

All-Time Top-Ten Outdoor 5A Girls Rankings

h = Hand time
a = Automatic time
c = Hand-converted-to-Auto
w = Wind-aided mark

100m Dash

ALL-TIME TOP-10 PERFORMANCES				
1	Margaret Johnson-Bailes	11.30a	Churchill	1968
2	Kellie Schueler	11.74a	Summit	2009
3	Jestena Mattson	11.86a	Hood River Valley	2015
4	LeReina Woods	11.90a	Corvallis	1989
5	Nyema Sims	11.95a	Jefferson	2006
6	Freda Walker	12.04c	Jefferson	1978
7	Maya Hopwood	12.05a	Bend	2018
8	Lanette Byrd	12.14c	Jefferson	1984
	Julie Hardin	12.14c	Churchill	1983
	Denise Carter	12.14c	Corvallis	1979
	Nancy Sim	12.14c	Corvallis	1979
	Lorin Barnes	12.14c	Marshall	1978
<u>Wind-Aided</u>				
	Margaret Johnson-Bailes	11.04cw	Churchill	1968
	Kellie Schueler	11.68aw	Summit	2009
	Maya Hopwood	12.03aw	Bend	2016

200m Dash

ALL-TIME TOP-10 PERFORMANCES				
1	Margaret Johnson-Bailes	22.95a	Churchill	1968
2	Kellie Schueler	23.69a	Summit	2009
3	Jestena Mattson	24.51a	Hood River Valley	2015
4	LeReina Woods	24.64c	Corvallis	1988
5	Nyema Sims	24.80a	Jefferson	2006
6	Denise Lucas	24.84a	Jefferson	1985
7	Tammy Golden	24.84c	Madison	1989
8	Venus Nguyen	24.94c	Hermiston	1997
9	Karen Buston	24.94c	Hillsboro	1980
10	Allie Church	24.95a	Wilsonville	2011
<u>Wind-Aided</u>				
1	Hannah Cochran	24.48aw	Summit	2016
2	Sphia Cunningham	24.59aw	Bend	2016
3	Piper Flannery	24.66aw	Summit	2016
4	Maya Hopwood	24.83aw	Bend	2016
5	Allie Church	24.91aw	Wilsonville	2011

CLASS RECORDS

9th	Kellie Schueler	12.12a	Summit	2007
10th	Kellie Schueler	12.01a	Summit	2008
11th	Margaret Johnson-Bailes	11.34c	Churchill	1968
12th	Margaret Johnson-Bailes	11.30a!	Churchill	1968

CLASS RECORDS

9th	Kellie Schueler	24.88a	Summit	2007
10th	Kellie Schueler	24.50a	Summit	2008
11th	Kellie Schueler	23.69a	Summit	2009
12th	Margaret Johnson-Bailes	22.95a	Churchill	1968

! - achieved in Olympics after the August 31 cutoff

400m Dash

ALL-TIME TOP-10 PERFORMANCES				
1	Maria Mutola	53.10a	Springfield	1991
2	Kellie Schueler	54.25a	Summit	2009
3	Venus Nguyen	54.84c	Hermiston	1997
4	Suzy Setterholm	55.55a	Madison	1984
5	Angelica Rodriguez	55.63a	Hermiston	2010
6	Leann Warren	55.66a	Crescent Valley	1979
7	Sara Schaaf	55.73a	Klamath Union	2001
8	Denise Lucas	56.04c	Jefferson	1984
9	Leah Worthen	56.15a	Marshfield	2005
10	Piper Flannery	56.29a	Summit	2015

800m Dash

ALL-TIME TOP-10 PERFORMANCES				
1	Maria Mutola	1:57.63a	Springfield	1991
2	Leann Warren	2:03.02a	Crescent Valley	1979
3	Brenda Bushnell	2:09.62a	Churchill	1981
4	Malika Waschmann	2:11.15a	Corvallis	2013
5	Kayleigh Tyerman	2:11.49a	Crater	2009
6	Emily McMahon	2:11.61a	Mountain View	2003
7	Sarah Reeves	2:11.83a	Summit	2016
8	Alyssa O'Connor	2:12.00a	Summit	2008
9	Taryn Rawlings	2:12.08a	Wilsonville	2013
10	Carol Drouet	2:12.1h	Churchill	1982

CLASS RECORDS

9th	Kellie Schueler	55.88a	Summit	2007
10th	Kellie Schueler	54.70a	Summit	2008
11th	Maria Mutola	53.10a	Springfield	1991
12th	Kellie Schueler	55.17a	Summit	2010

CLASS RECORDS

9th	Sarah Reeves	2:13.60a	Summit	2014
10th	Taryn Rawlings	2:12.25a	Wilsonville	2012
11th	Maria Mutola	1:57.63a	Springfield	1991
12th	Leann Warren	2:03.02a	Crescent Valley	1979

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1500m Run

ALL-TIME TOP-10 PERFORMANCES				
1	Maria Mutola	4:12.72a	Springfield	1991
2	Ashley Maton	4:27.38a	Summit	2012
3	Tiki Morrow	4:28.46a	Bend	1981
4	Olivia Brooks	4:28.82a	Summit	2017
5	Kayleigh Tyerman	4:29.39a	Crater	2009
6	Barrett Justina	4:30.69a	Summit	2023
7	Mariel Ettinger	4:30.8h	La Grande	1999
8	Emily Wisniewski	4:31.82a	Crescent Valley	2023
9	Kortny Dunscombe	4:32.33a	Bend	1994
10	Kenzie Biegj	4:32.44a	Canby	2023

3000m Run

ALL-TIME TOP-10 PERFORMANCES				
1	Maria Mutola	9:27.37a	Springfield	1991
2	Emily Wisniewski	9:28.52a	Crescent Valley	2023
3	Ella Thorsett	9:42.00a	Summit	2023
4	Kenzie Biegj	9:42.42a	Canby	2023
5	Marnie Mason	9:48.35a	Klamath Union	1985
6	Cathy Wall	9:50.36a	Molalla	1985
7	Mariel Ettinger	9:50.4h	La Grande	1999
8	Olivia Brooks	9:50.94a	Summit	2017
9	Sarah Brandy	9:52.9h	Ashland	1994
10	Kortny Dunscombe	9:53.28a	Bend	1994

CLASS RECORDS

9th	Pam Vasey	4:33.0h	Hillsboro	1979
10th	Emily Wisniewski	4:31.82a	Crescent Valley	2023
11th	Maria Mutola	4:12.72a	Springfield	1991
12th	Ashley Maton	4:27.38a	Summit	2012

