

All-Time Top-70 Girl 5k Performers at State

The all-time best 5k Girls performers on the Oregon State Championship course at Lane Community College, 1993 to 2023. (2019 was a short course, so it is excluded from the records; State was not at LCC in 2020c so those marks are also excluded)

1	Emily Wisniewski, Crescent Valley	17:05	in 2023				
2	Ella Donaghu, Grant	17:26	in 2015				
3	Ember Stratton, Sunset	17:26	in 2016				
4	Kate Peters, Lake Oswego	17:28	in 2021				
5	Fiona Max, Summit	17:29	in 2018				
6	Melissa Lucas, Jesuit	17:34	in 1993				
7	Chloe Foerster, Jesuit	17:35	in 2021				
8	Sara Tsai, South Eugene	17:42	in 2012				
9	Makenna Schumacher, Jesuit	17:43	in 2018				
10	Kaiya Robertson, Franklin	17:44	in 2021				
11	Olivia Brooks, Summit	17:45	in 2016				
12	Maggie Schmaedick, Sheldon	17:46	in 2012				
13	Kelly Makin, Sunset	17:50	in 2016				
14	Kyla Becker, Lincoln	17:50	in 2018				
15	Alexis Kebbe, Jesuit	17:53	in 2017				
16	Hannah Gindlesperger, Summit	17:53	in 2013				
17	Lucy Huelskamp, Sunset	17:53	in 2018				
18	Lara Rix, St.Mary's Academy	17:54	in 2016				
19	Anna Peters, Lake Oswego	17:56	in 2022				
20	Ella McGillis, Central Catholic	17:57	in 2022				
21	Parkes Kendrick, Grant	17:58	in 2012				
22	Charlotte Richman, Ida B Wells	17:59	in 2021				
23	Emma Bennett, Jesuit	18:00	in 2023				
24	Maura O'Scannlain, Jesuit	18:00	in 2022				
25	Paige Rice, St.Mary's Academy	18:01	in 2012				
26	Teaghan Knox, Summit	18:01	in 2018				
27	Ella Thorsett, Summit	18:02	in 2021				
28	Katie Leary, Klamath Union	18:03	in 2003				
29	Kaylee Mitchel Sprague	18:04	in 2017				
30	Kendall York, Lincoln	18:06	in 2021				
31	Megan Fristoe, Summit	18:07	in 2011				
32	Erin Clark, South Eugene	18:08	in 2012				
33	MacKenzie Bogej, Canby	18:08	in 2023				
34	Olivia Johnson, Barlow	18:08	in 2016				
35	Barrett Justema, Summit	18:09	in 2022				
36	Kelsey Gripekoven, Jesuit	18:10	in 2017				
37	Annamarie Maag, Jesuit	18:11	in 2010				
38	Francescia Ierulli, Wilson	18:11	in 2018				
39	Olivia Powell, Marist	18:11	in 2014				
40	Danielle Jordan, North Medford	18:12	in 2003				
41	Isabel Max, Summit	18:13	in 2018				
42	Kaitlyn Gearin, Tualatin	18:13	in 2018				
43	Lindsey Siebert, Crater	18:13	in 2022				
44	Mia Kane, Lincoln	18:13	in 2018				
45	Taylor Wallace, Henley	18:13	in 2007				
46	Erin Gray, South Eugene	18:14	in 2002				
47	Magdalene Williams, Summit	18:14	in 2021				
48	Marie Davis, Lincoln	18:14	in 1993				
49	Michelle Dettmann, Centennial	18:15	in 2007				
50	Nancy Biegek, Sherwood	18:15	in 2021				
51	Anna Chau, South Salem	18:16	in 2018				
52	Elizabeth Rinck, Jesuit	18:16	in 2015				
53	Hannah Tobiason, Summit	18:16	in 2014				
54	Ellery Lincoln, Lincoln	18:17	in 2023				
55	Holli Dieu, Coquille	18:18	in 2004				
56	Adrienne McGuirk, Jesuit	18:19	in 2007				
57	Kimber Mattox, Bend	18:19	in 2004				
58	Jaya Simmons, Valley Catholic	18:20	in 2023				
59	Keira Saavedra, Lincoln	18:20	in 2022				
60	Delaney Griffin, Franklin	18:21	in 2018				
61	Kennedy Allen, David Douglas	18:21	in 2014				
62	Liliana Hudnut, Jesuit	18:21	in 2022				
63	Noelle VanRysselberghe, Jesuit	18:21	in 2007				
64	Nelida Dalgas, North Salem	18:23	in 2023				
65	Sarah Hastings, Crater	18:24	in 2011				
66	Casey Masterson, Sheldon	18:25	in 2006				
67	Nicole Griffiths, Sunset	18:25	in 2014				
68	Taylor Vanderborn, Summit	18:25	in 2015				
69	Alexandra Jones, St.Marys Academy	18:26	in 2008				
70	Emma Schmerbach, South Medford	18:26	in 2017				
	Gracie Tostenson, Crater	18:26	in 2013				
	Sarah Lyell, St.Mary's Academy	18:26	in 2017				

