2000-03	40
2	Sophia Pettit, Monument	2016-19	38
3	Lindsey LeBrun, Portland Luth.	2009-12	34
4	Melissa McElligott, Lone	1993-96	31
5	Emily Holding, Damascus Chr.	2005-07	30
6	Liz Hopfer, St.Paul	1998-01	29.5
7	Joelle Bain, Powder Valley	2001-04	28
	Meg Greiner, Condon	1979-81	22
9	Morgan Reddington, Cove	2012-14	22
	Sydney Radigan, St.Stephensd	2016-18	22

200 METER DASH

1	Emily Holding, Damascus Chr.	2004-07	40
2	Diana McElligott, Lone	2000-03	38
3	Lindsey LeBrun, Portland Luth.	2009-12	31.5
4	Liz Ward, St.Paul	1992-95	30
5	Joelle Bain, Powder Valley	2001-04	27
6	Dawn Sherman, Can.Ch.Ac.	1992-95	26
7	Ellie Logan, Condon/Wheeler	11-12,14	25
	Sydney Radigan, St.Stephens	2016-18	25
9	Sophia Pettit, Monument	2016-18	23
10	Coiya Baker, Dufur	1993-96	22

400 METER DASH

1	Liz Ward, St.Paul	1992-95	40
2	Alyson Barrett, Camas Valley	1994-97	36
3	Emily Peterson, Ump.V.Chr.	2000-03	34
	September O'Crowley, Crane	2007-10	34
5	Nicky Nichols, L.Crk/Pr.City	1989-91	28
	Emily Funkhouser, Sherman	2007-09	28
	Kristen Wood, Damascus Chr.	2009-12	28
8	Abi Wynn, Triangle Lake	2011-13	26
	Kya Nelson, Hosanna Christ.	2016-18	26
10	Sarah Hanchett, McKenzie	2006-08	24
	Carissa Bottensek, Tr. Lake	2015-17	24

800 METER RUN

1	Alyson Barrett, Camas Valley	1994-97	40
2	Shauna Nelson, Powder Valley	2001-04	31
3	Sarah Hanchett, McKenzie	2007-09	30
4	Carrie Banducci, Can.Chr.Ac.	99/01-02	28
	Mary Matchett, Hosanna Chr.	2008-11	28
6	Felix Villagrana, Crane	1999-01	26
	Abi Wynn, Triangle Lake	2010-12	26
	Faith Richards, Damas.Chr.	2015-17	26
9	Rachel Novak, Hosanna	2003-06	24
10	Sarah Stubblefield, SW Chr.	2012-14	21

1500 METER RUN

1	Sarah Estabrook, Triad	2011-14	36
2	Julie O'Leary, Paisley	1980-83	32
3	Rachael Estabrook, Triad	2006-08	30
4	Felix Villagrana, Crane	1998-01	29
5	Reyna Quiroz, Can.Chr.Ac.	2000/03	26
	Faith Richards, Damas.Chr.	2015-17	26
7	Dailenne Selby, Condon	1995-98	25
8	Rhonda Burnette, Long Crk.	1975-77	24
	Annette Buyserie, St.Paul	1994-96	24
	Kirsten Hankins, Triad	2010-12	24

3000 METER RUN

1	Alyson Barrett, Camas Valley	1994-97	40
	Sarah Estabrook, Triad	2011-14	40
3	Isabelle Tinglestad, Joseph	2014-17	38
4	Julie O'Leary, Paisley	1980-83	32
	Reyna Quiroz, Can.Chr.Ac.	2000-03	32
	Rachel Estabrook, Triad	2005-08	32
7	Ellyse Tinglestad, Joseph	2017-19	28
8	Dailenne Selby, Condon	1995-98	27
9	Christy Gardner, Days Creek	1991-93	26
10	Susie Christman, Ukiah	1983-86	25

100 METER HIGH HURDLES

1	Emily Holding, Damascus Chr.	2004-07	40
2	Kristan Holding, Damascus Ch.	2009-12	38
3	Marlys Stenberg, Can.Ch.Ac	1987-89	28
	Elana Hampton, Hosanna	2010-13	28
5	Gail Keely, St.Paul	1998-00	26
	Emily Funkhouser, Sherman	2007-09	26
7	Morgan Bayes, Adrian	2015-18	25
8	Genesa Miller, N.Clack.Chr.	1997-99	24
	Kate Ludwig, Days Creek	01-2,04	24
10	Ciera Eby, Echo	2004-07	22

300 METER LOW HURDLES

1	Nikki McElligott, Lone	1997-00	38
2	Amanda Bingham, Powder.Val.	1999-02	30
	Emily Funkhouser, Sherman	2007-09	30
	Jessie Flynn, Lone	2013-16	30
5	Susan Langley, Huntington	1992-94	24
	Morgan Bayes, Adrian	2016-18	24
7	Debbie Greene, Paisley	1982-84	22
8	Genesa Miller, N.Clack.Chr.	1997-99	21
	Skyla Newton, Gilchrist	2016-18	21
10	Kristan Holding, Damas.Chr.	2011-12	20
	Caroline Smith, Southwest Ch.	2011-13	20