CLASS RECORDS

9th	Emily Wisniewski	9:53.89a	Crescent Valley	2022
10th	Emily Wisniewski	9:28.52a	Crescent Valley	2023
11th	Maria Mutola	9:27.37a	Springfield	1991
12th	Ella Thorsett	9:42.00a	Summit	2023

100m High Hurdles (33")

ALL-TIME TOP-10 PERFORMANCES				
1	Anna Dean	14.25a	Hillsboro	2015
2	Olivia Ferrara	14.34a	Liberty	2010
3	Rochelle Pappel	14.36a	Churchill	2012
4	Wendy Hart	14.54a	West Albany	1983
5	Erin Kelly	14.61a	Hillsboro	1998
6	Shelley Ransford	14.64a	Lebanon	1978
7	Sara Cunningham	14.64c	Marshfield	1998
8	Melissa Wood	14.64c	Pendleton	1991
9	Michelle Reynolds	14.64c	Churchill	1987
10	Jill Cochran	14.64c	Thurston	1985
	Diania Moyer	14.64c	Hermiston	1980
<u>Wind-Aided</u>				
	Adael Scatena	14.47aw	Thurston	2019

CLASS RECORDS

9th	Michelle Reynolds	14.84c	Churchill	1986
10th	Melissa Wood	14.64c	Pendleton	1991
11th	Michelle Reynolds	14.64c	Churchill	1987
12th	Olivia Ferrara	14.42a	Liberty	2009
12th	Anna Dean	14.25a	Hillsboro	2015

300m Low Hurdles (30")

ALL-TIME TOP-10 PERFORMANCES				
1	Diania Moyer	43.04c	Hermiston	1980
2	Adael Scatena	43.52a	Thurston	2019
3	Tieara Norman	43.72a	Milwaukie	2015
4	Amanda Santana	43.95a	North Eugene	2003
5	Jordan Koskondy	44.04a	North Salem	2022
6	Niomi Ridge	44.05a	Century	2004
7	Sam Gilbert	44.19a	Klamath Union	2001
8	Julie Elliott	44.19a	North Eugene	2001
9	Olivia Ferrara	44.22a	Liberty	2010
10	Sara Rivas	44.38a	Bend	2023

CLASS RECORDS

9th	Jansen Edmiston	45.07a	Hermiston	2013
10th	Amanda Santana	44.15a	North Eugene	2001
11th	Adael Scatena	43.52a	Thurston	2019
12th	Diania Moyer	43.04c	Hermiston	1980

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400m (4x100m) Relay

ALL-TIME TOP-10 PERFORMANCES				
1	North Salem	47.67a	Nerissa Thompson, Aaliyah Fitzke, Maliyah Thompson, Rebekah Miller	2019
2	Summit	47.91a	Emma Stevenson, Hannah Cochran, Megan Buzzas, Alexa Thomas	2014
3	Hillsboro	47.99a	Anna Dean, Krissy Thomas, Kennedy Taube, Maddy Ellsworth	2015
4	Bend	48.34c	Charity Wagner, Kaylie Nelson, Sophia Cunningham, Maya Hopwood	2016
5	Springfield	48.34c	Debbie Dailey, Aubrey Reynolds, Jill Haugen, Patty Wright	1980
6	Washington / Monroe	48.36a	Thelma Taylor, Lisa Robinson, Alicia Broadous, Tonya Martin	1981
7	Summit	48.38a	Rachelle Wilson, Kellie Schueler, Marissa Berg, Kourtney Parks	2007
8	Klamath Union	48.44c	Margaret Maloney, Colleen McGown, Ronda Schroder, Juanita Nelson	1978
9	Summit	48.45a	Emma Normand, Anna Hinz, Carly Courtwright, Quin Fraley	2018
10	Summit	48.51a	Emma Normand, Anna Hinz, Carly Courtwright, Quin Fraley	2017
	Churchill	48.51a	Cherice Jacobs, Carol Drouet, Julie Hardin, Heidi Ocheda	1983
	Marshfield	48.51a	Jill Schultz, Julie Worthen, Andy Thompson, Julie Goodrich	1983

1600m (4x400m) Relay

ALL-TIME TOP-10 PERFORMANCES				
1	Summit	3:52.77a	Piper Flannery, Emma Stevenson, Hannah Cochran, Sarah Reeves	2016
2	Summit	3:55.11a	Marissa Berg, Rachelle Wilson, Alyssa O'Connor, Kellie Schueler	2008
3	Mountain View	3:55.40a	Chrissy Crager, Lauren Denfield, Kristin Cahill, Emily McMahon	2003
4	Summit	3:55.42a	Marissa Berg, Hillie Teller, Kourtney Parks, Kellie Schueler	2007
5	Summit	3:55.78a	Marissa Berg, Lindsay Zimmerman, Alyssa O'Connor, Kourtney Parks	2006
6	Mountain View	3:56.75a	Matea Haugen, Chrissy Crager, Kristin Cahill, Emily McMahon	2002
7	Summit	3:56.95a	Morgan Hanson, Isabel Max, Quin Fraley, Anna Hinz	2018
8	Summit	3:57.28a	Emma Stevenson, Olivia Brooks, Kaely Gordon, Piper Flannery	2015
9	Summit	3:57.49a	Veronica West, Hillie Teller, Alyssa O'Connor, Kellie Schueler	2009
10	Corvallis	3:57.55a	Gwyn.McMorris, Justine Feist, Malika Waschmann, Brigid Behrens	2012

Shot Put (4kg)

ALL-TIME TOP-10 PERFORMANCES				
1	Kam Johnson	46-08.75	Astoria	1980
2	Mykael Bothum	44-10	Hermiston	2005
3	Jordan Kosdondy	44-09	North Salem	2022
4	Heidi Fisk	44-07	Lebanon	1995
5	Mary Barnett	44-02	Hermiston	2010
6	Neticia Enesi	43-09	The Dalles/Wahtonka	2006
7	Debbie Tally	43-09	Crater	1980
8	Diana Requardt	43-08.5	Hillsboro	1984
9	Leah Wilson	43-06	The Dalles/Wahtonka	2011
10	Kari Hanscom	43-04	Eagle Point	1988

Discus (1kg)

ALL-TIME TOP-10 PERFORMANCES				
1	Haley Smith	149-05	Summit	2018
2	Beth Smith	147-10	Thurston	1970
3	Neticia Enesi	147-06	The Dalles/Wahtonka	2006
4	Debbie Tally	146-03	Crater	1980
5	Shawnti Moore	146-01	Crater	1994
6	Melissa White	145-05	Thurston	1987
7	Heidi Fisk	143-02	Lebanon	1994
8	Debbie Maleug	143-00	Crescent Valley	1987
9	Mary Jo Schultz	142-03	Corvallis	1993
10	Kayla Rambo	142-00	Bend	2018