TOP COURSE RECORD BY CLASSIFICATION

6A	Ella Donaghu, Grant	17:26	in 2015				
6A	Ember Stratton, Sunset	17:26	in 2016				
5A	Emily Wisniewski, Crescent Valley	17:05	in 2023				
4A	Taylor Wallace, Henley	18:13	in 2007				
1/2/3A	Jaya Simmons, Valley Catholic	18:20	in 2023				

TOP-3 PERFORMANCES BY CLASS

FR 1 -	Ember Stratton, Sunset	17:42	in 2015				
FR 2 -	three tied at.....	18:01					
FR 3 -							
SO 1 -	Ember Stratton, Sunset	17:26	in 2016				
SO 2 -	Sara Tsai, South Eugene	17:42	in 2012				
SO 3 -	two tied at.....	17:53					
JR 1 -	Emily Wisniewski, Crescent Valley	17:05	in 2023				
JR 2 -	Kate Peters, Lake Oswego	17:28	in 2021				
JR 3 -	Fiona Max, Summit	17:29	in 2018				
SR 1 -	Ella Donaghu, Grant	17:26	in 2015				
SR 2 -	Melissa Lucas, Jesuit	17:34	in 1993				
SR 3 -	Chloe Foerster, Jesuit	17:35	in 2021				

All-Time Top-70 5k Boy Performers at State

The following are the all-time best 5k Boys performers on the Oregon State Championships course at Lane Community College, to 2023. The 1978, 1976 and 2019 races are not included because they were a short courses; State in 2020c was not at LCC so those marks are also excluded. 1999 & 2000 was 80m long; those results may be below un-adjusted