SHOT PUT

1	Heather Ervin, Adrian	1996-99	34
2	Stephanie Ervin, Adrian	1993-96	32
	Taylor Darden, Dufur	2012-15	32
4	Bryn Siegner, Crane	1977-79	30
5	Mirna Daltoso, Mitchell-Spray	2015-17	28
6	Whitney Schreiber, Alsea	2009-12	27
7	Ginny Udey, South Wasco	93-4/96	26
	Jessica Zita, Echo	2002-04	26
9	Megan White, Mitchell / Spray	10/12-13	25
10	Tera Pendergraft, Elkton	1990-92	24

JAVELIN

1	Paula Berry, Dayville	1984-87	40
2	Ellie Logan, Condon/Wheeler	2011-14	38
3	Carla Taylor, Powder Valley	1976-79	30
4	Emily Sproul, Crosshill Chr.	2011-14	26
5	Linsey Kau, Crow	2007-10	24
6	Madisen Davis, S.Wasco	2017-19	22
7	Beth Rossos, Damas. Chr.	2000-03	21
	Jessica Zita, Echo	2001-04	21
	Megan Yost, Joseph	2005-08	21
10	6 Tied: last done by	1998-00	20
	Lauren Grube, Crow	2009-10	20

HIGH JUMP

1	Ashlynn Terry, Triangle Lake	1996-99	38
2	Kate Ludwig, Days Creek	2001-04	36
	Kristen Holding, Damas.Chr.	2009-12	36
4	Julie Drescher, St. Paul	2006-09	34
5	Emily Peterson, Ump.Val.Ch.	2000-03	32
6	Kendra Murphy, North Lake	2015-17	30
7	Peggy Holloran, Wallowa	1971-73	28
	Natalie Bentz, Crane	2007-10	28
9	Nikki McElligott, Ione	1997-00	26
10	Mandi Rutledge, Crane	1993-95	25
	Amity Deters, Perrydale	2017-19	25

LONG JUMP

1	Kristan Holding, Damas.Chr.	2009-12	40
2	Melissa McElligott, Ione	1993-96	31
3	Jessie Flynn, Ione	2013-16	29
4	Lisa Scheele, Cove	2000-03	28
5	Genesa Miller, N.Clack.Chr.	1996-99	26
6	Camie Burright, Ione	97-8/00	25
	Trequella Osborne, Mon/L.Cr.	2012-15	25
8	Vicki Emmons, Wallowa	1972-75	24
9	Kasey Jones, Paisley	1999-01	23
10	Dawn Sherman, Can.Chr.Ac.	1993-95	22
	Jean Doherty, Spray	1999-01	22

DISCUS

1	Candace Weaver, Camas Val.	1998-01	36
2	Jessica Zita, Echo	2001-04	30
	Megan White, Mitchell	2011-13	30
4	Taylor Darden, Dufur	2013-15	26
5	Katie Mullen, Damascus Chr.	2008-10	25
6	Kelcie Robinson, Cove	00/02-3	24
7	Lauren Wylie, St.Paul	1999-01	23
8	Audrey Carr, Griswold	1994-96	22
	Jamie Lovett, Ione	1992-94	22
10	4 Tied. Last Done By		
	Sophie Hulke, Sherman	2022-23	20

TOTAL POINTS (No Relays)

1	Kristan Holding, Damas.Chr.	2009-12	152
2	Emily Holding, Damas.Chr.	2004-07	146
3	Ellie Logan, Condon/Wheeler	2011-14	137
4	Alyson Barrett, Camas Valley	1994-97	116
5	Melissa McElligott, Ione	1993-96	109
6	Emily Funkhouser, Sherman	2007-09	102
7	Emily Peterson, Ump.V.Chr.	2000-03	101
8	Diana McElligott, Ione	2000-03	100
9	Nikki McElligott, Ione	1997-00	97
10	Sarah Hanchett, McKenzie	2006-09	90

POLE VAULT

1	Lindi Burgeson, Damas.Chr.	2011-13	30
	Briana Church, North Lake	2017-19	30
3	Sarah Sasaki, N.Clack.Chr.	1998-00	28
	Amanda Anderson, Crane	2002-04	28
	Julie Drescher, St. Paul	2007-09	28
	Deanna Harris, Condon/Wheel	2013-15	28
7	Cathy Mann, Cove	2000-03	26.5
8	Heide Morehouse, Hosanna	2003-06	26
	September O'Crowley, Crane	2008-10	26
10	Callie Von Borstel, Sherman	2008-11	25

TRIPLE JUMP

1	Melissa McElligott, Ione	1993-96	36
2	Ana Popchock, S.Wasco	2015-18	33
3	Kaitlyn Muller, Griswold	2005-08	32
4	Gail Keely, St.Paul	1997-00	30
	Jean Doherty, Spray	1998-01	30
	Jamie Dunn, Days Creek	2001-04	30
7	Ellie Logan, Condon/Wheeler	2011-13	28
8	Natalie Harbour, Mohawk	2004-07	26
9	Lisa Scheele, Cove	2001-03	24
10	Katie Bowns, Adrian	2007-10	21