CLASS RECORDS

9th	Jackie Woods	41-00.75	Ashland	1998
10th	Amanda Lee	42-07.5	North Bend	1997
11th	Kam Johnson	46-08.75	Astoria	1980
12th	Mykael Bothum	44-10	Hermiston	2005

CLASS RECORDS

9th	Mary Jo Schultz	133-02	Corvallis	1990
10th	Yazmeen Willges	140-03.5	Milwaukie	2023
11th	Heidi Fisk	143-02	Lebanon	1994
12th	Haley Smith	149-05	Summit	2018

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Javelin (600g,IAAF)

ALL-TIME TOP-10 PERFORMANCES				
1	Tauni Powell	158-10	Thurston	2007
2	Michelle Coombs	155-10	Hermiston	2008
3	Riley Traeger	154-01	Silverton	2019
4	Kaylie VanLoo	151-09	Glencoe	2010
5	Megan Johnson	151-02	Dallas	2004
6	Elsherie Leata	149-07	The Dalles/Wahtonka	2006
7	Marissa Hammond	149-04	Pendleton	2006
8	Makena Schroder	148-04	Sandy	2012
9	Stephanie Wells	147-08	Silverton	2012
10	Kara Meeuwesen	146-09	Hillsboro	2006

CLASS RECORDS				
9th	Zowie Nunes	138-02	Ridgeview	2022
10th	Kaylie VanLoo	151-09	Glencoe	2010
11th	Tauni Powell	158-10	Thurston	2007
12th	Michelle Coombs	155-10	Hermiston	2008

High Jump

ALL-TIME TOP-10 PERFORMANCES				
1	Rachel Proteau	6-01	West Albany	2013
2	Jan Martin	5-10	Crescent Valley	1978
3	Teresa Martin	5-09.5	Mountain View	1985
4	Erin Sharpe	5-09	Wilsonville	1999
5	Sydney Eaton	5-08	Wilsonville	2012
6	Samantha Smith	5-08	Springfield	1996
7	Anya Maurer	5-08	Ashland	1994
8	Stephanie Messenger	5-08	Churchill	1988
9	Stacy Osborn	5-08	Bend	1986
	Allison Bernhardt	5-08	Hillsboro	1980
	Julie Fitzgerald	5-08	La Grande	1980
	Sally Harmon	5-08	Springfield	1979

CLASS RECORDS				
9th	Frances Pavao	5-05	Sherwood	2007
9th	Alison Worthen	5-05	Marshfield	2005
10th	Rachel Proteau	5-10.75	West Albany	2011
11th	Jan Martin	5-10	Crescent Valley	1978
12th	Rachel Proteau	6-01	West Albany	2013

Pole Vault

ALL-TIME TOP-10 PERFORMANCES				
1	Addison Kleinke	13-07.5	Churchill	2023
2	Moriah Roberge	12-09.5	Marshfield	2009
3	Catherine Street	12-08	Wilsonville	2008
4	Samantha Tollerud	12-07	Churchill	2014
5	Emily Showers	12-06	Bend	2017
6	Olivia Campbell	12-01	Hood River Valley	2012
7	Nina Gutermuth	12-00	Bend	2010
8	Kathryn Mariman	12-00	Sherwood	2010
9	Muriel Roberge	12-00	Marshfield	2005
10	Poppy Miller	12-00	Hood River Valley	2021

CLASS RECORDS				
9th	Addison Kleinke	13-07.5	Churchill	2023
10th	Nina Gutermuth	11-10	Bend	2009
11th	Emily Showers	12-06	Bend	2017
12th	Moriah Roberge	12-09.5	Marshfield	2009

Long Jump

ALL-TIME TOP-10 PERFORMANCES				
1	Michelle Reynolds	19-10	Churchill	1987
2	Fran Auer Sichtung	19-06.75	Marshfield	1972
3	Breanna Raven	19-06	Thurston	2023
4	Tieara Norman	19-02.25	Milwaukie	2016
5	Denise Lucas	19-01.5	Jefferson	1985
6	Kathy Pirrie	19-01	Madras	1972
7	Sarajane Rosenberg	18-09.5	Pendleton	2004
8	Tracie Ranf	18-09.5	Hillsboro	1975
9	Sara Jessie	18-09	Willamette	1991
10	Carol Drouet	18-08.75	Hillsboro	1983

Wind-Aided				
	Michelle Reynolds	20-00.25w	Churchill	1988
	Denise Lucas	19-06w	Jefferson	1986
	Carol Drouet	18-10.5w	Hillsboro	1983

CLASS RECORDS				
9th	Jasmine Martin	18-07	Mountain View	2017
10th	Michelle Reynolds	19-10	Churchill	1987
11th	Michelle Reynolds	19-06.5	Churchill	1988
12th	Fran Auer Sichtung	19-06.75	Marshfield	1972

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Triple Jump

ALL-TIME TOP-10 PERFORMANCES				
1	Sarajane Rosenberg	39-06	Pendleton	2004
2	Erin Kelly	39-04	Hillsboro	1998
3	Ashley Potter	38-10.5	Thurston	2007
3	Breanna Raven	38-10.5	Thurston	2023
4	Iris Anderson	38-04	North Eugene	2011
6	Meagan Traver	37-11.75	Marshfield	2001
7	Shana Thomas	37-11.75	Springfield	1993
8	Chaquinn Cook	37-11.5	Benson	2013
9	Chelsea Howard	37-11	North Bend	2019
10	Camille Weaver	37-10.5	Summit	2017

CLASS RECORDS				
9th	Sarah Georges	36-11.5	La Salle	2018
10th	Chaquinn Cook	37-11.5	Benson	2013
11th	Ashley Potter	38-10.5	Thurston	2007
12th	Sarajane Rosenberg	39-06	Pendleton	2004

Top-Ten Outdoor Girls 5A Rankings Rarely Contested or Speciality Events

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Heptathlon (hs impliments)

ALL-TIME TOP-10 PERFORMANCES			
1	Sheri Hilton	4718	Crater 1982
2	Alison Worthen	4591	Marshfield 2007
3	Daphne Chambers	4455	Springfield 2009
4	Debbie Malueg	4444	Crescent Valley 1984
5	Camille Weaver	4438	Summit 2017
6	Jordan Koskondy	4388	North Salem 2022
7	Anne Barnett	4281	Hermiston 2006
8	Miranda Brown	4266	Summit 2015
9	Michelle Combs	4252	Hermiston 2008
10	Melanie Bryne	4178	Dallas 1982