1	Tyrone Gorze, Crater	14:37	in 2022		49	Noah Laughlion-Hall, Summit	15:33	in 2023
2	Matthew Maton, Summit	14:45	in 2014		50	Scott Wall, Central Catholic	15:33	in 2003
3	Galen Rupp, Central Catholic	14:55	in 2003		51	Tim Stevens, Union	15:33	in 2018
4	Lauren Jespersen, Klamath Union	14:57	in 2002		52	Zane Fodge, McMinnville	15:33	in 2016
5	James Crabtree, Sherwood	15:04	in 2021		53	Anthony Giesch, Newberg	15:34	in 2022
6	Charlie North, Franklin	15:05	in 2021		54	Justice Lamer, Crescent Valley	15:34	in 2014
7	Jacob Nenow, Jesuit	15:06	in 2022		55	Andy Wright, Ashland	15:35	in 2003
8	Wesley Shipsey, Central Catholic	15:08	in 2021		56	Charlie Black, Central Catholic	15:35	in 2022
9	Ryan Vail, Centennial	15:13	in 2003		57	Elliott Jantzer, Phoenix	15:35	in 2007
10	Caleb Lakeman, Tualatin	15:15	in 2021		58	Kenny Klotz, Central Catholic	15:35	in 2004
11	Samy Anderson, Lincoln	15:15	in 2022		59	Lane Neely, Bend	15:35	in 2000
12	Logan Law, Milwaukie	15:16	in 2022		60	Nathan Stein, Ashland	15:35	in 2022
13	Max Girardet, Central Catholic	15:17	in 2021		61	Alex Dillard, The Dalles	15:36	in 2011
14	Andy Monroe, Crater	15:19	in 2017		62	Jackson Baker, Franklin	15:36	in 2011
15	Evan Holland, Ashland	15:19	in 2017		63	Matthew Melanon, Sheldon	15:36	in 2010
16	Gus Clevenger, Jesuit	15:20	in 2022		64	Michael McCausland, C.Catholic	15:36	in 2016
17	Jack Meier, West Salem	15:20	in 2022		65	Patrick Werhane, Southridge	15:36	in 2002
18	Ahmed Muhumed, West Salem	15:21	in 2016		66	Tracy Garrison, Klamath Union	15:36	in 1983
19	Aiden Smith, Lincoln	15:22	in 2021		67	Ethan Reese, Sunset	15:37	in 2018
20	Alexander Silver-Garcia, Marshfield	15:22	in 2022		68	Mason Weisgerber, Wilsonville	15:37	in 2022
21	Kyle Thompson, Central Catholic	15:22	in 2013		69	Mitchell Butler, Siuslaw	15:37	in 2013
22	Stuart Eagon, Beaverton	15:22	in 2003		70	Rhy Reynolds, Newport	15:37	in 1996
23	Zuber Ahmed, Benson	15:22	in 2003					
24	Michael Maiorano, South Medford	15:24	in 2021					
25	Alec Wall, Grant	15:26	in 2002					
26	Benjamin Balazs, Sunset	15:26	in 2021					
27	Joshua Schumacher, Jesuit	15:26	in 2016					
28	Tayvon Kitchen, Crater	15:26	in 2023					
29	Jeffrey Rogers, Sherwood	15:27	in 2021					
30	Joshua Augustine, Jesuit	15:27	in 2022					
31	Reilly Bloomer, South Eugene	15:27	in 2013					
32	Caden Hildenbrand, Jesuit	15:28	in 2021					
33	Tucker Bowerfind, Lincoln	15:28	in 2021					
34	Alex Slenning, Wilson	15:29	in 2016					
35	Jacob Gomez, Klamath Union	15:29	in 2001					
36	Travis Neuman, Summit	15:29	in 2012					
37	Brady Bliven, West Salem	15:30	in 2022					
38	William Heslam, Roosevelt	15:30	in 2022					
39	Bill McChesney, South Eugene	15:31	in 1975					
40	Caden Swanson, Jesuit	15:31	in 2022					
41	Carter Cutting, Wilsonville	15:31	in 2022					
42	Derek Tripp, Crater	15:31	in 2017					
43	Jantz Tostenson, Crater	15:31	in 2017					
44	Rob Durkee, Putnam	15:31	in 1982					
45	Stephen Oliver, Central Catholic	15:31	in 2003					
46	David Axel, Sunset	15:32	in 2001					
47	Josiah Tostenson, Crater	15:32	in 2023					
48	Alex Graffunder, Union	15:33	in 2017					

TOP COURSE RECORD BY CLASSIFICATION

6A	Galen Rupp, Central Catholic	14:55	in 2003
5A	Tyrone Gorze, Crater	14:37	in 2022
4A	Alexander Silver-Garcia, Marshfield	15:22	in 2022
3A	Zac Knapp, Enterprise	15:52	in 2021
1/2A	Tim Stevens, Union/Cove	15:33	in 2017

TOP-3 PERFORMANCES BY CLASS

FR 1	Josiah Tostenson, Crater	15:35	in 2021
FR 2	Drew Roberts, Crescent Valley	15:52	in 2017
FR 3	Billy Harper, Junction City	15:54	in 1992
SO 1	Evan Holland, Ashland	15:19	in 2017
SO 2	Zane Fodge, McMinnville	15:33	in 2016
SO 3	two tied at.....	15:41	
JR 1	Galen Rupp, Central Catholic	14:56	in 2002
JR 2	Matthew Maton, Summit	14:59	in 2013
JR 3	Tyrone Gorze, Crater	15:05	in 2021
SR 1	Tyrone Gorze, Crater	14:37	in 2022
SR 2	Matthew Maton, Summit	14:45	in 2014
SR 3	Galen Rupp, Central Catholic	14:55	in 2003