

XC National Rankings for 2023

National XC Rankings

Some Oregonians have made the national rankings for high school cross country. The following rankings are provided by Dyestat and Athletic.Net. Student-athletes and teams are listed by their national ranking.

These DYESTAT rankings are weighed heavily toward performance in regional and national championship races, and, less so, State.

Oregonian Girls in the Dyestat Top-100

- 4 Emily Wisniewski, Crescent Valley
- 47 Chloe Huyler, Lakeridge
- 69 Emma Barrett, Jesuit

Oregonian Boys in the Dyestat Top-100

- 40 Josiah Tostenson, Crater
- 49 Tayvon Kitchen, Crater
- 80 Jack Meier, West Salem
- 93 Asher Danielson, Ida B Wells

Oregon Girls teams in the Dyestat Top-30

- 15 Jesuit
- 23 Lincoln

Oregon Boys teams in the Dyestat Top-30

- 12 Crater
- 15 Franklin

These ATHLETIC.NET rankings are based solely on 5k race times posted nationally throughout the season

Oregonian Girls in the Athletic.Net Top-100

- 3 Emily Wisniewski, Crescent Valley
- 31 Chloe Huyler, Lakeridge
- 76 Ellery Lincoln, Lincoln

Oregonian Boys in the Athletic.Net Top-100

- 15 Josiah Tostenson, Crater
- 29 Tayvon Kitchen, Crater
- 54 Asher Danielson, Ida B Wells
- 89 Noah Laughlin-Hall, Summit
- 96 Shaun Garnica, Crater

Oregon Girls teams in the Athletic.Net Top-75

- 15 Jesuit
- 18 Lincoln
- 40 Lakeridge
- 62 Lake Oswego
- 68 Sunset

Oregon Boys teams in the Athletic.Net Top-75

- 10 Crater
- 11 Jesuit
- 17 Franklin

Editors Note: The existence of these national rankings are of great service, but even they are not without fault. Unlike the standardization in Track & Field, Cross Country lends itself to subjective comparisons.

Athletic.Net treats all courses as equal 5k's and does not discriminate between 'fast' or 'slow' venues, flat or hilly, all-terrain or mostly-pavement; not all states run 5k as the standard race distance (Utah, Illinois, Louisiana and Maryland run 3 Miles at their State meet), and; while nearly 100% of schools with teams have at least one mark recorded through the site, some meets may not be included there. The Dyestat rankings, by comparison, are rooted primarily in athletes head-to-head performance in a months-worth of regional and national post-season championship meets (and to a lesser extent, State Championships), a standard which may harm the potential ranking of the many athletes who do not compete beyond State, or who find the maintaining of an athletic peak post-State problematic.

The editors of Who's Who reserve judgement as to which ranking is stronger, and instead offer both of the rankings above.