Hammer (4kg)

ALL-TIME TOP-10 PERFORMANCES			
1	Mackenzie Warren	153-01	Sandy 2012
2	Alyssa Walls	155-06.5	West Albany 2019
3	Savanna Ramirez	142-2	Milwaukie 2021
4	Madison Jones	140-11	Wilsonville 2019
5	Kelly Rasmussen	120-00	Sandy 2017
6	Keagan Utter	94-10	Pendleton 2016
7	Sydney Baker	89-00	Springfield 2016
8	Donna Nunes	83-05	Springfield 2007
9	Nancy Coffman	83-00.75	Willamette 2022
10	Tahnish Manibusan	79-05	South Albany 2017

3200m Relay (4x800m)

ALL-TIME TOP-10 PERFORMANCES			
1	Summit	9:05.68a	2009
2	Summit	9:17.53a	2008
3	Summit	9:18.81a	2012
4	Summit	9:20.40a	2023
5	Summit	9:28.08a	2016
6	Wilsonville	9:32.48a	2018
7	Summit	9:34.54a	2018
8	Summit	9:37.62a	2011
9	Summit	9:45.52a	2017
10	Summit	9:46.99a	2014

Distance Medley Relay (1200m-400m-800m-1600m)

ALL-TIME TOP-10 PERFORMANCES			
1	Sandy	11:52.66a	2012
2	Summit	12:00.58a	2017
3	Summit	12:09.21a	2016
4	Summit	12:09.95a	2015
5	Crescent Valley	12:15.25a	2023
6	Summit	12:18.33a	2023
7	Summit	12:18.50a	2018
8	Summit	12:24.73a	2011
9	Summit	12:26.84a	2014
10	Summit	12:26.90a	2012

Marathon (26.2 miles)

ALL-TIME TOP-5 PERFORMANCES			
1	Haley Morris	5:01:56.0	Lebanon 2015
2	Bonnie Kenyon	5:06:07.0	Lebanon 2015
3			
4			
5			

Half Marathon (13.1 miles)

ALL-TIME TOP-5 PERFORMANCES			
1			
2			
3			
4			
5			

Top-Ten Outdoor Girls 5A Rankings Rarely Contested or Speciality Events

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Shuttle Hurdle Relay (3x100m hurdles, 33")

ALL-TIME TOP-5 PERFORMANCES			
1	Eagle Point	53.53a	2011
2	Eagle Point	54.90a	2010
3	Eagle Point	55.39a	2010
4	Ashland	57.08a	2017
5	Ashland	58.76a	2014

6400m Relay (4x1600m)

ALL-TIME TOP-5 PERFORMANCES			
1			
2			
3			
4			
5			

2k Steeplechase

ALL-TIME TOP-5 PERFORMANCES			
1	Kate Middleton	7:20.18a	Corvallis 2023
2	Emma Wren	7:20.21a	Cleveland 2014
3	Bryn McKillop	7:26.57a	Cleveland 2014
4	Madison Walker	7:35.02a	Summit 2013
5	Megan Fristoe	7:38.17a	Summit 2009

3k Steeplechase

ALL-TIME TOP-5 PERFORMANCES			
1	Megan Fristoe	11:16.10a	Summit 2009
2	Hilary Sharpe	11:59.38a	Summit 2009
3			
4			
5			

400m Low Hurdles (30")

ALL-TIME TOP-5 PERFORMANCES			
1	Rachelle Wilson	1:04.88a	Summit 2008
2	Julie Hilsenteger	1:05.44a	Marshall 1979
3	Sara Rivas	1:05.94a	Bend 2023
4	Sara Jessie	1:06.74a	Willamette 1990
5	Pam Scarbrough	1:07.37a	Baker 1984
6	Isabel Zamora Mercado	1:07.56a	McKay 2023
7	Kim Hartman	1:08.34c	Shwerwood 1979
8	Rebekah Moon	1:08.94c	Crook County 1994
9	Lindsey Zimmerman	1:09.04a	Summit 2006
10	Jazmin Ratcliff	1:09.53a	Benson 2011

800m Sprint Medley (4x200m)

ALL-TIME TOP-5 PERFORMANCES			
1	Summit	1:43.31a	2018
2	Summit	1:43.31a	2016
3	Summit	1:43.92a	2007
4	Summit	1:44.78a	2015
5	Summit	1:44.86a	2014

Sprint Medley Relay (100m-100m-200m-400m)

ALL-TIME TOP-5 PERFORMANCES			
1	Crescent Valley	1:52.77a	2022
2	Hermiston	1:54.4h	2007
3	North Salem	1:54.49a	2019
4	Hillsboro	1:57.0h	2010
5	Mountain View	1:57.50a	2011

Sprint Medley Relay (200m-200m-400m-800m)

ALL-TIME TOP-5 PERFORMANCES			
1	Summit	4:09.22a	2015
2	Crater	4:15.17a	2009
3	Canby	4:16.51a	2023
4	Summit	4:17.30a	2023
5	Summit	4:18.86a	2014

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5000m (on the track)

ALL-TIME TOP-10 PERFORMANCES			
1	Emily Wisniewski	16:10.16a	Crescent Valley 2023
2	Ilsa Paulson	17:13.00a	Sherwood 2007
3	Kelsey Gripekoven	17:35.56a	Summit 2018
4	Emma West	17:46.95a	Crater 2023
5	Lindsey Siebert	18:29.94a	Crater 2023
6	Monica Anderson	18:34.00h	Marist 2012
7	Samantha Payne	18:40.77a	Crater 2022
8	Hazel Richards	18:41.24a	Ashland 2018
9	Jordan Monroe	18:42.50h	Crater 2015
10	Evonna West	18:44.03a	Ridgeview 2023

10000m (on the track)

ALL-TIME TOP-10 PERFORMANCES			
1	LeeAnn McNerey	38:45.0h	Woodburn 1982
2			
3			
4			
5			
6			
7			
8			
9			
10	2005 AND EARLIER STILL NEED TO BE RESEARCHED		

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100m Dash

ALL-TIME TOP-10 PERFORMANCES				
1	Jordan Kent	10.54a	Churchill	2002
2	Nathan Crabtree	10.62a	Summit	2004
3	Leon Lincoln	10.64c	Madison	1986
4	John Tiger	10.64c	Willamette	1986
5	Spenser Schmidt	10.74c	Churchill	2014
6	Marc Jackson	10.74c	Crescent Valley	1999
7	Joe Lehman	10.74c	Marshfield	1993
8	Craig Mobley	10.74c	North Eugene	1993
9	Jamaal Wallace	10.74c	Willamette	1992
10	Les Taylor	10.74c	Willamette	1981
	Ed Brown	10.74c	Jefferson	1980
<u>Wind-Aided</u>				
	Brayden Durfee	10.60aw	Summit	2017
	Jonathan Chilcote	10.73aw	North Bend	2019
	Taylor Walcott	10.74aw	Marist	2012

CLASS RECORDS				
9th	Mark Ewing	10.84c	North Eugene	1982
10th	Demari Thompson	10.75a	North Salem	2022
11th	Nathan Crabtree	10.62a	Summit	2004
12th	Jordan Kent	10.54a	Churchill	2002

200m Dash

ALL-TIME TOP-10 PERFORMANCES				
1	Jordan Kent	21.25a	Churchill	2002
2	Brayden Durfee	21.37a	Summit	2017
3	Aaron Campbell	21.51a	Summit	2006
4	Mark Harris	21.54c	Parkrose	1981
5	Jacoby McNamara	21.55a	Redmond	2016
6	John Frazier	21.55a	Jefferson	1984
7	Nick DiSpaltro	21.64c	Bend	1998
8	Leon Lincoln	21.64a	Madison	85/87
9	Ashton Eaton	21.69a	Mountain View	2006
10	Marty Grant	21.74c	Thurston	1982
<u>Wind Aided</u>				
	Jacoby McNamara	21.29aw	Redmond	2016

CLASS RECORDS				
9th	Mark Ewing	22.54a	North Eugene	1982
10th	Leon Lincoln	21.64a	Madison	1985
11th	Jordan Kent	21.32a	Churchill	2001
12th	Jordan Kent	21.25a	Churchill	2002

400m Dash

ALL-TIME TOP-10 PERFORMANCES				
1	Jordan Kent	47.22a	Churchill	2002
2	Larry Williams	47.40a	Willamette	1986
3	Nave Larson	47.74a	Glencoe	1989
4	Mike Smith	47.90a	Parkrose	1978
5	Mark Harris	47.93a	Parkrose	1980
6	Ashton Eaton	48.16a	Mountain View	2006
7	Brad Coleman	48.25a	Springfield	1978
8	Cal Duke	48.41a	Crater	2018
9	J.R. Benavidez	48.44c	Marshfield	2000
10	Ross Krempely	48.51a	Sherwood	1997

CLASS RECORDS				
9th	Bryan Berryhill	49.34c	Crater	1993
10th	Jordan Kent	47.93a	Churchill	2000
11th	Jordan Kent	47.77a	Churchill	2001
12th	Jordan Kent	47.22a	Churchill	2002

800m Dash

ALL-TIME TOP-10 PERFORMANCES				
1	Carter Cutting	1:48.98a	Wilsonville	2023
2	Ryan Waite	1:50.67a	St.Helens	2006
3	Jon Ryan	1:51.15a	Crook County	1994
4	John Schaer	1:51.3	Crescent Valley	1978
5	Bryan Berryhill	1:51.65a	Crater	1996
6	Roba Sultessa	1:52.00a	Cleveland	2014
7	Dan Zumwalt	1:52.15a	Madison	1979
8	Ryan Flaherty	1:52.19a	Mountain View	2002
9	Chris Quade	1:52.3	Springfield	1984
10	Lauren Jespersen	1:52.4	Klamath Union	2001
<u>Also, racing without school affiliation...</u>				
	Matthew Maton	1:51.81a	(unattached)	2015

CLASS RECORDS				
9th	Josiah Tostenson	1:52.46a	Crater	2022
10th	Lauren Jespersen	1:52.4	Klamath Union	2001
11th	Roba Sultessa	1:52.00a	Cleveland	2014
12th	Carter Cutting	1:48.98a	Wilsonville	2023

All-Time Top-Ten Outdoor 5A Boys Rankings

h = Hand time
a = Automatic time
c = Hand-converted-to-Auto
w = Wind-aided mark

1500m Run

ALL-TIME TOP-10 PERFORMANCES				
1	Carter Cutting	3:46.18a	Wilsonville	2023
2	Evan Holland	3:46.59a	Ashland	2019
3	Matthew Maton	3:47.13a	Summit	2014
4	Tyrone Gorze	3:48.67a	Crater	2023
5	Reed Pryor	3:48.75a	Ashland	2021
6	Cameron Stein	3:49.36a	Ashland	2021
7	Lauren Jesperson	3:50.49a	Klamath Union	2002
8	Josiah Tostenson	3:51.31a	Crater	2023
9	Dub Myers	3:51.74a	Parkrose	1982
10	Logan Law	3:51.87a	Milwaukie	2023
<u>Also, racing without school affiliation...</u>				
	Matthew Maton	3:42.54a	(unattached)	2015

CLASS RECORDS				
9th	Josiah Tostenson	3:52.30a	Crater	2022
10th	Tyrone Gorze	3:50.88a	Crater	2021
11th	Evan Holland	3:46.59a	Ashland	2019
12th	Carter Cutting	3:46.18a	Wilsonville	2023

3000m Run

ALL-TIME TOP-10 PERFORMANCES				
1	Tyrone Gorze	8:04.60a	Crater	2023
2	Steve Prefontaine	8:07.9	Marshfield	1969
3	Evan Holland	8:13.10a	Ashland	2019
4	Jantz Tostenson	8:15.01a	Crater	2019
5	Tracy Garrison	8:17.1	Klamath Union	1983
6	Logan Law	8:18.08a	Milwaukie	2023
7	Ian Dobson	8:18.1	Klamath Union	2000
8	Matthew Maton	8:18.66a	Summit	2014
9	Cameron Stein	8:18.89a	Ashland	2021
10	Jacob Gomez	8:19.73a	Klamath Union	2002

CLASS RECORDS				
9th	Josiah Tostenson	8:27.70a	Crater	2022
10th	Tracy Garrison	8:21.11a	Klamath Union	1982
11th	Tyrone Gorze	8:11.60a	Crater	2022
12th	Tyrone Gorze	8:04.60a	Crater	2023

110m High Hurdles (39")

ALL-TIME TOP-10 PERFORMANCES				
1	Tyler Rohrman	14.09a	Hermiston	2018
2	Sean Sanderson	14.10a	Churchill	2001
3	Sol Rexus	14.12a	Churchill	2003
4	Dylan Murray	14.12a	Willamette	2019
5	Jereme Richardson	14.24c	Gladstone	2000
6	Romund Howard	14.24c	Madison	1981
7	Howard Lao	14.32a	Cleveland	2010
8	Dwayne Arnold	14.34c	Madison	1990
9	Ron Murray	14.34c	Willamette	88-89
10	Sterling Shaw	14.34c	Springfield	1980
<u>Wind-Aided</u>				
	Dylan Murray	13.93aw	Willamette	2019

CLASS RECORDS				
9th	Ron Murray	15.24c	Willamette	1986
10th	Sol Rexus	14.32a	Churchill	2001
11th	Sol Rexus	14.22a	Churchill	2022
12th	Tyler Rohrman	14.09a	Hermiston	2018

300m Intermediate Hurdles (36")

ALL-TIME TOP-10 PERFORMANCES				
1	Jereme Richardson	37.14c	Gladstone	2000
2	Romund Howard	37.44c	Madison	1981
3	Cal Duke	37.51a	Crater	2018
4	Dylan Murray	37.60a	Willamette	2019
5	J.R. Benavidez	37.64c	Marshfield	2000
6	Jason Fletcher	37.84c	Hillsboro	1991
7	Dwayne Arnold	37.94c	Madison	1990
8	John Tiger	37.94c	Willamette	1986
9	Schuller Rettig	38.01a	Madison	2014
10	Sean Sanderson	38.14a	Churchill	2001
	Brian Wright	38.14c	Madison	1987

CLASS RECORDS				
9th	John Tiger	39.24c	Willamette	1984
10th	John Tiger	39.14c	Willamette	1985
11th	John Tiger	37.94c	Willamette	1986
12th	Jereme Richardson	37.14c	Gladstone	2000

All-Time Top-Ten Outdoor 5A Boys Rankings

h = Hand time
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w = Wind-aided mark

400m (4x100m) Relay

ALL-TIME TOP-10 PERFORMANCES				
1	Summit	41.69a	Aaron Campbell, John Torsey, Chris Ward, Nathan Crabtree	2005
2	Jefferson (Portland)	41.94c	Leroy Sanders, Sam Dean, Ron Griffin, Lawrence James	1988
3	Jefferson (Portland)	42.04c	Ron Griffin, Lavelle Mathews, Sam Dean, Lawrence James	1987
4	Glencoe	42.19a	Aaron Pippin, Dylan Arthur, Bernard Alderman, Nave Larson	1989
5	Jefferson (Portland)	42.20a	Tracy Harrell, Cameron Newborne, Derrick Deloney, T.R. Smith	2004
6	Central	42.24a	Kohler Hernandez, Myles Crandall, Jack Burgatt, Jordan Vega Ramos	2023
7	Jefferson (Portland)	42.25a	Lavelle Matthews, L. Ball, Anthony Stewart, Ken Mitchell	1986
8	Jefferson (Portland)	42.28a	Jon Parish, Joe Robertson, Hakeem McCallister, Jochannon Lowe	1993
9	Crescent Valley	42.31a	Nate Bell, Alan Stewart, Seth Trimmer, Robert Jackson	1998
10	Willamette	42.34c	Spencer Williams, John Tiger, Scott Shoup, Larry Williams	1985

1600m (4x400m) Relay

ALL-TIME TOP-10 PERFORMANCES				
1	Redmond	3:20.37a	Colton Mortenson, Jordan Soto, Donnie Pate, Jacoby McNamara	2016
2	Summit	3:20.47a	Brian Harper, Gerrhett vomSteeg, Chris Ward, Nathan Crabtree	2004
3	Glencoe	3:20.95a	Richard Schafer, Derek Benson, Josh Hoffman, Dusty Hensen	1995
4	Summit	3:21.00a	Daniel Wiens, Kenyon Neuman, Chris Ward, Nathan Crabtree	2005
5	Glencoe	3:21.2	Brandon Gatke, Kyle Morrow, Josh Hoffman, Derek Benson	1997
6	St. Helens	3:21.28a	Nic Barnes, Nick Orvis, Brian Saxe, Ryan Waite	2006
7	Hillsboro	3:21.32a	Ryan Bitz, Matt Blake, Chris Holsey, Todd Davis	1994
8	Central	3:21.32a	Javier Landeros, Teo Le, Myles Crandall, Jack Burgett	2023
9	Dallas	3:21.37a	Trevor Dyett, Aaron Smith, Jacob Fough, Scott Lamb	2000
10	Mountain View	3:21.49a	Taylor McCool, Joe Evanoff, Jeff DeWolf, Ryan Flaherty	2001

Shot Put (12lbs)

ALL-TIME TOP-10 PERFORMANCES				
1	Zach Short	65-07.25	Lebanon	2016
2	Henry Buckles	63-03	Hood River Valley	2020
3	Scott McGee	63-01	Thurston	1986
4	Brent Yeakey	63-00.5	Ridgeview	2017
5	Sebastian Barajas	62-03.5	Hood River Valley	2016
6	Jared Cornell	62-02.75	The Dalles	1996
7	Alan Richards	62-00	Cottage Grove	1964
8	Roger Smith	61-11.5	Cleveland	1968
9	Mark Hoxmeier	61-09	Hillsboro	1997
10	Mike Bollinger	61-06.5	Jackson	1970

Discus (1.6kg)

ALL-TIME TOP-10 PERFORMANCES				
1	Sebastian Barajas	200-00	Hood River Valley	2016
2	Mark Hoxmeier	194-08	Hillsboro	1997
3	Josh Peck	193-04	Mazama	2010
4	Daryl Dapron	192-09	Cottage Grove	1983
5	Tim Fox	191-07	Bend	1975
6	Brent Yeakey	190-08	Ridgeview	2017
7	Roger Smith	188-07	Cleveland	1968
8	Dayne Gordien	186-02	Sandy	2018
9	Bob Thomas	184-09	Wy'East	1968
10	Mark Price	184-00	Mountain View	1987

CLASS RECORDS

9th	Jacob Olson	49-10	Eagle Point	2002
10th	Henry Buckles	59-5.5	Hood River Valley	2019
11th	Henry Buckles	63-03	Hood River Valley	2020
12th	Zach Short	65-07.25	Lebanon	2016

CLASS RECORDS

9th	Sebastian Barajas	156-10	Hood River Valley	2013
10th	Neal Daley	182-09	Mountain View	1988
11th	Sebastian Barajas	188-11	Hood River Valley	2015
12th	Sebastian Barajas	200-00	Hood River Valley	2016

All-Time Top-Ten Outdoor 5A Boys Rankings

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Javelin (800g,IAAF)

ALL-TIME TOP-10 PERFORMANCES				
1	Samuel Jennings	224-09	Pendleton	2021
2	Ty Hampton	222-11	North Bend	2019
3	Brian Harris	213-01	Hillsboro	2003
4	Jesse Staub	208-03	Wilsonville	2008
5	Garrett Snow	205-08	Eagle Point	2012
6	Cameron Voget	201-10	Ashland	2002
7	Sean MacKelvie	200-08	Wilsonville	2008
8	Johnny Ragin	199-03	Wilsonville	2013
9	Austin Strawn	198-08	Eagle Point	2019
10	Jamie Slade	198-01	Cleveland	2006
	Jared McClellan	198-01	Eagle Point	2005

CLASS RECORDS				
9th	Austin Strawn	189-04	Eagle Point	2018
10th	Austin Strawn	198-08	Eagle Point	2019
11th	Samuel Jennings	224-09	Pendleton	2021
12th	Ty Hampton	222-11	North Bend	2019

High Jump

ALL-TIME TOP-10 PERFORMANCES				
1	Damian Olson	7-03.5	Bend	1997
2	Billy Butler	7-02	Hillsboro	2007
3	Chris Nelson	7-01	Mazama	1993
4	Dave Turnbull	7-00.25	Mountain View	1984
5	Brian Winkle	7-00	North Eugene	1986
6	Tom Woods	7-00	Estacada	1971
7	Steve Green	6-11.25	Pendleton	1982
8	Rick Flemmer	6-11	Hillsboro	1984
9	Todd Post	6-11	Marshfield	1981
10	Thad Hathaway	6-10.5	La Grande	1992

CLASS RECORDS				
9th	Travis Olson	6-04.5	Mazama	1990
10th	Billy Butler	6-09	Hillsboro	2006
11th	Billy Butler	7-02	Hillsboro	2007
12th	Damian Olson	7-03.5	Bend	1997

Pole Vault

ALL-TIME TOP-10 PERFORMANCES				
1	Trevor Woods	16-08.75	Marshfield	2000
2	Joel Lelacheur	16-06	Bend	2001
3	Robbie Johnston	16-00	Eagle Point	03/04
4	Tatlor Morehouse	16-00	The Dalles	2022
5	Parker Kennedy	15-09	Hood River Valley	2015
6	Derek Snelling	15-08.5	Crescent Valley	1988
7	Liam Henshaw	15-08	Marist	2014
8	Mitch Wolfe	15-07	The Dalles	1981
9	Camden Stoddard	15-06	Bend	2014
	Greg Eckes	15-06	Marshfield	2008
	Brian Bauer	15-06	Bend	2000
	Scott Davis	15-06	Thurston	1980

CLASS RECORDS				
9th	Brady Petz	14-00	Bend	2016
10th	Robbie Johnston	15-00	Eagle Point	2002
10th	Trevor Woods	15-00	Marshfield	1998
10th	Brady Petz	15-00	Bend	2017
11th	Trevor Woods	16-01	Marshfield	1999
12th	Trevor Woods	16-08.75	Marshfield	2000

Long Jump

ALL-TIME TOP-10 PERFORMANCES				
1	Jordan Kent	25-01.25	Churchill	2001
2	Greg Bryne	24-03.75	Dallas	1987
3	Guy Oekerman	24-02.5	Hillsboro	1984
4	Billy Nickleberry	24-01.5	Jefferson	1966
5	Mel Renfro	24-01.5	Jefferson	1960
6	Ashton Eaton	24-01	Mountain View	2006
7	Spencer Williams	23-09.5	Willamette	1985
8	Ryan Tennant	23-09	Summit	2018
9	Jim Pardee	23-07.75	Ashland	1970
10	Leon Lincoln	23-07	Madison	1986

Wind-Aided				
	Pierce LeCoste	25-00.5w	Marist	2018
	Dominique Easterling	24-00.25w	Madras	2004
	Deon McLaughlin	23-09.5w	Klamath Union	2010
	Derek Newsom	23-08.75w	Silverton	2008

CLASS RECORDS				
9th	Derek Newsom	22-03	Silverton	2005
10th	Rocco Marshall	23-03	Wilsonville	2020
11th	Jordan Kent	25-01.25	Churchill	2001
12th	Greg Bryne	24-03.75	Dallas	1987

All-Time Top-Ten Outdoor 5A Boys Rankings

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Triple Jump

ALL-TIME TOP-10 PERFORMANCES				
1	Spencer Williams	50-08.5	Willamette	1985
2	Eric Trice	50-02.75	La Grande	1990
3	Dominique Easterling	49-04.75	Madras	2002
4	Deon McLaughlin	49-03	Klamath Union	2010
5	Leon Lincoln	48-08	Madison	1987
6	Matson Hardie	48-04.5	Summit	2009
7	Chris Bolden	47-11.25	Churchill	1981
8	Chris Nelson	47-10.5	Mazama	1993
9	Jerry Wolfram	47-09	Klamath Union	1977
10	Elijah Fields	47-08	Churchill	2018
<u>Wind-Aided</u>				
	Kenny Bell	49-03w	Adams	1975

CLASS RECORDS				
9th	Luke Wilson	45-11	Springfield	2014
10th	Dominique Easterling	49-04.75	Madras	2002
11th	Dominique Easterling	48-11.75	Madras	2003
12th	Spencer Williams	50-08.5	Willamette	1985

Top-Ten Outdoor Boys 5A Rankings Rarely Contested or Speciality Events

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Decathlon (hs impliments)

ALL-TIME TOP-10 PERFORMANCES				
1	Liam Henshaw	6808	Marist	2014
2	Pierce LaCoste	6793	Marist	2018
3	Greg Shewbert	6789	Madison	1975
4	Wyatt Thompson-Sipore	6543	Ashland	2015
5	Brian Bernard	6538	Willamette	2001
6	Ken Spearing	6534	Madison	1975
7	Mike Bennett	6443	Baker	1971
8	Justin Chambers	6407	West Albany	2004
9	Marty Larson	6405	Madison	1976
10	Jereme Richardson	6343	Gladstone	2000

Hammer (12 lbs)

ALL-TIME TOP-10 PERFORMANCES				
1	Aiden Paul	198-04	West Albany	2021
2	Max Lydum	197-00	Central	2015
3	Marcus Mattox	194-09	Hermiston	2003
4	Petar Sempar	174-03	Hermiston	1998
5	Justin Parnell	171-02	Dallas	2022
6	Tre Neal	163-01	Hermiston	2016
7	Jared Cornell	158-06	The Dalles	1995
8	Greg Burke	150-04	Willamette	2004
9	Adam Bennett	147-00	Hermiston	2004
10	Javin Petry	145-03	Churchill	2023

3200m Relay (4x800m)

ALL-TIME TOP-10 PERFORMANCES			
1	Cleveland	7:53.21a	2013
2	Summit	7:57.33a	2018
3	Ashland	8:03.81a	2018
4	Summit	8:05.29a	2017
5	Crater	8:08.55a	2018
6	Crater	8:08.98a	2017
7	Sandy	8:11.11a	2014
8	Summit	8:11.92a	2023
9	Ashland	8:12.0h	2012
10	Hood River Valley	8:13.02a	2023

Distance Medley Relay (1200m-400m-800m-1600m)

ALL-TIME TOP-10 PERFORMANCES			
1	Crater	10:02.47a	2022
2	Crater	10:09.79a	2023
3	Ashland	10:25.00	2021
4	Crescent Valley	10:28.50a	2015
5	Summit	10:31.52a	2012
6	Summit	10:31.95a	2013
7	Ashland	10:32.17a	2019
8	Summit	10:33.42a	2015
9	Crater	10:35.65a	2016
10	Cleveland	10:37.0h	2013

Marathon (26.2 miles)

ALL-TIME TOP-5 PERFORMANCES			
1	Marcus Corbett	2:49:06.0	Lebanon 2015
2	Brent Graber	2:58:32.0	Dallas 1979
3	Jeff Edwards	3:05:00.0	Astoria 1977
4	Jim Pauley	3:15:00.0	Sherwood 1978
5	George Harpham	3:28:04.0	Mazama 1993

Half Marathon (13.1 miles)

ALL-TIME TOP-5 PERFORMANCES			
1			
2			
3			
4			
5			

Top-Ten Outdoor Boys 5A Rankings Rarely Contested or Speciality Events

h = Hand time
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Shuttle Hurdle Relay (3x110m hurdles, 39")

ALL-TIME TOP-5 PERFORMANCES			
1	Eagle Point	50.74a	2012
2	Eagle Point	53.01a	2015
3	Crater	53.37a	2017
4	Crater	53.64a	2016
5	Crater	53.87a	2019

6400m Relay (4x1600m)

ALL-TIME TOP-5 PERFORMANCES			
1	Mazama	20:13.2h	2010
2	Mazama	20:58.40a	2009
3	Mazama	21:49.5h	2007
4			
5			

2k Steeplechase

ALL-TIME TOP-5 PERFORMANCES				
1	Logan Law	6:03.73a	Milwaukie	2022
2	Ty James	6:13.0h	Wilsonville	2013
3	Tayvon Kitchen	6:13.38a	Crater	2023
4	Jansen (Kirk) Lord	6:29.23a	Summit	2023
5	Ty Cirino	6:33.35a	Central	2023

3k Steeplechase

ALL-TIME TOP-5 PERFORMANCES				
1	Garth Morrisette	9:07.1h	Springfield	1982
2	Bill Keenan	9:11.4h	North Eugene	1967
3	Cory Randall	9:11.6h	Thurston	1981
4	Jim McLaughlin	9:20.3h	North Eugene	1969
5	Tracy Garrison	9:20.9h	Klamath Union	1982

400m Intermediate Hurdles (36")

ALL-TIME TOP-5 PERFORMANCES				
1	Dylan Murray	54.35a	Willamette	2019
2	Lane Maher	55.14a	Pendleton	2019
3	John Tiger	55.34c	Willamette	1987
4	Chris Peacor	56.54c	North Eugene	1985
5	Sean Ruhlin	56.54c	Hillsboro	1983
6	Dave Erickson	56.64c	Hillsboro	1983
7	Cody Gehrett	56.72a	Ridgeview	2021
8	Michael Wilson	56.81a	Summit	2012
9	Brian Wright	57.64c	Madison	1986
10	Sean Tyrell	57.74c	Springfield	1985

800m Sprint Medley (4x200m)

ALL-TIME TOP-5 PERFORMANCES			
1	Summit	1:30.47a	2015
2	Summit	1:30.85a	2011
3	Crater	1:31.03a	2010
4	Summit	1:31.22a	2007
5	Redmond	1:31.38a	2016

Sprint Medley Relay (100m-100m-200m-400m)

ALL-TIME TOP-5 PERFORMANCES			
1	Central	1:36.12a	2018
2	Silverton	1:37.51a	2016
3	Liberty	1:37.79a	2007
4	Crater	1:37.90a	2017
5	Mountain View	1:38.71a	2011

Sprint Medley Relay (200m-200m-400m-800m)

ALL-TIME TOP-5 PERFORMANCES			
1	Summit	3:38.64a	2012
2	Crater	3:39.19a	2023
3	Summit	3:40.73a	2023
4	Sandy	3:42.14a	2016
5	South Albany	3:42.25a	2011

Top-Ten Outdoor Boys 5A Rankings Rarely Contested or Speciality Events

h = Hand time
a = Automatic time
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w = Wind-aided mark

5000m (on the track)

ALL-TIME TOP-10 PERFORMANCES				
1	Tyrone Gorze	13:45.81a	Crater	2023
2	Steve Prefontaine	13:52.80h	Marshfield	1969
3	Logan Law	14:34.29a	Milwaukie	2022
4	Isaac Stoutenburg	14:38.23a	Crater	2005
5	Josiah Tostenson	14:38.31a	Crater	2023
6	Tayvon Kitchen	14:41.32a	Crater	2023
7	Cameron Stein	14:45.42a	Ashland	2021
8	Reed Pryor	14:46.27a	Ashland	2021
9	Evan Holland	14:52.31a	Ashland	2018
10	Shaun Garnica	14:54.09a	Crater	2023
<u>Also, racing without school aff</u>				
	Matthew Maton	14:20.58a	unattached	2015

10000m (on the track)

ALL-TIME TOP-10 PERFORMANCES				
1	Tyrone Gorze	29:00.17	Crater	2023
2	Dean Irvin	31:14.0h	Corvallis	1983
3	Doug Winn	33:20.9h	Woodburn	1983
4	Barry Smith	35:04.9h	Woodburn	1983
5	Jeff Critchett	39:18.9h	Sherwood	1980
6	Bruce Noblett	40:37.9h	Sherwood	1980
7				
8				
9				
10				